

FDNS 4630/6630

Cultural Aspects of Foods and Nutrition

Instructor: Dr. Ruthann Swanson, 180 Dawson Hall, 542-4834, e-mail: rswanson@fcs.uga.edu

Course Description: A study of the foodways, food habits and food behavior of various population groups in this country and others and the influences of these factors on the nutritional status of group members.

Course Credit: 3 hrs

Course Prerequisite: FDNS 2100

Course Objectives:

- (1) to become familiar with the foodways of selected populations within the United States;
- (2) to identify factors that influence food-related behavior within population groups;
- (3) to understand how foods and food-related behavior may be used to maintain cultural identity;
- (4) to understand the role of food habits in nutritional/health status of individuals and groups;
- (5) to become familiar with the techniques for studying food-related behaviors;
- (6) to become familiar with the sources of information on food-related behaviors; and
- (7) to understand the importance of foodways in nutrition counseling, community nutrition education efforts and marketing of food products.

Primary Text: Kittler, P.G. and Sucher, K. 2004. *Food and Culture*, 4th ed. Wadsworth Publishing Co., Inc, Belmont, CA..

Suggested Supplementary Text: Labensky, S, Ingram, G.G. and Labensky, S.R. 2000. Webster's New World Dictionary of Culinary Arts, 2nd ed. Prentice-Hall, Inc., Upper Saddle River, NJ.

Non-text assigned readings: Current list is in a WebCT folder titled assigned readings; others may be added as the current literature is reviewed. These topics receive limited coverage in the primary text. Two spiral-bound copies of these papers are on reserve in the Science Library. The papers are also available via WebCT.

WebCT: You will find the course syllabus, assignments, suggested internet resources by general topic and various other supporting materials on WebCT

Honesty policy: All academic work must meet the standards contained in "*A Culture of Honesty*." Each student is responsible to inform themselves about those standards before performing any academic work.

Course Evaluation:

	4630	6630
Abstract	30 pts	30 pts
Web Evaluation	35 pts	35 pts
Exam I	125 pts	125 pts
Final Exam	125 pts	125 pts
Individual project		
Part 1	45 pts	45 pts
Part 2A	20 pts	20 pts
Part 2B	90 pts	90 pts
Eating Out Report	30 pts	30 pts
Graduate project	--	275 pts
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	500 possible points	725 possible points

Grading Scale:

Scale	4630 Point Range	6630 Point Range	% Range
A	450-500	652-725	90-100
B	400-449	580-651	80-89
C	350-399	507-579	70-79
D	300-349	435-506	60-69
F	below 300	below 435	below 60