

# Experience

## Family & Consumer Sciences

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Extension

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### **Kimberly Howell, Richmond County Extension Educator**

**Education:** Bachelor of Science: Nutrition and Food Science-Georgia Southern University

**Programming focus:** Chronic disease Prevention/Healthy Lifestyles; Food Safety and Preservation

In Richmond County, UGA Family and Consumer Sciences offers the Expanded Food and Nutrition Education Program to limited resource families in our community. This federally funded program promotes a holistic educational approach to improve diet quality, physical activity, food resource management, food safety and food security. Experienced program assistants serve as peer educators to provide researched based nutrition education to qualified individuals and families in our community.

As part of the UGA Extension team, Kimberly promotes and provides leadership in Richmond County for the Expanded Food and Nutrition Education Program.

**County media:** The Augusta Chronicle



UGA Extension offers educational programs, assistance and materials to all people without regard to race, color, national origin, age, gender or disability.