

Home Safety Bingo

Home Safety Bingo Key		
Question or comment	Caption + Image	Number
Avoid falls. Always grab on to the railing when walking down stairs. OR To make steps easier to see, paint a white stripe along the edge of each step.	Stairway	1
Avoid trips and falls. Make sure throw rugs have non-skid backings. It would be even better if you removed throw rugs from your home.	Throw Rug	2
Be prepared. Install a smoke detector and change the batteries at least twice a year.	Smoke Detector	3
Avoid trips and falls. Pick up your towels and use non-slip mats in the bathtub.	Bathtub	4
Keep it safe. Store medicine, chemicals and personal items in a safe place.	Medicine Bottle	5
Think safety. Remove all electrical cords from traffic areas. OR Avoid using extension cords. If you must use them, choose heavy duty cords.	Extension Cord	6
Reduce hazardous chemicals in your home. Keep poisonous products out of reach of young children.	Poison symbol	7
Avoid potential hazards. Install a carbon monoxide detector outside your bedroom.	Carbon Monoxide alarm	8
Avoid trips and falls. Use lamps to increase lighting and replace light bulbs when they burn out.	Lamp	9
Grab on for safety. Grab onto the handrails when going up or coming down stairs.	Handrails on stairs	10
De-clutter your life. Stack magazines, mail and newspapers. Remove clutter from the steps and floor.	Clutter	11
Be safe. Turn the space heater off when sleeping or away from home and do not use an unvented heater.	Space Heater	12
Avoid burns. Always use a heavy duty oven mitt when removing food from oven or microwave.	Oven mitt	13
Avoid burns. Always turn the handles on pots and pans towards the center of the stove.	Pan on stove (handle out)	14
Avoid trips and falls. Wear slippers with a non-skid bottom.	Slippers	15
Be prepared. Keep a fire extinguisher in the kitchen and don't forget to keep it in working order.	Fire Extinguisher	16
Light your way. Night lights help light your way in dark hallways, bedrooms and bathrooms. OR Use night lights that automatically turn on as the room darkens.	Nightlight	17

Save money. Replace light bulbs with compact fluorescent lights.	Fluorescent light	18
Be prepared. Post emergency numbers by the telephone in the kitchen and bedroom.	Telephone	19
Grab on for safety. Install grab bars in the shower and tub.	Grab bars	20
Light your way. Keep a flashlight on your nightstand.	Flashlight	21
Reduce hazardous chemicals in your home. Eliminate food and water sources for insects rather than using insecticides.	Insecticide	22
Avoid burns. Turn your hot water heater to 120 degrees (or medium) OR Always check the water temperature before stepping into the bathtub or shower.	Hot Water	23
Be safe. Protect yourself from electrical shocks by installing grounded outlets in the bathroom and kitchen.	GFIC or grounded outlet	24
Protect yourself and your home. Make sure the locks on your doors and windows work properly.	Locks on window	25
Avoid trips and falls. Add lights along your sidewalk and front door.	Lighted sidewalk	26
Be prepared. Keep the number for Poison Control next to the phone. OR Make sure one of the speed dial numbers on your phone is for Poison Control.	Poison control number	27
Be safe. Invest in a raised toilet with grab bars.	Raised Toilet	28
Be safe. Make it easier to shower by using a removable showerhead and adding a chair to your shower.	Removable Showerhead	29
Avoid falls. Use a sturdy step stool to reach items on upper shelves.	Stepstool	30
Avoid trips and falls. Repair frayed carpeting so you don't catch your foot, cane or walker on it.	Frayed Carpeting	31
Be safe. Use chairs with strong secure arms that support you as you get up. OR Avoid using chairs that are too low.	Chair with arms	32
Light your way. Find your light switch easier by installing an illuminated light switch	Illuminated light switch	33