

Experience

Family & Consumer Sciences

University of Georgia
Extension



Rebecca Hardeman, Clayton County Agent

Education: B.A. in Economics and Mathematics, Simmons College, Boston, MA; M.A. in Higher Education Administration, Boston College, Chestnut Hill, MA

Programming focus: Chronic Disease Prevention/ Healthy Lifestyles; Financial Capability; Food Safety and Preservation; Healthy, Safe and Affordable Housing Environments; Positive Development for Individuals, Families and Communities

The Family and Consumer Sciences (FACS) Programs in Clayton County place non-biased, research-based information at your fingertips for the many facets of your life including food preservation and safety, parenting, personal financial management, and healthy eating habits. Our mission is to advance the well-being of individuals and families over their life span and strengthen communities through the generations. We want to help Georgians meet new challenges in an ever-changing environment. We focus on our clients' economic and social well-being through programs that help people extend their income, improve their health, and strengthen their personal and family relationships.

The Supplemental Nutrition Assistance Program Education (SNAP-Ed) in Clayton County works to promote nutrition through healthy food and lifestyle choices that prevent obesity. The program offers a variety of resources including both in-person and online classes to help keep program participants healthy by making nutritious food choices on a budget.

County media: Clayton TV-23, Clayton News Daily, Jonesboro City Newsletter

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