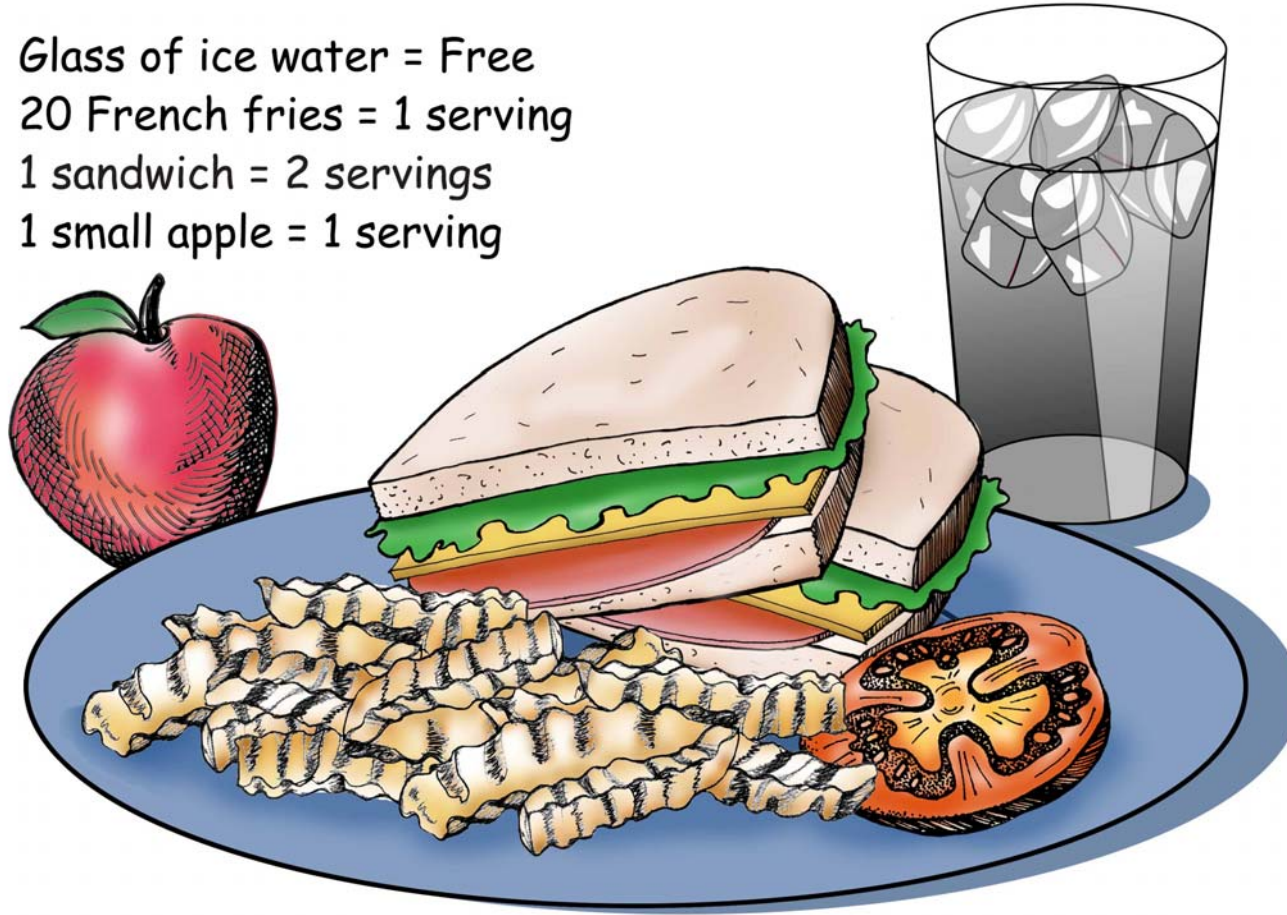


Lunch

This meal contains 4 carbohydrate servings

Glass of ice water = Free
20 French fries = 1 serving
1 sandwich = 2 servings
1 small apple = 1 serving



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