

BUDGETING BASICS



TIP #1: FIND AN EASY TO USE METHOD

There are many ways to create a budget. You can download free apps to create one. Excel can also be used to create a budget. Or, you can use the tried and truth method of paper and pencil. Use which one is easiest and most accessible to you.

TIP #2 : UPDATE IT REGULARLY

Life happens! No budget will be perfect, but by updating your expectations regularly, you can stay on top of your financial situation. Make it a habit to meet with yourself often!



TIP #3: MAKE IT WORK FOR YOU

Make sure your budget works for you! Do not set unrealistic expectations. Try to budget for fun events like eating out with friends and hobbies.



THANKS TO OUR SPONSORS



ASPIRE Clinic
College of Family and Consumer Sciences
Financial Planning, Housing and Consumer Economics
Well-Being Resources