

GAFCS NEWSLETTER

American Association of Family and Consumer Sciences

2022 GAFCS Annual Conference

SAVE THE DATE | MARCH 4, 2022

Paulding, Georgia
More information to come!



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**REFLECTING ON OUR
WHY:
GAFCS PRESIDENT**

**GAFCS SPOTLIGHT:
D&I COMMITTEE**

SAVE THE DATES

**PUBLIC POLICY
UPDATES**

Greetings, GAFCS!

by Dr. Cara Simmons, GAFCS President



It's hard to believe I am almost halfway through my tenure as president. I am learning and growing as a leader each time I work on behalf of GAFCS. At the beginning of each board meeting, we engage in an activity to get to know each other, our connection to FCS, and reflect on our why.

Last month, I attended the American Association of Family and Consumer Sciences (AAFCS) Fall Leadership Workshop. It was a wonderful opportunity to connect with other affiliate leaders to future proof our organization. We engaged in thoughtful discussions about membership, leadership, managing our affiliates, diversity, and how to engage new professionals. If you'd like to review the workshop agenda, visit [here](#).

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During one of the sessions our AAFCS Executive Director, Nancy Bock, encouraged us to review the AAFCS Core Values and how we turn those words into action. Our board took on the challenge by remembering our why through the lens of AAFCS' core values.

Always remember OUR why is YOU! If you have any suggestions for the affiliate or want to let us know your why, don't hesitate to email us georgiafacs@gmail.com.

Our Association: Aligning our Values

Highlighting the work GAFCS has done to align with AAFCS core values.

AAFCS Core Values

Association members:

- Believe in the family as a fundamental unit of society.
- Embrace diversity and value all people.
- Support life-long learning and diverse scholarship.
- Exemplify integrity and ethical behavior.
- Seek new ideas and initiatives and embrace change.
- Promote an integrative and holistic approach, aligned with the FCS body of knowledge, to support professionals who work with individuals, families, and communities.

GAFCS Efforts

- Advocating for our profession
- Celebrating Family and Consumer Sciences Day at the Capitol
- Sending an annual Legislative Letter
- Transitioning from phone calls to Zoom
- Working with Google Drive
- Establishing a Committee on Diversity and Inclusion
- Serving our affiliate through board leadership
- Engaging in professional development opportunities and lifelong learner
- Host a conference every spring
- Working collaboratively with similar organization
- Cultivating new professionals
- Engaging professionals from all areas of FCS
- Making adulting a little easier



GAFCS **Shines** the Spotlight



Committee for Diversity and Inclusion

We continue to shine the light on Diversity and Inclusion in GAFCS. Below we highlight two more members. Also, save the date and time for our fall virtual event on Thursday, December 2, 2021 at 7:00pm! The GAFCS Committee on Diversity and Inclusion is looking for new members! If you're interested, complete this quick form [here](#).



Name: Dr. Karen Jones

Position: Nominating Committee Chair

How have you seen diversity and inclusion change in GAFCS over the last year and from your time in the organization?

"During this past year, GAFCS was quick to recognize that our organization needed to step up and form a Committee on Diversity and Inclusion that would be impactful and educational. The committee immediately formed with volunteers who are sincere and hard working. Impactful progress is already evident. Over the years, I have seen GAFCS move in many positive directions. Progress is important, but it must be significant. That kind of change often takes time and thoughtfulness to recognize what truly needs to happen for growth and improvement that will be beneficial to members as well as the organization."

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Kena wants to know:
*Has there been a
 defining moment in
 your career?*

"Although there have been many moments when I felt I was doing a good job, being named the Outstanding Career and Technical Educator of 2005 by the Association of Career and Technical Education genuinely came as a shock to me. It was then that I realized working with students and loving my career had allowed me to truly make a difference. I remember telling them I was so thrilled, I could teach twenty more years!"



Name: Kena Torbert

Position: GAFCS Diversity + Inclusion,
 Committee Member

**What are you most looking forward to
 doing with the committee on diversity
 and inclusion this year?**

"Conversations is what I am most looking forward to serving on this committee. It has always been interesting to me to hear different views, especially on diversity and inclusion. I believe we will be able to develop a culture of respectful understanding that will serve the foundation of effective collaborations that will be sustainable."

"Reading and putting together puzzles are my "go-to" for relaxation and unwinding, especially after a hectic week at work. I prefer puzzles that are colorful and have odd shapes. Recently I completed Just as I am: A Memoir by Cicely Tyson. It was so intriguing to learn about the bond that black artists developed together to help each other in the pursuit of their professional and personal lives. It also highlighted how an unknowingly simple conversation can lead to positive life changing relationships."

Karen wants to know:
How do you unwind or relax?

Family and Consumer Sciences Day 2021

Submitted by: Joanne S. Cavis, CFCS



Food, Fashion, Furnishings, Family, and Much More! FCS does truly tie them all together. Join us for the birthday celebration regardless of the weather. It's FCS Day on Friday, December 3rd, 2021. We're going to use the apron to "tie" in a little fun! In previous years, AAFCS encouraged you to Dine-In. But, this year, it's time for Family and Consumer Sciences to really shine!

Join the Georgia Association of Family and Consumer Sciences (GAFCs), an affiliate of the American Association of Family and Consumer Sciences, for a FREE virtual event on Friday, December 3, 2021, at 7:00 pm eastern. We celebrate the founder of our profession, Ellen Swallow Richards, on her birthday.

The event features: presenters Ellynn Geisel, author of "The Apron Chronicles: Patchwork of American Recollections" and Dan Wagner, a Pennsylvania teacher known for his integration of STEM into the culinary curriculum and special catering events; designs submitted in the FCS Design Showcase; favorite healthy recipes; and personal or professional stories and inspirations.

Registration opens November 3, 2021. Visit www.aafcs.org to register and learn about the Guidelines, Template and Submission forms for the (1) Design, sketch or create your own apron, lab or chef's coat; (2) Accessorize a favorite healthy recipe (in kitchen or lab, snap a picture preparing or testing it; and (3) Share your apron story. The deadline for submissions is November 15, 2021.

FCS is the key to success in today's complex and challenging world. FCS provides the know-how, and the resilience to meet any challenges head-on. From learning the value of a dollar to knowing how to prepare healthy meals and having the confidence to seek out and grasp opportunities, a foundation in FCS is a foundation for a successful life. From homes, to schools, to communities, and everywhere in between, FCS professionals use an evidence based approach to help people lay the groundwork for long, healthy and successful lives. With its many content areas and multiple practice settings, let's show everyone how "FCS Ties It All Together" for #FCSsuccess! This year, we will bring together multiple content areas of food and nutrition, culinary and food science, family relationships and lifespan development, and fashion design/textiles to provide several opportunities for EVERYONE to engage in the celebration!

About the 2021 Theme: "FCS Ties it All Together"

With the increased popularity of cooking, the rising craft movement, and in the interest of retro-fashion and vintage look, the apron has made a comeback. While aprons have many benefits, the most important is likely the functionality and protection they provide. The apron can also tie to many careers! Chefs in homes and restaurants appreciate a good apron or chef's coat to keep their cloths clean. Aprons allow for a safe and hygienic working environment.

In fact the apron or lab coat is listed as one of the required pieces of protective equipment in the lab. The apron has long been a symbol of generosity and hospitality. One of its most noteworthy qualities is helpfulness. Like the apron, FCS professionals “give generously” to the individuals, families and communities that they serve and are some of the most hospitable individuals!

KICK OFF THE FUN WITH FCS DAY SPECIAL CELEBRATION ACTIVITIES!

Guidelines, Templates and Submission Form at www.aafcs.org.

- **FCS Ties it All Together Design Showcase:** Design Submissions from students and professionals. Show us your creative fashion side and share your most inspiring designs in the following categories:
 - Apron – any style
 - Chef Coat
 - Lab Coat***Deadline: November 15**
- **“Accessorize” Your Favorite Recipe:** students and professionals, don your apron or lab/chef coat and snap your photo in the kitchen or foods lab preparing or testing your favorite healthy recipe. Submissions accepted in Individual or Groups (Secondary, or post-secondary students, FCCLA or 4-H members, families or professional colleagues).***Deadline: November 15**
- **Share your “apron” story:** What stories could be told if aprons could talk. Whether it is a serious chef apron/coat, a frilly dinner apron, a grilling apron showcasing your favorite team, a stained work apron, or your grandmother’s hand embroidered apron, everyone who dons an apron has a personal or professional story to tell about their own history or adventures. Where did you get the apron? Who taught you to cook? Do you have a memorable food preparation/cooking experience involving the “apron”? What or who inspired your love of nutrition, food, science, and/or wellness? Share your personal or professional story tied to or inspired by an apron, chef or lab coat and include a picture of the apron or coat
***Deadline: November 15**



FACS in the NEWS

Excerpt from "Inside UGA", Columns. Author: C. Powell



Linda Kirk Fox, University of Georgia College of Family and Consumer Sciences dean emeritus, has been named the recipient of the 2021 Lifetime Achievement Award by [The Association of Public and Land-grant Universities Board on Human Sciences \(BoHS\)](#).

The award honors a nationally recognized leader who has a significant history of promoting and advancing the human sciences in higher education.

Fox retired in August after 10 years as dean of the college, presiding over significant growth in enrollment, private giving and funded research.

“Even in retirement, Dean Fox continues to bring recognition to the University of Georgia,” said S. Jack Hu, the university’s senior vice president for academic affairs and provost. “The Lifetime Achievement Award from the Association of Public and Land-grant Universities Board on Human Sciences underscores her deep and unwavering commitment to applying research-based expertise to promote health and well-being.”

The [APLU BoHS awards](#) recognize individuals for the development and stewardship of academic excellence in human sciences; elevate visibility and leverage resources to support human sciences research, Extension and teaching programs; and educate leaders regarding the capacity of the human sciences to solve human problems.

The honors are part of the broader BoHS mission of promoting the intellectual integrity and stature of the human sciences at APLU member institutions.

Honorees will be recognized virtually at the 2021 BoHS Celebrating Excellence in the Human Sciences ceremony on Nov. 10.

“Dean Fox has been an advocate and spokesperson for family and consumer sciences throughout her 40-year career,” FACS interim dean Sheri Worthy said. “Her impressive lifetime of work, dedication and leadership in family and consumer sciences carved a path for others to follow. She is a natural leader and is an ideal choice for this award.”

Fox has received numerous awards and honors throughout her career.

She was most recently awarded the Thomas E. Cochran Distinguished Service Award for “exemplary service to the financial planning program, community and profession.”

She also was chosen to deliver the Distinguished Alumni Lecture at Oregon State University’s College of Public Health and Human Sciences in 2020 and was named a FACS 100 Centennial Honoree as part of the college’s centennial celebration in 2018.

The notion of serving others through her work was a driving force in Fox's career, which began in 1981 as part of University of Idaho Extension, and explains her lifelong affinity for land-grant universities.

"Land-grants have the special obligation to serve the public and to assure the research and knowledge base is accessible for all people," Fox said.

Prior to being named dean at UGA, Fox held faculty and administrative positions at the University of Idaho and Washington State University, where she served as dean and director of WSU Extension from 2005-2011.

Fox also was recruited to serve in several leadership roles during her career.

At UGA, she chaired the Quality Enhancement Plan to reaffirm Southern Association of Colleges and Schools, Commission on Colleges reaccreditation and serves on the Council for Accreditation for the American Association of Family and Consumer Sciences.

Fox also served two three-year terms on the BoHS board of directors and on the National 4-H Council Board of Trustees for four years and is nationally revered as an expert on the AAFCS Body of Knowledge, as evidenced by her numerous roles as a reviewer for academic curricula, research and outreach programs.

Fox also forged international relationships to promote family and consumer sciences, including developing a relationship with her counterpart at the Seoul National University College of Human Ecology that led to a memorandum of understanding between the two institutions in 2014.

During her tenure at FACS, funded research in the college doubled, enrollment increased by more than 20 percent and endowed professorships grew from five to 15, just a few of the highlights of a remarkable 40-year career in higher education.

"Since early in my Extension career, I knew Linda Kirk Fox as an influencer in the field of family and consumer sciences," said Allisen Penn, FACS associate dean for Extension and outreach. "One of her lasting legacies is the Cooperative Extension's National Framework for Health, which actively guides the national land-grant university Extension system and UGA Extension's health equity and well-being applied research and education. On a more personal note, it was the chance of a lifetime for me to have the opportunity to learn from and work with Dean Fox in her role as FACS dean."

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Thank you

for your
support of
GAFCs!

FCS FACTS: Did You Know?



Photo credit: aauw.org

Flemmie Pansy Kitterell was the first African American woman to earn a Ph.D in nutrition. In 1947, she led a group to Liberia and discovered a severe lack of protein and vitamins in their diet. As a result, she coined the phrase, 'hidden hunger' in which a person might have a full stomach but be seriously malnourished. She was recognized by the international community and changed how we viewed the role of nutrition in child development. In a presentation to the US Congress Committee on Agriculture in 1964, Dr. Kittrell stated: "The desperate unmet needs of people in this world are of grave concern...we believe that economic assistance, which seeks to make the benefits of scientific advance and industrial progress available for the improvement of underdeveloped areas is an example of both Christian love and practical international brotherhood."

MARK YOUR CALENDARS!

SAVE THE DATE

12 0 2 21
THURS

7:00pm

**FOR A GAFCS COMMITTEE ON
DIVERSITY + INCLUSION VIRTUAL PROGRAM**

