The Georgia Crisis & Access Line, 1-800-715-4225, is a toll-free, confidential hotline available 24 hours a day, 7 days a week from anywhere in Georgia. It connects callers with a trained, professional counselor who can help them get the services they need if they or someone they know are in emotional distress or a suicidal crisis, or have other problems with mental health, drugs, or alcohol.

The confidential hotline is free, and it offers easy access to mental health, developmental disabilities and addictive disease services throughout the state's 159 counties. The Georgia Crisis & Access Line helps ensure that callers get the help they need, when they need it in several ways.

- The hotline is staffed by trained and caring professionals who are available around the clock. Licensed clinicians and social workers are available at all times to provide help and hope in crisis situations.

- Caring and professional staff provide more than information; they can guide callers through the process of choosing a service provider and can even schedule appointments with many of them.

- In addition to the toll-free hotline, the Georgia Crisis & Access Line offers an online database at mygcal.com that provides information about service options from healthcare providers and other resources.

Introduced by Behavioral Health Link (BHL) in July 2006, the Georgia Crisis & Access Line serves as a single point of entry, streamlining access to mental health and substance abuse services. The Georgia Department of Human Resources contracts with BHL to operate the hotline. The company is based in Atlanta and brings a wealth of experience in operating crisis and access hotlines dating back to 1998.

A crisis has no schedule. Help is available 24/7 for problems with mental health, drugs, or alcohol. Call the Georgia Crisis & Access Line at 1-800-715-4225 or visit us at mygcal.com.