



DR. CARA WINSTON SIMMONS

THE RELUCTANT AND SOMETIMES ACCIDENTALLY ON PURPOSE LEADER

THE STORIES BEHIND MY
LEADERSHIP JOURNEY

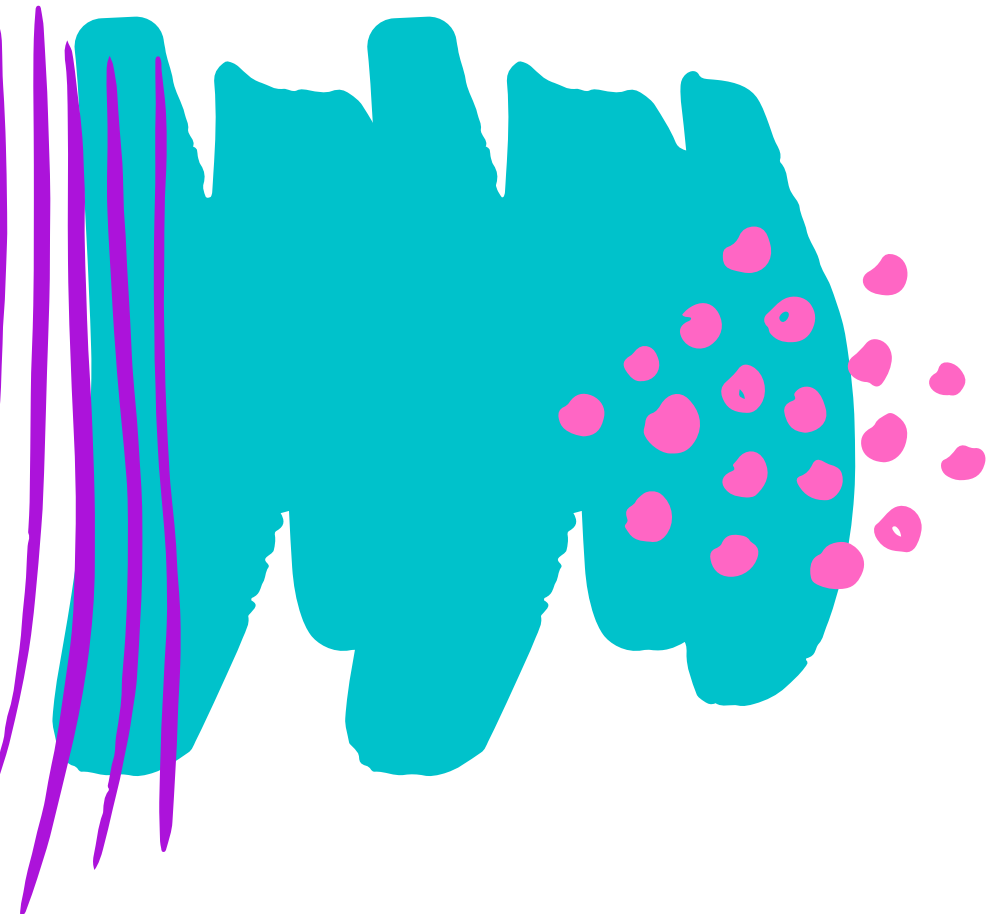


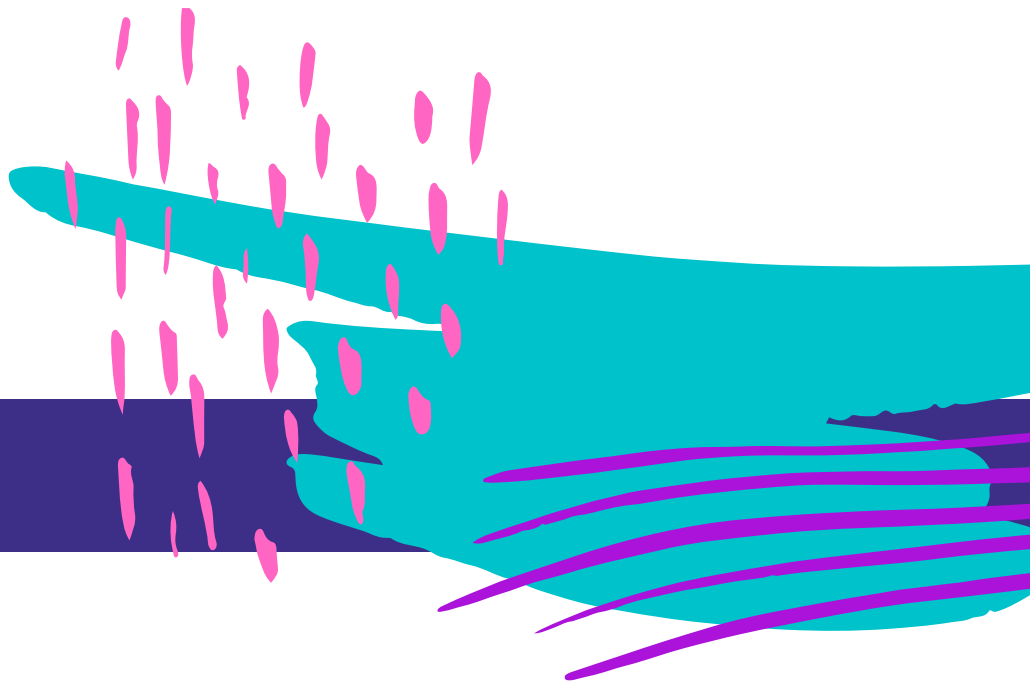
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The book cover and table of contents illustrate my leadership story. I didn't view myself as a leader or call myself one until a few years ago even though I can trace my leadership story back to the 3rd grade.

Now, I am more apt to embrace leadership opportunities as a way to learn and enhance my leadership skills and knowledge.



Twinkle

As a young Black girl growing up, I always had big dreams. I was born in Hollywood, California so it makes perfect sense.

My mom and dad encouraged me to reach for the stars and told me I could do and be anything I wanted. My dad even gave me the nickname Twinkle.

First, I wanted to be Lisa Lisa from the group Lisa Lisa & Cult Jam (80s baby!). Then, I wanted to be Diana Ross from The Supremes (old soul).

I eventually moved on to wanting to be a firefighter, doctor, journalist, and engineer. Today, I am a proud educator in a university setting working with students, staff, faculty, alumni, and friends.

What these early career dreams taught me was that I was meant to be a leader. Leader wasn't something I grew up wanting to be and I didn't always want that title, but here I am ready to lead and share my story with you.

About The Author

Hi! I'm Dr. Cara Winston Simmons.
Leadership development is one of my
favorite topics. I love helping others see
and be their best self through leadership.
I hope you'll follow along to learn more
about my own journey!

