

**CHFD 4870: HUMAN SEXUALITY ACROSS THE LIFESPAN
(3 Credits)**

Instructors:

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Office Hours:

By appointment.

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Time and Place:

**Tuesdays and Thursdays, 3.30 to 4.45pm
at Dawson Hall, Room 208**

Required Texts:

Westheimer R., and Lopater, S. (2002). Human Sexuality. A Psychosocial Perspective. Baltimore, MD: Lippincott Williams and Wilkins.

Bunting, S.J. (2001) Annual Editions Human Sexuality, 26th Edition. Guilford, Connecticut: McGraw-Hill/Dushkin.

Course Objectives:

1. To increase students' understanding of human sexual development, behavior and attitudes within the context of family and society.
2. To help students make a connection between course material and the 'real world', especially with respect to their personal and professional lives.
3. To enable students to begin to think critically about theories and research to explain and understand human sexuality.
4. To increase students' ability to communicate openly and effectively about human sexuality issues.

Course Requirements

1. Pop Quizzes (Total of 15%)

Six quizzes will be given in class. Each quiz will consist of 10 multiple choice questions based on the reading for that class. The quizzes will be given at random times without prior warning. The best 5 quiz marks will be used in the final grading.

2. Reaction Paper (Total of 15%)

Each student will be required to write up a reaction paper to ONE of the assigned readings in the Annual Editions book. The paper will be 3 pages long (double spaced, 12 pt. font). **The paper should address arguments for and against the point being made in the article. You should also describe how the issues in the article relate to a) education, b) policy making and c) research.**

3. Journal (Total of 20%)

Each student will buy a notebook or folder to be used as a journal throughout the duration of this course. Each week (except Spring Break week) you should find ONE article or clipping from a magazine, newspaper or internet site that relates to a class topic for that week. **The article or clipping should be pasted into your notebook, with a short written paragraph describing why you chose that clipping and how it is relevant to the class topic. Each entry should be dated.** The journals will be collected at the end of the semester.

4. Presentations (Total of 25%)

The class will be divided into eight teams. Each team will make a short presentation on an assigned topic from each of the following four subject areas: contraception/ STDs / paraphilias /issues of fertility and pregnancy.

5. Final Exam (Total of 25%)

A final exam will be given on Monday, 5th May at 12pm. This will be a multiple choice exam based on the information in the chapters used in class from the Westheimer and Lopater book.

NO make-up exam or quizzes will be offered without valid medical excuses.

NO marks will be given for attendance, but if you fall behind in class due to poor attendance you will not be offered extra help by the instructors, unless you have a valid medical excuse.

Class Schedule

Key for reading assignments:

HS = Human Sexuality (Westheimer and Lopater)

<u>DATE</u>	<u>TOPIC</u>	<u>READING</u>
Thurs, Jan 9 th	Course Orientation	
Tues, Jan 14 th	History and Theories of Human Sexuality	HS: Chapter 2
Thurs, Jan 16 th	Research on Human Sexuality	HS: Chapter 2
Tues, Jan 21 st	Female Sexual Physiology	HS: Chapter 4
Thurs, Jan 23 rd	Male Sexual Physiology	HS: Chapter 4
Tues, Jan 28 th	Sexual Arousal and Response	HS: Chapter 6
Thurs, Jan 30 th	Gender and Gender Roles	HS: Chapter 3
Tues, Feb 4 th	Transsexuality and Sexual Identity (guest speaker)	HS: Chapter 3
Thurs, Feb 6 th	Gender Preferences	HS: Chapter 9
Tues, Feb 11 th	Same-sex relationships (guest speaker)	HS: Chapter 9
Thurs, Feb 13 th	Love, Affection and Intimacy	HS: Chapter 7
Tues, Feb 18 th	Sexual Expression	HS: Chapter 8
Thurs, Feb 20 th	Fertility and infertility	HS: Chapter 10
Tues, Feb 25 th	Pregnancy and birth	HS: Chapter 10
Thurs, Feb 27 th	Contraception (Team presentations)	HS: Chapter 11
Tues, Mar 4 th	Issues of fertility and pregnancy (Team presentations)	HS: Chapters 10/11
Thurs, Mar 6 th	Ending a Pregnancy	HS: Chapters 10/11
Tues, Mar 11 th	Sexuality in childhood and adolescence	HS: Chapter 12
Thurs, Mar 13 th	Sexuality in Adulthood and Aging	HS: Chapter 13
Tues, Mar 18 th	Sexual Dysfunctions	HS: Chapter 14

Thurs, Mar 20 th	Sex Therapy	HS: Chapter 15
Tues, Mar 25 th	Sexual Variation (Hand in Reaction paper)	HS: Chapter 18
Thurs, Mar 27 th	SPRING BREAK	
Tues, Apr 1 st	SPRING BREAK	
Thurs, Apr 3 rd	Paraphilias (Team presentations)	HS: Chapter 18
Tues, Apr 8 th	Sexually Transmitted Diseases (Team presentations)	HS: Chapter 17
Thurs, Apr 10 th	Illness and Disability	HS: Chapter 16
Tues, Apr 15 th	Coping with Impairment and Loss (guest speaker)	HS: Chapter 16
Thurs, Apr 17 th	Commercial Sex	HS: Chapter 19
Tues, Apr 22 nd	Sexual Abuse and Force	HS: Chapter 19
Thurs, Apr 24 th	Taking care of yourself (Hand in Journals)	HS: Chapter 5
Tues, Apr 29 th	Last class – evaluation	
Mon, May 5 th	Final Exam (12 – 3pm)	