

Experience

Family & Consumer Sciences

University of Georgia
Extension

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Education: B.S. in Chemical Engineering—University of Pittsburgh, 2012.

M.S. in Food Science and Technology—University of Georgia, 2015.

Programming focus: Chronic Disease Prevention/Healthy Lifestyles, Food Safety and Preservation, Positive Development for Individuals, Families and Communities.

In Rockdale County, FACS programming focuses on healthy aging, nutrition/chronic disease prevention and food safety. Activities at the senior center include crocheting and quilting for continued dexterity and socialization, as well as various health and nutrition education. A partnership with Rockdale Emergency Relief provides an outlet for teaching healthy produce-washing techniques, as well as healthy recipes for fruits and vegetables grown and donated by Rockdale Master Gardeners. Additionally, the FACS agent coaches Rockdale's 4-H consumer judging team to help our youth develop skills in marketplace decision making.



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