Caroline Richardson, McDuffie County Agent

Education: B.S. Home Economics, Georgia College and State University

Programming focus: Chronic Disease Prevention/Healthy Lifestyles, Food Safety and Preservation

The Family and Consumer Sciences (FACS) program area covers McDuffie, Glascock and Warren Counties. It concentrates in the area of Chronic Disease Prevention/Healthy Lifestyles with emphasis on diabetes education and cancer prevention including the Right Bite Diabetes Cooking School and Cooking for a Lifetime. Collaborating with the University Hospital Mobile Mammography Unit, in the past year we have had 115 females to receive mammography screening. FACS programming also includes: ServSafe Managers and Employee training; child care provider training, Money Matters and starting a home based business. A weekly column is printed in the local McDuffie Progress that covers program topics and advertising.

County media: The McDuffie Progress.