

Food Safety for Halloween

Trick or Treat! The ghosts and goblins are back and it is time for your little ones to bring out their favorite costumes and go Trick or Treating. We want to make sure your children are as safe as possible on Halloween night. Here are some food safety tips to remember as you are out scaring the neighborhood.



- Trick or treat only at houses of people you know.
- Check to see that the candy or gum is wrapped securely.
- Don't eat anything that has a suspicious look or looks as if it may have been tampered with.
- Make sure the porch light is on before ringing the doorbell.
- Before eating candy, parents should check and make sure it is safe to eat.
- To prevent children from eating the candy before it is inspected, give them a snack or meal before trick or treating.
- Don't eat home-made food or candy.
- Wash all fresh fruit thoroughly. Look for holes, small punctures, and cut it open before children eat it.

Here are some alternatives to food for your trick or treaters.



- Halloween party favors
 - Coupons for free items
 - Quarters
- Pencils, spooky erasers, trading cards, stickers, etc.



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FDNS-E-107

May 2005

Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, The University of Georgia College of Agricultural and Environmental Sciences and the U.S. Department of Agriculture cooperating.

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