

Experience

Family & Consumer Sciences

University of Georgia
Extension

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Education: B.S. in Management and Society, UNC Chapel Hill; Masters in Extension Education, NCSU; working toward EdD in Extension Ed. at NCSU.

Programming focus: Chronic Disease Prevention/Healthy Lifestyles; Food Safety and Preservation.

Assisting the residents of Forsyth County achieve awareness of food preservation, food preparation, food safety, and chronic disease prevention through educational programs and activities. Focus on supporting local agriculture and making Forsyth county an active and healthy place to live by offering programs such as Walk-a-Weigh, Walk Georgia, diabetes management, food preservation classes, and nutrition education classes.

County media: Forsyth County News