MINOR: NUTRITIONAL SCIENCES
COLLEGE OF FAMILY AND CONSUMER SCIENCES
WWW.FCS.UGA.EDU

DEPARTMENT: Foods and Nutrition

PROGRAM DESCRIPTION: It is well established that special elements in foods and combinations of foods are not only required for optimal growth and development, but also are strongly implicated in health promotion and disease prevention and treatment. This minor provides a knowledge base for those persons interested in nutritional sciences and health issues.

REQUIREMENTS:
- Must earn at least a "C" grade (2.0) in each minor course.
- 9 hours of upper division course work required.
- Courses taken to satisfy Core Areas I -V **cannot** be counted as course work in the minor.
- Courses taken in Core Area VI/F may be counted as course work in the minor.
- Courses taken for a minor may count in major required area.
- All prerequisites must be met for the courses.

REQUIRED COURSES:		**9 hours**
FDNS 2100 or 2100H	Human Nutrition and Food	3
FDNS 3100	Macronutrients and Energy Balance	3
FDNS 4100	Micronutrient Nutrition	3

ELECTIVES: (Choose remaining hours from the following)		**6 hours**
FDNS 4050	Optimal Nutrition for Life Span	3
FDNS 4220	Nutrition in Physical Activity, Exercise & Sport	3
FDNS 4530	Medical Nutrition Therapy II	4
FDNS 4540	Public Health Dietetics	3
FNDS 4570	Inherited Metabolic Disorders	3
FDNS 4580	Undergraduate Special Topics in Nutrition	1-3
FDNS 4590	Metabolism and Physiology of Energy Balance and Obesity	3
FDNS (EPID) 5040	Nutritional Epidemiology	3

* Or choose another approved elective

TOTAL REQUIRED HOURS:	**15 hours**

INSTRUCTIONS:
1. Log into Athena. Go to the Student tab, then click on My Programs.
2. Click the Add Minor button, select the minor you wish to add, and confirm your selection.
3. Refer to the UGA bulletin for minor course requirements.

For additional information contact:
    Bev Hull
    bev@uga.edu