

**CHFD 3700:
Adolescence and Young Adulthood
Spring 2007**

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Classroom: Room 208 Dawson Hall
Office Hours: M/W 10:00-12:00am
Course time: MWF 12:20-1:10pm

Required Readings:

- Steinberg, L., (2005). *Adolescence* (7th ed.) New York, NY: McGraw Hill
*readings as "S"
- Muuss, R. E., (1996). *Theories of Adolescence* (6th ed.) New York, NY: McGraw Hill
*readings as "M"
- Additional articles may be accessed through WebCT:
 1. Coontz, S. (1997). *The Way We Really Are: Coming to Terms With America's Changing Families*. Basic Books: New York, NY.
 2. Weller, N. F., Kelder, S. H., Cooper, S. P., Basen-Engquist, K., & Tortolero, S. R. (2003). School-year employment among high school students: Effects on academic, social, and physical functioning. *Adolescence*, 23:151, 441-458.
 3. Helms, L. (2006). Prescribing SSRIs for adolescents with depression. *The Nurse Practitioner*, 31:11, 46-51.
 4. Dornbusch, S. M., Erickson, K. G., Laird, J., & Wong, C. A. (2001). The relation of family and school attachment to adolescent deviance in diverse groups and communities. *Journal of Adolescent Research*, 16:4, 396-422.

Course Objectives:

1. Students will gain a greater understanding of the period of adolescence and young adulthood as it applies to biological and cognitive development. This knowledge will then be examined and applied to a theoretical and psychosocial context.
2. Students will review current journal articles in order to increase knowledge in the field of adolescent development, as well as enhance their knowledge as consumers of research.
3. Information and activities will be included to offer students the opportunity to apply course material to potential scenarios that one may encounter while working with adolescents or young adults in a variety of occupational settings.

Schedule of Classes:

This course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.

Week/Date M W F	Discussion Topic	Reading (to be completed by specified date)	Assignments Due
Wk 1: Jan 8, 10, 12	Introduction to course Defining adolescence	S: p. 3-19 M: p. 42-57	
Wk 2: Jan _ , 17, 19 (MLK 1/15-no class)	Biological Transitions & Puberty	S: p. 24-52	
Wk 3: Jan 22, 24, *26	(Discuss Article Reviews) Cognitive & Brain Development	S: 64-69; 77-84; 89-93 M: 158-164; (If you do not remember Piaget...140-157)	*Article Review #1
Wk 4: Jan 29, 31, *Feb 2	Cognitive Development Cont'd Exam Review	S: Complete previous reading M: Complete previous reading	*Exam #1
Wk 5: Feb 5, 7, 9	Social Transitions Identity	S: 98-108; 264-280 Coontz, S. (WebCT)	
Wk 6: Feb 12, 14, 16	Identity Cont'd Intimacy	S: 288-294; 336-353 M: 84-104	
Wk 7: Feb 19, 21, 23	Dating & Sexuality	S: 353-361; 364-386	
Wk 8: Feb 26, 28, *Mar 2	-Autonomy -Guest Speaker -Exam Review	S: 299-322 M: 180-187	*Exam #2 Midterm Eval's
Wk 9: Mar 5, 7, 9	Families	S: 132-144; 149-163 M: 284-296	
Wk 10: Mar 12, 14, 16 (Spring Break!)			
Wk 11: Mar *19, 21, 23	Peer Relationships	S: 170-191 M: 322-334	*Article Review #2
Wk 12: Mar 26, 28, 30	Adolescent Achievement	S: 404-425	
Wk 13: Apr 2, 4, *6	Work & Leisure Exam Review	S: 232-242; 245-257 Weller, N. F., et al. (WebCT)	*Exam #3
Wk 14: Apr 9, 11, 13	Psychosocial Problems: Internalizing Behaviors	S: 465-474 Helms, L. (WebCT)	

Wk 15: Apr 16, 18, *20	Psychosocial Problems: Externalizing Behaviors	S: 440-464 Dornbusch, S. M., et al. (WebCT)	*Article Review #3
Wk 16: Apr 23, 25, 27	Guest Speaker Exam Review		
Wk 17: Apr 30, May 2, 4 (4/30 last day)	Exam Review Final Exam		Final

Exam Policy:

Specific exam structure will be discussed prior to each exam and may vary from one exam to the next. Each will contain multiple choice and short answer. Exam material will be based on class lecture, class discussion, and the course-required reading. The final exam will be comprehensive, covering all material from the semester.

No make up exams will be given without written documentation for a serious illness or emergency.

Attendance Policy:

Attendance is important in this course because material is covered in lecture that is not necessarily from the readings. It is not recommended to rely on classmates to take notes in your absence, as much of this course is based on discussion. While there is no daily attendance record, attendance points will be offered by random chapter quizzes throughout the semester. These quizzes will cover material from lecture and reading and will be worth either 10 or 5 points. Each quiz will be given in the first 10 minutes of class and cannot be made up.

Class Conduct:

- Please turn off all cell phones prior to the beginning of class (that includes texting, etc.)!!!
- Please do not pack up before the time for the course is over or you are excused

Article Reviews:

One of the objectives for this course is to increase the student's knowledge of current literature in the area of adolescence and young adulthood. Therefore, three article reviews will be due throughout the semester. The student is responsible for finding the chosen article through Galileo, including a printed version and submitting a typed (12 point font-Times New Roman- 1in. margins) 3-5 page review of the article. Specific content for the review and grading criteria will be distributed prior to the due dates. The criteria will be more stringent with each article review.

Articles will not be accepted after 1:10pm on the due day specified in the syllabus. If you will be unable to attend the class in which the article review is due, early reviews will be accepted by the instructor.

Class Participation:

There are 40 points of the final grade allotted to class participation. A number of group discussions will be held in class to discuss topics or articles designated by the instructor. Discussion groups will be determined by instructor. For each discussion group that is held, a topic or issue related to the reading will be posed that is to be discussed among group members. Each group member will turn in a sheet of paper with their thoughts, reflections, and contributions to the discussion, as well as the number of points they believe were earned by each of their group members. The participation points will be determined by other members of the discussion group.

Grades

Assignment	Points Possible	Points Received
Exam 1	100	
Exam 2	100	
Exam 3	100	
Final Exam	200	
Article Review 1	25	
Article Review 2	35	
Article Review 3	50	
Class Participation	40	
Quiz Total	100	
Total Possible	750	

Final Grades

A = 100% - 94%

B = 89% - 84%

C = 79% - 74%

D = 69% - 60%

A- = 93% - 90%

B- = 83% - 80%

C- = 73% - 70%

F = 59% or below

Academic Honesty

All academic work must meet the standards contained in "A Culture of Honesty." Each student is responsible to inform themselves about those standards before performing any academic work.