

Rotation Description: **Community**

Dietetic Internship Program
University of Georgia

Overview

This program's community rotations offer interns practical experience in various settings, working with multidisciplinary teams as well as on a more independent level as they progress through the program. Interns engage in nutrition education, program assessment and evaluation, curriculum development, menu planning, and outreach (including through social media). Interns gain community experience during fall and spring semesters of the academic year and are paired with preceptors near campus. Experiences include one-on-one nutrition education when possible.

Rotation Objectives

LEARN	Deepen knowledge of the NCP and evidence-based guidelines for complex cases Understand scope of RDN practice and roles within interdisciplinary teams
ACT	Apply knowledge and develop skills in: <ul style="list-style-type: none">• collecting data and interpreting it appropriate within the context of community-based health programs, initiatives, or education• developing budgets and creating educational programs to implement in community settings• evaluating programs for impact• generating reports to share current progress and impact with stakeholders• conducting needs assessments to justify programs, activities, education, etc.• interacting with community partners to understand resources & co-deliver programs & services• participating in outreach and nutrition education events on campus and in the community• interviewing clients to discuss nutrition education needs and goal-setting• developing and delivering presentations in community settings to colleagues, peers, community partners or public• producing written or digital content (articles, blogs, recipes) for the public
CHECK	Assess & evaluate growth and competence, making sure to discuss areas for improvement with preceptors Get CRDNs checked off throughout the rotation

Key Experiences

Interns will work with various community populations, such as:

- Adults, older adults, children, infants (possibly people with disabilities or pregnant/lactating females)
- Low-income children & families, including those with low-income or low access to resources
- Individuals with chronic diseases (e.g., diabetes)
- Diverse and under-represented populations (experiences vary)

Typical Tasks and Competencies

Specific competencies to be met in clinical rotations are provided in CRDN Competency Rating Tables as part of your DI Binder. Below is a summarized list of experiences often obtained in Community Rotations.

- Participate in professional activities and organizations such as 4H or ACC Wellness.
- Provide and evaluate nutrition education in different settings and formats (wellness, public health, schools, etc.).
- Perform community-based nutrition services and outreach, including tabling events.
- Develop and review educational materials and outcomes for food and nutrition services and practice.
- Review recipes and menus for outreach programs and/or home-delivered and congregate meals.
- Develop plans for providing services, programs or products.
- Write nutrition education articles for publication.

Resources

- **eLC:** Your DI Director has topics online including information on quality assurance, nutrition education and counseling techniques, etc. You may also ask preceptors if you feel you would benefit from additional resources.