Family & Consumer Sciences
University of Georgia Extension

Ines Beltran, Gwinnett County Agent

Education: B.S. Food Science University of Bogota J.T.L Columbia; M.S. Adult Education, University of Georgia

Programming focus: Chronic Disease Prevention/Healthy Lifestyles, Food Safety and Preservation, Positive Development for Individuals, Families and Communities. Health, Safe and Affordable Housing Environments

Extension in Gwinnett is involved in schools educating parents in food, nutrition and health. Demonstrations are conducted about food safety, food preservation, canning, and cooking. The FCS agent appears regularly on Gwinnett County television educating the community about nutrition and demonstrating healthy recipes while encouraging the community to cook more often at home. The agent also works with child care providers assisting them with ongoing education and materials that they need to provide quality care and to maintain entity approved hours for agencies to remain licensed.

County media: Bilingual Blog https://bilingualopinions.wordpress.com/2015/03/12/healthy-eating-a-long-path-in-front-of-us/

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