

Monday- January 23rd

Am Snack- Homemade Bread Pudding and Milk

Lunch- Veggie Curry with Garbanzo beans, Fresh Squash and Zucchini, Brown Rice, Bananas and Milk

Pm Snack- Tortilla Chips and Salsa

Tuesday – January 24th

Am Snack- Whole Wheat Biscuits and Apple Salad

Lunch- Chicken and Dumplings or Veggie Alternative, Pears, Peas and Milk

Pm Snack- Hummus and Pita Triangles

Wednesday- January 25th

Am Snack- Whole Wheat Bagels and Applesauce

Lunch- Turkey or Veggie Wrap, Fresh Broccoli and Ranch, Peaches and Milk

Pm Snack- Homemade Pimento Cheese and Celery sticks

Thursday- January 26th

Am Snack- Cheerios with Raisins and Milk

Lunch- Veggie Lasagna (squash, Mushrooms, Zucchini, Organic Tomato Sauce, Mozzarella) Organic Spring Mix Salad, Garlic Bread and Milk

Pm Snack- Rice Cakes and Mixed Fresh Berry Cream Cheese

Friday- January 27th

Am Snack- Orange Delight (Homemade Whip Cream, Oranges, Pineapple, Cottage Cheese) and Whole Wheat Toast

Lunch- Spanikopita (spinach, Mozzarella, Mushrooms, Phyllo Dough) Garbanzo Beans, Greek Salad and Milk

Pm Snack- Soy Nut Butter and Graham Crackers