Family & Consumer Sciences
University of Georgia Extension

Mitzi Parker, Sumpter County Agent

Education: B.S. Human Resource Development, University of Texas

Programming focus: Chronic Disease Prevention/Healthy Lifestyles, Food Safety and Preservation, Economic Well-being for Individuals and Families, Healthy, Safe and Affordable Housing Environments

Sumter County offers educational programs that address food safety from buying to preparing to preservation. The agent offers ServSafe Certification for food handlers and programs that promote good nutrition, chronic disease management, and promote physical activity. Financial management/planning and Bankruptcy education classes that comply with the Georgia Bankruptcy Code are offered in Sumter County. The agent also works with childcare providers assisting them with ongoing education to maintain entity approved hours for agencies to remain licensed. The housing program offers: healthy homes, home maintenance, and green living.

County media: Americus Times Recorder, Sumter News, WISK radio.

UGA Extension offers educational programs, assistance and materials to all people without regard to race, color, national origin, age, gender or disability.