

MINOR: NUTRITIONAL SCIENCES
COLLEGE OF FAMILY AND CONSUMER SCIENCES

DEPARTMENT: Nutritional Sciences

PROGRAM DESCRIPTION: It is well established that special elements in foods and combinations of foods are not only required for optimal growth and development, but also are strongly implicated in health promotion and disease prevention and treatment. This minor provides a knowledge base for those persons interested in nutritional sciences and health issues.

REQUIREMENTS:

- Must earn at least a “C” grade (2.0) in each minor course.
- 9 hours of upper division course work required.
- Courses taken to satisfy Core Areas I -V **cannot** be counted as course work in the minor.
- Courses taken in Core Area VI/F may be counted as course work in the minor.
- Courses taken for a minor may count in major required area.
- All prerequisites must be met for the courses.

REQUIRED COURSES:

9 hours

NUTR 2100 or 2100E or 2100H	Fundamentals of Human Nutrition	3
NUTR 3100	Macronutrients and Energy Balance	3
NUTR 4100	Micronutrient Nutrition	3

ELECTIVES: (Choose remaining hours from the following)

6 hours

NUTR 4050 or 4050E	Optimal Nutrition for Life Span	3
NUTR(KINS) 4220	Nutrition in Physical Activity, Exercise & Sport	3
NUTR 4530	Medical Nutrition Therapy II	4
NUTR 4540	Public Health Dietetics	3
NUTR 4570	Inherited Metabolic Disorders	3
NUTR 4580	Undergraduate Special Topics in Foods & Nutrition	1-3
NUTR 4590	Metabolism and Physiology of Energy Balance & Obesity	3
NUTR(EPID) 5040	Nutritional Epidemiology	3

*** Or choose another approved elective**

TOTAL REQUIRED HOURS: 15 hours

INSTRUCTIONS:

1. Log into Athena. Go to the Student tab, then click on My Programs.
2. Click the Add Minor button, select the minor you wish to add, and confirm your selection.
3. Refer to the UGA bulletin for minor course requirements.

For additional information about minor coursework, please contact:

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