

Experience

Family & Consumer Sciences

University of Georgia
Extension

Dougherty County Extension
125 Pine Avenue, Suite 100
Albany, GA 31701

Phone: 229-436-7216
Fax: 229-436-6760
Email: suzanwms@uga.edu



Suzanne Williams, Dougherty County Agent

Education: B.S. Home Economics, Georgia Southern University

Programming focus: Chronic Disease Prevention/Healthy Lifestyles, Food Safety and Preservation, Positive Development for Individuals, Families and Communities

The Dougherty County Extension, Family and Consumer Sciences program, provides research based information for the citizens of Dougherty and surrounding counties with emphasis in chronic disease prevention, food safety, positive family and youth development. Hands-on education is offered in the form of laboratory experiences to learn food preparation for chronic diseases and basic healthy cooking. State mandated ServSafe® training is provided for local restaurants and food establishment personnel, and childcare training is offered for local day care employees.

County media: WALB-NBC/ABC Affiliate, WFXL-FOX Affiliate, Albany Herald



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