

## Who is eligible?

Individuals 60 years and older, or receiving social security or supplemental security income disability benefits, are eligible for medical deductions in applying for food stamp benefits.

## How do medical expenses help with applying for food stamp benefits?

If you have more than \$35 a month in out of pocket medical expenses, you can meet the \$150 deduction.

If you have more than \$185 a month in out of pocket medical expenses, you may be eligible to meet a higher deduction amount.

For many people, both cases may mean **MORE** food stamps each month. You just have to provide proof of your medical expenses to DFCS.

## Need more information?

[www.fcs.uga.edu/fdn/georgia-cafe](http://www.fcs.uga.edu/fdn/georgia-cafe)

## How do I claim medical deductions?

If you have any single or combination of the listed medical expense(s) on the back of this brochure that total more than \$35 a month, you just need to include proof of the item(s) that total more than \$35 a month with your food stamp application to receive the deduction. Save your receipts!

**Include the billing receipt(s)** for Medical and Dental Services, Prescription Drugs, Health Insurance Costs, Medical supplies, or Medical Equipment.

**Include a written statement of the distances you travel or where you travel along any parking receipts** for Transportation Costs or Car Mileage.

**Include your receipt and documentation showing that you need them for medical reasons** for Over-the-Counter Medicines, Alternative Medical Services, or Service Animal.

USDA does not discriminate based on race, color, national origin, sex, religious creed, disability, age, political beliefs or reprisal or retaliation for prior civil rights activity.



Georgia  
**CAFE**

**C**ommunity  
**A**dvocacy to Access  
**F**ood Stamps for the  
**E**lderly & Disabled

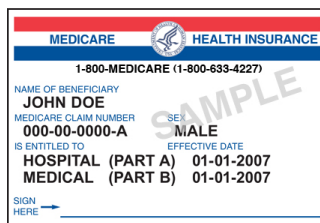


**USE YOUR  
MEDICAL EXPENSES  
TO APPLY FOR NEW  
OR MORE  
FOOD STAMP  
BENEFITS**

# Key Medical Expenses Considered for Food Stamp Benefits

## Health Insurance Costs

- Medicare and Medicare supplement premiums (i.e. Medicare Part B premium, \$104.90)
- Prescription drug insurance (i.e. Medicare Part D premium)
- Health, hospitalization, long-term care/nursing home insurance premiums
- Health Insurance deductibles



## Medical and Dental Services Not Covered by Insurance

- Doctor/clinic visits
- Dental care
- Hospitalization
- Physical therapy
- Emergency room visit
- Outpatient treatment
- Home health care
- Adult day care
- Housekeeping services due to your age or illness



## Prescription Drugs

- Cost for prescription drugs



## Over-the-Counter Medicines

- Includes pain relievers, antacids, vitamins, and insulin that your health care provider tells you to take



## Medical supplies

- These include adult diapers, foot care supplies, and prescription eyeglasses and contact lenses



## Transportation Costs and Car Mileage

- Your car mileage or cost for rides such as from a friend or neighbor to and from medical appointments and to your pharmacy



## Medical Equipment

- Sick room equipment
- Personal emergency response systems
- Wheelchairs or other mobility aids
- Prosthetics including hearing aids/batteries and dentures
- Communication equipment for the hearing or visually impaired



## Alternative Medical Services

- Prescribed treatments such as chiropractic care



## Service Animal Expenses

- Costs for service animals including veterinary bills and food supplies

