

Midlife and Elder Years
CHFD 3710
Department of Child and Family Development
University of Georgia
Spring 2003

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Class: 11:15-12:05
Monday, Wednesday, and Friday
110A Dawson Hall

Office Hours: Before and after class and by appointment

Course Description

This course explores individual and family development during middle and later years. There is an emphasis on the importance of physical, psychological, and social development within multigenerational relationships.

Required Readings

Hooyman, N.R., & Kiyak, H.A. (2002). *Social Gerontology*. (6th Ed.). Boston: Allyn & Bacon.
Cox, H. (2003). *Aging 03/04*. (15th Ed.). Guilford: McGraw-Hill.
Shanks, L.K. (1999). *Your Name Is Hughes Hannibal Shanks*. NY: Penguin Books.

Course Objectives

This course aims to provide you with an introduction and overview of the issues that affect individuals and families from midlife through advanced old age. By the end of the course, you should be able to identify key demographic, biological, psychological, and social changes affecting individuals and families.

Course Requirements

Examinations (5 X 100 points). The lowest examination score will be dropped. The final examination (Exam 5) is comprehensive.

Attendance and Reaction Papers

Ten in-class reaction papers will be written for five points each on dates randomly chosen by your instructor and serve the purpose of an attendance policy and students' giving feedback to the instructor regarding student progress and application of skills.

Calculating Your Grade

Students can earn a total of 450 possible points in the course. Five exams may be taken and the score from the lowest exam dropped. Thus, up to 400 points can be earned from the best 4 of the 100-point exams and up to 50 points can be earned for 10 reaction papers (5 points each). Students must be present on the day of the reaction paper to be eligible to turn in a reaction paper for that date. No make-up reaction papers will be accepted. Assignment of a grade will be made on the following basis:

A	(90%) 405-450 points
B	(80%) 360-404 points
C	(70%) 315-359 points
D	(60%) 270-314 points
F	below 270 points

Syllabus

<u>Date</u>	<u>Topic</u>	<u>Reading</u>
01/10	Orientation to Course	
01/13	Studying Adulthood & Aging: A Lifespan Perspective	AE 1, 2, 3
01/15	Studying Adulthood & Aging: A Lifespan Perspective	AE 4, 5, 8, & 19

01/17	Developmental Perspectives of Midlife	*Physical and Cognitive Development in Middle Adulthood. AE 22
01/20	Martin Luther King Day	
01/22	Developmental Perspectives of Midlife	*Emotional & Social Development in Middle Adulthood
01/24	Developmental Perspectives of Midlife	*Emotional & Social Development in Middle Adulthood
01/27	Myths and realities of Aging I	Shanks Part 1
01/29	Myths and realities of Aging II Review for Exam 1	Shanks Part 1
01/31	Exam 1	
02/03	Impact of Demographic Trends	Hooyman Chapter 1
02/05	Growth of Social Gerontology	Hooyman Chapter 1
02/07	Historical and Cross-Cultural Issues in Aging	Hooyman Chapter 2
02/10	The Social Consequences of Physical Aging I	Hooyman Chapter 3 Shanks Part 2
02/12	The Social Consequences of Physical Aging II	Hooyman Chapter 3 AE 21
02/14	Managing Chronic Diseases & Promoting Well-Being	Hooyman Chapter 4 AE 24

02/17	Cognitive Changes with Aging	Hooyman Chapter 5
02/19	Personality and Mental Health	Hooyman Chapter 6
02/21	WWW Assignment	
02/24	Love, Intimacy, and Sexuality	Hooyman Chapter 7 *Hodson Reprint
02/26	Review for Exam 2	
02-28	Exam 2	
03/03	Social Theories of Aging	Hooyman Chapter 8
03/05	Importance of Social Supports	*Assisted Loving Hooyman Chapter 9 Shanks Part 3
03/07	Caregiving	*Assisted Loving Hooyman Chapter 10
03/10	Biological Aging Dr. Robert Hodson	*Stem Cell Research
03/12	Elder Abuse	AE 23 *Ombudsman Pamphlet
03/14	WWW assignment	
03/24	Living Arrangements and Social Interactions Review for Exam 3	AE 38, 39, 41 Hooyman Chapter 11
03/26	Exam 3	

03/28	Retirement: American Dream or Dilemma	AE 28, 29, 30 Hooyman Chapter 12
03/31	Hospice, Palliative Care, Dying	AE 34, 35, 36 Hooyman Chapter 13
04/02	And Thou Shalt Honor Videotape	Hooyman Chapter 13
04/04	Cohort Effects and Differences Guest Speaker	Assignment to be Announced
04/07	Research Methodology	Review Hooyman Chapter 1
04/09	Long-term Care and Policy	AE 46, Hooyman P. 538-554
04/11	WWW assignment	
04/14	Social Policies & Social Problems	Hooyman Chapter 16 Shanks Part 4
04/16	Field Trip	Hooyman Chapter 16 Shanks Part 4
04/18	Careers in Gerontology Guest Speaker	Hooyman Epilogue
04/21	A Surprise	Hooyman Epilogue
04/23	Honors Day. No Class	
04/25	Celebrating Successful Aging	Hooyman Epilogue
04/28	Review for Exam 4	
04/30	Exam 4	
Final Exam	Comprehensive Exam 5	

Wednesday, May 7, 8:00 - 11:00 am

*Indicates Pamphlets your Instructor will distribute in class.

Academic Honesty

All students are responsible for maintaining the highest standards of honesty and integrity in every phase of their academic careers. The penalties for academic dishonesty are severe.

(http://www.uga.edu/ovpi/academic_honesty/academic_honesty.htm; this site includes information about the University of Georgia's policies and procedures on academic honesty).

CHFD 3710 Suggested Reading List

Journals. There is a growing number of scholarly journals devoted to disseminating research findings specifically about the aging process and older adults. Examples include:

Age and Ageing	Journal of Aging and Social Policy
Ageing and Society	Journal of Aging Studies
Behavior, Health, and Aging	Journal of the American Geriatrics Society
Canadian Journal of Aging Clinical Gerontologist	Journal of Applied Gerontology
Clinical Gerontologist	Journal of Cross Cultural Gerontology
Clinics in Geriatric Medicine	Journal of Educational Gerontology
Contemporary Gerontology	Journal of Elder Abuse and Neglect
Death Studies	Journal of Ethics, Law, and Aging
Education and Aging	Journal of Geriatric Drug Therapy
Educational Gerontology	Journal of Geriatric Psychiatry
Experimental Aging Research	Journal of Gerontological Nursing
Generations	Journal of Gerontological Social Work
Geriatric Nursing	Journal of Gerontology
Geriatrics	Journal of Housing for the Elderly
The Gerontologist	Journal Mental Health and Aging
Gerontology and Geriatrics Education	Journal of Nutrition, Health, and Aging
Home Health Care Services Quarterly	Journal of Religion and Aging
Hospice Journal	Journal of Women and Aging
International Journal of Aging & Human Development	Omega
International Journal of Geriatric Psychiatry	Perspective on Aging
International Journal of Technology and Aging	Physical and Occupational Therapy in Geriatrics
International Psychogeriatrics	Psychology and Aging
Journal of Aging and Ethnicity	Research on Aging
Journal of Aging and Health	Topics in Geriatric Rehabilitation

