

Experience

Family & Consumer Sciences

University of Georgia
Extension

Bartow County Extension
320 W. Cherokee Ave., Rm. 112
Cartersville, GA 30120

Phone: 770-607-6318
Fax: 770-386-3488
Email: roberts9@uga.edu



Alexis Roberts, Bartow County Agent

Education: B.S., Nutrition and Food Science with an emphasis in dietetics; Graduate Certificate Dietetic Internship in Community Nutrition, Georgia Southern University.

Programming focus: Chronic Disease Prevention/Healthy Lifestyles, Food Safety and Preservation.

The Bartow County Family and Consumer Sciences program is experiencing a period of re-growth. I am the first full-time FACS Agent the county has had in over five years. I am very excited to help fill the needs of the community. I plan to create and conduct Chronic Disease Management programming working with agencies that serve a low-income audience and elder population, as well as implementing the Supplemental Nutrition Education Program. Our community has over 20,000 people who are eligible for SNAP. This program will help them stretch food dollars and create healthy, delicious meals at home.

Bartow is one of the top 50 counties in Georgia for Total Farm Gate Value due to a prominent and diverse agricultural presence, so there is a need for classes regarding food safety and preservation. The deputy commissioner has requested healthy lifestyle sessions for their employees, which will be conducted using the Walk Georgia curriculum, which will provide a method to track impact

County media: The Daily Tribune and WBHF radio station.

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