

# Experience

## Family & Consumer Sciences

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Extension

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### Sylvia Davis, Baker/Mitchell County Agent

**Education:** B.S. Family & Consumer Science, GA Southern University

**Programming focus:** Chronic Disease Prevention/Healthy Lifestyles, Food Safety and Preservation

Family and Consumer Science (FCS) in Baker and Mitchell County, offers educational programs for youth and adults focusing mainly on nutrition and food safety. For Georgians that are at risk for obesity, heart disease/and or cancer, FCS partners with The American Cancer Society and offers Cancer Cooking Schools in both counties to motivate residents on how to make changes in their food intake to reduce their risk for cancer. Educational materials are also shared through email, mail, newspaper articles, and newsletters to both counties. As needed, the FCS program provides educational information in housing, finance, and family related issues. Food preservation is a growing trend for both counties and information is provided throughout the year.

**County media:** Camilla Enterprise and Pelham Journal



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