# **ACADEMIC HISTORY**

NameJoseph Michael KindlerPresent RankAssistant ProfessorRecommended RankAssociate Professor

Allocation of Effort
2020-2022
50% research, 50% teaching
2022-2024
75% research, 25% teaching

**Tenure Status** Tenure-track, pre-tenure

Highest Degree Earned Ph.D., Department of Foods and Nutrition

The University (Univ.) of Georgia (UGA), Athens GA, USA

May 2017

**Previous Academic Positions** 

Aug 2010 – May 2012 Undergraduate Research Assistant

Department of Kinesiology
The Pennsylvania State Univ.

Aug 2012 – Apr 2017 Gradate Research and Teaching Assistant

Department of Foods and Nutrition

UGA

May 2017 – Apr 2018 Post-Doctoral Research Associate

Department of Nutrition Science

Purdue Univ.

Apr 2018 – Jul 2020 Research Postdoctoral Fellow

Division of Gastroenterology, Hepatology, and Nutrition

The Children's Hospital of Philadelphia (CHOP)

Sept 2019 – Jul 2020 Nutrition Fellow

Division of Adolescent Medicine

**CHOP** 

Aug 2020 – Present Assistant Professor

Department of Nutritional Sciences

UGA

# SCHOLARLY ACTIVITIES AND CREATIVE WORK

\*Graduate/undergraduate student trainee

\$Visiting scholar

^Senior/corresponding author

### **Publications**

### Journal Articles

### 2022

- 1. Ishikawa Y, Laing E, Anderson A, Zhang D, **Kindler JM**, Trivedi R, Sattler E. Comparison of Diagnostic Screening Methods for Diabetes in Patients with Heart Failure. Diabetes Epidemiology and Management. In press.
- 2. Weber D, Long F, Zemel BS, **Kindler JM**. Glycemic control and bone in diabetes. Current Osteoporosis Reports. 2022;1-10. PMID: 36214991.
- 3. \*Lei WS, Kilberg M, Harris C, Rubenstein R, Zemel BS, Kelly A, **^Kindler JM**. Acute changes in bone metabolism following glucose consumption involve incretin and metabolic hormones in youth with cystic fibrosis. Journal of Clinical and Translational Endocrinology. 2022;30:100304. PMID: 36110921.
- 4. Bland VL, **Kindler MJ**, Blew RM, Morrill KE, Roe DJ, Going SB. Visceral adipose tissue and cardiometabolic risk factors in young girls. Frontiers in Pediatrics. 2022;10:892206. PMID: 36172390.

- 5. Vajravelu ME, **Kindler J**, Zemel B, Jawad A, Koren D, Brar P, Brooks L, Reiner J, Levitt Katz LE. Visceral adiposity is related to insulin sensitivity and inflammation in adolescents with obesity and milk sleep disordered breathing. J Pediatr Endocrinol Metab. 2022. In press. 2022;35(8):1069-1077. PMID: 35822712.
- 6. \*Lei WS, ^Kindler JM. Insulin Resistance and Skeletal Health. Curr Opin Endocrinol Diabetes Obes. 2022;29(4):343-349.
- Ishikawa Y, Laing EM, Anderson AK, Zhang D, Kindler JM, Trivedi-Kapoor R, Sattler ELP. Adherence to dietary approaches to stop hypertension diet is associated with low levels of insulin resistance among heart failure patients. Nutr Metab Cardiovasc Dis. 2022;32(8):1841-1850. PMID: 35637084.
- Kalkwarf HJ, Kindler JM, Lappe JM, Gilsanz V, Oberfield S, Shepherd JA, Kelly A, McCormack S, Chese A, Cousminer DL, Mitchell JA, Winer KK, Grant SFA, Zemel BS. Characteristics of lumbar spine trabecular bone score during the growing years: results from the bone mineral density in childhood study. J Bone Miner Res. 2022;37(4):776-785. PMID: 35118727.
- Kindler JM, Guo M, Baker J, McCormack S, Armenian S, Zemel B, Leonard M, Mostoufi-Moab S. Musculoskeletal deficits in pediatric, adolescent, and young adult survivors of allgeneic hematopoietic stem cell transplantation. J Bone Miner Res. 2022;37(4):794-803. PMID: 35080067.

### 2021

- 10. **^Kindler JM**, Xang D, Satler L, Ishikawa Y, Gallo S. Bone Density and Lean Mass in Youth with Pre-Diabetes: Results from the National Health and Nutrition Examination Survey. Ost Int. 2021;33(2):467-74. PMID: 34523010.
- 11. \$Higgins S, Zemel BS, Khoury PR, Urbina EM, **^Kindler JM**. Visceral fat and arterial stiffness in youth with healthy weight, obesity, and type 2 diabetes. 2021. Ped Obesity. 2022;17(4):e12865. PMID: 34668336.
- 12. **^Kindler JM**, Khoury PR, Urbina EM, Zemel BS. Diet Quality and Bone Density in Youth with Healthy Weight, Obesity, and Type 2 Diabetes. Nutrients. 2021;13(9):3288. PMID: 34579165.
- 13. Cousminer DL, Kindler JM,... Zemel BS, Hankenson K, Grant SFA. Genome-wide association study implicates novel loci and reveals candidate effector genes for longitudinal pediatric bone accrual through variant-to-gene mapping. Genome Biol. 2021;22(1):1. PMID: 33397451.

#### 2020

- 14. Kindler JM, Kelly A, Khoury PR, Katz L, Urbina EM, Zemel BS. Bone mass and density in youth with type 2 diabetes, obesity, and healthy weight. Diabetes Care. 2020;43(10):2544-2552. PMID: 32778556.
- 15. **Kindler JM**, Mitchell EL, Piccoli DA, Grimberg A, Leonard MB, Loomes KM, Zemel BS. Bone geometry and microarchitecture deficits in children with Alagille syndrome. Bone. 2020;141:115576. PMID: 32791330.
- 16. Kindler JM, Lappe JM, Gilsanz V, Oberfield S, Shepherd JA, Kelly A, McCormack S, Chese A, Cousminer DL, Mitchell JA, Winer KK, Grant SFA, Kalkwarf HJ, Zemel BS. Characteristics of ultradistal radius bone density during childhood: results from the bone mineral density in childhood study. 2020. J Clin Endocrinol Metab. 2020;105(10):e3529-e3539. PMID: 32561914.
- 17. Fedewa MV, Bentley JL, Higgins S, **Kindler JM**, Esco MR, MacDonald HV. Celiac disease and bone health in children and adolescents: a systematic review and meta-analysis. J Clin Densitom. 2020;23(2):200-211. PMID: 30833087.

2019

- 18. **Kindler JM**, Laing EM, Liu W, Dain JE, Lewis RD. Pentosidine is associated with cortical bone geometry and insulin resistance in otherwise healthy children. J Bone Miner Res. 2019;34(8):1446-1450. PMID: 31220375.
- 19. Cousminer DL, McCormack SE, Chesi A, Mitchell JA, Kindler JM, Kelly A, Voigt BF, Kalkwarf HJ, Lappe JM, Shepherd JA, Oberfield SE, Gilsanz V, Zemel BS, Grant SFA. Postmenopausal osteoporotic fracture-associated COLIA1 variant impact bone accretion in girls. J Bone Miner Res. 2019;121:221-226. PMID: 30711642.
- 20. Kindler JM, Lappe JM, Gilsanz V, Oberfield S, Shepherd JA, Kelly A, McCormack S, Chesi A, Cousminer DL, Mitchell JA, Winer KK, Grant SFA, Kalkwarf HJ, Zemel BS. Characteristics of lumbar spine bone mineral apparent density in children: results from the bone mineral density in childhood study. J Clin Endocrinol Metab. 2019;104(4):1283-1292. PMID: 30265344.
- 21. **Kindler JM**, Vogel KA, Martin BR, McCabe LD, Henry MC, Peacock M, Warden SJ, McCabe GP, Weaver CM. Adiposity, insulin resistance, and bone mass in adolescents. J Clin Endocrinol and Metab. 2019;104(3):892-899. PMID:30312423.

#### 2018

22. Coheley LM, **Kindler JM**, Laing EM, Oshri A, Hill-Gallant KM, Warden SJ, Peacock M, Weaver CM, Lewis RD. Whole egg consumption and cortical bone in healthy children. Osteoporosis Int. 2018;29(8):1783-1791. PMID: 29713797.

#### 2017

- 23. **Kindler JM**, Ross HL, Modlesky CM, Laing EM, Pollock NK, Singh H, Lewis RD. Obese versus normal-weight late-adolescent females have lower trabecular bone microarchitecture: a pilot case control study. Calc Tiss Int. 2017;101(5):479-488. PMID: 28710506.
- 24. Lobene AJ, **Kindler JM**, Pollock NK, Laing EM, Lewis RD. Zinc supplementation does not alter indicators of insulin secretion and sensitivity in black and white female adolescents. J Nutr. 2017;147(7):1296-1300. PMID: 28592518.
- 25. **Kindler JM**, Pollock NK, Laing EM, Oshri A, Jenkins NT, Isales CA, Hamrick MW, Ding K, Hausman DB, McCabe GP, Martin B, Hill-Gallant KM, Warden SJ, Weaver CM, Peacock M, Lewis RD. Insulin resistance and the IGF-1–cortical bone relationship in children ages 9-13 years. J Bone Miner Res. 2017;32(7):1537-1545. PMID: 28300329.
- 26. Giudici KV, Kindler JM, Martin BR, Laing EM, McCabe GP, McCabe LD, Hausman DB, Martini LA, Lewis RD, Weaver CM, Peacock M, Hill Gallant KM. Associations among osteocalcin, leptin and metabolic health in children ages 9-13 years in the United States. Nutr Metab (Lond). 2017;14:25. PMID: 28286536.

#### 2016

- 27. **Kindler JM**, Pollock NK, Laing EM, Jenkins NT, Oshri A, Isales C, Hamrick MW, Lewis RD. Insulin resistance negatively influences the muscle-dependent IGF-1-bone mass relationship in premenarcheal girls. J Clin Endocrinol Metab. 2016;101(1):199-205. PMID: 26574958.
- 28. **Kindler JM**, Lewis RD, Hamrick MW. Skeletal muscle and pediatric bone development. Curr Opin Endocrinol Diabetes Obes. 2015;22(6):467-474. PMID: 26414082.

#### 2015

29. **Kindler JM**, Goff HL, Laing EM, Modlesky CM, Pollock NK, Baile CA, Lewis RD. Load specific physical activity scores are related to tibia bone architecture. Int J Sport Nutr Exerc Metab. 2015;25(2):136-144. PMID: 25029040.

### 2014

30. Reed JL, De Souza MJ, **Kindler JM**, Williams NI. Nutritional practices associated with low energy availability in Division I female soccer players. J Sports Sci. 2014;32(16):1499-1509. PMID: 24787233.

## Chapters in Books

2017

 Lobene AJ, Stone MS, Kindler JM, Bailey RL, McCabe LD, McCabe GP, Weaver CM. Minerals, Mineral Ratios, and Bone. In: Weaver, Daly, and Bischoff-Ferrari, Eds., Nutritional Aspects of Osteoporosis 2017, ICS 1297-Proceedings of the International Symposium on Nutritional Aspects of Osteoporosis, Nov 30-Dec 1, 2017, Hong Kong.

#### 2015

 Lewis RD, Kindler JM, Laing EM. Obesity, Insulin Resistance, and Pediatric Bone. In: Weaver, Daly, and Bischoff-Ferrari, Eds., Nutritional Aspects of Osteoporosis 2015, ICS 1297-Proceedings of the International Symposium on Nutritional Aspects of Osteoporosis, June 17-20, 2015, Montreal, CA.

# Works Submitted but not yet Accepted

- 1. Proctor K, \*Rodrick G, Belcher S, Sharp W, **^Kindler JM**. Bone health in avoidant/restrictive food intake disorder. Journal of Eating Disorders.
- 2. Batson WT, Lee J, **Kindler JM**, Pollock NK, Barge MF, Modlesky CM. Cardiometabolic risk in children with cerebral palsy. Journal of the Endocrine Society.
- 3. Welch ES, Zhang C, **Kindler JM**, McCully KK. Evaluation of Cortical Bone Metabolism using Near-Infrared Spectrospcopy in Healthy Adults. European Journal of Applied Physioogy.
- 4. \*Lei WS, \*Rodrick G, Belcher S, Kelly A, **^Kindler JM**. Bone metabolism and incretin hormones following glucose ingestion: a pilot study in healthy young adults. Nutrients.

### Works in Progress

- 1. Tran AW, Kimball TR, Khoury PR, Dolan LM, Urbina EM, **^Kindler JM**. Visceral fat influences arterial health in youth with obesity and type 2 diabetes.
- 2. Zysman-Colmar Z, Munsar Z, **Kindler JM**, Stallings V, Zemel BS, Kelly A. An analysis of height adjustment methods for bone mineral density in youth with CF.
- 3. \$Higgins S, Zemel BS, Khoury PR, Urbina EM, **^Kindler JM**. Differing age, sex, and ancestry-related trends in visceral fat between youth with health weight, obesity, and type 2 diabetes.
- 4. \*Mansoura M, Proctor KB, \*Rodrick G, Volkert V, Sharp W, \*Kindler JM. Nutrition and Stature in Pediatric Patients with Avoidant-Restrictive Food Intake Disorder An Electronic Medical Record Review.

### **Grants**

# **Grants Received (External)**

2018 – 2019 TL1 Fellowship, TL1TR001880

NIH-NCATS (via The University of Pennsylvania Perelman School of Medicine) Title: "Constructing pediatric bone mineral density growth charts using data from the Mixed-Longitudinal Bone Mineral Density in Childhood Study"

Role: Fellow

Award Amount: \$72,954 (over 1 year)

2018 - 2019 Research Grant

Endocrine Fellows Foundation (EFF)

Title: "Bone Health in Youth with Type 2 Diabetes"

Role: Principal Investigator Award Number: None assigned Award Amount: \$5,000 over 1 year Award Start Date: December 4, 2018

2019 – 2020 LEAH Nutrition Fellowship, T71MC30798

US Health Resources and Services Administration, Maternal and Child Health Leadership Education in Adolescent Health ('LEAH') Training Program

Role: Fellow

Award Amount: \$8,766 (over 9 months)

Start Date: September 1, 2019

2019 F32 Individual Postdoctoral Fellowship, F32DK120219

NIH-NIDDK

Title: "Visceral Fat in Childhood: Patterning and Health Ramifications"

Role: Principal Investigator

Award Amount: \$130,756 (over 2 years) Notice of Award Date: February 19, 2019

\*Award declined due to competing funding from ADA

2019 – 2022 Individual Postdoctoral Fellowship, PDF-129

ADA

Title: "Bone Strength in Youth with Type 2 Diabetes"

Role: Principal Investigator

Award Amount: \$176, 772 (over 3 years)

Award Start Date: July 1, 2019

2022 Student Traineeship, LEI22H0

Cystic Fibrosis (CF) Foundation

Title: "Bone Metabolism and Incretin Hormones in Pancreatic Insufficient CF" Role: Principal Investigator and Primary Mentor (Trainee Awardee: Wang Shin Lei)

Award Amount: \$3,000 (over 1 year) Award Start Date: April 1, 2022

2022 Research Grant

Marcus Foundation (via Emory University)

Title: "Bone Health in Avoidant/Restrictive Food Intake Disorder"

Role: Co-Investigator

Award Amount: \$120,585 (over 1 year)

Subaward Amount: \$54,206 Award Start Date: July 1, 2022

2022 - 2024 KL2 Career Development Award (KL2TR002381)

NIH-NCATS (via Emory University)
Title: "Defining the Gut-Bone Axis in CF"

Role: Principal Investigator

Award amount: \$164,821 (over 2 years)

Award Start Date: August 1, 2022

2022 – 2025 Research Grant

Marcus Foundation (via Emory University)

Title: "A Phase 1/2 Study to Examine the Safety and Preliminary Efficacy of Mesenchymal Stromal Cells on Linear Growth and Bone Health Parameters in Children with Type 3 Osteogenesis Imperfecta (OI)"

Role: Co-Investigator Award Amount: TBD

Subaward Amount: \$18,450 (over 3 years)

Award Start Date: TBD

### Grants Received (Internal)

2020 - 2021 Research Grant

University of Georgia Obesity Initiative

Title: "Visceral Fat and Type 2 Diabetes-Related Cardiovascular Disease in Youth"

Role: Principal Investigator

Award Amount: \$10,500 (over 1 year)

Award Start Date: October 8, 2020

2021 - 2022 Research Grant

University of Georgia Obesity Initiative

Title: "Defining the 'Gut-Bone Axis' in Youth: A Pilot and Feasibility Study"

Role: Principal Investigator

Award Amount: \$10,500 (over 1 year) Award Start Date: October 8, 2020

# **Grants in Review (External)**

2022 – 2025 Joint Warfighter Medical Research Program – Military Medical Research and

**Development Award** 

United States Department of Defense (DOD)

Title: "Expediting servicemember RTD with focus on tissue plasticity: advancing regenerative rehabilitation solutions for traumatic muscle injury in porcine model"

Role: Co-Investigator

Award Amount: \$3,200,000 (over 3 years)

Subaward Amount: \$70,000

Award Start Date: September 1, 2023

2022 – 2024 Clinical Pilot and Feasibility Award (LOI)

**CF** Foundation

Title "Characterizing CF-Related Bone Disease Using Cutting-Edge Imaging

Methods - A Pilot and Feasibility Study "

Role: Principal Investigator

Award Amount: \$210,000 (over 2 years)

Award Start Date: June 1, 2023

2022 – 2025 National Institute of Food and Agriculture

United States Department of Agriculture

Title: "Understanding physiological regulation of calcium and phosphorus homeostasis in laying hens from onset of lay through extended production"

Role: Key personnel

Award Amount: \$649,993 (over 3 years)

Subaward Amount: \$0 Award Start Date: TBD

# Grants in Review (Internal)

N/A

# **Recognitions and Outstanding Achievements**

- Invited Speaker, UGA College of Family and Consumer Sciences (FACS) Celebrating Excellence Luncheon, 2022
- Pacesetter Award (nominee), UGA FACS. 2021
- Travel Award, ASBMR. 2021
- Travel Award, EFF. 2020
- Top Poster Award, CHOP Research Poster Day, Philadelphia, PA. 2019
- Excellence in Research by Graduate Students Award, UGA Graduate School. 2019
- New Investigator Award, International Conference on Children's Bone Health (ICCBH). 2019
- Travel Award, EFF/ASBMR. 2019
- Emerging Professional Undergraduate Degree Award, Penn State College of Health and Human Development. 2017
- Young Investigator Award, International Symposium on Nutritional Aspects of Osteoporosis (ISNAO), Hong Kong. 2017
- Travel Award, EFF/ASBMR. 2017

- Postdoctoral Travel Grant, Purdue University Graduate School. 2017
- Graduate Student Travel Award, UGA Department of Foods and Nutrition. 2017
- President's Award, American Society for Bone and Mineral Research (ASBMR). 2016
- Young Investigator Award, European Calcified Tissue Society (ECTS) and ASBMR. 2016
- Mary Creswell Research Award, UGA FACS. 2016
- Graduate Student Travel Award, UGA Department of Foods and Nutrition. 2016
- Young Investigator Award, ASBMR and NIH-NICHD. 2015
- Bess Dawson Hughes Best Poster Award, 9th ISNAO. 2015
- Endsley-Peifer Research Award, UGA FACS. 2015
- Ruth Rowan Morrison Scholarship, UGA FACS. 2015
- Young Investigator Travel Award, ASBMR. 2015
- Foreign Travel Assistance Award, UGA Graduate School and Research Foundation. 2015
- June and Bill Flatt Scholarship, UGA FACS. 2014
- Mary Creswell Research Award, UGA FACS. 2014
- Young Investigator Travel Award, ASBMR. 2014
- Student Travel Award, UGA Graduate School. 2014
- Evelyn R. Harris Award, UGA FACS. 2013
- Graduate Student Poster Award, Georgia Academy of Nutrition and Dietetics. 2013

### **Presentations**

# **Invited Seminars**

- 1. Addressing Nutrition-Related Threats to Peak Bone Strength. Marcus Autism Center. Children's Healthcare of Atlanta. May 18, 2022.
- 2. Addressing Threats to Lifelong Bone Health. Georgia Cerebral Palsy Research Symposium. UGA. April 15, 2022.
- 3. Measurement and Threats to Peak Bone Health. Cystic Fibrosis Center for Excellence. Emory University and Children's Healthcare of Atlanta. March 16, 2022.
- 4. Measurement and Threats to Bone Strength: A Focus on Diabetes. Texas A&M University, Department of Nutrition Science. Distinguished Seminar Series. November 29, 2021.
- 5. Addressing Threats to Lifelong Bone Health. Georgia CTSA Blue Sky Group Meeting. Online via Zoom. December 1, 2021.
- 6. Defining the Influence of Type 2 Diabetes on the Growing Skeleton: Early Insights and Next Steps. Mid-Atlantic Diabetes and Obesity Research Symposium. Online via Zoom. September 25, 2020.
- 7. Type 2 Diabetes and Peak Bone Mass. Emory University Medical Center, Division of Endocrinology, Weekly Seminar Series. Atlanta, GA. September 21, 2020.
- 8. Bone Health in Youth-Onset Type 2 Diabetes. 2020 ASBMR Annual Meeting, Nutrition Working Group. Seattle, WA. September 11, 2020.
- 9. Bone Health in Youth-Onset Type 2 Diabetes. Endocrine Fellows Foundation Diabetes Forum. Dallas, TX. February 22-23, 2020.
- 10. Bone Mineral Density: Advanced Interpretation in Athletic Injury Management. Food and Nutrition Conference and Expo. Philadelphia, PA. October 28, 2019.
- 11. Bone and Body Composition in Youth-Onset Type 2 Diabetes. Drexel University, Department of Nutrition Science Seminar Series. October 15, 2019.
- 12. Clinical Nutrition Research in Infants and Toddlers: Links between Dairy Intake and Bone Health/Body Composition. The 6<sup>th</sup> Better Foods for Better Health (Childhood Nutrition: Building a Healthy Life) Conference, Veyrier-du-Lac, France. March 21, 2018.
- 13. Exercise and Sedentary Behavior. 10<sup>th</sup> International Symposium on Nutritional Aspects of Osteoporosis, Hong Kong. November 30, 2017. \*Session moderator

# Conference Talks

- 1. Nutrition, Physical Activity, and Bone Health. 2021 ASBMR Annual Meeting. San Diego, CA. October 2, 2021. \*Session moderator
- 2. Bone Health in Alagille Syndrome. Children's Hospital of Philadelphia Metabolism, Nutrition, and Physical Development Research Affinity Group Symposium. Philadelphia, PA. January 21, 2020. Kathleen Loomes, M.D., co-presenter.
- 3. Bone geometry and microarchitecture deficits in children with Alagille syndrome. 9<sup>th</sup> ICCBH (oral poster session). Salzburg, Austria. June 22-25, 2019.
- 4. Characteristics of ultradistal radius bone density in childhood: results from the bone density in childhood study. 9<sup>th</sup> ICCBH (oral poster session). Salzburg, Austria. June 22-25, 2019.
- 5. Trabecular bone development in overweight versus healthy-weight females: an 18-month prospective study. 10<sup>th</sup> ISNAO, Hong Kong. November 29, 2017.
- 6. Do the timing and rate of bone mass acquisition differ between overweight and healthy-weight females? An 18-month prospective study. ASBMR Annual Meeting, Pediatric Bone and Mineral Working Group, Denver, CO. September 9, 2017.
- 7. IGF-1-dependent musculoskeletal development is blunted in adolescents with insulin resistance: a 5-year prospective study. ASBMR Annual Meeting, Concurrent Oral Session on Bone Acquisition and Pediatric Bone Disorders, Atlanta, GA. September 17, 2016.
- 8. The muscle-dependent link between IGF-1 and cortical bone is suppressed in children with insulin resistance. ASBMR, Pediatric Working Group, Atlanta, GA. September 18, 2016.
- 9. Insulin resistance, IGF-1 and cortical bone in American children. ECTS Ph.D. Training Course, Oxford, United Kingdom. July 4, 2016.
- 10. The effect of insulin resistance on the cortical bone–IGF-1 relationship in children. ASBMR Annual Meeting, Oral Poster Session, Seattle, WA. October 9, 2015. \*Presented by RD Lewis instead due to extenuating circumstance.
- 11. Insulin resistance and bone strength in children. ASBMR Annual Meeting, Bone Strength Working Group, Houston, TX. September 14, 2014.
- 12. Total body and visceral adipose tissue and bone architecture in female adolescents. UGA Obesity Initiative Imaging Conference, Athens, GA. June 12, 2014.

### Conference Abstracts/Poster Presentations

Abstracts from 2020 and present are displayed (27 total from before 2020)

- 1. **Kindler JM**, Shirley M, Nasir H, Hitt T, Katz L, Zemel B. Bone density in youth with type 2 diabetes: preliminary results from an ongoing cross-sectional study. ASBMR Annual Meeting. Austin, TX. 2022.
- 2. Lei WS, Belcher S, Kelly A, **Kindler JM**. Bone metabolism and incretin hormones following glucose ingestion: a pilot study in healthy young adults. ASBMR Annual Meeting. Austin, TX. 2022.
- 3. Rodrick GB, Shi H, Kim WK, Lei WS, de La Serre C, **Kindler JM**. The effect of potato-resistant starch supplementation on bone micro-architecture in male Wistar rats fed a high-fat diet. ASBMR Annual Meeting. Austin, TX. 2022.
- 4. *Lei WS*,\* Kilberg M, Kelly A, **Kindler JM**. Changes in biomarkers of bone turnover and incretin hormones following glucose ingestion in adolescents and young adults with pancreatic insufficient cystic fibrosis. 10<sup>th</sup> International Conference on Children's Bone Health. Dublin, Ireland. 2022.
- 5. Batson W, Lee J, **Kindler JM**, Pollock NK, Barbe MF, Modlesky C. Cardiometabolic disease risk in children with cerebral palsy. American Academy for Cerebral Palsy and Developmental Medicine. Las Vegas, NV. 2022.
- 6. Higgins S, Zemel BS, Khoury PR, Urbina EM, **Kindler JM**. Differing age, sex, and ancestry-related trends in visceral fat between youth with healthy weight, obesity, and type 2 diabetes.

- American Heart Association Epidemiology, Prevention, Lifestyle, and Cardiometabolic Health Annual Meeting. Chicago, IL. 2022.
- 7. Lei WS,\* Kilberg M, Kelly A, **Kindler JM**. Acute changes in bone metabolism following glucose consumption involve incretin and metabolic hormones in youth with cystic fibrosis. 2021 Southeast Regional Clinical and Translational Science Conference.
- 8. **Kindler JM**, Zhan D, Sattler ELP, Ishikawa Y, Chen X, Gallo S. Bone density in youth with pre-diabetes: results from the National Health and Nutrition Examination Survey, 2005-2006. ASBMR Annual Meeting. San Diego, CA. 2021.
- 9. *Lance J*,\*\* Zemel BS, Urbina EM, **Kindler JM**. Non-Linear Associations between BMI and Bone Density in Youth with Extreme Obesity. 2021 UGA CURO Symposium. April 12, 2021.
- 10. Munsar Z, Zysman-Colman Z, **Kindler JM**, Stallings V, Zemel B, Kelly A. Bone mineral density height adjustment in youth with cystic fibrosis. North American Cystic Fibrosis Conference. Virtual Meeting. October 7, 2020.

### **Invited Lectures**

- 1. Measurement and Threats to Peak Bone Strength: A Focus on Diabetes. FDNS 8595, UGA. March 30, 2022.
- 2. Addressing Nutrition-Related Threats to Peak Bone Strength. FDNS 8530, UGA. September 28, 2022.
- 3. Nutrition and Bone Health in Chronic Disease. FDNS 4530/6530. UGA. April 26, 2022.
- 4. Measurements and Threats to Childhood Bone Health: A Focus on Youth-Onset Type 2 Diabetes. FDNS 8530, UGA. November 9, 2020.
- 5. Nutrition and Sport: A Focus on Adolescence. FDNS 4050/6050, UGA. November 23, 2020.

# 1) PROFESSIONAL SERVICE

# Service to Professional and Governmental/Nongovernmental Organizations

2022 –	Member, Development Committee, ASBMR
2019 –	Fundraising Chair, ASN Early Career Nutrition (ECN) Interest Group
2018 – 2019	At-Large Delegate, ASN ECN Interest Group
2018 – 2019	Member, ADA
2015 –	Member, ASN
2016 – 2019	Member, Endocrine Society
2012 –	Member, ASBMR
2010 – 2012	Member, Penn State Student Nutrition Association
2009 – 2010	Member, Penn State Lion Ambassadors

# **Ad Hoc Manuscript Reviewer**

Applied Physiology, Nutrition, and Metabolism; Bone; Calcified Tissue International; Clinical; Epidemiology; Genes and Nutrition; Hepatology; International Journal of Environmental Research and Public Health; JBMR Plus; Journal of Clinical Endocrinology and Metabolism; Journal of Nutrition; Journal of Pediatric Gastroenterology & Nutrition; Nutrients; Nutrition Research Reviews; Pediatrics; Pediatrics and International Child Health; Plos One

### **Grant Review Panel Member**

2021 – American Heart Association, Fellowship Human Studies 1

# **Ad Hoc Grant Reviewer**

Kaul Pediatric Research Institute, University of Alabama Birmingham, Competitive Grant Program UGA Obesity Initiative, Student Grant Program

# Service on Departmental, College, or University Committee

2022 – Member, Obesity Initiative Advisory Committee

Member, Search Committee, UGA FACS, Associate Dean for Research,
Innovation, and Entrepreneurship
Alternate member, Student Technology Fee committee
Member, Peer Teaching Evaluation committee
Member, UGA Department of Foods and Nutrition Seminar Committee
Member, UGA Department of Foods and Nutrition Award Program Committee
UGA Foods and Nutrition Graduate Student Organization
President (2014-2015), Member (2012-2017)