

Experience

Family & Consumer Sciences

University of Georgia
Extension



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Education: B.S.A. Food Science, The University of Georgia, May 2013; M.S. Food Science, The University of Georgia, August 2015

Programming focus: Food Safety and Preservation; ; Chronic Disease Prevention/Healthy Lifestyles; Positive Development for Individuals, Families, and Communities

The DeKalb County Family and Consumer Sciences Extension team is dedicated to educating individuals and families in the community about food, health and nutrition. FACS agents provide non-biased, research-based information on topics such as nutrition, food safety and preservation, chronic disease prevention and healthy eating habits. One way that the DeKalb Extension team addresses these areas is through Fresh on DeK, the DeKalb Mobile Farmers Market which provides affordable access to fresh fruits and vegetables, nutrition education and food demonstrations.

The Supplemental Nutrition Assistance Program Education (SNAP-Ed) in DeKalb County also works to promote nutrition through healthy food and lifestyle choices that prevent obesity. The program offers a variety of resources including both in-person and online classes to help keep program participants healthy by making nutritious food choices on a budget.

County media: Dekalb Dimensions, The Champion Newspaper

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