### SECTION IV. CURRICULUM VITAE

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1. ACADEMIC HISTO	DRY				
Name:	Alison C. Berg				
Present Rank:	Associate Professor				
Recommended Rank:	Professor				
Effort Allocation:	0.70 EFT Extension, 0.25 EFT Research, 0.05 EFT Service				
Tenure Status:	Tenure track, tenured				
Administrative Title	Extension Nutrition and Health Specialist				
Graduate Faculty Statu	s: Graduate Faculty since 2015				
Academic Degrees:	Ph.D. Nutritional Sciences, University of Georgia, 2015				
	M.S. Foods and Nutrition, University of Georgia, 2009				
	B.S.F.C.S. Dietetics, University of Georgia 2007				
Previous Academic Po	sitions and Other Professional Employment:				
Aug 2020 – Present	Associate Professor, Extension Nutrition and Health Specialist				
	Department of Nutritional Sciences, University of Georgia (UGA), Athens, GA				
July 2015 – July 2020	Assistant Professor, Extension Nutrition and Health Specialist				
	Department of Nutritional Sciences, UGA, Athens, GA				
2009-2010	Clinical Nutritionist, Special Supplemental Nutrition Program for Women Infants				
	and Children (WIC), East Metro Health District, Lilburn, GA				
2007-2009	Dietetic Intern, UGA, Athens, GA				
Licensures, Certification	ons, and Post-Graduate Awards/Certifications				
2023 - 2025	Leadership Fellow, College of Family and Consumer Sciences, UGA				
2021-Present	Master Trainer Select, CDC National Diabetes Prevention Program, Diabetes				
	Training and Technical Assistance Center (DTTAC), Emory University				
2019-Present Lifestyle Coach, CDC National Diabetes Prevention Program					
	Diabetes Training and Technical Assistance Center, Emory University				
2009-Present	Registered Dietitian Nutritionist (RDN), Commission on Dietetic Registration				
2009-Present	Licensed Dietitian (LD003484), GA Board of Examiners of Licensed Dietitians				

# 2. INSTRUCTION (0.0 EFT)

I do not have a teaching assignment (0% EFT), yet I demonstrate effective instruction through advising and mentorship of graduate students and training of graduate-level dietetic and Extension interns.

# 2.a. Courses as Instructor of Record for Graduate Student Research Supervision (since promotion)

Course	Course Name	Total	Total	Total Credit
		Semesters	<b>Students</b>	Hours
FDNS 7000	Master's Research	8	2	43
NUTR 7300	Master's Thesis	4	2	12
FDNS 9000	Doctoral Research	9	2	58
FDNS 9300	Doctoral Dissertation	2	1	8
FDNS 8900	Seminar in Foods and Nutrition	1	1	1
NUTR 8580	Special Topics in Nutritional Sciences	1	1	1

**Total Instructional Hours Since Promotion to Associate Professor:** 

# 2.b. Supervision of Graduate Student Research

• NUTR 7000/7300 and NUTR 9000/9300. *Thesis and Dissertation Research:* Since 2015, I have served on 21 graduate committees (14 since 2020; 7 as major or co-major professor, 5 since 2020)

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• NUTR 8580. Special Topics in Nutritional Sciences: In spring 2024, I supervised a directed study on the special topic of Implementation Science and Applied Qualitative Research in Extension.

# Served as Major Professor or Co-Major Professor

Student	Degree	Year	Current Placement
1. Megan Appelbaum <sup>a</sup>	PhD/DI		Enrolled
2. Julia Bailey	MS/DI		Enrolled
3. Quadarius Whitson <sup>a</sup>	MS/DI	2024	Graduated Aug 2024, Seeking Employment
4. Dianna Thomas <sup>a</sup>	MS	2023	Emory Dietetic Intern, CEO, Mini but Mighty, LLC
5. Hannah Wilson <sup>a</sup>	PhD	2021	Assistant Professor, Tenure Track, Clemson University
6. Olivia Taylor <sup>b</sup>	MS/DI	2020	Clinical Dietitian, Children's Health Care of Atlanta

a. Mentored through grant-funded research assistantships; b. Served as co-major professor.

#### Served as a Committee Member

Student	Dept	Degree	Year	Current Placement
1. Regina Yang	NUTR	PhD/DI		Enrolled
2. Sierra Woodruff	NUTR	MS/DI		Enrolled
3. Jared Love	NUTR	MS/DI		Enrolled
4. Christina Garner <sup>a</sup>	ALEC	PhD	2024	UGA Extension Agent, Stewart County, GA
5. Katherine	NUTR	PhD	2023	Associate Director of Nutrition Services, UGA
Ingerson				
6. Ena Wanliss	HPRB	DrPH	2023	Centers for Disease Control and Prevention
7. Sydnee Berman	NUTR	MS/DI	2023	Registered Dietitian at Diet v. Disease
8. Abbie Klinker	NUTR	MS/DI	2023	Registered Dietitian at Foodsmart
9. Darci Bell	NUTR	PhD	2023	Lecturer, Texas Tech University
10. Liliana Guarneiri	NUTR	PhD/DI	2022	Clinical Scientist, Midwest Biomedical Research
11. Isaura Castillo	KINS	PhD	2021	Assistant Professor, University of Costa Rica
Hernandez a,b				•

a. Thesis or dissertation chapter developed from Berg's grant-funded project as PI, Co-PI, or PD

# 2.c. Internship and Practicum Supervision

I have supervised 21 interns and practicum students (10 since 2020): 14 UGA dietetic interns (6 since 2020) and 5 Emory University dietetic interns (3 since 2020), and one doctoral-level Extension internship

Served as an internship or practicum supervisor

Student	Program*	Year	Job Placement
1. Sierra Woodruff	UGA MS/DI	2024	Enrolled Student
2. Mary Lazzaro	UGA MS/DI	2024	Enrolled Student
3. Kendall Kaikkonen	Emory DI	2024	Dietetic Technician, Grady Health System
4. Skylar Mercer	UGA MS/DI	2023	Enrolled Student
<ol><li>Jacey Leonard</li></ol>	UGA MS/DI	2022	Registered Dietitian, Foodsmart
6. Katelyn O'Brien	Emory DI	2022	Clinical Dietitian, Northwestern Memorial Hospital
7. Hsuan-Mein Yang	UGA MS/DI	2021	Enrolled Student
8. Barbara Worley	Extension, PhD	2021	Extension Director, Mecklenburg County, NC
9. Allison Rautman	UGA MS/DI	2020	Clinical Dietitian, ProHealth Care, Wisconsin
10. Camaria Welch	Emory DI	2020	Clinical Dietitian, Emory University Hospital

<sup>\*</sup>UGA MS/DI = UGA Dietetic Intern, Emory DI = Emory University Dietetic Intern; Extension intern = UGA FACS Extension Graduate Level Intern, UGA Practicum = UGA undergraduate practicum student;

# 2.d. Selected Representative Accomplishments of Current and Former Students

- Megan Appelbaum (PhD student, Aug 2022 Present)
   Graduate Student Travel Scholarship, Obesity Initiative, UGA (UGA), 2024
   Travel Scholarship, Society for Nutrition Education and Behavior, UGA, 2023
- <u>Dianna Thomas</u> (MS Student, Aug 2021 Aug 2023)

b. Also mentored through grant-funded research assistantships.

- Colonel Mary Lipscomb Hamrick Memorial Scholarship, Academy of Nutrition and Dietetics, 2023 Glenn & Helen Burton Feeding the Hungry Scholarship Award, 2022, College of FACS, UGA
- Hannah Wilson (PhD Student, Aug 2017 Aug 2021)
   Distinguished Service to the Northeast District, Georgia Academy of Nutrition and Dietetics 2021
   FACS Funds for Excellence Scholarship, College of FACS, UGA, 2021
   Irene J. Jones Memorial Scholarship, Academy of Nutrition and Dietetics Foundation, 2020
   Foundation Scholarship, Society of Nutrition Education and Behavior Foundation, 2019
   Outstanding Dietetic Intern Award, Georgia Academy of Nutrition and Dietetics, 2019
  - Emily Selph King (MS Student, Aug 2016 Aug 2018)
     Ruth Rowan Morrison, Graduate Endowment in Nutrition Studies, College of FACS, UGA, 2018
     June and Bill Flatt Nutrition Excellence Graduate Scholarship, College of FACS, UGA, 2017

# 3. RESEARCH, SCHOLARSHIP, AND OTHER CREATIVE ACTIVITIES (0.25 EFT)

I conduct research in three primary areas congruent with my Extension program: 1) implementation of evidence-based interventions, such as the National Diabetes Prevention Program, in Cooperative Extension; 2) community-led, multilevel obesity prevention; and 3) advancing community-engaged translational research. I am frequently asked to collaborate to bring a community-engaged, research-to-practice lens to projects. *In Nutritional Sciences, the senior author is listed last.* If there are more than five authors, "..." "used to indicate authors between 4th and last; except when Berg is between 4th and last.

**3.a. Publications** - \*Mentored graduate student or Extension Agent first or second author; for coauthored publications where Berg is not lead or senior, coauthorship percent contribution indicated: A. 75-100%, B. 50-75%, C. 25-29%, D. 10 - 24%.

Refereed Journal Articles: N = 24 (13 since promotion to Associate; Impact factor range: 1.9 - 3.5)

- 1. Castillo I, Wilson H, Williams E, **Berg A**, & Evans E. (Accepted Jan 2025). Exercise Benefits and Barriers and Physical Activity Behavior Change in Response to the Diabetes Prevention Program. *Family and Consumer Sciences Research Journal*.
- 2. \*Wilson H, Castillo-Hernandez I, Evans E, Williams E, **Berg A**. Diet Quality Outcomes of a Cooperative Extension Diabetes Prevention Program. (2023) *Journal of Nutrition Education and Behavior*, 55(10), 734–742. https://doi.org/10.1016/j.jneb.2023.06.005
- 3. \*Wilson H, Wieler C, Bell D, Bhattarai A, Castillo-Hernandez I, Williams E, Evans E, **Berg A**. (2023) Implementation of the Diabetes Prevention Program in Georgia Cooperative Extension according to RE-AIM and the Consolidated Framework for Implementation Research. *Prevention Science*. 25 (Suppl 1), 34–45 <a href="https://doi.org/10.1007/s11121-023-01518-0">https://doi.org/10.1007/s11121-023-01518-0</a>.
  - ➤ Invited for inclusion in open access special supplemental issue without author charges:

    Advancing the Adaptability of Chronic Disease Prevention and Management Through

    Implementation Science, link.springer.com/journal/11121/volumes-and-issues/25-1/supplement
- 4. \*Sanders C, Randall N, Lamm A, **Berg A**.(2023) Qualitative Exploration of Cultural Influence on a Rural Health-Promotion Initiative, *Journal of Nutrition Education and Behavior*, 55(4), 255–265. https://doi.org/10.1016/j.jneb.2022.10.011.
- 5. \*Berg A, Padilla H, Sanders C, Garner C...Southall H, Holmes G, Ashley S, Crosson L, Twilley B, Everson D, Hubbard R, Brown C, Lamm A, Johnson L, Davis M. Community Gardens: A Catalyst for Community Change. *Health Promotion Practice*. 2023;24(1\_suppl):92S-107S. <a href="https://doi.org/10.1177/15248399221120808">https://doi.org/10.1177/15248399221120808</a>. *Invited Special supplement*
- Borron A, <sup>A</sup>Berg A, \*Jones C, Lamm A...Davis M, Walker B. Examining the Relationship Between Existing Community Resources and Community Leaders' Perceptions of Resilience and Rural Health During COVID-19. *Health Promotion Practice*. 2023;24(1\_suppl):56S-67S. <a href="https://doi.org/10.1177/15248399221124596">https://doi.org/10.1177/15248399221124596</a>. *Invited Special supplement*

- 7. **Berg A,** \*Taylor N, Brown C, Giraudo S. (2023). Time, Money, or Knowledge: What Factors Are Associated with Implementing Youth Cooking Programs? *Journal of Extension.* 61(2), Article 8. <a href="https://doi.org/10.34068/joe.61.02.08">https://doi.org/10.34068/joe.61.02.08</a>
- 8. Pickett A, Bowie M, <sup>c</sup>Berg A, Towne S...Smith M. (2023). Rural-Urban Differences in Physical Activity Tracking and Engagement in a Web-Based Platform. *Public Health Reports*. 2023;138(1):76-84. https://doi:10.1177/00333549211065522.
- 9. \*Greteman B, Rollins L, Penn A, <sup>C</sup>Berg A...Akintobi TH. (2022) "Identifying Community-Engaged Translational Research Collaboration Experience and Health Interests of Community-Based Organizations Outside of Metropolitan Atlanta," *Journal of the Georgia Public Health Association*: Vol. 8(3), Article 18. Available at: <a href="https://digitalcommons.georgiasouthern.edu/jgpha/vol8/iss3/18">https://digitalcommons.georgiasouthern.edu/jgpha/vol8/iss3/18</a>
- 10. \*Wilson H, Averill B, Cook G, Campbell C...**Berg, A**. (2022). Implementation of the National Diabetes Prevention Program in FCS Extension during the COVID-19 Pandemic: Participant Experiences and Lessons Learned. *Journal of Family and Consumer Sciences*. 1;114(3):11-9. https://doi.org/10.14307/JFCS114.3.11
- 11. Rafie C, Johnson N, Jarvandi S, <sup>B</sup>Berg, A...Welshons, K. (2021). Distance Learning for Delivery of the Diabetes Prevention Program: Experiences of the Cooperative Extension National Diabetes Prevention Program Working Group (CE-NDPP). *Journal of the National Extension Association for Family and Consumer Sciences*. Retrieved from <a href="https://www.neafcs.org/journal-of-neafcs">https://www.neafcs.org/journal-of-neafcs</a>
- 12. **Berg A**, Bales D, Mull C. (2021). Perceptions of Scholarship Among County-Based Extension Faculty. *Journal of Higher Education Outreach and Engagement*, 25, 75-97. Retrieved from <a href="https://openjournals.libs.uga.edu/jheoe/article/view/2814/2698">https://openjournals.libs.uga.edu/jheoe/article/view/2814/2698</a>
- 13. Evans E, Straight C, Reed R, <sup>A</sup>Berg A...Johnson M. (2021). Exercise and Protein Effects on Strength and Function with Weight Loss in Older Women. *Medicine & Science in Sports & Exercise*, 53(1), 183-191. https://doi:10.1249/MSS.0000000000002429

### <u>Chapters in Books</u> (n =2; 1 invited chapter since promotion to Associate Professor)

1. Ward-Ritacco C, **Berg A**. (In Press) Your Role as an Exercise Professional. Invited Chapter in: Weight Management and Obesity: A Professional's Guide to Exercise and Programming. Batrakoulis A, editor, chapter submitted, 2023, Dec. Invited.

# <u>Published Abstracts (n = 35; 16 since promotion to Associate Professor; \*Mentored student or Extension</u> Agent first or second author; last author is senior author)

- 1. Garner C, Ashley S, Crosson L, Lester K...Berg A. (2024) *Healthier Together: A Collaborative Effort to Improve Health in Rural Communities*. National Health Outreach Conference. https://nationalhealthoutreach2024.sched.com/
- 2. **Berg A,** Ashley S, Bennet V, Brown C... Williams S. (2024). *Youth and Adult Coalition Members Working Together to Improve Health: The Story of Well-Connected Communities in Georgia*. National Health Outreach Conference (NHOC). <a href="https://nationalhealthoutreach2024.sched.com/">https://nationalhealthoutreach2024.sched.com/</a>
- 3. Warmath D & **Berg A.** (2024) *The Civic Mindset as a Resource for Community Health Coalitions*. NHOC. <a href="https://nationalhealthoutreach2024.sched.com/">https://nationalhealthoutreach2024.sched.com/</a>
- 4. Appelbaum M, Padilla H, Thapa J, McCardel R ...Berg A. (2024) Exploring the Fit and Feasibility of Implementing CDC-Recommended Family Healthy Weight Programs (FHWP) in Southwest Georgia through Cooperative Extension. NHOC. https://nationalhealthoutreach2024.sched.com/
- 5. \*Whitson Q, Garner C, Guerin A, Appelbaum M, **Berg A.** (2024) Parent & Caregiver's Knowledge, Attitudes, and Beliefs on the Introduction of Peanut and Other Common Food Allergens with Complementary Feeding. Poster. NHOC. <a href="https://nationalhealthoutreach2024.sched.com/">https://nationalhealthoutreach2024.sched.com/</a>
- 6. Lee JS, **Berg A**, Shannon J, Borron A, Park J, Klinker A, Rao M, \*Appelbaum M....Thomas R. (2024) The *Georgia Hunger Study: A Collaborative Exploration of the Charitable Food Systems Landscape to Address Nutrition Security Statewide*. Southeastern Regional Clinical and Translational Science Alliance (CTSA) Conference. <a href="https://georgiactsa.org/\_includes/documents/sections/research/cmdts/2024-abstract-book-final-pw.pdf">https://georgiactsa.org/\_includes/documents/sections/research/cmdts/2024-abstract-book-final-pw.pdf</a>

- 7. Brown V, Golson A, **Berg A**, Childs A, Averill B, Durham J, Faulk K, Aaron LA, et. al. (2023). *Emerging adults: Health and wellbeing needs of an underserved community*. American Public Health Association Annual Conference. <a href="https://apha.confex.com/apha/2023/meetingapp.cgi/Paper/535538">https://apha.confex.com/apha/2023/meetingapp.cgi/Paper/535538</a>
- 8. \*Appelbaum M, Padilla H, Southall H, Lamm A, Longenecker D, Dobbins K, Garner C, Ashley S, Smith H, Lester K, Peavy K, Marty C, **Berg A.** (2023). Implementing Policy, Systems, and Environmental Obesity Prevention Interventions in Rural Georgia: The High Obesity Program. *Journal of Nutrition Education and Behavior*. 55(7):S81.. https://doi.org/10.1016/j.jneb.2023.05.177
- 9. Berman S, Levi LK, Williams T, Tucker L, **Berg A,** Brigman T, Yli-Piipari S, Henes ST. (2023) Feasibility of Adding Weekly Goal Setting Activities to an Adolescent Nutrition Curriculum for UGA EFNEP Youth Programming. *Journal of Nutrition Education and Behavior*. Jul 1;55(7):77. <a href="https://doi.org/10.1016/j.jneb.2023.05.168">https://doi.org/10.1016/j.jneb.2023.05.168</a>
- 10. Berman S, Williams T, **Berg A**, Brigman T, Yli-Piipari S, Henes ST. (2023) Comparison of Two Nutrition Curricula in Promoting Nutrition Behavior Change in Teens Participating in UGA EFNEP. *Journal of Nutrition Education and Behavior*. 55(7):95. https://doi.org/10.1016/j.jneb.2023.05.205
- 11. Suker A, Rein A, Chaing K, Snead C, Adams GB, Huff H, Liggett S, **Berg A**, Adelmeyer E, Everson D, Corriea S, Renzi-Hammond L, Beer J. (2023) *The Impact of Community Education Programs on Dementia Knowledge and Confidence in Behavior Change in Rural Georgia*. Conference Proceedings American Public Health Assoc. <a href="https://apha.confex.com/apha/2023/meetingapp.cgi/Paper/530941">https://apha.confex.com/apha/2023/meetingapp.cgi/Paper/530941</a>
- 12. Brown V, Golson A, **Berg A**, Childs A, Averill B, Durham J, Faulk K, Aaron LA, et. al. (2023). *Emerging adults: Health and wellbeing needs of an underserved community.* Conference Proceedings American Public Health Assoc. <a href="https://apha.confex.com/apha/2023/meetingapp.cgi/Paper/535538">https://apha.confex.com/apha/2023/meetingapp.cgi/Paper/535538</a>
- 13. **Berg A,** Futris T, Fuhrman N, Durham J, Penn M, Brown V. (2023) *Community Engagement Through Cooperative Extension: A Statewide Needs Assessment Reveals Emerging Adults and Rural Georgians in Greatest Need.* Southeast Regional Clinical and Translational Science Alliance Conference (CTSA). <a href="https://georgiactsa.org/\_includes/documents/sections/research/cmdts/2023-abstract-book-final-w-password.pdf">https://georgiactsa.org/\_includes/documents/sections/research/cmdts/2023-abstract-book-final-w-password.pdf</a>
- 14. \*Thomas D, **Berg A.** (2023) *Relationships among sources of social support and health outcomes within a Cooperative Extension Diabetes Prevention Program.* Poster. Southeastern Regional Clinical and Translational Science Alliance Conference. <a href="https://georgiactsa.org/">https://georgiactsa.org/</a> full address in #13.
- 15. Neither T, Brown VL, Bowie M, Penn A, **Berg A,** Hannings A. (2022). *More Alike Than Different: Common Themes in Vaccine Hesitancy Among University Employees and H2A Hispanic Farm Workers in Georgia*. Southeastern Regional Clinical and Translational Science Alliance Conference. <a href="mailto:georgiactsa.org/">georgiactsa.org/</a> includes/documents/sections/research/cmdts/2022-abstract-book-final-w-password.pdf
- 16. \*Wilson H, Bell D., **Berg A**. (2021) Translation of the National Diabetes Prevention Program into Cooperative Extension: Barriers and Facilitators. *Journal of Nutrition Education and Behavior*. 53(7);S2-S4. <a href="https://doi.org/10.1016/j.jneb.2021.04.017">https://doi.org/10.1016/j.jneb.2021.04.017</a>

# Bulletins or reports (N = 20; 17 since promotion to Associate professor; 5 shown as representative)

- 1. **Berg A.** (2023) Changing the Culture of Peanut Introduction in Georgia. Annual Report. Submitted to: Southern Peanut Growers.
- 2. **Berg A,** Kindamo B. (2022, 2021). University System of Georgia (USG) Pilot Diabetes Prevention Program Annual Report. Sumbitted to: USG Wellbeing and Georgia Department of Public Health.
- 3. **Berg A**. (2020). UGA FACS Extension Agent Perceptions of Peanut Introduction Educational Materials. Submitted to: Southern Peanut Growers.
- 4. Dobbins C, Southall H, Lamm A, & **Berg A**. (2020). Healthier Together Clay Annual Evaluation Report 2019-2020: Executive Summary. Submitted to: CDC DNPAO, Clay County Health Coalition
- 5. Dobbins C, Southall H, Lamm A, & **Berg A**. (2020). Healthier Together Dooly: Coalition Member Interview Results: Submitted to: CDC DNPAO, Dooly County Health Coalition

Journal articles submitted but not yet accepted (n = 2; \*Mentored student first or second author)

\*Castillo-Hernandez I, Wilson H, Williams E, **Berg A**, Evans E. Exercise Benefits, Barriers, and Physical Activity in the Diabetes Prevention Program. *Family and Consumer Sciences Research Journal*. Submitted Dec 2024.

Journal articles in preparation (n = 2; \*Mentored student first or second author)

\*Appelbaum, M., Padilla, H., Thapa, J. R., Donepudi, S., Thapa, K., Zuercher, H., & **Berg, A.** (2024). Fit and Feasibility of Family Healthy Weight Programs in Southwest Georgia Cooperative Extension. *Health Promotion Practice* 

**Berg, A.**, da Silva, V., Jarvandi, S., Brown, J., Edwards, Z., Grenci, A., . . . Van Offlen, S. (2024). "Cooperative Extension: Achieving Quality Outcomes and Reaching Priority Populations through the National Diabetes Prevention Program. *Reformatting for Journal of Extension*,

#### 3.b. Grants and Contracts Received

I have been a collaborative member of \$11,181,755 (\$3,652,003 awarded since promotion to Associate) in internal and external funding for research and Extension projects:

• Principal Investigator (PI) or Co-Principal Investigator (Co-PI): \$805,031 (\$202,745 awarded since promotion)

• Co-Investigator (Co-I) or Project Director (PD): \$9,840,472 (\$2,913,006 awarded since promotion)

Grants Awarded and Active Since Promotion to Associate Professor in 2020						
Agency	Title	Role (%Effort) <sup>a</sup>	Year	Amount (Research or Extension) <sup>b</sup>		
Centers for Disease Control and Prevention	Healthier Together: The High Obesity Program in Georgia	Co-I (25%)	2023- 2028	Year 1:\$804,000 (R/E)		
National Science Foundation	NSF Engines Type 1: Southeastern Technology Engine to Advance Healthcare Equity	Co-I (15%	2023- 2025	\$217,534 (R)		
USDA, New Technology for Agriculture Extension	Measuring Extension Collective Impact: A pilot program to create a data management platform	Co-I (100% DE°)	2023- 2024	\$20,000 (E)		
National Centers for Advancing Translational Sciences (NCATS), NIH	Georgia Clinical and Translational Science Alliance; Community Engagement Core	Co-I (18%)	2022- 2027	\$1,656,738 to CE of \$7,186,208 to UGA		
US Department of Health and Human Services	Georgia Hunger Study	Co-I (9%)	2022- 2023	\$300,00 (R)		
UGA, Public Service and Outreach	A Transdisciplinary Approach to Addressing Chronic Disease in Calhoun County	Co-I (100% DE°)	2022- 2023	\$8,868 (R)		
UGA, Public Service and Outreach	Expanding Capacity of Extension Agents to Reduce Georgia's Cancer Burden.	Co-I (100% DE °)	2022- 2023	\$10,000 (R/E)		
Centers for Disease Control and Prevention	Exploring Capacity for Family Based Weight Management in Southwest Georgia	Co-I (30%)	2022- 2023	\$97,400 (R/E)		
Southern Peanut Growers	Changing the Culture of Peanut Introduction in Georgia: A Collaborative Pilot	PI	2020- 2024	\$184,745 (R/E)		

Board of Regents, University System of GA	Diabetes Prevention Program for UGA Faculty and Staff	PI	2020- 2024	\$18,000 (E)
USDA, New Technology for Agriculture Extension	An Extension Implementation Toolkit for the Diabetes Prevention Program	Co-I (100% DE°)	2021- 2022	\$16,000 (E)
USDA NIFA, CDC	Building Vaccine Confidence in Rural Georgia, Phase I. Extension Collaborative on Immunization Teaching and Engagement (EXCITE)	КР	2022- 2023	\$21,178 (E)
USDA NIFA, CDC	Building Vaccine Confidence in Rural Georgia, EXCITE II	KP	2021- 2022	\$192,540 (E)
Robert Wood Johnson Foundation	Well Connected Communities, Wave 3	KP	2022- 2024	\$40,000 (E)
Robert Wood Johnson Foundation	Well Connected Communities, Wave 2	KP	2020- 2022	\$65,000 (E)
	Total a	awarded since	promotion	\$3,652,003
UGA Research Foundation, Presidential Interdisciplinary Seed Grant Program <sup>d</sup>	Creating a Healthier Georgia Through Diabetes Prevention	PI	2019- 2023 <sup>d</sup>	\$145,799 (R/E) <sup>d</sup>
Centers for Disease Control and Prevention <sup>d</sup>	Healthier Together: The High Obesity Program in Georgia	Co-I (20%)	2018- 2023 <sup>d</sup>	\$4,978,988 (R/E) <sup>d</sup>
National Centers for Advancing Translational Sciences, (NCATS), NIH <sup>d</sup>	Georgia Clinical and Translational Science Alliance	Co-I (10 – 60%)	2017- 2022 <sup>d</sup>	Approx. \$699,255 <sup>d,e</sup> to CE of \$5,141,584 award to UGA (R)
	\$7,214,915			

- a. Principal Investigator (PI), Co-Investigator (Co-I), Project Director (PD), Key Personnel (KP).
- b. Award for Research (R), Extension (E), or both Research and Extension (R/E)
- c. Funding for direct expenses only; intellectual effort 33%; investigator salaries not included.
- d. Excluded from total **awarded** as PI, Co-PI, or PD since promotion to assocate professor; included in **active** total, as continued through multiple years as associate professor
- e. CE budget estimated as 20% of total UGA budget and adjusted for Berg start in Mar 19 (41 months)

**3.c. Recognitions and Awards:** Berg is sole recipient unless "Team" or coauthors listed. Total awards (n = 31; 20 since promotion to Associate).

#### National (n = 7; 7 since promotion to Associate)

- 2023: Excellence in Multi-State Collaboration, 3<sup>rd</sup> Place Team, *Healthy Georgia Wellness (HGW)*. National Extension Association of Family & Consumer Sciences (NEAFCS)
- 2022: Human Development and Family Relations Award, 1st Place Team. HGW, NEAFCS
- 2022: Educational Publication Award, 3<sup>rd</sup> Place Team, HGW, NEAFCS
- 2021: Family Health and Wellness Award, 1st Place Team, HGW, NEAFCS
- 2021: National Priester Outreach Award. 1<sup>st</sup> Place Team. *HGW*. Extension Committee on Organizational Policy (ECOP)
- 2020: Educational Curriculum Package Award, 1st Place Team. HGW, NEAFCS.
- 2020: Excellence in Multi-State Collaboration. 1st Place Team. Cooperative Extension National Diabetes Prevention Program Working Group, NEAFCS

Southeast or Southern US Regional (n = 8; 6 since promotion to Associate)

- 2024: Averill B, Aaron LA, **Berg A**, Brown V, Durham J, Fuhrman N, Futris T, Guerin A, Stewart R. Program Excellence through Research Award. *UGA Family and Consumer Sciences Extension Statewide Needs Assessment 2022*. NEAFCS.
- 2023: Excellence in Multi-State Collaboration, 1st Place Team, HGW, Southern Region, NEAFCS
- 2022: Human Development and Family Relations Award, 1st Place Team, *HGW* Southern Region, NEAFCS
- 2022: Educational Publication Award, 2<sup>nd</sup> Place Teams, *HGW*, Southern Region, NEAFCS
- 2021: Family Health and Wellness, 1st Place Team, HGW, Southern Region, NEAFCS
- 2020: Educational Curriculum Package Award, 1st Place Team. HGW, Southern Region, NEAFCS

### State/University (n = 25; 15 since promotion to associate);

- 2024: **Berg A**. Chris Todd Outstanding Outreach Award, *The National Diabetes Prevention Program in Georgia Cooperative Extension*, College of Family and Consumer Sciences, UGA
- 2024: **Berg A,** Educational Curriculum Package Team Award, 1st Place State, *Food Allergy 101: The Power to Prevent*, Georgia Extension Association of Family and Consumer Sciences (GEAFCS).
- 2023: **Berg A**. D.W. Brooks Excellence in Extension, College of Agriculture and Environmental Sciences, UGA
- 2023: Excellence in Multi-State Collaboration, 1st Place Team, HGW, GEAFCS
- 2023: Excellence in Teamwork. 1st Place Team. *Healthier Together*. Georgia Association Extension 4-H Youth Development Professionals
- 2022: **Berg A**. Poster Presentation Award, 1st Place, Ext Specialist. UGA Extension Conference.
- 2022: **Berg A**. Poster Presentation Award, 1<sup>st</sup> Place. *Healthier Together Community Gardens: Reach, Integration, and Lessons Learned.* GEAFCS
- 2022: **Berg A**. Poster Presentation Award, 3<sup>rd</sup> Place. *Quality of Life Remains Stable Among Extension DPP Participants During the COVID-19 Pandemic*. GEAFCS
- 2022: Poster Presentation Award, 1<sup>st</sup> Place. **Berg A.** et al. *Georgians Lose Weight and Prevent Diabetes with UGA Extension*. UGA Extension Biennial Conference. Eatonton, GA.
- 2022: **Berg A.** Distinguished Service by a Researcher. Georgia Academy of Nutrition and Dietetics.
- 2022: Human Development/Family Relations Award, 1st Place Team, HGW, GEAFCS
- 2022: Marketing Package Award, 1st Place Team, HGW, GEAFCS
- 2021 Family Health and Wellness Award, 2<sup>nd</sup> Place Team, *HGW*, GEAFCS
- 2020 Educational Curriculum Package Award, 1st Place Team, HGW, GEAFCS
- 2020: Communications: Educational Publication Award. 2<sup>nd</sup> Place Team, HGW, GEAFCS

**3.d. Supervision of Student Research** – 21 thesis/dissertation committees (14 since promotion to associate in 2020) and 7 (5 since 2020) as major professor (chair) or co-major professor. See sections 2.a-2.c for student research and achievements. See sections 3.a. and 3.f. for coauthored scholarship

### 3.e. Selected Invited Scholarly Presentations

I have 22 invited presentations (15 since promotion to Associate Professor) at national (n = 8; 4 since promotion), state (n = 8; 7 since promotion), and district/county (n = 6; 4 since promotion) events. National (n = 4)

- **Berg A.** (2024, May). Exploring the Fit and Feasibility of Family Healthy Weight Programs with Cooperative Extension Agents in Rural Southwest Georgia. Invited presentation for the Centers for Disease Control and Prevention, Division of Nutrition, Physical Activity, and Obesity, National Training. Atlanta, GA.
- **Berg A**, Gorczyca A, Johnson N, Jarvandi S, Rafie C. (2024, May). *The National Diabetes Prevention Program Collective Impact Through Extension Partnerships*. Panelist for Conference Featured Closing Session. National Health Outreach Conference. Greenville, SC.

- Brown J, **Berg A**, da Silva V, Rafie C, Jarvandi S. (2022, Aug) *An Extension Diabetes Prevention Implementation Toolkit*. National Professional Development Webinar. National Extension Association of Family and Consumer Sciences. Role: coauthor and copresenter.
- **Berg A,** Piper S. (2020, Nov). *Delivering from a Distance*. National Advanced Training Webinar Series. Diabetes Training and Technical Assistance, Emory University.

### Regional (n = 1)

• **Berg**, A., & Kindamo, E. (2024). Working Together to Address Diabetes: *The National Diabetes Prevention Program and Health Extension for Diabetes*. Oral Presentation at the Health Extension for Diabetes Training and CDC Site Visit. Athens, GA.

#### State or University (n = 7)

- **Berg**, **A.** (2024). From Awareness to Action: UGA Extension's cancer prevention research and outreach initiatives. In *University of Georgia- Georgia Cancer Center Retreat*. Athens, GA: Georgia Cancer Center
  - **Berg A,** Brown C, Henes S. (2023, Sep). *Partnering with Cooperative Extension to Engage Communities: Examples and Opportunities in Maternal Health*. Co-presenter for National Professional Development Webinar. Integrated Special Populations, Georgia Clinical and Translational Science Alliance. Continuing Medical Education Credit (1hr).
- Berg A & Wagner L. (2023, Aug) Changing the Culture of Peanut Introduction in Georgia. Georgia Extension Association of Family and Consumer Sciences. Waycross, GA. Virtual.
- **Berg A.** (2022, Sep). *Cooking for a Lifetime of Cancer Prevention*. Agent Training Virginia Cooperative Extension, 5 participants, 6.0 hours, virtual due to personal illness.
- **Berg A,** Henes S, Turner P, Futris T, Bales D. (Jan 2022) *Research Opportunities with UGA Extension: Bringing the University to the People.* Presentation and collaboration workshop. Georgia Clinical and Translational Science Alliance (GACTSA).
- **Berg A,** Brown V, Guerin A. (2023, Jan) UGA FACS Needs Assessment: Overview, Key Findings, Path Forward. UGA FACS Program Development Conference. January 24, 2023, Athens, GA.
- **Berg A,** Lee JS, Baker V, Collins B, Culpepper S, Dallas J, Smith L. (2022, Sep) *Food Equity:* Extension's place at the table. Invited Plenary Session. GEAFCS Annual Meeting.
- **Berg A,** Liggett S, Jones S. (Apr 2021) Research Matchmaking and Community Needs. Research Matters Live: Community-Based Participatory Research Webinar Series, Office of Research, UGA. District/County/Local Meetings and Events (n = 4)
  - **Berg A**. (2024, May). *Diversity in Nutrition and Extension*. Northwest District, Family and Consumer Sciences Extension. Henry County Extension Office, McDonough, GA.
  - **Berg A.**, Brown C (2023, Jan). Extension as a Partner in Clinical and Translational Research and the All of US research program. Southeast Extension District, Statesboro, GA
  - **Berg A**, Beltran I. (Aug 2022). *Updates in Brain Health*.
  - Berg A, Cotto-Rivera E, Lee JS. (Jan/Feb 2022) Policy, Systems, and Environmental Change.

# 3f. Refereed Presentations of Papers, Oral Abstracts, Concurrent Sessions, and Posters

I (co)authored 85 presentations (53 since promotion to associate) at international (n=16), national (n=27), regional (n=7), state (n = 17), or local/university (n=17) conferences. A representative sample of presentations since promotion is listed below. \*denotes presentation co-authored with students.

# International Meetings (n = 12 since promotion to Associate, \*7 co-authored with student lead author)

- Lee, J. S., Klinker, A., Park, J., **Berg,** A., Shannon, G., Rao, M., & Borron, A. (2024). *Characteristics of Georgia Food Pantry Clients that Receive Government Food Assistance*. Poster. Society for Nutrition Education and Behavior Annual Conference. Knoxville, TN.
- \*Klinker, A., Lee, J. S., Park, J., Shannon, G., Rao, M., Berg, A., & Borron, A. (2024). *Current State and Challenges in Charitable Food Agencies in Georgia. Poster.* Society for Nutrition Education and Behavior Annual Conference. Knoxville, TN.

- \*Appelbaum M, Padilla H, Southall H, Lamm A...Berg A. (2023, Jul). *Implementing Policy, Systems, and Environmental Obesity Prevention Interventions in Rural Georgia: The High Obesity Program*. Oral Abstract. Society for Nutrition Education and Behavior. Washington, DC.
- \*Berman S, Levi LK, Williams T, Tucker L, **Berg A...**Henes ST. (2023, Jul) *Feasibility of Adding Weekly Goal Setting Activities to an Adolescent Nutrition Curriculum for UGA EFNEP Youth Programming.* Poster. Society for Nutrition Education and Behavior. Washington, DC.
- \*Berman S, Williams T, **Berg A**, Brigman T...Henes ST. (2023, Jul). *Comparison of Two Nutrition Curricula in Promoting Nutrition Behavior Change in Teens Participating in UGA EFNEP*. Poster. Society for Nutrition Education and Behavior. Washington, DC.
- **Berg A,** Escoffery C, Petagna C, Johnson B...Baldwin A. (2023, Apr) *Coming Together for HPV Elimination: Expanding capacity of extension agents to reduce Georgia's cancer burden.* Poster. 36th International Human Papillomavirus Conference, Washington, DC (emergency relocated from Japan).
- **Berg A**, & Averill B. (2022, Sep). *Extension Delivered Diabetes Prevention Program Supports Quality of Life during the COVID-19 Pandemic*. Concurrent Session. World Congress of the International Federation of Home Economics, Atlanta, GA.
- **Berg A**, Wilson H, Bentley R, Chatterjee Sl. (2022, Sep) Cooperative Extension Cancer Prevention Education Program Increases Cancer Screening and Intention to be Screened for Cancer Among Rural Georgians and Texans. Poster. World Congress of the International Federation of Home Economics. Atlanta, GA.
- Stewart R, **Berg A**, Jordan L, Black T, Collins B...Vanderver C. *Healthy Georgia Wellness*.. Poster. World Congress of the International Federation of Home Economics. Atlanta, GA.
- \*Wilson H, Bell D, **Berg A**. (2021, Jul) *Translation of the National Diabetes Prevention Program into Cooperative Extension: Barriers and Facilitators*. Oral Abstract. Society of Nutrition Education and Behavior. Virtual due to COVID-19 Public Health Emergency.
- \*Ingerson K, McDaniel M, Renzi-Hammond L, Padilla H...Berg A, & Cox G. (2020, Jul). The 'Healthy' Dining Hall: How Does Student Perception Influence Eating Behaviors and Perceived Healthiness of College Dining Halls? Poster. Society of Nutrition Education and Behavior. Virtual.
- \*Wilson H, Averill B, Cook G, Dallas J...Berg, A. (2020, Jul). Feasibility of ASA-24 in Community-Based Settings. Poster. Society of Nutrition Education and Behavior. Virtual.

# National Meetings (n = 16 since promotion to Associate; \*3 co-authored with student lead author)

- Daniel J, Ashley S, **Berg A,** Brown C...William S. (Sep 2024). *Community Health Coalitions: Extension as an Integrated System for Health & Wellness*. National Webinar. Epsilon Sigma Phi.
- Berg A, Ashley S, Bennet V, Brown C...Williams S. (2024, May). Youth and Adult Coalition Members Working Together to Improve Health: The Story of Well-Connected Communities in Georgia. Poster. National Health Outreach Conference. Greenville, SC.
- Warmath D & Berg A. (2024, May) *The Civic Mindset as a Resource for Community Health Coalitions*. Poster. National Health Outreach Conference. Greenville, SC
- \*Whitson Q, Garner C, Guerin A, Appelbaum M, **Berg A.** (2024, May) Parent & Caregiver's Knowledge, Attitudes, and Beliefs on the Introduction of Peanut and Other Common Food Allergens with Complementary Feeding. Poster. National Health Outreach Conference. Greenville, SC
- \*Appelbaum M, Padilla H, Thapa J, McCardel R...Berg A. (2024, May) Exploring the Fit and Feasibility of Implementing CDC-Recommended Family Healthy Weight Programs (FHWP) in Southwest Georgia through Extension. Poster. National Health Outreach Conference. Greenville, SC.
- Garner C, Ashley S, Crosson L, Lester K...Berg A. (2024, May) *Healthier Together: A Collaborative Effort to Improve Health in Rural Communities*. Poster. National Health Outreach Conference. Greenville, SC.
- Brown V, Golson A, **Berg A**, Childs A...Penn A. (2023, Nov). *Emerging adults: Health and wellbeing needs of an underserved community*. Poster. American Public Health Association. Atlanta.

- Suker A, Rein A, Chaing K, Snead C...Berg A...Beer J. (2023, Nov) The Impact of Community Education Programs on Dementia Knowledge and Confidence in Behavior Change in Rural Georgia. Poster. American Public Health Association. Atlanta, GA.
- Berg A, Morrisoe-Aman B, Grenci A. (2023, Sep). Small Numbers, Big Impact: The Extension Diabetes Prevention Program. Concurrent Session. National Extension Association for Family and Consumer Sciences Annual Conference (NEAFCS). Providence, RI.
- Berg A, Jarvandi S, Brown J, Da Silva V, Rafie C, Edwards Z. (2023, May) Extension Diabetes Prevention Programs Help Participants Reach Weight Loss Goals and Reduce Diabetes Risk Across the Nation. Concurrent Session. National Health Outreach Conference, Ithaca, NY.
- Brown C, **Berg A,** O'Neal L, Hosig K. (2023, May) Cooperative Extension Systems and Clinical and Translational Science Award (CTSA) Programs: Community Engagement and Partnerships to Advance Health Equity. Concurrent Session. National Health Outreach Conference, Ithaca, NY.
- da Silva V, **Berg A**, Jarvandi S, Rafie C, & Brown J. (2022, May). *An Extension Diabetes Prevention Implementation Toolkit*. Concurrent Session. National Health Outreach Conference, Kansas City, MO.
- \*Sanders C, Lamm A, **Berg A,** Padilla ...Davis M. (2022, Nov). *Hybrid evaluation approaches for promoting equity in rural obesity interventions*. Roundtable session, American Public Health Association Annual Meeting. Boston, MA
- Stewart R, **Berg A**, Jordan L, Black T, Collins B...Vanderver C. (2021, May) *Healthy Georgia Wellness Curriculum*.. Concurrent session. National Health Outreach Conference.
- Stewart R, **Berg A,** Jordan L, Black T, Collins B...Vanderver C. (2020, Sep) *Healthy Georgia Wellness*. Poster. Annual Meeting of the National Extension Association for Family and Consumer Sciences. Virtual due to COVID-19 Emergency.

# Southeastern US Regional (n = 9 since promotion to Associate; \*3 coauthored with student lead author);

Southeastern Regional Clinical and Translational Science Alliance (CTSA) Conference presentations. All in Pine Mountain, GA, except where noted virtual due to COVID-19 pandemic.

- Warmath D, Brown C, Berg A. (2024) Civic Mindset as a Resource for Community Health Coalitions.
- Lee JS, **Berg A**, Shannon J, Borron A, Park J, et al.. (2024) *The Georgia Hunger Study: A Collaborative Exploration of the Charitable Food Systems Landscape to Address Nutrition Security Statewide*. Poster. Role: lead presenter.
- **Berg A,** Futris T, Fuhrman N, Durham J, Penn M, Brown V. (2023) *Community Engagement Through Cooperative Extension: A Statewide Needs Assessment Reveals Emerging Adults and Rural Georgians in Greatest Need*. Concurrent Session.
- \*Thomas D, **Berg A**. (2023) *Relationships among sources of social support and health outcomes within a Cooperative Extension Diabetes Prevention Program*. Poster.
- Brown V, Bowie M, Neither T, **Berg A**, Scarrow A, Brown V. (2023) *Statewide Needs Assessment:* Comparison of county focus groups and agent listening sessions. Poster. Role: project leadership team
- \*Dobbins CE, **Berg A**, Lamm AJ, Southall HG. (2021). *Community Coalitions for Translating Science into Action: A Case of Five Counties in Rural Georgia*. Poster. Role: coauthor, project Co-I
- Rollins L, George M, Proeller A, Sandhu K...Berg A...Akintobi T. (2021). Assessment of Community and Academic Leaders to Inform the Facilitation of Community Engagement Translational Research in the State of Georgia. Poster. Role: coauthor, project Co-I Virtual (COVID-19 restrictions)
- \*Wilson H, Averill B, Bell D, Campbell C...**Berg A**. (2021) *Translation of the National DPP in Extension: Barriers and Facilitators*. Poster. Southeastern Regional Clinical and Translational Science Alliance Conference. Virtual (COVID-19 restrictions)
- Stewart R, **Berg A,** Jordan L, Black T...Turner P. (2021). *Healthy Georgia Wellness*. Poster. Role: co-author. Virtual (COVID-19 restrictions)

### State (n = 8 since promotion to Associate; \*1 coauthored with student)

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- Berg, A., & Geurin, A. (2024). UGA Extension Helps Prevent Peanut and Other Food Allergies. In Georgia Extension Association for Family and Consumer Sciences Annual Conference. Americus, GA State
- **Berg, A.,** Kindamo, E., Averill, B., Beltran, I., Black, T., Campbell, C., . . . Vanderver, C. (2024). *UGA Extension Diabetes Prevention Program: more than a weight loss program*. Poster session presented at the meeting of Georgia Extension Association for Family and Consumer Sciences Annual Conference
- Whitson, Q., Garner, C., Geurin, A., Appelbaum, M., & **Berg, A.** (2024). Parent and Caregiver's Knowledge, Attitudes, and Beliefs on the Introduction of Peanut and Other Common Food Allergens with Complementary Feeding. Poster session presented at the meeting of Georgia Extension Association of Family and Consumer Sciences Annual Conference
- Appelbaum, M., Padilla, H., Rajbhandari-thapa, J., Mccardel, R., Donepudi, S., Thapa, K., & Berg, A. (2024). Exploring the Fit and Feasibility of Implementing CDC-Recommended Family Healthy Weight Programs (FHWP) in Southwest Georgia through Cooperative Extension. Poster session presented at the meeting of Georgia Extension Association of Family and Consumer Sciences Annual Conference
- Garner, C., Tumlin, O., Adkins, T., **Berg, A.,** Levi, L., Parker, M., & Whitson, Q. (2024). Food Allergies 101: An Overview of Food Allergies and Best Practices. Poster session presented at the meeting of Georgia Extension Association for Family and Consumer Sciences Annual Conference
- **Berg A**, Black T, Borron A, Cotto-Rivera E ...Lee JS. (2024, Jan). *UGA FACS Extension Supports the Georgia Hunger Study*. Poster. UGA Extension Conference. Eatonton, GA
- Brown C, Cook G, Burley C, Daniel J, **Berg A...**Sheram C. (2023, Aug) *Leveraging Intra-University Partnerships to Engage Communities and Improve Health*. Poster. Georgia Extension Association of Family and Consumer Sciences. Ignite. Role: coauthor, project key personnel. Virtual
- Brown C, **Berg A,** Kindamo E, & Henes S. (2023, Oct). *UGA Extension and the Georgia Clinical and Translational Science Alliance: Community Engagement and Partnerships to Advance Health Equity*. Concurrent Session. State of The Public's Health Conference. Athens, Georgia.
- **Berg A,** Padilla H, Sanders K, Lamm A...Johnson L. (2022, Aug) *Healthier Together Community Gardens: Reach, Integration, and Lessons Learned.* Poster. Georgia Extension of Family and Consumer Sciences. Ellijay, GA. *First place poster presentation*.
- **Berg A**, \*Wilson H, Evans E, Averill B... Worley B. (2022, Aug) *Quality of Life Remains Stable Among Extension DPP Participants During the COVID-19 Pandemic*. Poster. Georgia Extension of Family and Consumer Sciences. Ellijay, GA. 3<sup>rd</sup> place poster presentation.
- Berg A, Jimenez O, McCray G. (2021, Apr) Building on Community Collaborations: Georgia Cooperative Extension and Georgia Community Health Workers. Georgia Community Health Worker Webinar Series, Georgia Department of Public Health.
- Stewart R, **Berg A**, Jordan L, Black T...Turner P. (2021). *Healthy Georgia Wellness*. Poster. Epsilon Sigma Phi Annual Conference, Tifton, GA.
- Moore J, Soltanmammedova Z, Stackhouse R. Sweda C...**Berg, A.** (2020, Aug). *Recruitment Considerations for the National Diabetes Prevention Program in Extension*. Georgia Extension Association of Family and Consumer Sciences Annual Meeting. Virtual.

<u>Local/University</u> (n = 7; \*4 coauthored with students)

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• \*Appelbaum M, Padilla H, Thapa J, McCardel R...Berg, A (2024, May). Exploring the Fit and Feasibility of Implementing CDC-Recommended Family Healthy Weight Programs (FHWP) in Southwest Georgia through Cooperative Extension. UGA Obesity Research Initiative, Athens, GA.

- \*Appelbaum M, Padilla H, Sanders K, Lamm A...Berg A. (2024, Jan). Seven Years of Policy, Systems, and Environmental Change to Prevent Obesity in Rural GA. UGA Extension Conference. Eatonton, GA.
- Garner C., Tumlin O, Adkins T, Levi L...\*Whitson Q, **Berg A**. (2023, Oct). *Food Allergies 101: An Overview of Food Allergies and Best Practices*. Poster. UGA Extension Southwest District Conference and Research Symposium. Tifton, GA.
- **Berg A,** Garner C, Padilla H, Lamm A...Davis, M. (2022, Apr) *Healthier Together: A university-community collaboration to create a healthier rural Georgia*. Featured session, Trending Topics Outreach Presentations. UGA, College of FACS.
- **Berg A,** \*Wilson H, Averill B, Campbell C...Evans E. (2022, Jan) *Georgians Lose Weight and Prevent Diabetes with UGA Extension*. UGA Extension Biennial Conference. Eatonton, GA. *1st Place Specialist Poster Winner*.
- **Berg A,** \*Wilson H, Averill B, Campbell C...Evans E. (2022, Jan) *Georgians Lose Weight and Prevent Diabetes with UGA Extension*. UGA Public Service and Outreach Conference.
- Stewart R, **Berg A**, Jordan L, Black T...Turner P. (2021). *Healthy Georgia Wellness*. Poster. Role: co-author and state curriculum lead. UGA Extension Conference. 1st Place FACS Agent Poster.

# 4. EXTENSION AND PUBLIC SERVICE (0.70 EFT)

In my role as Extension and Nutrition and Health Specialist, I provide statewide leadership in developing, disseminating, and evaluating Extension nutrition and health programs that impact Georgian's well-being. In my role on the Georgia Clinical and Translational Science Alliance Community Engagement Core, I serve researchers, Extension, and the community through consultation, training, publications, and seminars that facilitate collaborative, community-engaged clinical and translational research. My Extension and research are interwoven as reflected in Section 3. Research, Scholarly Activities.

**4a.** Educational Resources for External Audiences. In Nutritional Sciences, the senior author is listed last. Graduate students(\*), dietetic interns(†), and Extension agents(^) coauthors noted.

Extension Bulletins Published for External Audiences (Peer-reviewed) (n = 2, 1 since promotion to Assoc)

• Koonce, J, **Berg A**, Chatterjee S, Turner P, (2023). *Health Insurance: What You Should Know About Preventative Health Care* (Circular 1120). Athens, GA: UGA Extension. Retrieved from: <a href="http://extension.uga.edu/publications/detail.html?number=C1120">http://extension.uga.edu/publications/detail.html?number=C1120</a>

<u>Diabetes Life Lines Newsletters (Peer-reviewed)</u> – I published 32 (13 since promotion to Associate) Diabetes Life Lines (DLL) newsletters for people with prediabetes and diabetes, each peer-reviewed by an endocrinologist and Registered Nurse, Certified Diabetes Care Education and Support Specialist (until 2021, retired). Each issue includes 2 – 4 articles. I supervise content development, edit all issues, and mentor graduate students, interns, and Extension professionals through authorship. Published online and distributed statewide: www.fcs.uga.edu/news/tag/diabetes+life+lines.

- 1. Vol 38, No. 4 (2024): Gallatin, K. Health Extension for Diabetes: a diabetes support program coming to Georgia. Bailey, J. Back to basics: types of diabetes. Aaron, L. A. . Safety begins at home; staying healthy can prevent falls. (Editor: **Berg A**)
- 2. Vol 38, No. 3 (2024): **Berg, A.** (2024). Back to basics: carbohydrate counting. Kindamo, E. (2024). November is Diabetes Awareness Month. Kindamo, E. Diabetes management technology: continuous glucose monitors. (Editor: **Berg A**)
- 3. Vol 38, No. 2 (2024): Kindamo, E. Nutrition Trends: Resistant Starch. Kindamo, E. American Heart Association's Six Core Elements. Kindamo, E. Yogurt and Type 2 Diabetes. (Editor: **Berg A**)
- 4. Vol 38, No. 1 (2024): Kindamo E & **Berg A.** Gestational diabetes. How sleep affects health. Strength training for life.

- 5. Vol 37, No. 4 (2023): Kindamo E & **Berg A** for all articles: Erythritol and heart health. Walkin' in a Winter Wonderland. Make your food drive go the extra mile.
- 6. Vol 37, No. 3 (2023): ^May M, Kindamo E, **Berg A.** Nutrition and Arthritis Control. Kindamo E & **Berg A.** Make it a Habit. Kindamo, E. Is an Air Fryer Worth Your Counterspace?
- 7. Vol 37, No. 1 (2023): †Mercer S, Kindamo E & **Berg A**. Intermittent Fasting and Diabetes. Kindamo, E. Safe and fun in the summer sun. Kindamo, E. Spring Vegetable Spotlight: Asparagus.
- 8. Vol 36, No. 2 (2022): Kindamo E. Preserving Your Garden Produce. Kindamo E. Emergency preparedness for diabetes and beyond. Kindamo E, **Berg A.** Updated PreventT2 lessons released.
- 9. Vol 36, No. 1. (2022): Kindamo E, \*Thomas, D., & Berg, A. Nutritious Menu Choices Made Easy. Berg A, †Leonard J, Kindamo E. Diabetes and the Brain. Kindamo E, Berg A. Water Enhancers. Berg A: Tips for Holiday Meals
- 10. Vol 35, No. 4. (2021): Crawley C, **Berg A.** Winter time is still exercise time; \*†Selph E, **Berg A.** Get "SMART" with tracking your diabetes. **Berg A**: Tips for Holiday Meals
- 11. Vol 35, No. 3. (2021): †Rautmann A, **Berg A.** for all: Spotlight on Flexibility and Balance; Neuropathy: What is it; What is gastroparesis?
- 12. Vol 35, No. 2. (2021): Sanville L, **Berg A.** Type 2 Diabetes: When Insulin Might Be Needed; Sanville L, (Ed. **Berg A).** Insulin Bootcamp; Sanville L, **Berg A.** Why is Sleep Important?
- 13. Vol 35, No. 1. (2021): \*Wilson H, **Berg A**, The new Dietary Guidelines for Americans, 2020. Wilson H, **Berg A**. Use Your Plate to Plan Meals. ^Tucker C, Communicating with your Healthcare Provider. Extension Circulars Accepted (2024), in-press (n = 10)

Right Bite Diabetes Cooking School Circulars (C 1323):

- 1. **Berg A**, Duffy S, Kindamo B (2023). All about A1C. (C 1323-01)
- 2. Berg, A. ^ Campbell C, Tucker C., & Kindamo B. Carbohydrates and Fiber. (C 1323-02)
- 3. Berg, A. ^ Tucker C, Campbell, C., & Kindamo B. Glycemic Index & Load. (C 1323-03)
- 4. **Berg A**, Tucker C., Kindamo B, \*Wilson H. Understanding the Food Label. (C 1323-04)
- 5. **Berg**, A. ^ Black T, Cook G, & **Berg** A. Portion Control. (C 1323-05)
- 6. **Berg A,** Kindamo B, & ^ Tucker C. The Diabetes Plate Method. (C 1323-06)
- 7. **Berg, A.** ^ Campbell C, Tucker C, Kindamo B, & Modifying Recipes. (C 1323-07)
- 8. **Berg A**, Kindamo B, Moore S, Tucker C, \*Wilson H. Understanding the Nutrition Label to Cut Back on Fat (C 1323-08)
- 9. **Berg A**, \*Appelbaum M, Kindamo B. Understanding the Nutrition Label to Cut Back on Sodium. (C 1323-09)
- 10. Berg A, Kindamo B, & Duffy S. Using Sugar Substitutes. (C 1323-10)

<u>Published, Consumer-Facing Extension Fact Sheets</u> (n = 34; 13 since promotion to associate professor; 10 representative shown)

- 1. Brown C, Berg A. (2024). Policy, Systems, and Environmental Change Basics.
- 2. Brown C, Penn A, Berg A. (2024) Healthy Georgia Communities.
- 3. Brown C, Berg A. (2024). UGA Extension and Georgia CTSA: Translational Research Basics.
- 4. \*Whitson Q, Berg A. (2024) Preventing peanut allergies through early introduction. 1
- 5. **Berg A**, \*Appelbaum M, Kindamo B. Long-Lasting, Low-Cost Fruits and Vegetables (2023).
- 6. **Berg A**, \*Wilson H, \*Appelbaum M. (2020, Rev 2023). Understanding the Nutrition Facts Label.
- 7. **Berg A,** \*Wilson H. (2016, Revised 2018, 2022). BMI and Cancer (NUTR-170-1).
- 8. \*Wilson H, Kindamo B, Berg A. (2022) Reduce Your Cancer Risk: Eat Plants (NUTR-170-9).
- 9. \*Wilson H, Kindamo B, Berg A.(2022) Cancer Prevention Lifestyle Guidelines (NUTR-170-10).
- 10. \*Selph E, \*Wilson H, Kindamo B, **Berg A.** (2016, rev 2018, rev 2022). Choosing the Best Whole Grain Bread (NUTR –E-170-4).

Resource Materials for Non-Extension Professional Audiences (n = 11; 4 since promotion to associate)

- \*Whitson Q, & Berg A. (2024). Introducing Common Food Allergens to Reduce Allergy Risk. Early Care and Education Training. Georgia Department of Early Care and Learning Approved. 2 hrs.
- \*Whitson Q, & Berg A. (2023). Creating a Safe Childcare Environment: Food Allergies. Early Childhood Education Training. Georgia Department of Early Care and Learning Approved. 2 hrs.

- \*Whitson Q, & Berg A. (2023). First Bites Starting Infants Off Right with Complementary Feeding. Early Childhood Education Training. Georgia Department of Early Care and Learning Approved. 2 hr.
- \*Whiston Q, Garner C, Adkins T, **Berg A.** (2023) Food Allergy 101: An Overview of Food Allergies and Best Practices. School Nutrition Professional Training Materials. 2 hrs.
  - Peer reviewed and accepted Jan 2025 for inclusion in the USDA Professional Standards Database for School Nutrition Professionals. <a href="https://professionalstandards.fns.usda.gov/">https://professionalstandards.fns.usda.gov/</a>

### Extension Curricula and Lesson Plans (n = 28; 15 since promotion to Associate; selection shown)

- \*Whitson Q, **Berg A.** (2024) *First Bites: Introducing infants to major food allergens along with complementary foods.* Recommendations on nutrition and allergen introduction during complementary feeding to reduce food allergy risk. 1 hr. Target audience: parents/caregivers, pregnant women.
- ^Stewart R, Black T, Collins B, Cook G...Berg A. (Rev. 2023) *Healthy Georgia Wellness Curriculum*. I am co-author on 9 of 14 lessons: SMART Goals, Let's Get Physical, Portion Distortion, Nutrition Labels, Power of a Can, Mindfulness, Stress-Less Meal Planning, Dining Out, Apps.
- **Berg A,** Kindamo B, \*Wilson H, Crawley C. *Cooking for a Lifetime of Cancer Prevention.* (Original 2012; Most recent revision, 2022). Evidence-based cancer prevention lifestyle guidelines and breast, cervical, and colorectal cancer screening guidelines. 3 hrs. Target audience: adults 18 years and older.
- ^Beltran I, Crawley C, Tran A, **Berg A**. (2018, Revised 2022). *A Healthy Start for Infants*. Evidence-based feeding guidelines for 0 to 2 years of age, food safety for breast and formula feeding, feeding developmental milestones. 2.0 hrs. Target audience: Early childhood educators.
- ^Beltran I, Crawley C, **Berg A.** (2018, Revised 2022). *Aging with a Healthy Brain*, Description: Overview of Alzheimer's and other dementias, and current research on the relationship between nutrition and dementia. 1 session, 1.5 hrs. Target audience: adults, older adults.
- \*Wilson H, **Berg A**. (2021). Making the Healthy Choice: Frozen Meals. 4-H Consumer Judging reference material, exercises, and competition scenarios. 5 pages.
- \*Wilson H, Duffy S, **Berg A**. (2020). *Making the Healthy Choice: vending machine snacks.* 4-H Consumer Judging reference material, exercises, and competition scenarios. 5 pages.
- **4.b. Significant Extension Program Leadership** I lead a variety of statewide Extension programs to promote nutrition and health among Georgians. Below are featured programs in which I have invested significant external funding and resources *since promotion to Associate Professor*

<u>National Diabetes Prevention Program (2019 – Present)</u>: CDC Recognized, evidence-based lifestyle change program to reduce type 2 diabetes risk (Knowler et al. 2002). <u>Role</u>: Train and coordinate lifestyle coaches. Apply for and maintain CDC Recognition status through biannual data submission and outcomes review. Lead national Extension efforts to expand dissemination and implementation and national outcomes reporting. Representative accomplishments:

#### Training:

- 25 Extension Lifestyle coaches educated and mentored
- 4 Cohorts New Lifestyle Coach Training (76 hrs, 56 hrs. as Master Trainer Select);
- 141 hours of associated Extension agent training (129 since promotion)
- Appointed as Master Trainer for the University System of Georgia (USG) in 2023

#### **Scholarly Output**

- 4 published journal articles, 2 published abstracts
- 16 total presentations (15 since promotion, 3 invited)
- 2 mentored doctoral dissertations (Wilson H, Castillo-Hernandez I), and 1 thesis (Thomas D)
- Published online Extension DPP Implementation Toolkit preventdiabetes.extension.org/
- Developing national data collection system prototype: USDA National Technologies for Agriculture Extension grant, \$20,000 (See section 3.b.)
- 12 Diabetes Life Lines Newsletters and 10 Extension circulars published (Right Bite Diabetes)

#### **Accolades:**

- 2021 Achieved CDC Full PLUS recognition (highest level) for in-person and distance programming
- One national award for multi-state collaboration (Section 3.c. NEAFCS)
- 2 state awards for Extension program and research impact (D.W. Brooks and Chris Todd Outreach)
- Invited to serve on the National Advisory Board for Master Trainer Selects, CDC-approved national training entity, Emory Diabetes Training and Technical Assistance Center

# **State Impact:**

- 458 participants reached with year-long program, 3,143 pounds lost, an estimated \$834,663 in healthcare costs saved avoiding diabetes (Kahn et al., 2017) or reducing weight (Ding et al., 2021, Fallah-Fini, et al. 2017)
- 2024: UGA replaces commercial provider as sole DPP provider for USG Employees.
- 2024: Georgia Department of Public Health contract pending for DPP expansion to priority areas
- Participants showed improvements in diet quality, physical activity, and weight and diabetes risk reduction (Wilson et al., 2023, 2022, Sections 3a. 3.f.).

<u>Healthier Together: The High Obesity Program in Georgia (HOP) (2016 – 2028)</u>: CDC funded project to address obesity through community coalition-led, evidence-based policy, systems, and environmental strategies. Berg's team facilitated creation of community health coalitions, needs assessment, intervention selection, implementation, and evaluation. Coalitions selected community gardens, healthy food pantries and coolers, sidewalk repair, walking trails, playground modifications, and active community design. <u>Role</u>: As Nutrition lead I head food access and childhood obesity strategies (family healthy weight). As Co-I, I am a liaison between colleges, academic departments, and Extension and support overall project development, execution, and evaluation. Representative accomplishments:

### **Training:**

- Train and support a minimum of 7 Extension Agents (FACS, 4-H, and ANR), 1 educator, and 2 program assistants annually (12.5 hours in-service training minimum per year)
- Leverage statewide and local/district trainings in support of HOP (e.g., Policy, Systems, and Environmental Change in FACS Extension, Health Equity, Dietary Guidelines)
- Training and materials adapted for use with 12 Robert Wood Johnson Foundation (RWJF) Well Connected Communities Volunteers in rural Georgia

#### **Scholarship**

- 3 coauthored journal articles, four Extension factsheet
- 18 presentations (17 presentations since promotion; 3 invited)
- Published online toolkit for community gardens: https://site.extension.uga.edu/healthiertogether/hop-2018-2023/garden-toolkit/
- Partnered with investigator (D Warmath) to develop a Civic Mindset tool for assessing coalition member mindsets and identifying ideal coalition members

#### **Accolades:**

- 2 state awards, 1 invited national presentation, 1 international presentation
- 2023: Selected for supplement to explore new CDC strategy: Family Healthy Weight Programs
- Invited to share preliminary research findings and best practices at 2024 CDC DNPAO training on the new strategy for 2023-2028: Family Healthy Weight Program (childhood obesity treatment)

### Impact:

- Supported the implementation of 22 community gardens, which increased access to fresh vegetables
- HOP enhanced 11 playgrounds, installed 9 walking trails and walkability signage in 4 counties
- Berg led partnerships with 7 food pantries to, 1) increase the capacity and storage of fresh fruits, vegetables, dairy, and meats and 2) adopt and implement healthy food donation/procurement policies

<u>Healthy Georgia Wellness (2018 – Present):</u> Curriculum designed for worksite wellness combines research-based, practice-tested content from all FACS Extension program areas into one curriculum, including 14 lessons: the *Healthy Georgia Wellness Curriculum*. <u>Role:</u> Berg provides state-level leadership and support for the curriculum, reviews all lessons, and is a coauthor for 9 lessons.

Training: 31 Extension agents trained

**Scholarly Output:** One national, one regional, and one state presentation; coauthored 9 lessons **Accolades:** 6 national, 5 regional, and 6 state awards

### Impact:

- Over 2000 Georgians reached; 81% of participants indicated will probably/definitely use information; Over 50% indicated they would save \$50 \$200+ per month due to HGW (Stewart et. al, 2022, 2023)
- Agents from 15 states requested the curriculum; 2024 South Carolina State University adopted for statewide programming

<u>Changing the Culture of Peanut Introduction in Georgia (2019 – 2024)</u>: Programs to disseminate new Dietary Guidelines for allergy prevention (DGA 2020) and research on preventing peanut and other food allergies to key stakeholders (Early Childhood Education Providers, School Nutrition Professionals, and Parents/Caregivers). **Role:** I serve as PI, direct one graduate student (Q Whitson), and am responsible for all content development, implementation, and evaluation. The project is ongoing.

#### **Training:**

- 36 FACS Extension agents trained; 5 trainings, 100.5 contact hours
- 6 Extension agents piloted 3 modules for Early Childhood Education Providers (ECE)

# **Scholarly Output:**

- One fact sheet published
- 3 Early Childhood Education (ECE) Provider Training Modules developed and approved
- One school nutrition professional training developed (2 hr)
- One parent/caregiver extension lesson plan developed (1 hr)
- Two presentations (Whiston O, 2024; one invited: Berg and Wagner, 2023)

#### Impact:

- 32 ECE providers reached. 100% improved knowledge of food allergy prevention guidelines.
- 273 School Nutrition Professionals in 12 counties in Southwest Georgia educated on Food Allergy 101. 90% correctly identified the recommended age for peanut introduction to reduce allergy risk. Most (86%) indicated they would "Definitely" use the information. (Garner C, 2023)

Cooking for a Lifetime of Cancer Prevention: Educational workshop to teach participants cancer prevention lifestyle behaviors (nutrition, physical activity) and screening guidelines for breast, cervical, and colorectal cancer. I significantly revised the curriculum upon arrival in 2015 and updated it annually through 2022 to reflect the most recent evidence-based cancer prevention guidelines and grant requirements (ACS, USDA). I train and coordinate agents to deliver the program and evaluate outcomes **Training:** 

- Trained 60 FACS agents and 10 American Cancer Society Navigators (542 educational contact hrs)
- 2022: Invited to train 5 Extension agents in Virginia Cooperative Extension

# **Scholarly Output:**

- One published journal article, a training manual, 7 fact sheets, and one Extension bulletin
- 2 international (one post-tenure), and 6 presentations (pre-tenure)

#### Accolades:

- Featured as Showcase of Excellence at NEAFCS Conference in 2018
- 2020 recognized as a research-tested (highest level) intervention in the SNAP-Ed Toolkit/Library
- Adopted by Virginia Cooperative Extension (2022) and South Carolina State Extension (2024)

#### Impact:

- 2,100 Georgians and 150 Texans to significantly (p<0.05) improve cancer prevention lifestyle behaviors (diet, physical activity) and screening (Berg et al., IFHE 2022)
- Collaborating with Augusta Medical University partners to expand (Berg A., IHPV, 2023)

# 4c. Training for External Audiences (n = 12; 9 since promotion to Associate Professor)

- Creating a Safe Childcare Environment: Food Allergies. (Nov 2023) Early Childhood Education Training. McPhaul Child Development Center. Athens, GA. Participants: 23, 1 hr. In-person.
- First Bites Starting Infants Off Right with Complementary Feeding. (Nov 2023) Early Childhood Education Training. McPhaul Child Development Center. Total Participants: 7, 1 hr. In-person.
- What is A Culture of Health, (Jun 2022). Well Connected Communities Master Volunteer Training. Cordele GA. Total Participants: 12, 1 hour. In-person.
- Policy, Systems, and Environmental Change. (Jun 23). Well Connected Communities Master Volunteer Training. 12 participants, 1 hour. In-person.
- What is A Culture of Health, (Jun 2022). Well Connected Communities Master Volunteer Training. Total Participants: 12, 1 hour. In-person.
- Policy, Systems, and Environmental Change. (Jun 2022). Well Connected Communities Master Volunteer Training. 12 Participants, 1 hour. In-person.
- Community Grant Writing Academy. (Apr & Jun 2022) Georgia Clinical Translational Science Alliance. 75 participants. Virtual. 16 hours. Participation national audience
- Community Grant Writing Academy. (Feb & Apr 2021) Georgia Clinical Translational Science Alliance, (45 participants,. Virtual. 16 hours. Participation national audience
- **4d. In-Service Training for Extension Professionals** (n = 103 trainings, 1,977 participants, 5,645 educational contact hours; Since promotion to associate: n = 72 trainings, 1,398 participants, 2,958 educational contact hours). # trainings listed if more than 1; N = number of professionals trained; Contact hrs. = educational contact hours. *Selection of representative training since promotion to associate:*
- 2015 2024: Foundations in Chronic Disease and Healthy Lifestyles for New Family and Consumer Sciences (FACS) Extension Agents, (10 trainings; N = 67, 220 contact hrs).
- 2016 2024: *Advances in Nutrition Content (*e.g., Seed oils and cardiovascular health, pre, pro, and post-biotics and gut health, blood pressure guidelines), 22 trainings, N = 542, 1,044 contact hrs.
- 2019 2024: *Diabetes Prevention Program New Lifestyle Coach Training*. (4 trainings, N = 31 includes 2 USG wellbeing coordinators, 388 educational contact hours.)
- 2021 2024: *Physical Activity Guidelines for Americans*. (6 trainings, N = 141, 178 contact hrs.
- 2020 2024: Foundations in Nutrition Education for Youth & Policy Systems, and Environmental Change for New FACS Agents, Revised annually (5 trainings; N = 53, 177 contact hrs)
- 2022 2024: Diabetes Prevention Program Evidence Intro. (3 trainings, N = 29, 58 contact hs).
- 2020 2024: Dietary Guidelines for Americans. (6 trainings, 194 professionals, 363 contact hrs.)
- 2023 2024: Understanding the Nutrition Facts Label. (4 trainings, N = 97, 122 contact hrs.)
- 2024: CDC's Georgia High Obesity Program Creating Healthy Environments to Prevent Obesity. (1 training, 13 participants, 20 contact hrs).
- 2024: Women's Health. (2 trainings: N = 28 professionals. 56 contact hrs.)
- 2024: *New Weight Loss Medications*. (N = 31, 15 contact hrs.)
- 2024: 4-H Foods Projects Training. (N = 30, 30 contact hrs.)
- 2024: First Bites: Starting Infants Off Right With Solid Foods. (N= 25, 37.5 contact hrs.)
- 2023: Brain Health and Cognition and the CARE Center (N = 23, 46 contact hrs.)
- 2023: *Understanding and Preventing Food* Allergy (3 trainings, N = 51, 100.5 contact hrs.)
- 2023: Health Equity. (N = 54 professionals, 54 contact hrs.)
- 2023: Diabetes 101 3-part series (N = 63, 126 contact hrs)
- 2022: Cooking for a Lifetime of Cancer Prevention. Virginia Extension. (N = 5, 20 contact hrs.).

- 2022: Updates in Cervical Cancer, HPV Vaccination, and Nutrition. (N =51, 102 contact hrs: 4.0
- 2022: Extension's Role in Health and Wellness. CDC HOP Kickoff. (N = 6, 9 contact hrs.)
- 2021: Food, Nutrition, and Fun: Nutrition Education for Youth, N = 49, 73.5 contet hrs.
- 2020 In-Depth Diabetes Training. (N = 17, 102 contact hrs.).
- **4.e. Technical Assistance Community-Engaged (CE) Research and Extension.** I have provided 117 hours of technical assistance in engaging communities, Extension, and other outreach organizations in clinical and translational research. Training for CTSA in section 4c. Presentations listed in sections 3.e. and 3.f. Select examples of individual, project, and grant-based technical assistance:
- 2024: UGA Youth Development Institute (PI: Oshri A). Building Resiliency and Nurturing Children's Health (NIH R01 funded, \$3.2 million). 20 hrs. Ongoing TA ~2 hrs/mo through 2025.
- 2024: E. Yang. Cognitive Empowerment Program. NIH R01 grant planning and CE. 4 hour
- 2023: K Callins, MD, H Smith, MD. Planning meeting for Rural Maternity and Obstetrics Management Strategies, HRSA, and RADx® Tech for Maternal Health: 1 hour
- 2023: Peace4Moms (PD: Goldsmith T, GA Dept Public Health). 4 hrs TA; 10 hrs agent training.
- 2023: The Medical Center Foundation, (PD: Shulman B). Project Hope for Georgia Moms (HRSA, Maternal Health and Innovation Grant). 1 hr.
- 2023: Dr. Jacob Kariuki. Emory Investigator. Community Connections. 1 hr.
- 2022: Grant writing assistance for 2 CTSA non-profit organization awardees 20 hrs.
- 2022: Yli-Pipari S. Telehealth Hispanic adolescent obesity treatment. 1 hr
- 2022: CTSA Coordinating Center. CDC Division of Diabetes Translation: RFA-DP-22-001. 1 hr.
- 2022: Grant writing assistance for 3 CTSA community awardees 30 hrs.
- 2021: R. Quarrels, Epilepsy Linkeages to Self-Management and Community Resources. 3 hrs.
- 2020: G. Clifford, Emory Univ., Reducing Maternal Mortality in Georgia 20 hrs.

# 5. PROFESSIONAL SERVICE (0.05 EFT)

I provide significant service to the Nutritional Sciences, the College, the University, Extension, and my field. Service appointments since promotion to Associate Professor: 5.a. Service to Professional Societies and Non-governmental organizations: Master Trainer Select Advisory Committee Member. Emory Diabetes Training and Technical Assistance Center, (2023- Present); Extension Health Metrics Committee, Extension Committee on Organizational Policy (ECOP), Invited Member, (2023-Present); Cooperative Extension National Diabetes Prevention Program Working Group, Evaluation Committee Chair (2019-Aug 2024, Chair, Aug 2024 - Present); Society for Nutrition Education and Behavior (Conference Committee, 2021 – 2023; Healthy Aging Committee: Past Chair, 2021 – 2022, Chair, 2020 – 2021, Chair-Elect, 2019 – 2020); Emory Prevention Research Center Advisory Committee Member (2020) - Present). 5.b. Service to the Georgia Clinical and Translational Science Alliance (CTSA): Community Engagement Core, Member, Leadership Committee, (2019 - Present), GA CTSA Coordinating Center Member, (2019 – 2023), Community Forum Coordinator and Poster Competition Chair (2019, 2021), Community Grant Writing Academy Facilitator, Competitive Pilot Grants Chair, (2021, 2022). **5.b. External evaluator for promotion/tenure dossier:** North Carolina State University (2024). Lousiana State University (2024). Univ. of Missouri (2022), University of Rhode Island (2023), Louisiana State University (2022, 2024). 5.c. Ad hoc Reviewer, Peer-Review Journals: Journal of Nutrition Education and Behavior, 2017 - Present, Health Education and Behavior, 2018 - Present, Health Promotion Practice, 2019- Present, Journal of Extension, 2019 - Present, Journal of Human Sciences in Extension, 2020 - Present, American Journal of Preventive Medicine, Translational Behavioral Medicine, 2020 - Present, 2021 - Present, Journal of Higher Education Outreach and Engagement, 2020 – Present. 5.d Grant review panel member. Georgia CTSA, Pilot grants reviewer, 2019 - Present. **5.e.** University, College, and Departmental Service: <u>UGA</u> Extension: Behavioral Health Team, 2023 – Present, Evaluation Committee, 2020 – Present; Extension Evaluation Specialist Search Committee (2019- hired, and 2021 - hired), College of FACS: FACS Extension Leadership

Teams, Health and Wellbeing, Foods and Nutrition (2021-Present), Statewide Needs Assessment Committee, (2022 – Present), Nutritional Sciences Dept: Search Committee chair - Asst/Assoc Professor, Extension Food Safety and Home Food Preservation Specialist (2021). Asst/Assoc Professor, Extension Human Nutrition and Chronic Disease Prevention and Management Specialist (2023); Community Nutrition Master's Degree Curriculum Committee, Ad Hoc Member, 2021 – Present. Biomedical and Translational Sciences Institute: Search Committee chair - Community Health Engagement Coordinator, Biomedical Sciences Institute, (2022-hired). 5.f. Special administrative appointment: Leadership Fellow (2023 – 2025), College of Family and Consumer Sciences, UGA.