DEPARTMENT: Foods and Nutrition

PROGRAM DESCRIPTION: It is well established that special elements in foods and combinations of foods are not only required for optimal growth and development, but also are strongly implicated in health promotion and disease prevention and treatment. This minor provides a knowledge base for those persons interested in nutritional sciences and health issues.

REQUIREMENTS:
- Must earn at least a “C” grade (2.0) in each minor course.
- 9 hours of upper division course work required.
- Courses taken to satisfy Core Areas I-V cannot be counted as course work in the minor.
- Courses taken in Core Area VI/F may be counted as course work in the minor.
- Courses taken for a minor may count in major required area.
- All prerequisites must be met for the courses.

REQUIRED COURSES: 9 hours

FDNS 2100 or 2100H Human Nutrition and Food 3
FDNS 3100 Macronutrients and Energy Balance 3
FDNS 4100 Micronutrient Nutrition 3

ELECTIVES: (Choose remaining hours from the following) 6 hours

FDNS 4050 Optimal Nutrition for Life Span 3
FDNS 4220 Nutrition in Physical Activity, Exercise & Sport 3
FDNS 4530 Medical Nutrition Therapy II 4
FDNS 4540 Public Health Dietetics 3
FNDS 4570 Inherited Metabolic Disorders 3
FDNS 4580 Undergraduate Special Topics in Nutrition 1-3
FDNS 4590 Metabolism and Physiology of Energy Balance and Obesity 3
FDNS (EPID) 5040 Nutritional Epidemiology 3

* Or choose another approved elective

TOTAL REQUIRED HOURS: 15 hours

INSTRUCTIONS:
1. Log into Athena. Go to the Student tab, then click on My Programs.
2. Click the Add Minor button, select the minor you wish to add, and confirm your selection.
3. Refer to the UGA bulletin for minor course requirements.

For additional information contact:
Bev Hull
bev@uga.edu