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# PREPARE FAQs?

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## WHAT IS PREPARE?

PREPARE is a research-based program designed to help you build a stronger and happier marriage. The program consists of SIX 2-hour sessions that focus on (1) your strengths/growing areas; (2) communication; (3) managing conflict; (4) family life experiences; (5) financial plans and budget; and (6) setting goals. Participation in the PREPARE program requires that you and our partner complete a 165-item couple inventory which will identify your strengths as a couple and areas of growth in a variety of areas (e.g., communication, conflict resolution, personality issues, financial management, children & parenting, family & friends, expectations, family-of-origin experiences). This information is then used to help facilitate discussion during each session. Visit <http://www.prepare-enrich.com/> to learn more about PREPARE.

## ONE-ON-ONE CLASSES?

Depending on the couple's preference and the schedule of both the couple and educator, couples can meet with an educator for personal sessions. Couples will meet with the educator SIX times for 2-hours each session. No meals provided during these sessions.

## WEEKEND WORKSHOP?

We offer a one day workshop on Saturdays from 9am - 5pm for about 8-10 couples. Contact Ted Futris at 706-542-7930 or email at [tfutris@uga.edu](mailto:tfutris@uga.edu) for future dates and locations. Snacks and Lunch included. Couples receive all of the information but within 9 hours.

## COST?

Registration cost is specified on the registration form (meals/snacks are not included in the one-on-one sessions). We accept either cash or money orders/checks made out to *University of Georgia Extension*. The educator who follows up with the couple will make arrangements on where to deliver payment. Payment must be received 2-weeks before the first session so that the couple can receive the inventory (the inventory must be completed at least 4 days before the first session). No refunds will be provided for failing to complete the program.

Couples who do complete the program (before filing for their marriage license) will qualify for a \$35 discount on their marriage license. Also, couples who participate in the study component of the program by filling out a pre and post-test survey will receive an additional \$30.

## STUDY?

Couples will be asked to fill out a 25-30 minute survey before their first session and after their last session. This will help us understand whether the program is helping and ways we can improve the program. Couples who participate in the study component of the program will receive \$30.

## MARRIAGE LICENSE DISCOUNT?

If you have not filed for your marriage license, do not file until after the program. After completing the program we will give you a certificate that will allow you to receive a discount on your marriage license. The discount is worth \$35, but the county may also charge additional fees that are not discounted. Check with the Probate Court to confirm what those other fees include.

## OTHER QUESTIONS?

Once you provide your contact information on the registration form, an educator will follow-up with you within 48 hours. S/he can then answer any additional questions you may have. Feel free to call the McPhaul Family Therapy Clinic at 706-542-4486 or Ted Futris, State Extension Family Life Specialist at 706-542-7566 or email at [tfutris@uga.edu](mailto:tfutris@uga.edu) for more information or questions.