



Authors:

J. Michelle Turner, MPH, CPH

Pamela Turner, Extension Housing and Environment Specialist, Ph.D

Sharon Gibson, Extension Multicultural Specialist

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HOME EMERGENCY PREPAREDNESS SHOPPING LIST



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Supply Kit

There are six basics you should stock in your home: water, food, first aid, clothing and bedding, tools, and emergency supplies and special items. Keep the items you will most likely need during an evacuation in an easy-to-carry container such as a large, covered trash container, camping backpack or duffle bag. Keep a smaller version of the disaster supplies kit in the trunk of your car.

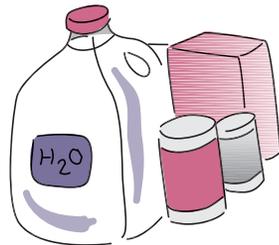
The following is not an exhaustive list. Tailor your kit to your household's needs.

Water

- ❑ Store one gallon of water per person per day, minimum three day supply; one half to one gallon of water per pet per day

How to Store Water

Store your water in thoroughly washed plastic, fiberglass or enamel-lined metal containers. Never use a container that has held toxic substances. Plastic containers, such as soft drink bottles, are the best. You can also purchase food-grade plastic buckets or drums.

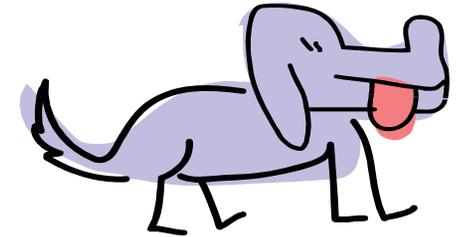


Seal water containers tightly, label them and store in a cool, dark place. Replace every six months.

Special Items

For Baby

- ❑ Formula
- ❑ Diapers
- ❑ Bottles
- ❑ Medications
- ❑ Powdered milk



For Pets

- ❑ 1/2 to 1 gallon of water per day per pet
- ❑ 3-day supply of food
- ❑ Kitty litter and/or puppy pee pads
- ❑ Collar with identifying tags and leash
- ❑ One, size-appropriate, pet carrier per pet (no cardboard carriers for cats)
- ❑ Pet carriers will likely be required at pet shelters in an evacuation scenario

For Adults

- ❑ Over the counter medications
- ❑ Prescription drugs
- ❑ Contact lenses and supplies if needed, as well as extra pair of eye glasses
- ❑ **Entertainment** - games for children; books for adults.
- ❑ Insulin for diabetics in the household
- ❑ Denture needs

Sanitation

- Toilet paper, towelettes
- Feminine supplies
- Plastic garbage bags, ties
- Plastic bucket with tight lid
- Household chlorine bleach
- Soap, liquid detergent
- Personal hygiene items
- Small shovel, to dig expedient latrine
- Disinfectant



Clothing and Bedding

Include at least one complete change of clothing and footwear per person.

- Sturdy shoes or work boots
- Rain gear
- Blankets or sleeping bags
- Hat and gloves
- Thermal underwear
- Sunglasses
- Plastic Tarpaulin (to keep bedding off the floor or ground)
- Mylar emergency blanket



Food

Store at least a three day supply of non-perishable food for each person. Select foods that require no refrigeration, cooking or preparation. Select food items that are compact and lightweight and rotate the food supply every six months.

- Ready to eat canned meats, fruits and vegetables
- Soups - bouillon cubes or dried soups in a cup
- Milk - powdered or canned
- Stress foods - sugar cookies, hard candy
- Staples - sugar, salt, pepper
- Juices - canned, powdered or crystallized
- Smoked or dried meats such as beef jerky
- High energy foods - peanut butter, nuts, trail mix, etc
- Ready to eat energy bars

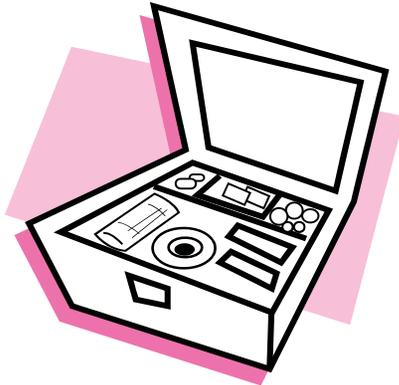
Non-Prescription Medications

- Vitamins
- Antacid
- Aspirin or non-aspirin pain reliever
- Laxative
- Rubbing alcohol
- Activated charcoal
- Anti-diarrhea medication
- Emetic (to induce vomiting)
- Eye wash
- Antiseptic or hydrogen peroxide



First Aid Kit

- Sterile adhesive bandages in assorted sizes
- 3-inch sterile gauze pads (8-12)
- Triangular bandages (3)
- Scissors Needle
- Bar of soap
- Antiseptic spray
- Tongue blades and wooden applicator sticks
- Assorted sizes of safety pins
- Latex gloves
- Cleansing agent - soap
- 2-inch sterile gauze pads (8-12)
- Hypo-allergenic adhesive tape
- 2 & 3-inch sterile roller bandages (3 rolls each)
- Tweezers
- Safety razor blade
- Moistened towelettes (8-10 packages)
- Non-breakable thermometer
- Tube of petroleum jelly or other lubricant



Tools and Supplies

- Mess kits, or paper cups, plates and plastic utensils
- Battery operated weather radio with AM/FM receiver and extra batteries*
- Cash and change
- Fire extinguisher, small canister, ABC type
- Pliers
- Compass
- Aluminum foil
- Signal flare
- Needles, thread
- Shut-off wrench for gas and water
- Plastic sheeting
- Home Emergency Preparedness Plan
- Flashlight and extra batteries
- Non-electric can opener, utility knife
- Tube tent
- Tape
- Matches in a waterproof container
- Plastic storage containers
- Paper, pencil
- Medicine dropper
- Metal whistle with lanyard
- Dust mask and work gloves
- Cell phone charger
- Several safety light sticks (bend, snap, or shake type light sticks)

* Do not install batteries until needed

