

## **CHFD 9070 Pre-Practicum in Marriage and Family Therapy**

Professor:	Dr. Stephanie Burwell	Email: sburwell@uga.edu
Office:	House A	Phone: 542-4897
Class Location:	McPhaul MFT Clinic	Class Time: 1-3:50 Tuesdays
Office Hours:	W, F: 1-2:30 and by appointment	

### **Course Description:**

CHFD 9070 Pre-Practicum is a 3 hour credit course that provides an introduction to CHFD practicum, theoretical models of MFT, family therapy skill development, and MFT clinic policies and procedures.

### **Required Texts:**

Piercy, FP, Sprenkle, DH, Wetchler, JL. (1996). *Family Therapy Sourcebook* (2<sup>nd</sup> ed.). NY: Guilford.

Patterson, JE, Williams, L, Grauf-Grounds, C, Chamow, L. (1998). *Essential Skills in Family Therapy*. NY: Guilford.

McGoldrick, M, Gerson, R. (1985). *Genograms in Family Assessment*. NY: W.W. Norton.

Johnson, SM. (2004). *The Practice of Emotionally Focused Couple Therapy: Creating Connection* (2<sup>nd</sup> ed). NY: Brunner/Routledge.

Johnson, SM, Bradley, B, Furrow, J, Lee, A, Palmer, G, Tiley, D, Woolley, S. (2005). *Becoming an Emotionally Focused Couple Therapist: The Workbook*. NY: Brunner/Routledge.

### **Course Goals:**

Students successfully completing CHFD 9070 Pre-Practicum will:

1. Understand the policies and procedures of the MFT clinic.
2. Prepare to work with clients by developing essential skills in MFT.
3. Learn about major ethical considerations related to providing MFT services.
4. Increase knowledge of MFT theory and practice.

### **Course Requirements and Grading:**

All students will attend the weekly course and be prepared to fully participate as evidenced by discussion of course readings and assignment completion.

### **Assignments:**

1. *Genogram Presentation*. Students will present their genogram with an emphasis on how personal experiences led you to become a family therapist. (100 points)
2. *Theory Presentation*. This presentation will be in workshop format and will focus on a specific model of therapy. It should include a demonstration of a therapeutic intervention. A handout is to be included. (100 points)

Each of the presentations will be 60 minutes in length and will be comprehensive.

3. *Journal.* You will keep a journal (typed) of your thoughts related to course readings, videos, and discussion. Particular emphases should be on your skill development, understanding of theory, and your thoughts about seeing clients. (100 points)

4. *Discussion Questions.* Every week each student will develop and present 3 questions to spark discussion directly related to the readings. (100 points)

**Grades:**

A 430—400 points	B- 356—344 points	D+ 300—288 points
A- 399—387 points	C+ 343—331 points	D 287—271 points
B+ 386—374 points	C 330—314 points	D- 270—258 Points
B 373—357 points	C- 313—301 points	F 257 Points and below

**Missed or Late Assignments:**

Students are expected to submit assignments on the due date. Turning in late assignments is not permitted without prior approval of the instructor. If you have a conflict with any assignment due dates, please see the instructor to make alternative arrangements as soon as possible.

**Academic Honesty:**

All academic work must meet the standards contained in “A Culture of Honesty”. Each student is responsible to inform themselves about those standards before performing any academic work. The academic honesty policy website is:

**[http://www.uga.edu/ovpi/academic\\_honesty/culture\\_honesty.htm](http://www.uga.edu/ovpi/academic_honesty/culture_honesty.htm)**

**Students with Special Needs:**

Students with special needs or a disability should schedule an appointment to discuss this with the professor immediately.

**Protection of Private Information:**

If you have requested a restriction of your personal information please call or email the instructor as soon as possible and we will have another way of taking role and addressing names in class.

### Tentative Schedule

**\*Note that changes may be made to the schedule as necessary.**

August 22	Syllabus, Introduction
August 29	Readings: Genograms, Chapters 1-3 Theoretical Foundations of Family Therapy (Chapter 1, Family Therapy Sourcebook)
September 5	Readings: Genograms, Chapters 4-5
September 12	Genogram Presentation _____ Readings: Transgenerational Family Therapies (Chapter 2, Family Therapy Sourcebook) Essential Skills (Chapters 1-3)
September 19	Genogram Presentation _____ Readings: MFT Policies and Procedures Manual Ethics (Chapter 15, Family Therapy Sourcebook)
September 26	Genogram Presentation _____ Readings: Experiential Family Therapies (Chapter 4, Family Therapy Sourcebook) Essential Skills (Chapters 3-5)
	Whitaker, CA, Keith, DV. (1981). Symbolic-experiential family therapy. (from the Handbook of Family Therapy).
October 3	Orientation to McPhaul Clinic Readings: Structural, Strategic and Systemic Family Therapies (Chapter 3, Family Therapy Sourcebook) Essential Skills (Chapters 6-8)
October 10	Medical Family Therapy Readings: (TBA)



