

Experience

Family & Consumer Sciences

University of Georgia
Extension

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Education: B.S, Health and Community Wellness/UWG; M.A., Health Promotion/Georgia College

Programming focus: Chronic Disease Prevention/Healthy Lifestyles; Food Safety and Preservation.

The Carroll County Family and Consumer Science Program is focused on bettering the health of the community. FACS programming is working with the community to decrease the percentage of residents who are physically inactive and have been diagnosed with heart disease. Several programs are already in place which are Yoga in the Parks, Walk-a-Weigh, and Kids yoga. Along with Chronic Disease Prevention, Carroll County FACS provides food safety trainings in the form of ServSafe to local food businesses.



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