



Dear Participant,

Several months ago, we wrote you because the information from your Nutrition and Health Screen identified some nutrition and health concerns. We mailed some information and tips to help you deal with these issues.

This time we are writing because after you completed the screen again, your Nutrition and Health Screen identified the same or different concerns.

If for some reason you did not receive the information we sent before, we will be happy to send another copy. If your nutrition and health concerns are different this time, we have included tips that might help you deal with the new issues.

Please consider seeing a nutrition professional for more help planning healthy meals. You can choose a hospital or public health office from the attached list to call and make an appointment.

You may be asked for a doctor's order to make an appointment for nutrition counseling.

Fees for nutrition counseling will vary. Medicare and Medicaid are accepted at most offices.

If you are having any problems with the medicines you take, please talk with your doctor or pharmacist.

Sincerely,

Gateway Services
Area Agency on Aging
Athens, GA



Hospitals	Public Health Departments
Athens Regional Medical Center Laura Norman, RD, LD 706-475-3758	Jessica Schmitt, RD, LD and Susan Bell, RD, LD can talk with you at these offices:
Banks-Jackson-Commerce Medical Center Susan Miller, RD, LD, CDE 706-335-1177	Barrow County Health Dept. 770-307-3011
Barrow Medical Center Helen Moen, RD, LD 770-307-5236	Bowman Medical Center 706-245-6401
Elbert Memorial Hospital Heather Bowen, RD, LD 706-213-2591	Clarke County Health Dept. 706-542-8600 (Main) 706-369-5816 (East)
Morgan Memorial Hospital Ann Henderson, CDA 706-342-1667, x223	Elbert County Health Dept. 706-283-3775 or 706-283-3789
Newton General Hospital Sherry Phillips, RD, LD 770-385-4185	Greene County Health Dept. 706-453-7561
Primary Care Monticello, GA Peggy Smith 706-468-0988	Jackson County/Commerce Clinic 706-335-3895
St. Mary's Hospital Kim Hunter, RD, LD 706-355-7215	Jackson County/Jefferson Clinic 706-367-5204
Walton Medical Center Mindy Howard, RD, LD Carrie Mizerak, RD, LD Beth Melvin, RD, LD 770-267-8461, x3196	Madison County Health Dept. 706-795-2131
	Morgan County Health Dept. 706-752-1266
	Oconee County Health Dept. 706-769-3983
	Oglethorpe County Health Dept. 706-743-8181
	Walton County Health Dept. 770-207-4125 (Main) 770-466-1789 or 770-466-4751 (West)

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WELLNESS

Nutrition For Older Adults' Health

