

Experience

Family & Consumer Sciences

University of Georgia
Extension

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Kathryn Holland, Colquitt County Agent

Education: B.S. Family & Consumer Sciences, University of Georgia; M.S., Financial Planning, Housing, and Consumer Economics, UGA

Programming focus: Chronic Disease Prevention/Healthy Lifestyles, Financial Capability, Food Safety and Preservation, Healthy, Safe, and Affordable Housing Environments, Positive Development for Individuals, Families and Communities.

Since starting in Colquitt County, I have directed programming and information in ServSafe training, food preservation, child care provider training, financial education, healthy homes and radon education, and chronic disease prevention and healthy lifestyles. I look forward to incorporating textile education in the future. I am launching two Walk Georgia campaigns this fall: one for city employees, and one for all Colquitt County residents. With my specialty in Consumer Economics, Walk Georgia was a good fit for this county for several reasons: Colquitt residents requested health education; obesity is one of Georgia's major health concerns, and is linked with a host of other health issues; and obesity costs Georgia 2.4 billion annually, making it not only a health, but also an economic issue.