

Presentation by:



Dr. Debbie Phillips, CPM®



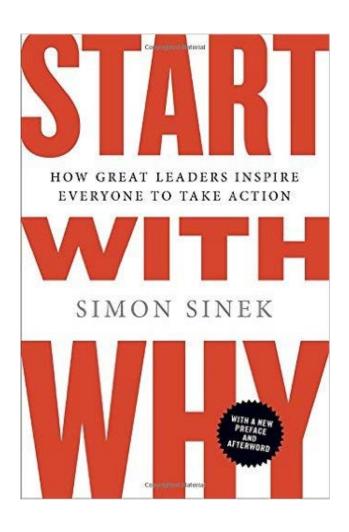
#### Dr. Debbie's Daily Dozen

- Keep your eye on the "why"
- Focus on intentions first, then goals.
- Small actions really do add up.
- Build community one member at a time.
- Identify your next step.
- Play to your base.
- Frame your mind: Scarcity vs. Abundance
- Use your gifts daily.
- Let go of the old! What's working and not working?
- Tighten your filter to control your environment.
- Pace with people. Everyone's mountain is different.
- Expect success!

### What's the best advice you could give someone?



### Keep Your Eye On The Why



## Focus on *Intention* First, Then Goals!



### Small Actions Really Do Add Up



# Build Community One Member at a Time



#### **Identify Your Next Step**



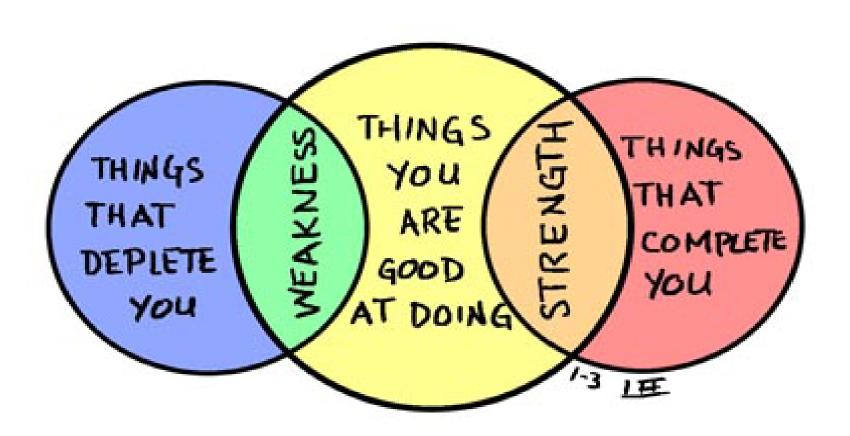
### Play to Your Base



#### Frame Your Mind

#### Scarcity vs. Abundance ABUNDANCE SCARCITY There is never enough There is always more where that came from Stingy with knowledge, Happy to share knowledge, contacts and compassion contacts and compassion Default to suspicion; Default to rapport and hard to build rapport build trust easily Resent competition. Makes Welcome competitors. Makes the pie smaller, them weaker the ple larger, them stronger Ask self: How can I get by Ask self: How can I give with less than expected? more than expected? Pessimistic about the future: Optimistic about the future: tough times are ahead the best is yet to come They think small, avoiding They think big, embracing risk risk They are entitled and fearful They are thankful and confident SOURCE: http://michaelhyatt.com/064-two-kinds-of-thinkers-podcast.html Compiled by Chuck Frey, author of Up Your Impact - http://upyourimpact.com

#### Use Your Gifts Daily



Marcus Buckingham, 2012

### What's Working? What's Not Working?



# Tighten Your Filter and Control Your Environment



## Pace with People... Everyones Mountain is Different





"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

Maya Angelou

