

# Emma M. Laing

## Curriculum Vitae

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### PERSONAL INFORMATION

Full Name: Emma E.S. Monkhouse Laing

Campus Address: 390 Dawson Hall, The University of Georgia, Athens, GA 30602

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### EDUCATION and PROFESSIONAL QUALIFICATIONS

#### Starting and Ending Dates

#### EDUCATION

December 2000-August 2003

Doctor of Philosophy, University of Georgia, Athens, GA

Major: Foods and Nutrition

September 1997-December 2000

Master of Science, University of Georgia, Athens, GA

Major: Foods and Nutrition

September 1996-May 1997

Emory University Hospital Dietetic Internship Program, Atlanta, GA

December 1992-December 1995

Bachelor of Science, Cum Laude, University of Delaware, Newark, DE

Major: Nutrition and Dietetics Emphasis: Fitness

September 1991-December 1992

Dickinson College, Carlisle, PA Major: Undeclared

#### Starting and Ending Dates

#### PROFESSIONAL CREDENTIALS

January 2021-present

Fellow, Academy of Nutrition and Dietetics

October 1997-present

Registered Dietitian Nutritionist, USA (Registration# 837953)

February 1998-present

Licensed Dietitian, Georgia (License# LD001880)

#### CURRENT CERTIFICATIONS

Active Learning Fellow, UGA Center for Teaching and Learning

Adult, Child and Infant CPR, First Aid, and Fire Safety

Human Subjects Collaborative Institutional Training Initiative (CITI) Training

Collaborative Institutional Training Initiative (CITI) Conflict of Interest Training

LGBT Safe Space, The University of Georgia LGBT Resource Center

#### Starting and Ending Dates

#### ACADEMIC POSITIONS and ASSISTANTSHIPS

July 2021-present

Clinical Professor and Director of the Didactic Program in Dietetics, Department of Nutritional Sciences, The University of Georgia (UGA), Athens, GA

July 2017-June 2021

Clinical Associate Professor and Director of the Didactic Program in Dietetics, UGA Department of Foods and Nutrition, Athens, GA

February 2015-June 2017

Associate Research Scientist, UGA Department of Foods and Nutrition, Athens, GA

November 2009-February 2015

Assistant Research Scientist, UGA Department of Foods and Nutrition, Athens, GA

September 2008-October 2009

Research Professional III, UGA Department of Foods and Nutrition, Athens, GA

September 2003-August 2008

Postdoctoral Research Associate/Project Coordinator, UGA Department of Foods and Nutrition, Athens, GA

September 1997-August 2003

Graduate Research Assistant, UGA Department of Foods and Nutrition, Athens, GA

September 1997-May 1999

Sports Nutrition Graduate Assistant, UGA Department of Foods and Nutrition, Athens, GA

Winter and Fall 1997

Graduate Teaching Assistant, *Quantity Food Production and Service; Introduction to Foods*, UGA Department of Foods and Nutrition, Athens, GA

Fall 1995

Undergraduate Teaching Assistant, *Honors Nutrition Concepts*, Department of Nutrition and Dietetics, University of Delaware, Newark, DE

#### Starting and Ending Dates

#### OTHER PROFESSIONAL EMPLOYMENT

May 1995-August 1996

Diet Technician/Nutritionist, Wood Company, ManorCare at Devon, Devon, PA

## **HONORS and AWARDS**

### ***Dates Received***

### **ACHIEVEMENTS and RECOGNITIONS**

<i>April 2021</i>	Bill and June Flatt Outstanding Teacher of the Year, UGA College of FACS
<i>April 2021</i>	Recipient (on behalf of the Student Dietetic Association), Student Organization Achievement and Recognition (SOAR) "Outstanding Campus Event" Award, UGA Center for Student Activities and Involvement
<i>March 2021</i>	Creswell Mentoring Award (2020), UGA College of FACS Alumni Association
<i>March 2021</i>	Outstanding Dietitian of the Year, Georgia Academy of Nutrition and Dietetics
<i>December 2015-2021</i>	Student Career Development Recognition, UGA Career Development Center
<i>March 2020</i>	Distinguished Service for Media Excellence, Georgia Academy of Nutrition and Dietetics (nominated by Northeast Georgia Dietetic Association)
<i>October 2019</i>	Nominee, Emily Quinn Pao Professional Achievement Award, UGA College of FACS Alumni Association
<i>September 2019</i>	Nominee, Felton Jenkins, Jr. Hall of Fame Faculty Awards, UGA Center for Teaching and Learning
<i>April 2019</i>	Nominee (on behalf of the Student Dietetic Association), Student Organization Achievement and Recognition (SOAR) "Outstanding Campus Event" Award, UGA Center for Student Activities and Involvement
<i>February 2018, 2019</i>	Outstanding Undergraduate Faculty Advisor, UGA Department of Foods and Nutrition
<i>January 2016, 2018</i>	Nominee, Outstanding Dietetics Educator, Northeast Georgia Dietetic Association
<i>February 2017</i>	Outstanding Dietetic Educator Award, Area 3, Nutrition and Dietetic Educators and Preceptors, Academy of Nutrition and Dietetics
<i>November 2016</i>	Nominee, Creative Teaching Award, UGA Office of Instruction
<i>November 2016</i>	Nominee, Graduate Faculty Diversity Award, UGA Graduate School
<i>October 2016</i>	Super-Includer Diversity Award, UGA College of FACS
<i>October 2013, 2014, 2016</i>	Nominee, UGA FACS Alumni Association Outstanding Service Award
<i>October 2015</i>	UGA Center for Teaching and Learning Teacher of the Week
<i>April 2013</i>	Certificate of Achievement for 10 years of Service to UGA College of Family and Consumer Sciences
<i>November 2012</i>	Nominee, Athens Area Chamber of Commerce ATHENA Award
<i>July 2012</i>	Nominee, UGA Alumni Association, 2012 40 Under 40
<i>June 2012</i>	Nominee, Athens Area Chamber of Commerce ATHENA Award, Athens, GA
<i>September 2011</i>	President's Poster Award (Ferira et al. and Hill et al.), American Society for Bone and Mineral Research (ASBMR) Annual Meeting, San Diego, CA
<i>October 2010</i>	Nominee, President's Poster Award (Laing et al.), ASBMR, Toronto, ON
<i>September 2009</i>	Plenary Poster Award (Ferira et al. and Breen et al.), ASBMR, Denver, CO
<i>March 2003</i>	Endsley-Peifer Student Research Award, UGA College of FACS
<i>March 2003</i>	First Place, Graduate Student Research Competition (Laing et al.), Georgia Nutrition Council (GNC) Annual Meeting, Valdosta, GA
<i>June 2002</i>	American Dietetic Association Foundation Scholarship
<i>August 2001</i>	North Fulton Regional Hospital Volunteer Scholarship
<i>May 2001</i>	June and Bill Flatt Nutrition Excellence Scholarship
<i>February 2001</i>	First Place, Graduate Student Research Competition (Laing et al.), GNC, Atlanta, GA
<i>April 1999</i>	First Place, Graduate Student Poster Competition (Laing et al.) University System of Georgia Research Symposium, Augusta, GA
<i>March 1999</i>	Outstanding Performance Award for service as Sports Nutritionist, University of Georgia Department of Athletics

**CONTRIBUTION TO DIETETICS STUDENTS and THE PROFESSION**

<b>Semester</b>	<b>TEACHING DIETETICS COURSES (The University of Georgia)</b>
<i>Fall 2021</i>	Medical Nutrition Therapy-I (FDNS 4500/6500); 39 students; 100% response, <b>4.99/5.00</b> (response for effective teacher overall, <b>5.00/5.00</b> )
<i>Spring 2021</i>	Clinical Nutrition Interventions (FDNS 4520/6520); 55 students; 84% response, <b>4.96/5.00</b>
<i>Spring 2021</i>	Medical Nutrition Therapy-II (FDNS 4530/6500); 113 students; 89% response, <b>4.86/5.00</b>
<i>Spring 2021</i>	Professionalism in Foods and Nutrition (FDNS 5900); 45 students; 91% response, <b>4.94/5.00</b>
<i>Fall 2020</i>	Medical Nutrition Therapy-I (FDNS 4500/6500); 55 students; 93% response, <b>4.94/5.00</b> ; <a href="https://tinyurl.com/y3s8h5x7">https://tinyurl.com/y3s8h5x7</a> (laingfall2020)
<i>Fall 2020</i>	Nutrition and Disease Processes-I (FDNS 8530); 11 students; 91% response, <b>4.93/5.00</b> ; <a href="https://tinyurl.com/y577sxab">https://tinyurl.com/y577sxab</a> (laingfall2020)
<i>Spring 2020</i>	Clinical Nutrition Interventions (FDNS 4520/6520); 54 students ( <i>no data; only student comments were obtained this semester due to COVID-19</i> )
<i>Spring 2020</i>	Medical Nutrition Therapy-II (FDNS 4530/6500); 101 students ( <i>no data; only student comments were obtained this semester due to COVID-19</i> )
<i>Fall 2019</i>	Medical Nutrition Therapy-I (FDNS 4500/6500); 52 students; 98% response, <b>4.97/5.00</b> ; <a href="https://tinyurl.com/tb79ffx">https://tinyurl.com/tb79ffx</a> (laing19)
<i>Fall 2019</i>	Professionalism in Foods and Nutrition (FDNS 5900); 10 students; 100% response, <b>4.90/5.00</b> ; <a href="https://tinyurl.com/r72na3e">https://tinyurl.com/r72na3e</a> (coxlaing19)
<i>Spring 2019</i>	Management of Foodservice Organizations (FDNS 4620); 33 students; 91% response, <b>4.96/5.00</b> ; <a href="https://tinyurl.com/yxus94r7">https://tinyurl.com/yxus94r7</a> (laing1)
<i>Spring 2019</i>	Clinical Nutrition Interventions (FDNS 4520/6520); 41 students; 88% response, <b>4.88/5.00</b> ; <a href="https://tinyurl.com/y29yohntn">https://tinyurl.com/y29yohntn</a> (laing1)
<i>Spring 2019</i>	<i>New Course:</i> Management of Foodservice Organizations, graduate (FDNS 6620E); 12 students; 100% response, <b>4.60/5.00</b> ; <a href="https://tinyurl.com/yyzdb56j">https://tinyurl.com/yyzdb56j</a> (laing1)
<i>Fall 2018</i>	<i>New Course:</i> Professionalism in Foods and Nutrition (FDNS 5900); 10 students; 100% response, <b>4.80/5.00</b> ; <a href="https://tinyurl.com/y89b79wl">https://tinyurl.com/y89b79wl</a> (coxlaing3)
<i>Fall 2018</i>	<i>Revised Course:</i> Nutrition and Disease Processes-I (FDNS 8530); 10 students; 100% response, <b>4.93/5.00</b> ; <a href="https://tinyurl.com/y7esg2s2">https://tinyurl.com/y7esg2s2</a> (laing3)
<i>Fall 2018</i>	Medical Nutrition Therapy-I (FDNS 4500/6500); 38 students; 92% response, <b>4.92/5.00</b> ; <a href="https://tinyurl.com/yap6dkg7">https://tinyurl.com/yap6dkg7</a> (laing3)
<i>Spring 2018</i>	Management of Foodservice Organizations (FDNS 4620/6620); 48 students; 100% response; <b>4.97/5.00</b> ; <a href="https://tinyurl.com/y7mxtobm">https://tinyurl.com/y7mxtobm</a> (laing2)
<i>Spring 2018</i>	Clinical Nutrition Interventions, (FDNS 4520/6520); 41 students; 100% response; <b>4.98/5.00</b> ; <a href="https://tinyurl.com/yc7r3gb7">https://tinyurl.com/yc7r3gb7</a> (laing2)
<i>Fall 2017-present</i>	Dietetics Practicum (FDNS 5910), every fall and spring semester
<i>Fall 2017</i>	Medical Nutrition Therapy-I (FDNS 4500/6500); 42 students; 95% response; <b>4.97/5.00</b> ; <a href="https://tinyurl.com/yewc77rm">https://tinyurl.com/yewc77rm</a> (laing3)
<i>Fall 2015</i>	Human Nutrition and Food (FDNS 2100); 79 students; 92% response; <b>4.91/5.00</b> ; <a href="http://tinyurl.com/zpzlued">http://tinyurl.com/zpzlued</a> (laing)
<i>Fall 2015</i>	Special Problems in Foods and Nutrition (independent study) (FDNS 3010)
<i>Summer 2015</i>	Human Nutrition and Food (FDNS 2100); 17 students; 100% response; <b>4.94/5.00</b> ; <a href="http://tinyurl.com/zycxob9">http://tinyurl.com/zycxob9</a> (2laing)
<i>Spring 2015</i>	Nutrition in Physical Activity, Exercise, and Sport (FDNS/KINS 4220/6220); 41 students; 90% response; <b>4.85/5.00</b> ; <a href="http://tinyurl.com/hgkmpw7">http://tinyurl.com/hgkmpw7</a> (8laing)
<i>Fall 2014</i>	Nutrition Related to the Human Lifecycle (FDNS 4510); 65 students; 83% response; <b>4.92/5.00</b> ; <a href="http://tinyurl.com/zc3j63e">http://tinyurl.com/zc3j63e</a> (laing113)
<i>Summer, Fall 2004</i>	Human Nutrition and Food (FDNS 2100) Summer (n=70) and Fall (n=140); evaluation data not available

**MENTORING STUDENTS: GRADUATE COMMITTEE MEMBERSHIPS** (\*indicates Foods and Nutrition or Dietetics students)

*Active*

\*Liana Rodriguez, Ph.D. student, U of Georgia, Chair: Jamie Cooper, 2022  
\*Josephine Shieh, Ph.D. student, U of Georgia, Chair: Caree Cotwright, 2022

*Completed*

\*Yuta Ishikawa, Ph.D. student, U of Georgia, Chair: Lilian Sattler, 2021  
\*Caroline Cerminaro, M.S. student, U of Georgia, Chair: Alex Anderson, 2021  
\*Amanda Paige Porter, August 2019-May 2020 (MS-Non-Thesis advising)  
\*Lauren Coheley, Ph.D. student, U of Georgia, Chair: Richard Lewis, 2020  
\*Elizabeth Klingbeil, Ph.D. student, U of Georgia, Chair: Claire de La Serre, 2020  
\*Hannah Winston, M.S. student, U of Georgia, Chair: Richard Lewis, 2019  
\*Kendall Farr, M.S. student, U of Georgia, Chair: Jamie Cooper, 2018  
\*Emily Rollins, M.S. student, U of Georgia, Chair: Richard Lewis, 2018  
\*Joseph Kindler, Ph.D. student, University of Georgia, Chair: Richard Lewis, 2017  
Alisha Lewis, M.Ed. student, University of Georgia, Chair: Bud Cooper, 2015  
\*Paige Berger, Ph.D. student, University of Georgia, Chair: Richard Lewis, 2015  
\*Anne Armstrong, MS, University of Georgia, Chair: Alex Anderson, 2014  
\*Christina Whitworth, MS, University of Georgia, Chair: Alex Anderson, 2013  
\*Stephanie Foss, MS, University of Georgia, Chair: Richard Lewis, 2013  
\*Valerie Chertin, MS, University of Georgia, Chair: Richard Lewis, 2013  
\*Christian Wright, MS, University of Georgia, Chair: Richard Lewis, 2013

*External Theses Examined*

Lindsay Elaine Brandon, Ph.D. student, Queensland University of Technology (QUT), Brisbane, AUS Chair: Michael Kimlin (November 2015)  
Yue Wu, Ph.D. student, QUT, Brisbane, AUS Chair: Michael Kimlin (May 2013)  
David Borrodale, Ph.D. student, QUT, Brisbane, AUS Chair: Michael Kimlin (November 2013)

**MENTORING STUDENTS: DEVELOPMENT OF RESEARCH SKILLS** (\*indicates Foods and Nutrition or Dietetics students)

*Completed*

Mackenzie Rush, AP student, West Forsyth High School, 2017  
\*Staci Belcher, M.S. student, University of Georgia, Chair: R. Lewis, 2017  
Kayla Patel, UGA CURO Undergraduate Award Recipient, Chair: R. Lewis, 2016  
\*Emily Rollins, UGA CURO Award Recipient, Chair: R. Lewis, 2016  
\*Andrea Lobene, M.S. student, University of Georgia, Chair: R. Lewis, 2016  
\*Jenissa Gordon, UGA CURO Award Recipient, Chair: H. Park, 2016  
Derek Coger, UGA CURO Award Recipient, Chair: R. Lewis, 2015  
\*Jordan Sylvester, UGA CURO Award Recipient, Chair: R. Lewis, 2015  
\*Madalene Dawson, UGA CURO Award Recipient, Chair: R. Lewis, 2015  
\*Lauren Kort, MS, University of Georgia, Chair: R. Lewis, 2014  
\*Hannah (Goff) Ross, MS, University of Georgia, Chair: R. Lewis, 2012  
\*Ashley Ferira, Ph.D., University of Georgia, Chair: R. Lewis, 2011  
\*Jamie Williams, MS, University of Georgia, Chair: R. Lewis, 2011  
\*Katherine (Harris) Barnette, MS, University of Georgia, Chair: R. Lewis, 2010  
\*Claire (Maust) McDaniel, MS, University of Georgia, Chair: R. Lewis, 2010  
\*Maria Breen, MS, University of Georgia, Chair: R. Lewis, 2009

## **SUPERVISED TEACHING**

(\*indicates Foods and Nutrition or Dietetics students)

- \*Alyssa Guadagni, January 2022-present; TA for FDNS 4530
- \*Sitara Cullinan, January 2022-present; TA for FDNS 4520
- \*Jessica Beasley, August 2021-December 2021; TA for FDNS 4500
- \*Abigail Starcher, January 2021-May 2021; TA for FDNS 4520
- \*Catherine Prater, August 2020-May 2021; TA for FDNS 4500 and 4530
- \*Olivia Delgado, August 2019-May 2020; TA for FDNS 4500 and 4530
- \*Liana Rodrigues, January 2020-May 2020; TA for FDNS 4520
- \*Carolina Cawthon, August 2017-December 2019; TA for FDNS 4500, 4520, 4620
- \*Zachary Grunewald, August-December 2015; TA for FDNS 2100
- \*Kathleen Norris, August-December 2014; TA for FDNS 4510
- \*Elizabeth Stein August-December 2004; TA for FDNS 2100

## ***PROFESSIONAL and COMMUNITY SERVICE ACTIVITIES***

### **CURRENT PROFESSIONAL AFFILIATIONS**

Academy of Nutrition and Dietetics (AND)  
Association for Size Diversity and Health  
Georgia Academy of Nutrition and Dietetics  
Georgia Nutrition Council  
Northeast Georgia Dietetic Association  
Nutrition and Dietetic Educators and Preceptors (AND Group)  
Nutrition Educators of Health Professionals (AND Dietetics Practice Group)

#### ***Dates***

*November 2003-2020*

### **AD-HOC GRANT and MANUSCRIPT REVIEWS**

Journal of Food Studies  
Journal of Photochemistry and Photobiology B: Biology  
Journal of Medicine and Science in Sport and Exercise  
Osteoporosis International  
Pediatrics & Therapeutics: Current Research  
International Journal of Obesity  
International Journal for Vitamin and Nutrition Research  
Member, Wellness Program Grants Review Committee, "Caregivers Promoting Healthy Habits," Bright From the Start, GA DECAL (State)  
Member, Georgia Osteoporosis Initiative (GOI) Small Grants Review Committee, Atlanta, GA (State)  
Peer Reviewer, Self-Study Module "Soy and Health" 2 CEUs for RDNs and NDTRs, Pharmavite LLC, Northridge, CA (National)  
Peer Reviewer, Self-Study Module "Soy Nutrition Basics: Composition, Processing and Soy Foods," 2 CEUs for RDNs and NDTRs, Pharmavite LLC, Northridge, CA (National)

*February 2012*

*September 2001-August 2010*

*July-September 2007*

*July-September 2007*

#### ***Starting and Ending Dates***

*October 2020-present*

*September 2020-present*

*February 2020-January 2022*

### **PROFESSIONAL SERVICE ACTIVITIES in DIETETICS**

Member, Advisory Board, WIC Dietetic Internship, Georgia Department of Public Health (State)  
Communications Coordinator, Nutrition Educators of Health Professionals Dietetic Practice Group, Academy of Nutrition and Dietetics (National)  
Member, Georgia Nutrition Council Annual Conference Planning Committee (State)

<i>February 2021-January 2022</i>	Historian, Georgia Nutrition Council (State)
<i>February 2020-January 2021</i>	Chair, Nominating Committee, Georgia Nutrition Council (State)
<i>July 2021-September 2021</i>	External Reviewer, Dossier for Promotion and Tenure, University of North Florida (University)
<i>March 2017-July 2021</i>	Chair, Membership, Nutrition Educators of Health Professionals Dietetic Practice Group, Academy of Nutrition and Dietetics (National)
<i>February 2019-January 2020</i>	Chair, Scholarship Committee, Georgia Nutrition Council (State)
<i>November 2011-August 2016</i>	Member, Advisory Council, Nutrition, Athens MOVE Magazine, Athens, GA (Local)
<i>October 2004-September 2013</i>	Member, Policy Leadership for Active Youth (PLAY) Statewide Leadership Council, Atlanta, GA (State)
<i>September 2001-August 2010</i>	Member, Georgia Osteoporosis Initiative (GOI) Children and Youth Subcommittee, Atlanta, GA (State)
<i>August 2008-June 2009</i>	Chair, Nominating Committee, Northeast Georgia Dietetic Association (Local)
<i>August 2007-July 2008</i>	Co-Chair, Nominating Committee, Northeast Georgia Dietetic Association (Local)
<i>August 2004-February 2005</i>	Co-Chair, Nominating Committee, Northeast Georgia Dietetic Association (Local)
<i>October 1999</i>	Member, Gatorade Sports Nutrition Focus Group, Atlanta, GA (National)

**Starting and Ending Dates**

**UNIVERSITY SERVICE and OUTREACH ACTIVITIES**

<i>August 2021-present</i>	Chair, MS Clinical Nutrition On-Line Degree Program Planning Committee (Department)
<i>August 2021-present</i>	Member, Nutritional Sciences Graduate Committee (Department)
<i>August 2021-present</i>	Member, Department Head Search Committee (College)
<i>March 2021-present</i>	Member, Online Master of Science Committee; Community Nutrition (Department)
<i>August 2017-present</i>	Faculty Advisor, Student Dietetic Association (College)
<i>July 2017-present</i>	Member, Nutritional Sciences Curriculum Committee (Department); Member (College)
<i>May 2015-present</i>	Director, Nutritional Sciences Communications Committee (Department)
<i>October 2021-present</i>	Member, Clinical Faculty Search Committee, College of Public Health (College)
<i>November 2021-December 2021</i>	Member, FACS Alumni Awards Selection Committee (College)
<i>July 2021-September 2021</i>	Member, Research Professional Search Committee for Dr. Cotwright (Department)
<i>February 2021-August 2021</i>	Member, Departmental Name Change Communication Committee (Department)
<i>February 2021-August 2021</i>	Chair, Clinical Faculty Position Search Committee (Department)
<i>August 2017-July 2021</i>	Chair, Foods and Nutrition Curriculum Committee (Department); Member (College)
<i>January 2021</i>	Host, Departmental Seminar speaker, Jeffrey Hunger (Department)
<i>December 2020</i>	Moderator, Rick Lewis Retirement (virtual) Event (Department)
<i>August 2019-July 2020</i>	Member, New Tenure Track Faculty Position Search Committee (Department)
<i>August 2016-May 2020</i>	Member, Foods and Nutrition Awards Committee (Department)
<i>August 2019-May 2020</i>	Member, Foods and Nutrition Alumni Relations Committee (Department)
<i>August 2017, 2018, 2019, 2020</i>	Attendee, FACS Leadership Retreat (College)
<i>February 2020</i>	Host, Departmental Seminar speaker, Sylvia Poulos (Department)
<i>December &amp; May 2014-2019</i>	Faculty Reader, FACS Convocation Ceremony, University of Georgia (College)
<i>October 2017</i>	Host, Departmental Seminar speaker, Amy Goss (Department)
<i>August 2019</i>	Planning Committee & attendee, UGA Health Center Fresh Check Event (University)
<i>November 2017-February 2018</i>	Interim Chair, Foods and Nutrition Alumni Relations Committee (Department)
<i>August 2017-January 2018</i>	Member, MLK Day Centennial committee (College)
<i>October 2017</i>	Member, Foods and Nutrition Double Dawgs Committee (Department)
<i>July 2015, June 2017</i>	Member, FACS Celebrating Excellence Committee (College)
<i>August 2016-June 2017</i>	Member, Foods and Nutrition Curriculum Committee (Department)
<i>August 2013-2016</i>	Member, University Council Committee on Facilities (University)
<i>December 2014-2016</i>	Faculty Mentor, Whatever It Takes at UGA, The University of Georgia (University)
<i>December 2014-2016</i>	Member, Communications Committee (College)
<i>October 2011-2016</i>	Member, UGA Obesity Initiative teams: Maternal and Childhood Obesity, Obesity and Immunology, and Bone and Fat (University)

<i>January-August 2016</i>	Faculty Mentor, Sports Nutritionist to Row for Hemophilia (University)
<i>February 2016</i>	Award Presenter, 39 <sup>th</sup> Annual FACS Alumni Awards Luncheon (College)
<i>October 2015-December 2015</i>	Member, Vending Machine Project, University of Georgia (Department/College)
<i>November 2014-December 2015</i>	Member, Task Force on Facilities, Office of the University Architects and the Facilities Management Division (University)
<i>December 2014-May 2015</i>	FDN Faculty Representative, Gonfalon Committee (College)
<i>December 2014-May 2015</i>	Chair, Foods and Nutrition Communications Sub-Committee (Department)
<i>September 2004-December 2005</i>	Member, University of Georgia Athletic Association and Health Services Eating Disorder Team (University)
<i>September 1998-May 1999</i>	President, Foods and Nutrition Graduate Student Organization (Department)
<i>October 1996-March 1997</i>	Chair, National Nutrition Month Committee, Emory University Hospital, Atlanta, GA (Department)
<b>Starting and Ending Dates</b>	<b>COMMUNITY SERVICE and OUTREACH ACTIVITIES</b>
<i>May 2019-present</i>	Member, 100+ Women Who Care Athens (Local)
<i>August 2009-present</i>	Nutrition Director, Lifespan Montessori of Athens, Inc., a childcare program serving children ages 6 weeks to 5 years, Athens, GA (local). I led the program through achievement of national and state accreditations, as well as several school-wide and individual teaching and administrative awards (Local)
<i>February 2002-present</i>	Organize and collect clothing, toy, and food donations for the Athens Inter-Community Council, DFCS, Salvation Army, Project Safe, The Cottage, Extra Special People, Inc. and the Little Free Pantry (also serve as social media and website admin for local community organizations), Athens, GA (Local)
<i>August 1998-present</i>	Member, St. Gregory the Great Episcopal Church, Athens, GA (Local)
<i>July 2009-2017</i>	Member, Georgia Association on the Education of Young Children (State)
<i>July 2009-2017</i>	Member, National Association on the Education of Young Children (NAEYC)
<i>July 2009-2017</i>	Member, Southern Early Childhood Association (Regional)
<i>September 2012-July 2015</i>	Chair, Newsletter Committee, Georgia Association on Young Children (State)
<i>January 2012-July 2015</i>	Member, Board of Directors, District 8 Representative, Georgia Association on Young Children (State)
<i>June 2014</i>	Invited Participant, Frontiers of Innovation Georgia Design Workshop on Social-Emotional Development, facilitated by the Center on the Developing Child at Harvard University and Georgia Early Education Alliance for Ready Students, Atlanta, GA (State)
<i>November 2013</i>	The Governor's Childhood Obesity Initiative, Georgia SHAPE, recognized Lifespan as a "Model Early Care and Learning Program in Nutrition and Physical Activity (State)." Lifespan was chosen because of its outstanding nutrition policies, breastfeeding support and physical activity curricula, which help to combat childhood obesity.
<i>November 2012</i>	Volunteer for the YWCO "Kids Tri the Y" Triathlon for children ages 6 to 12 years.
<i>April 1999-April 2005</i>	Volunteer for Athens Run/Walk for Home; beneficiaries of the event include the Homeless Shelter, Salvation Army, Project Safe, The Ark, and others, Athens, GA
<i>January 2005-February 2006</i>	Outreach Coordinator, Athens Canine Rescue, Athens, GA
<i>November 2003-December 2004</i>	Adoption Coordinator, Athens Canine Rescue, Athens, GA
<i>February 1996-March 1996</i>	Volunteer for Delaware Department of Health and Human Services (DHHS) nutritionist; assisted with home visits of failure-to-thrive children, Wilmington, DE
<i>April 1995-August 1995</i>	Prepared food for Ronald McDonald House Breakfast Program, Wilmington, DE
<i>January 1995-July 1995</i>	Volunteer for Delaware Food Bank, Wilmington, DE and Newark, DE
<i>October 1994</i>	Volunteer in OBGYN Clinic, assisted Delaware DHHS nutritionist with nutrition counseling of high-risk prenatal cases, Wilmington Hospital, Wilmington, DE
<i>September 1992-December 1992</i>	Assisted radio station (FM 102.3 WHYL) with the promotion/organization of a tennis tournament to benefit youth Drug Awareness Resistance Education, Carlisle, PA

October 1991-December 1991 Volunteer for Meals on Wheels, prepared and distributed food to homebound elders, Brisbane, AUS

## CONTRIBUTION TO NUTRITION RESEARCH

### Project Start Dates

### RESEARCH GRANTS and PROJECTS AWARDED

<i>April 2021</i>	<b>Laing E.M.</b> , Lewis R.D. Supplement to the Egg Consumption, Skeletal Health, and Cognition in Obese and Normal Weight Children: A Randomized-Controlled Feeding Trial; Phase 2: Biochemical Analyses (PI). The Egg Nutrition Center. American Egg Board. 2021-2022.
<i>September 2017</i>	Lewis R.D., <b>Laing E.M.</b> , Oshri A., Kealey K., Tripp R.A. Effects of Egg Consumption on Skeletal and Cardiovascular Health in Children: A Long-Term Feeding Trial; Phase 2 (Clinical Trial) (Co-I). \$564,302. The Egg Nutrition Center. American Egg Board. 2017-2020.
<i>October 2017</i>	Lewis R.D., <b>Laing E.M.</b> , de La Serre C.B., Oshri A., Loechner K., Fialkowski A., Duckham R. Autism Spectrum Disorder: The Role of Diet, Physical Activity, and Gut Microbiome on Bone Strength. University of Georgia CTRU Seed Grant. \$38,639.40. 2017-2018.
<i>April 2017</i>	Duckham R.L., Teo W.P., Lewis R.D., <b>Laing E.M.</b> , Lee-Brennan S., Rodda C. What is the association between dietary intake, bone health and gut function in children with Autism Spectrum Disorder? Institute for Physical Activity and Nutrition Seed Grant, Deakin University. 2017-2018.
<i>August 2016</i>	Lewis R.D., <b>Laing E.M.</b> , Oshri A., Kealey K., Tripp R.A., Phillips R.D. Effects of Egg Consumption on Bone Strength in Children: Phase 1: Prototype design and testing of egg and placebo products (Co-I). Egg Nutrition Center. \$48,590. 2016-7.
<i>October 2014</i>	Lewis, R.D., <b>Laing, E.M.</b> , Kindler, J.M., Berger, P.K. Diet and Obesity: Impact on Skeletal Health During the Growing Years (Co-I). The Coca-Cola Company. \$45,000. 2014-2016.
<i>October 2014</i>	Lewis, R.D., <b>Laing, E.M.</b> , Berger, P.K., Oshri, A., Tripp, R.A. "Egg consumption, inflammation and bone health in children (Co-I). Egg Nutrition Center, \$54,999. 2014-2016.
<i>June 2014-June 2015</i>	Lewis R.D., <b>Laing E.M.</b> , de la Serre C., Berger P.K., Harn D. Filipov N. UGA "Obesity, Inflammation and Bone Architecture." Obesity Initiative Research Grant (Co-I), \$1,600. 2014-2015.
<i>October 2012-July 2013</i>	Lewis R.D., <b>Laing E.M.</b> , Tripp R.A., Tompkins S.M. "Adenovirus, Obesity and Bone Strength in Preadolescent Children" UGA Obesity Initiative Research Grant (Co-I), \$25,000. 2012-2013.
<i>July 2012-July 2013</i>	<b>Laing E.M.</b> UGA Junior Faculty Research Grant, (PI), Office of the Vice President for Research, \$9,896. "Vitamin D and Muscle in Early Adolescents: Serum Insulin-Like Growth Factor and Myostatin Responses to Vitamin D Supplementation" 2012-2013.
<i>August 2009-July 2011</i> <i>(No-cost Extension: July 2013)</i>	Lewis R.D., <b>Laing E.M.</b> , Weaver C.M., Martin B., Hall D.B., Hausman D.B., McCabe G.M., Warden S.J. Peacock M. R01HD57126-01 (Co-I); National Institutes of Health, NICHD, \$2,221,951 "Supplemental Vitamin D and Functional Outcomes in Early Adolescence." 2009-2013.
<i>June 2009-May 2010</i> <i>(No-cost Extension: May 2012)</i>	Lewis, R.D., <b>Laing, E.M.</b> , Hausman, D.B., Hall, D.B., Pollock, N.K., Baile, C.A., Brody, G. 2.008.319 (Co-I); Allen Foundation, Inc., \$54,561 "The Effect of Vitamin D Supplementation on Pre-Diabetes in Obese Adolescents." 2009-2012.
<i>February 2007-January 2009</i> <i>(No-cost Extension: Jan 2011)</i>	<b>Lewis, R.D.</b> , Laing, E.M., Grider, A., & Hall, D.B. 1R03HD054630-01 (Co-I); National Institutes of Health, \$147,500 "Supplemental Zinc and Bone Turnover in Early Pubertal Females." 2007-2011.



*September 2004-August 2005* **Laing, E.M.** 10-21-RR581-373 (PI); National Osteoporosis Foundation, \$57,000 “A Prospective Analysis of Geometric Changes in the Proximal Femur in Young Female Gymnasts.” 2004-2005.

**Projected Start Dates**

**ADMINISTRATIVE GRANTS AND TRAVEL AWARDS**

*March 2021, August 2021  
December 2020*

**Laing E.M.** UGA First Year Odyssey funds for out-of-class activity \$290. 2021.  
**Laing E.M.** Recipient of the UGA Obesity Initiative Statistical Consulting Center Award. \$750 total costs. 2020-2021.

*April 2019*

**Laing E.M.** Recipient of funds from the UGA Student/Faculty Enrichment Fund provided by the UGA Office of Vice President for Student Affairs to fund an out-of-class student/faculty gathering not associated with course material. 2019.

*October 2015*

**Laing E.M.** University of Georgia: The Graduate School. Recruitment Enhancement Grant. \$2,000 total costs. 2015.

*October 2012*

**Laing E.M.** UGA Provost’s Travel Funds to attend ASBMR, Minneapolis, MN

*October 2010*

**Laing E.M.** UGA Provost’s Travel Funds to attend ASBMR, Toronto, ON

**Projected Start Dates**

**PARTIALLY FUNDED HATCH PROJECTS**

*May 2016-December 2020*

**Laing, E.M.** (PI) Dietary Influences on Childhood Musculoskeletal Health, Variable amounts. USDA, CSRS, National Institute of Food and Agriculture GEO00798.

*April 2016-May 2021*

Lewis R.D., **Laing E.M.** (Co-I) Obesity, Physical Activity and Bone Strength in Children and Adults, Variable amounts. USDA, CSRS, National Institute of Food and Agriculture GEO00797.

*July 2012-June 2015*

**Laing, E.M.** (PI) Vitamin D Supplementation and Muscle Responses in Early Adolescence, Variable amounts. USDA, CSRS, National Institute of Food and Agriculture GEO00700.

*2008-2013*

Lewis R.D., **Laing E.M.** (Co-I) Interrelationships Among Bone Strength, Diet and Physical Activity in Children and Adults. Variable amounts. USDA, CSRS, National Institute of Food and Agriculture Hatch Project GEO00647.

**Submission Dates**

**RESEARCH GRANTS and PROJECTS NOT FUNDED**

*October 2016*

Lewis R.D., **Laing E.M.**, Oshri A., Grider A., Kindler J.K. Supplemental Zinc and Bone Strength in Early Adolescence (Co-I). NICHD National Institutes of Health.

*July 2016*

Lewis R.D., **Laing E.M.**, Oshri A., Kealey K., Tripp R.A. Egg Consumption, Inflammation and Skeletal Health in Obese Children: A Randomized-Controlled Feeding Trial. The United States Department of Agriculture (Co-PD).

*December 2015*

Lewis R.D., **Laing E.M.**, Oshri A., Ward K. Promoting Health and Preventing Excessive Weight Gain in Obese Athens-Clarke County Youth. Mulherin Foundation.

*December 2015*

Yli-Piipari S. (PI), Lewis R.D., Young H.N., Shen Y., **Laing E.M.**, Udwadia J. National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention Childhood Obesity Research Demonstration 2.0, RFA- DP-16-004. Confidence Ownership Responsibility Exercise, LLC (CORE). Schuster, B. (PI). Letter of Intent submitted in December 2015.

*November 2015*

Yli-Piipari S. (PI), Lewis R.D., Young H.N., Shen Y., **Laing E.M.**, Udwadia J. An Examination of the CORE Lifestyle Program on the Cardio-Metabolic and Behavioral Outcomes among High-Risk Hispanic Children with Multiple Weight-Related Health Risks UGA CTRU SEED GRANT PROPOSAL.

*July 2014*

Lewis R.D., Tripp R.A., **Laing E.M.**, Weaver C.M., Peacock M. Sayers A. Adenovirus Influences on Childhood Obesity, Inflammation and Bone: The Use of MicroRNAs (miRNA) as Biomarkers of Disease. UGA Office of the Vice President for Research Interdisciplinary Proposal Development Program, \$52,000.

- May 2014 Pollock N.K., Lewis R.D., **Laing E.M.** National Institutes of Health, \$1,309,536. Adolescent Obesity, Bone Development, and Cardiometabolic Risk Factors.
- April 2014 Kindler J.M., Lewis R.D., **Laing E.M.** Obesity, type 2 diabetes, and skeletal architecture in late adolescent females. Amy Joye Memorial Research Award, Academy of Nutrition and Dietetics Foundation, \$5,000.
- March 2014 **Laing E.M.**, Lewis R.D., Miller S.L., Kindler J.M. UGA Junior Faculty Research Grant, (PI), Office of the Vice President for Research, \$9,981. "Obesity, Cardiometabolic Risk Factors and Bone Architecture."
- February 2014 Lewis R.D., **Laing E.M.**, Berger P.K., McCabe G.P., Tripp R.A. American Society for Bone and Mineral Research Grants in Aid Program, \$50,000. "Adenovirus 36, Obesity and Inflammation Related to Bone Development During Puberty: A 3 to 4 Year Follow-Up."
- January 2014 Lewis R.D., **Laing E.M.**, Berger P.K., Pollock N.P. Egg Nutrition Center/American Egg Board, \$198,755. "Effects of Egg Consumption on Inflammation and Bone Turnover in Obese Adolescents Infected with Adenovirus 36."
- December 2013 Lewis R.D., **Laing E.M.** Allen Foundation, \$303,176. "Supplemental Zinc and Bone Strength in Early Adolescence."
- November 2013 **Laing E.M.** International Osteoporosis Foundation SERVIER Young Investigator Grant, Euro 40,000. "Adenovirus 36, Obesity and Inflammation Related to Bone Development During Puberty: A 3 to 4 Year Follow-Up."
- October 2013 Kort L, **Laing E.M.**, Pollock N.K., Lewis R.D. National Collegiate Athletic Association, \$7,500. "Do Former NCAA Gymnasts Maintain Higher Bone Density Three Decades After Retirement from the Sport?"
- October 2013 Lewis R.D., Zhao Q., **Laing E.M.**, Kindler J.M. University of Georgia Obesity Initiative, \$25,000. "Cortical Porosity, Bone Marrow, and Bone Strength in Young Obese Adults."
- September 2013 Lewis R.D., **Laing E.M.**, Berger P.K., Tripp R.A. University of Georgia Obesity Initiative, \$25,000. "Adenovirus 36, Obesity and Inflammation Related to Bone Development During Puberty: A 3 to 4 Year Follow-Up."
- April 2013 Bryant C., Lewis R.D., Bales D. Crawley C., Grossman B., Johnson L., **Laing E.M.**, Mancini J., Oshri A. United States Department of Agriculture, \$2,942,541. "Obesity Prevention for Children and Adolescents: A Home-Based Family Systems & Community Capacity Intervention."
- March 2013 **Laing E.M.** American Society for Bone and Mineral Research Career Enhancement/Young Investigator General Research Award, \$55,000. "Adenovirus 36, Obesity and Bone Development during Puberty: the Role of Inflammation."
- March 2013 Grider A., Lewis R.D., & **Laing, E.M.** Serum Biomarkers of Zinc Supplemented Early Pubertal Females. National Institutes of Health. \$74,250.
- Oct 2012 & Feb 2013 Tripp R.A., Lewis R.D., **Laing E.M.** Tompkins S.M. National Institutes of Health, \$423,361. "Adenovirus, Obesity and Bone Strength in Preadolescent Children."
- June 2012 **Laing E.M.** American Society for Bone and Mineral Research Career Development Award, \$55,000. "Serum IGF-I and Myostatin Responses to Vitamin D Supplementation in Adolescents."
- September 2012 Grider A., Lewis R.D., **Laing E.M.** National Institutes of Health, \$74,250. Serum Biomarkers of Zinc Supplemented Early Pubertal Females.
- September 2012 Lewis R.D., **Laing E.M.**, Baxter-Jones A, Grider A., Isaacs C., Pollock NK. National Institutes of Health, NICHD, \$1,536,851. Supplemental Zinc and Bone Strength in Early Adolescence.
- April 2011 Lewis R.D., **Laing E.M.**, Anderson K., Bailey L.B., Della-Fera M.A., Baile, C.A. March of Dimes, \$501,106. Effects of Maternal Adiposity and Vitamin D Supplementation on Infant Bone Health.
- February 2011 Anderson A.K., **Laing, E.M.**, Hausman D.B. Maternal Vitamin D During Pregnancy and Neonatal Outcomes in a Diverse Population, Children's Healthcare of Atlanta. \$49,976. *Letter of Intent Submitted.*

February 2011	RHD071287A. <b>Laing E.M.</b> , Hall D.B., Hausman D.B., Lewis R.D. Vitamin D Supplementation and Muscle Responses in Early Adolescence. National Institute of Child Health and Human Development. \$74,250.
February 2011	Anderson A.K., <b>Laing E.M.</b> , Hausman D.B., Helfgott A, Fisher S, Lewis R.D. Association between Maternal Vitamin D Status and Preterm Birth. Centers for Disease Control and Prevention. <i>Letter of Intent Submitted</i> .
April 2010	Pollock N.K., <b>Laing E.M.</b> , Davis C, Young-Hyman D., Dong Y., Zhu H., Bernard P., Lewis R.D., Mullis R., Hausman D., Baile C. Vitamin K2 and the Metabolism of Glucose, Insulin, and Adipokines in Prepubertal Overweight Children with Pre-Diabetes, University System of Georgia Childhood Obesity Proposal, \$25,000.
June 2010	Preliminary Data: Vitamin D Supplementation And Muscle Strength In Adolescents, American Society for Bone and Mineral Research Career Development Award, <b>Laing, E.M.</b> (Principal Investigator), \$55,000.
July 2010	Preliminary Data: Vitamin D Supplementation And Muscle Strength In Adolescents, American Society for Bone and Mineral Research Junior Faculty Award, <b>Laing, E.M.</b> (Principal Investigator), \$55,000.

## DISSEMINATION OF RESEARCH FINDINGS

### WORKING PAPERS

- Laing E.M.**, Slagel NW, Clifford DE, Hightower W, Harris CL, Hunger JM. Weight Inclusivity: How and why classroom nutrition educators need to tackle the subject of weight bias.
- Laing E.M.**, Slagel NW, Clifford DE, Hightower W, Harris CL, Wang Y, Hunger J.M., Hall DB. Imparting Anti-Diet and Weight Inclusive Approaches in a University Dietetics Curriculum.
- Coheley L.M., **Laing E.M.**, Duckham, R., Lewis R.D. Dietary protein and pediatric bone health: a systematic review.
- Laing E.M.**, Pollock N.K., Ferira A.J., Taylor R.G., Bernard P.J., & Lewis R.D. Breastfeeding Duration is a Positive Independent Predictor of Trabecular and Cortical Bone Parameters at Age 21 Years.

### Publication Dates

### BOOK CHAPTERS

(\* Indicates invited submission)

2018	* <b>Laing E.M.</b> and Lewis R.D. New concepts in vitamin D requirements for children and adolescents: a controversy revisited. (2018) In: Giustina and Bilezikian (Eds.) <u>Frontiers in Hormone Research: Vitamin D in clinical medicine</u> , Vol 50, pp 42-65, Switzerland, Karger.
2018	* Lewis R.D., <b>Laing E.M.</b> , Weaver C.M. Chapter 41: Adolescence and Acquisition of Peak Bone Mass. (2018) In: Feldman D., Pike J.W., & Adams J.S. (Eds.) <u>Vitamin D, Volume 1: Biochemistry, Physiology And Diagnostics, Fourth Edition</u> , pp 731–753, San Diego, CA: Elsevier, Inc.
2016	*Lewis R.D., Kindler J.M., <b>Laing E.M.</b> Chapter 3: Obesity, Insulin Resistance and Pediatric Bone (2016) In: Weaver C.M., et al. (Eds.) <u>Nutritional Influences on Bone Health</u> , 9 <sup>th</sup> International Symposium on Nutritional Aspects of Osteoporosis. Switzerland, Springer International Publishing. Available via <a href="#">eBbook</a> . Pages 21-33.
2015	*Lewis R.D., <b>Laing E.M.</b> , Foss S.M. Chapter 6: The War on Hunger to the Fight Against Obesity (2015) In: Nickols S.M. and Kay G. (Eds.) <u>Remaking Home Economics: Resourcefulness and Innovation in Changing Times</u> , UGA Press.
2013	*Lewis R.D. and <b>Laing E.M.</b> Chapter 23: Vitamin D Supplementation and Changes in Vitamin D and Bone Metabolites in Children (2013) In: Burckhardt P., et al. (Eds.) <u>Nutritional Influences on Bone Health</u> , London, Springer-Verlag, 227-236.

2013	* <b>Laing E.M.</b> Chapter 23: Exercise and Nutrient Need (2013) In: Berdanier C.D., Dwyer J. & Heber D. (Eds.) <u>Handbook of Nutrition and Food, 3<sup>rd</sup> Edition</u> , Boca Raton, FL: Taylor & Francis Group, LLC., 359-371.
November 2011	*Weaver C.M., Lewis R.D., <b>Laing E.M.</b> (2011) Vitamin D in Skeletal Growth and Development. In: <u>Translational Endocrinology &amp; Metabolism: Vitamin D Update</u> , Volume 2, Number 3 (pp. 43-60). The Endocrine Society, Chevy Chase, MD.
June 2011	*Weaver C.M., <b>Laing E.M.</b> , & Lewis R.D. Chapter 37: Adolescence and Acquisition of Peak Bone Mass. (2011) In: Feldman D., Pike J.W., & Adams J.S. (Eds.) <u>Vitamin D, Third Edition</u> , San Diego, CA: Elsevier, Inc. 657-677.
Winter 2007	* <b>Laing E.M.</b> Chapter 19: Exercise and Nutrient Need. (2007) In: Berdanier C.D., Feldman E. & Dwyer J. (Eds.) <u>Handbook of Nutrition and Food, 2<sup>nd</sup> Edition</u> , Boca Raton, FL: CRC Press, Inc. 373-388.

**Publication Dates**

**REFEREED JOURNAL PUBLICATIONS**

(\* Indicates those publications of national or international standing)

In Review	*Ishikawa Y., <b>Laing EM</b> , Anderson AK, Zhang D, Kindler J., Trivedi R., Sattler E, 2022, Comparison of Diagnostic Methods for Type 2 Diabetes in Patients with Heart Failure: a National Health and Nutrition Examination Survey Analysis
In Review	*Ishikawa Y., <b>Laing EM</b> , Anderson AK, Zhang D, Kindler J., Trivedi R., Sattler E, 2022, High Adherence to the Dietary Approaches to Stop Hypertension Diet is Associated with Low Levels of Insulin Resistance among Community-Dwelling Heart Failure Patients: A National Health and Nutrition Examination Survey Analysis
In Review	*Ishikawa Y, Lewis R, <b>Laing EM</b> , Anderson AK, Zhang D, Quyyumi A, Dunbar S, Trivedi R., Sattler E, 2022, Prevalence and Trends of Type 2 Diabetes Mellitus and Prediabetes among Community-Dwelling Heart Failure Patients in the U. S. 2005-2016: A National Health and Nutrition Examination Survey (NHANES) Analysis
In Review	*Cerninaro C, Sazonov E, McCrory M, Steiner-Asiedu M, Bhaskar V, Gallo S, <b>Laing EM</b> , Anderson AK, 2022 Feasibility of the Automatic Ingestion Monitor (AIM-2) for the assessment of infant feeding: a pilot study among breastfeeding mothers from Ghana
August 2019	*Kindler JM, <b>Laing EM</b> , Liu W, Dain JA, Lewis RD. Pentosidine is Associated with Cortical Bone Geometry and Insulin Resistance in Otherwise Healthy Children, <i>J Bone Miner Res</i> , 2019 Aug;34(8):1446-1450.
November 2018	*Wright C.S., <b>Laing E.M.</b> , Pollock N.K., Hausman D.B., Weaver C.M., Martin B.R., McCabe G.P., Peacock M., Warden S.J., Hill Gallant K.M., Lewis R.D. Serum 25-hydroxyvitamin D and intact parathyroid hormone influence muscle outcomes in children and adolescents. 2018 <i>J Bone Miner Res</i> , Nov;33(11):1940-1947.
August 2018	*Coeley L.M., Kindler J.M., <b>Laing E.M.</b> , Oshri A., Hausman D.B., McCabe G.P., Martin B.R., Hill Gallant K.M., Warden S.J., Weaver C.M., Peacock M., Lewis R.D. Whole egg consumption and cortical bone in healthy children. 2018 <i>Osteoporosis International</i> , Aug;29(8):1783-1791.
February 2018	*Yli-Piipari, S., Berg, A., <b>Laing, E.M.</b> , Hartzell, D.L., Parris, K.O., Udwadia, J., and Lewis, R.D. A 12-Week Lifestyle Program to Improve Cardiometabolic, Behavioral, and Psychological Health in Hispanic Children and Adolescents. 2018 <i>Journal of Alternative and Complementary Medicine</i> , Feb;24(2):132-138.
November 2017	*Kindler J.M., Pollock N.K., Ross H.L., Modlesky C.M., Singh, H., <b>Laing E.M.</b> , Lewis R.D. Obese versus normal-weight late-adolescent females have inferior trabecular bone microarchitecture: a pilot case-control study. 2017 <i>Calcified Tissue International</i> , Nov;101(5):479-488.

- July 2017 \*Kindler J.M., Pollock N.K., **Laing E.M.**, Oshri A., Jenkins N.T., Isales C.M., Hamrick M.W., Ding K.H., Hausman D.B., McCabe G.P., Martin B.R., Hill Gallant K.M., Warden S.J., Weaver C.M., Peacock M., Lewis R.D. Insulin resistance and the IGF-I-cortical bone in children ages 9-13 years. 2017 *J Bone Miner Res*, 32(7):1537-1545.
- July 2017 \*Lobene A.J., Kindler J.M., Jenkins N.T., Pollock N.K., **Laing E.M.**, Grider A. Lewis R.D. Zinc supplementation does not alter indicators of insulin secretion and sensitivity in black and white female adolescents, 2017 *J Nutr*, 147(7):1296-1300.
- March 2017 Grider A., Bakre, A.A. **Laing, E.M.**, Lewis, R.D. In Silico Analysis of MicroRNA Regulation of Bone Development: Metal Response Element-Binding Transcription Factor 1 and Bone Signaling Pathways. 2017 *Austin Journal of Nutrition & Metabolism*, 4(1):1042.
- March 2017 Giudici K.V., Kindler J.M., Martin B.R., **Laing E.M.**, McCabe G.P., McCabe L.D., Hausman D.B., Martini L.A., Lewis R.D., Weaver C.M., Peacock M., Hill Gallant K.M. Associations among osteocalcin, leptin and metabolic health in children ages 9-13 years in the United States. 2017, *Nutrition & Metabolism*, 7;14:25.
- April 2016 \*Ferira A.J., **Laing E.M.**, Hausman D.B., Hall D.B., McCabe G.P., Martin B.R., Hill Gallant K.M., Warden S.J., Weaver C.M., Peacock M., Lewis R.D. Vitamin D Supplementation Effects on Insulin Sensitivity and Resistance in Early Pubertal White and Black Children. 2016 *J Clin Endocrinol Metab*. Apr;101(4):1710-8.
- January 2016 Gordon J.D., Hausman D.B., Bailey L.B., Lewis R.D., **Laing E.M.**, Park H.J. Impact of gluten-containing foods on folate intake of women of childbearing age. 2016 *The Digest*, Research Dietetic Group, Academy of Nutrition and Dietetics, 51(1), 2-7.
- January 2016 \*Kindler J.M., Pollock N.K., **Laing E.M.**, Jenkins N.T., Oshri A., Isales C., Hamrick M.W., Lewis R.D. Insulin resistance negatively influences the muscle-dependent IGF-I-bone mass relationship in pre-menarcheal girls. 2016 *J Clin Endocrinol Metab*. Jan;101(1):199-205.
- October 2015 \*Berger P.K., **Laing E.M.**, Pollock N.K., Chertin V., Grider A., Shapses S.A., Ding K.H., Isales C.M., Lewis R.D. Zinc supplementation enhances procollagen Type 1 amino-terminal propeptide in premenarcheal girls: a randomized controlled trial. 2015 *J Nutr*. 145(12):2699-704.
- December 2015 Grider A., Lewis R.D., **Laing E.M.**, Bakre, A.A., Tripp, R.A. Zinc Affects miR-548n, SMAD4, SMAD5 Expression in HepG2 Hepatocyte and HEP-2 Lung Cell Lines, 2015 *Biomaterials*. Dec;28(6):959-66.
- May 2015 \*Lewis R.D. and **Laing E.M.** Conflicting reports on vitamin D supplementation: Evidence from randomized controlled trials. SI: Bone Health & Nutrition; 2015 *Molecular and Cellular Endocrinology (Invited)*. 410:11-18.
- July 2014 \*Kindler J.M., Goff-Ross H.L., **Laing, E.M.**, Modlesky C.M., Pollock N.K., Baile C.A., Lewis R.D. Load-specific physical activity scores are related to tibia bone architecture. 2015 *Int J Sport Nutr Exerc Metab*. Apr;25(2):136-44.
- June 2014 \*Berger P.K., Pollock N.K., **Laing E.M.**, Warden S.J., Hill Gallant K.M., Hausman D.B., Baile C.A., Tripp R.A., McCabe L.D., McCabe G.P., Weaver C.M., Peacock M., Lewis, R.D. Adenovirus 36 infection, adiposity and inflammation-related markers in children. 2014 *J Clin Endocrinol Metab*. 99(9):3240-6.
- January 2014 \*Berger P.K., Principe-Craig J.L., **Laing E.M.**, Henley E.C., Pollock N.K., Blair R.M., Baile C.A., Hall D.B., Lewis R.D. Weight gain in college females is not prevented by isoflavone-rich soy protein: a randomized controlled trial. 2014 *Nutr Res*. 66-73.
- December 2013 \*Lewis R.D., **Laing E.M.**, Hill Gallant K.M., Hall D.B., McCabe G.P., Martin B.R., Warden S.J., Peacock M., Weaver C.M. A randomized trial of vitamin D3 supplementation in children: dose-response effects on vitamin D metabolites and calcium absorption. 2013 *J Clin Endocrinol & Metab*. 98(12):4816-4825.
- March 2013 \***Laing E.M.**, Tripp R.A., Pollock N.K., Baile C.A., Della-Fera, M.A., Rayalam S., Tompkins S.M., Keys D.A., Lewis R.D. Adenovirus 36, Adiposity and Bone Strength in Late-Adolescent Females. 2013 *J Bone Miner Res*. 28(3):489-96.

- January 2013 \*Warden S.J., **Laing E.M.**, Ferira A.J., Hill K.H., Martin B.R., Weaver C.M., Peacock M., Hausman D.B., Lewis R.D. Racial Differences in Cortical Bone and their Relationship to Biochemical Variables in Early Pubertal Children. 2013 *Osteoporos Int.* 24:1869-1879.
- October 2012 \*Hill K.M., **Laing E.M.**, Hausman D.B., Acton A., Martin B.R., McCabe G.P., Weaver C.M., Lewis R.D., Peacock M. Bone turnover is not influenced by serum 25-hydroxyvitamin D in Healthy Black and White Early-Pubertal Children. 2012 *Bone.* 51(4):795-9.
- January 2011 \*Breen M.E., **Laing E.M.**, et al. 25-Hydroxyvitamin D, Insulin-Like Growth Factor-I and Bone Mineral Accrual During Growth. 2011 *J Clin Endocrinol & Metab.* 96:E89–E98.
- January 2011 \*Pollock N.K., **Laing, E.M.**, Hamrick, M.A., Baile, C.A., Hall, D.B., & Lewis, R.D. Bone and fat relationships in postadolescent black females: A pQCT study. 2011 *Osteoporos Int.* 22:655-665.
- January 2011 \*Pollock N.K., **Laing, E.M.**, Taylor, R.G., Baile, C.A., Hall, D.B., Hamrick, M.A., & Lewis, R.D. Comparisons of trabecular and cortical bone in late adolescent black and white females. 2011 *J Bone Miner Metab.* 29:44-53.
- June 2008 \*Pollock N.K., **Laing, E.M.**, Baile C.A., Lewis, R.D., Hamrick M.W., Hall D.B. Letter to the Editor: Reply to Cole, et al. 2008 *Am J Clin Nutr.* 87:1959-60.
- November 2007 \*Willis C.M., **Laing, E.M.**, Hall D.B., Hausman D.B., & Lewis R.D. A prospective analysis of plasma 25(OH)D concentrations in white and black prepubertal females in the southeastern United States. 2007 *Am J Clin Nutr.* 85:124-30.
- January 2007 \*Pollock N.K., **Laing, E.M.**, Baile C.A., Hamrick M.W., Hall D.B., & Lewis R.D. Is adiposity advantageous for bone strength? A pQCT study in late adolescent females. 2007 *Am J Clin Nutr.* 86:1530-38.
- November 2006 \*Stein E.M., **Laing E.M.**, Hall D.B., Hausman D.B., Kimlin M.G., Johnson M.A., Modlesky C.M., Wilson A.R., & Lewis R.D. Serum 25-hydroxyvitamin D concentrations in girls aged 4-8 y living in the southeastern United States. 2006 *Am J Clin Nutr.* 83:75-81.
- January 2006 \*Pollock N.P., **Laing E.M.**, Modlesky C.M., O'Connor P.J., & Lewis R.D. Former College Artistic Gymnasts Maintain Higher BMD: A Nine-Year Follow-Up. 2006 *Osteoporos Int.* 17:1691-7.
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#### Publication Dates

#### PEER-REVIEWED ABSTRACTS

- August 2021 Cerminaro C, Sazonov E, McCrory M, Steiner-Asiedu M, Bhaskar V, Gallo S, **Laing EM**, Anderson AK. Feasibility of the Automatic Ingestion Monitor (AIM-2) for the assessment of infant feeding: a pilot study among breastfeeding mothers from Ghana *International Society for Research in Human Milk and Lactation* (Submitted: May 2021)
- August 2021 **Laing EM**, Slagel NW, Clifford DE, Hightower W, Harris CL, Wang Y, Hall DB. Imparting Anti-Diet and Weight Inclusive Approaches in a University Dietetics Curriculum. 2021 *Society for Nutrition Education and Behavior* (Submitted: February 2021)

- May 2021 Ishikawa Y, **Laing EM**, Anderson AK, Zhang D, Trivedi-Kapoor R, Sattler ELP. The Level of Adherence to the Dietary Approaches to Stop Hypertension Diet is Associated with the Severity of Insulin Resistance Among Community-Dwelling Heart Failure Patients: A National Health And Nutrition Examination Survey Analysis. Abstract ID: 276. 2021 *AHA EPI|Lifestyle Scientific Sessions* (Submitted: February 2021).
- May 2021 Ishikawa Y, **Laing EM**, Anderson AK, Zhang D, Trivedi-Kapoor R, Sattler ELP. Comparison of Diagnostic Methods for Diabetes Diagnosis in Patients with Heart Failure: A National Health And Nutrition Examination Survey Analysis. Abstract ID: 275. 2021 *AHA EPI|Lifestyle Scientific Sessions* (Submitted: February 2021).
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- February 2018 Berg A.C., Yli-Piipari S.R., Selph E.L., Lewis R.D., Laing E.M., Hollingsworth T.L., Parris K., Hartzell D.L., Improving Weight Management Behaviors among Guardians of Overweight and Obese Hispanic Adolescents: An evaluation of the CORE nutrition education program. 2018 *Society for Nutrition Education and Behavior* (Submitted: January 2018).
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- May 2003 **Laing E.M.**, Wilson A.R., Modlesky C.M., O'Connor P.J., & Lewis R.D. (2003) Two Years of Recreational Artistic Gymnastics Improves Lumbar Spine Bone Mineral Density in Young Girls. *Med Sci Sport Exer* 35(5).
- April 2003 Aburto N.J., **Laing E.M.**, Wilson A.R., Hardy K.H., Modlesky C.M., & Lewis R.D. (2003) Zinc Intake is Positively Correlated with Bone in Prepubertal Girls. *J FASEB*. Apr 17(4).
- May 2002 **Laing E.M.**, Wilson A.R., Modlesky C.M., O'Connor P.J., & Lewis R.D. (2002) Effects of a Two-Year Gymnastics Intervention on Bone Mass and Body Composition in Young Females. *Med Sci Sport Exer* 33(5).
- May 2002 Modlesky C.M., Wilson A.R., **Laing E.M.**, O'Connor P.J., & Lewis R.D. (2002) Do Prepubescent Girls Who Enroll in Artistic Gymnastics Have Higher Bone Mass than Nongymnasts? *Med Sci Sport Exer* 33(5).

April 2002	Hardy K.H., <b>Laing E.M.</b> , Wilson A.M., Modlesky C., & Lewis R.D. (2002) Dietary Zinc and IGF-1 in Prepubescent Girls. <i>J FASEB</i> ; 16(4).
May 2001	Poudevigne M., O'Connor P.J., <b>Laing E.M.</b> , Modlesky C.M., & Lewis, R.D. (2001) Body Images of 4-8 Year Old Girls Enrolled in Gymnastics do not Differ From Controls Matched on Percent Fat and Age. <i>Med Sci Sport Exer</i> 33(5).
May 2001	<b>Laing E.M.</b> , Massoni J.A., Nickols-Richardson S.M., Modlesky C.M., O'Connor P.J., & Lewis R.D. (2001) A Prospective Study of Bone Mass and Body Composition in Female Adolescent Gymnasts. <i>Med Sci Sport Exer</i> 33(5).
May 2001	Modlesky C.M., <b>Laing E.M.</b> , Wilson A.R., O'Connor P.J., & Lewis, R.D. (2001) Total and Central Body Fatness are Related to Physical Activity and Fat Intake in Young Girls. <i>Med Sci Sport Exer</i> 33(5).
May 2000	Modlesky C.M., Nickols-Richardson S.R., Massoni J.A., <b>Laing E.M.</b> , & Lewis R.D. (2000) Changes in Bone Mineral at Stressed and Unstressed Skeletal Sites in Young Female Gymnasts. <i>Med Sci Sport Exer</i> 32(5).
March 1999	<b>Monkhouse E.E.</b> , Nickols-Richardson S.M., Modlesky C.M., & Lewis R.D. (1999) Longitudinal Changes in Bone Mineral Density and Body Composition in Adolescent Female Artistic Gymnasts. <i>J FASEB</i> 13(4).

#### GRADUATE THESIS and DISSERTATION

August 2003	Doctor of Philosophy Dissertation, "Changes in Bone Mass and Strength Properties in Female Gymnasts 4 to 10 Years of Age," The University of Georgia
August 2000	Master of Science Thesis, "Bone Mass and Body Composition Changes in Female Adolescent Gymnasts," The University of Georgia

### PRESENTATION of RESEARCH, GUEST LECTURES, and WORKSHOPS

Presentation Dates	RESEARCH PRESENTATIONS as PRESENTING AUTHOR (* Indicates meetings at the national or international level)
August 2021	*Imparting Anti-Diet and Weight Inclusive Approaches in a University Dietetics Curriculum. 2021 <i>Society for Nutrition Education and Behavior</i> Annual Meeting Poster P87 (Virtual)
October 2012	*Adenovirus 36, adiposity and bone strength in late-adolescent females (poster): American Society for Bone and Mineral Research (ASBMR) Annual Meeting, Minneapolis, MN
July 2012	Effects of Maternal Adiposity and Vitamin D Supplementation on Infant Bone Health (oral): Obesity Initiative-sponsored meeting with Brenda Fitzgerald, MD, Commissioner, Georgia Department of Public Health, Athens, GA
September 2011	*25-Hydroxyvitamin D, Parathyroid Hormone and Muscle Relationships in Early Pubertal Adolescents (poster): ASBMR Annual Meeting, San Diego, CA
October 2010	*Breastfeeding Duration is a Positive Independent Predictor of Trabecular and Cortical Bone Parameters at Age 21 Years (poster): ASBMR Annual Meeting, Toronto, Canada (President's Poster Competition Award Nominee)
September 2006	*A Prospective Analysis of Plasma 25(OH)D and Bone Mass in White and Black Prepubertal Females (poster): ASBMR Annual Meeting, Philadelphia, PA
September 2005	*A Prospective Analysis of Geometric Changes in the Proximal Femur in Young Female Gymnasts (poster): ASBMR Annual Meeting, Nashville, TN
October 2004	*Bone Turnover Markers Predict Changes Over Three Years in Pubertal, But Not Prepubertal Females (poster); ASBMR Annual Meeting, Seattle, WA
May 2003	*Two Years of Recreational Artistic Gymnastics Improves Lumbar Spine Bone Mineral Density in Young Girls; American College of Sports Medicine (ACSM) Annual Meeting, San Francisco, CA

<i>March 2003</i>	Recreational Artistic Gymnastics Improves Lumbar Spine Bone Mineral Density in Young Girls, Georgia Nutrition Council Annual Meeting, Valdosta, GA
<i>May 2002</i>	*Effects of a Two-Year Gymnastics Intervention on Bone Mass and Body Composition in Young Females; ACSM Annual Meeting, St. Louis, MO
<i>April 2002</i>	Two-Year Gymnastics Intervention on Bone Mass and Body Composition in Young Females (poster); Georgia Dietetic Association Annual Meeting, Jekyll Island, GA
<i>May 2001</i>	*A Prospective Study of Bone Mass and Body Composition in Female Adolescent Gymnasts; ACSM Annual Meeting, Baltimore, MD
<i>February 2001</i>	Bone Mass and Body Composition Changes in Adolescent Female Gymnasts; Georgia Nutrition Council Annual Meeting, Atlanta, GA
<i>April 1999</i>	*Longitudinal Changes in Bone Mineral Density and Body Composition in Adolescent Female Gymnasts (poster); Federation of American Societies for Experimental Biology meeting, Washington, DC

<b><i>Presentation Dates</i></b>	<b>CLASSROOM GUEST LECTURES and SEMINARS (University)</b>
<i>January and February 2020-21</i>	Obesity: Prevalence, Evaluation, Treatment. UGA/Augusta Medical School Partnership (2 <sup>nd</sup> [January] and 1 <sup>st</sup> [February] year medical students; University)
<i>October 2015, January 2021</i>	Overview of the Department of Foods and Nutrition, Introduction to Family and Consumer Sciences, FACS 2000 (College)
<i>October 2019</i>	SAFCS Alumni Panel member (College)
<i>October 2019</i>	Student Engagement: Why it Matters in Teaching, GRSC 7770 (College)
<i>February 2019</i>	FACS Alumni Panel member, FACS 2000 (College)
<i>Fall 2018 &amp; 2019</i>	Introduction to Dietetics seminar series, The University of Georgia, Athens, GA (Department)
<i>February 2017</i>	The often confusing and overwhelming principals of nutrition. UGA Medical Roundtable, Athens, GA (University)
<i>November 2016</i>	School age nutrition, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
<i>January 2015, October 2016</i>	Update on Bone Health Research Program, undergraduate Introduction to Nutrition Science class, FDNS 2400 (Department)
<i>October 2016</i>	Infant nutrition, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
<i>April 2016</i>	Pregnancy and Lactation, undergraduate Human Nutrition and Food class, FDNS 2100 (Department)
<i>February 2016</i>	Panelist, FACS Authors and Experts, along with Sharon Nickols, editor of "Remaking Home Economics: Resourcefulness and Innovation in Changing Times" (College)
<i>November 2015</i>	Adolescent and elderly nutrition, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
<i>September 2013</i>	Lactation, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
<i>April 2012</i>	Renal Disease, graduate/undergraduate Medical Nutrition Therapy class, FDNS 4530 (Department)
<i>August 2012</i>	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
<i>April 2011</i>	Osteoporosis, graduate/undergraduate Medical Nutrition Therapy class, FDNS 4530 (Department)
<i>February 2011</i>	Hypertension, graduate/undergraduate Medical Nutrition Therapy class, FDNS 4530 (Department)
<i>September 2010</i>	Nutritional Needs During Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
<i>November 2009</i>	Childhood and Early Adolescence, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
<i>August 2009</i>	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA

<i>November 2008</i>	Childhood and Early Adolescence, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510); The University of Georgia, Athens, GA
<i>August 2008</i>	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510); The University of Georgia, Athens, GA
<i>November 2007</i>	Childhood and Early Adolescence, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510); The University of Georgia, Athens, GA
<i>August 2007</i>	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510); The University of Georgia, Athens, GA
<i>August 2006</i>	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510); The University of Georgia, Athens, GA
<i>November 2005</i>	Lactation Issues for Mother and Infant, undergraduate Lifecycle Nutrition class (FDNS 2100); The University of Georgia, Athens, GA
<i>April 2005</i>	Lactation Issues for Mother and Infant, undergraduate Lifecycle Nutrition class (FDNS 2100); The University of Georgia, Athens, GA
<i>July 2005</i>	Sports Nutrition: Fueling the Athlete, undergraduate Nutrition (FDNS 2100, 5800) and Health Advocacy (ECHD 3010) classes; The University of Georgia, Athens, GA
<i>March 2002</i>	Vitamin D and the Progression of Multiple Sclerosis, Department of Foods and Nutrition Seminar; The University of Georgia, Athens, GA
<i>February 2002</i>	Childhood Nutrition Practices and Health Implications, graduate-level Child Development class (EDEC 7200); The University of Georgia, Athens, GA
<i>December 2000</i>	Sarcopenia in the Elderly, Department of Foods and Nutrition Seminar, The University of Georgia, Athens, GA
<i>April 1999</i>	Sports Nutrition: Fueling the Athlete, undergraduate Nutrition (FDNS 2100, 5800) and Health Advocacy (ECHD 3010) classes; The University of Georgia, Athens, GA

***Presentation Dates***

**WORKSHOP, TRAINING and OTHER PRESENTATIONS**  
(University/Community/State/Regional)

<i>August &amp; January 2017-present</i>	DICAS Workshop (2-part series) for dietetics majors entering dietetic internship matching, Student Dietetic Association Meeting (Department)
<i>January 2022</i>	Presenter, "Professional Development in Foods and Nutrition course re-design: featuring work from the 2021 Active Learning Summer Institute," UGA InterActive Colloquium (University)
<i>December 2021</i>	Presenter, "Non-diet approaches to health: How to establish a comprehensive approach with your patients," Georgia Nutrition Council Professional Development Webinar (State)
<i>November 2021</i>	Presenter, "You are NOT what you eat: Exploring non-diet approaches to health," New Jersey Dietetic Association Meeting (State)
<i>September 2021</i>	Presenter, "You are NOT what you eat: Exploring non-diet approaches to health," NEHP Symposium: Training Compassionate Educators - A Focus on Marginalized Communities (National)
<i>August 2021</i>	Presenter, "Maintaining a Healthy Lifestyle While Going Through a Work Transition," Dickinson College Center for Advising, Internships & Lifelong Career Development Industry Immersion Series (University)
<i>July 2021</i>	Presenter, "You are NOT what you eat: exploring non-diet approaches to health," UGA Training & Development course (University)
<i>March 2021</i>	Presenter, "Exploring non-diet approaches in the COVID-19 pandemic and beyond," Health & Wellness Remote Learning Circle, UGA Division of Development and Alumni Relations (University)
<i>March 2021</i>	Facilitator, "Chat with Chums & Alums: Circle of 7" event, UGA Department of Foods and Nutrition Virtual Event (Department)
<i>February 2021</i>	Presenter, "You are NOT what you eat: Exploring non-diet approaches in the COVID-19 pandemic and beyond," Georgia Nutrition Council Annual Meeting (State)
<i>May 2019</i>	Keynote Speaker, Emory University Hospital Dietetic Internship Graduation Ceremony (University)

<i>August-December 2017</i>	Facilitator, FACS Regional Development Lunch and Learn, tour of Bone and Body Composition Laboratory (College)
<i>February 2017</i>	Presenter, Overview of the Department of Foods and Nutrition, Coffee & Conversation Alumni Event, Athens, GA (Department)
<i>July 2015</i>	Facilitator, Girl Talk Summer Camp Bone Health Unit (4 60-minute visits in summer 2015), University of Georgia Department of Kinesiology (University)
<i>September 2014</i>	Update on Bone Health Research Program, FDN Faculty Meeting, Athens, GA (Department); Created one-page document for circulation by Extension.
<i>August 2013</i>	Update on Bone and Fat Research, Bone and Fat UGA Obesity Initiative Team Meeting, Athens, GA (University)
<i>February 2013</i>	Obesity-Bone Connection, Maternal and Childhood Obesity Initiative Team Meeting, Athens, GA (University)
<i>November 2010</i>	Feeding Your Child for Lifelong Health, Athens Montessori School Parent Education Event, Athens, GA (open to AMS families and Athens Community)
<i>October 2010</i>	Bone and Joint Decade, Athens-Clarke County Healthy Hour 2010, Athens, GA
<i>April 2010</i>	Osteoporosis on the Mind, Athens-Clarke County Healthy Hour 2010, Athens, GA
<i>November 2006</i>	Women Empowerment: Taking Back Our Bones & Bodies, Delta Phi Lambda Sorority Inc. Annual Osteoporosis Seminar, University of Georgia, Athens, GA
<i>October 2006</i>	Optimizing Bone Health in Childhood, Pennsylvania State University Bone Health and Nutrition Conference, State College, PA
<i>October 2005</i>	Nutritional Issues During Lactation, NEGA Dietetic Assoc Meeting, Athens, GA
<i>June 2005</i>	Osteoporosis: Are You at Risk? Total Knowledge: Family and Consumer Sciences Alumni Summer College Event, Athens, GA
<i>May 2005</i>	Beyond Sticks and Stones: A New Take on Osteoporosis, Nutrition Education Coalition Meeting, Athens, GA
<i>September 2004</i>	Dietary and Physical Activity Patterns in School-Aged Children, Northeast Georgia Dietetic Association Meeting, Athens, GA
<i>September 2004</i>	Health implications of childhood nutrition and physical activity practices, Georgia Public Health Association Annual Meeting, Savannah, GA
<i>September 2004</i>	Emerging Issues in Bone Health Research, Georgia Public Health Association Annual Meeting, Savannah, GA
<i>May 2004</i>	Achieving Optimal Physical Performance with Nutrition, Northeast Georgia Dietetic Association Meeting, Athens, GA
<i>March 2004</i>	Osteoporosis and Better Bone Health, Volunteers of the Georgia Hospital Association, Council on Auxiliary, Athens, GA and Thomson, GA
<i>March 2004</i>	Research in Foods and Nutrition, Clinical Orientation Training Workshop for Georgia Public Health Dietetic Interns, Atlanta, GA
<i>April 2004</i>	Sports Nutrition for the Young Tennis Player, Youth Education Through Sport Tennis Clinic, Athens, GA
<i>May 2003</i>	Childhood Nutrition Paradox, Childcare Providers Training Program, Athens, GA
<i>April 2003</i>	Are You Getting Enough Calcium?: Osteoporosis Update, Georgia Commission on Women-sponsored Wellness Summit for Women and Girls, Augusta, GA
<i>March 2003</i>	Exercise and Cardiac Health, School Food Service Employee Training, Athens, GA
<i>July 2002</i>	Special Diets for Adolescents, Dept. of Juvenile Justice Food Service Training Workshop, Athens, GA
<i>July 2002</i>	Research in Foods and Nutrition, Clinical Orientation Training Workshop for Georgia Public Health Dietetic Interns, Atlanta, GA
<i>July 2002</i>	Sports Nutrition for Peak Performance (with translator), Athletic Training Workshop for visiting Japanese students, University of Georgia, Athens, GA
<i>June 2002</i>	Are You Getting Enough Calcium?: Osteoporosis Update, Georgia Commission on Women-sponsored Wellness Summit for Women and Girls, Augusta, GA
<i>April 2001</i>	Determinants of Bone Health in Children, Georgia Nutrition Council Annual Meeting, Concurrent Session, Atlanta, GA
<i>February 2001</i>	Nutrition Recommendations for the Collegiate Athlete, National Strength and Conditioning Association Clinic for collegiate trainers and coaches, Athens, GA



November 2000	Sports Supplements, Georgia Dietetic Association Meeting, Kennesaw, GA
May 1999	Nutrition Needs for the High School Athlete, Southeastern Conference Student Athlete Trainer Workshop for high school trainers and coaches, Atlanta, GA
March 1999	Special Nutrition Needs for the Young Athlete, Competency Based Skills Nutrition Workshop for public health nutritionists and nurses, Macon, GA
April 1998	Sports Nutrition: How to Maximize Your Training While Off the Court, Women's Basketball Camp: Dickinson College, Carlisle, PA

<b>Publication Dates</b>	<b>PUBLISHED BULLETINS and REPORTS (National/State/Local)</b>
Spring 2021	<b>Laing, E.M.</b> Weight-Inclusivity: How and why classroom nutrition educators need to tackle the subject of weight bias in healthcare, Nutrition for Educators and Health Professionals Newsletter, Academy of Nutrition and Dietetics, Spring 2021
August 2020	<b>Laing, E.M.</b> "You are NOT what you eat: Exploring Intuitive Eating's gentle nutrition principle" ProcessedFoodSite: <a href="https://tinyurl.com/y6pfwde9">https://tinyurl.com/y6pfwde9</a> .
Spring 2020	<b>Laing, E.M.,</b> Berg, A.C. Beware of claims of 'immune boosting' diets and pills, Diabetes Life Lines Newsletter, Vol. 34, No. 1, Apr 2020 - COVID-19
Spring 2020	<b>Laing, E.M.</b> University of Georgia Programs help Students Who Might go Hungry, Nutrition for Educators and Health Professionals Newsletter, Spring 2020
Summer 2012	<b>Laing, E.M.</b> Summarizing Georgia's SHAPE Initiative, Together for Children, Georgia Association on Young Children Newsletter
Spring 2012	<b>Laing, E.M.</b> Focus on Nutrition: Eating Healthy in Child Care, Together for Children, Georgia Association on Young Children Newsletter
Winter 2012	<b>Laing, E.M.</b> Leaving the extra holiday package behind, Athens MOVE, Jan/Feb 2012
Spring 2009	Eriksen M., Hepburn V., <b>Laing E.</b> et al. Addressing Overweight: Model Nutrition Practices for Children and Families 2009 Policy Leadership for Active Youth (PLAY) Policy Brief.
Spring 2008	Eriksen M., Hepburn V., Okosun I., <b>Laing E.</b> et al. Addressing Overweight: The Role of Communities in Promoting Physical Activity 2008 PLAY Policy Brief.
Fall 2007	Eriksen M., Hepburn V., Okosun I., <b>Laing E.</b> et al. Addressing Overweight: The Role of Parents and Families 2007 PLAY Policy Brief.
Fall 2006	Lewis R., Teems J., <b>Laing E.</b> et al. Addressing Overweight Severity in Children & Adolescents 2006 PLAY Policy Brief.
Winter 2006	Eriksen M., Hepburn V., Okosun I., <b>Laing E.</b> et al. Addressing Overweight: The Role of Physical Activity 2006 PLAY Policy Brief.
Summer 2005	Eriksen M., Hepburn V., Okosun I., <b>Laing E.</b> et al. Addressing Overweight: Interventions Tailored to the Rural South 2005 PLAY Policy Brief.
Winter 2005	Eriksen M., Hepburn V., Okosun I., <b>Laing E.</b> et al. Addressing Overweight- The Role of Physical Activity in Schools 2005 PLAY Policy Brief.
January 2005	Barbeau P., Eriksen M., <b>Laing E.</b> et al. School-based physical activity interventions to prevent or treat childhood overweight: A Summary of Research and Findings 2005 PLAY Research Paper.
September 2002	Lewis R., <b>Laing E.,</b> Duke N. & Gearing J. Strategic Plan 2002 Georgia Osteoporosis Initiative.

## **WEBSITE and MEDIA APPEARANCES**

<b>Active Web Profiles</b>	FDN Faculty webpage: <a href="https://tinyurl.com/ydftobup">https://tinyurl.com/ydftobup</a> FDN Featured Faculty profile: <a href="https://t.uga.edu/2Kf">https://t.uga.edu/2Kf</a> UGA Online Faculty profile: <a href="https://tinyurl.com/ycijeehk">https://tinyurl.com/ycijeehk</a> Research Gate: <a href="https://tinyurl.com/ycdfqrqn">https://tinyurl.com/ycdfqrqn</a> LinkedIn: <a href="https://tinyurl.com/y7kur59h">https://tinyurl.com/y7kur59h</a>
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## *Page Administrator*

FACS Facebook page: <https://www.facebook.com/ugafacs/>  
FACS webpage: <https://www.fcs.uga.edu/>  
FDN Facebook page: <https://www.facebook.com/ugafdn/>  
FDN Kudos Corner: <https://www.fcs.uga.edu/fdn/fdn-kudos-corner>  
Nutrition Educators of Health Professionals: <https://tinyurl.com/y96pnuh5>  
Georgia Nutrition Council: <https://www.facebook.com/georgiagnc/>  
Lean and Mean in 2015 (FDN student/alumni group): <https://tinyurl.com/yapx9jh3>  
Athens Free Little Pantry: <https://www.facebook.com/ATHLFP/>  
Lifespan Montessori of Athens: <http://lifespanmontessori.com/>

## *Media Appearances*

*January 2022*

Quoted in “The best beginner-friendly Chloe Ting workouts”  
The List  
<https://tinyurl.com/2p8unyey>

*October 2021*

Featured in “Laing highlighted by Academy of Nutrition and Dietetics”  
UGA FACS  
<https://tinyurl.com/cnev9wz>

*October 2021*

Appeared in “RDNs and NDTRs: Turning Passion into a Career” video shown during  
the 2021 Opening Session of the Food & Nutrition Conference & Expo™  
*Academy of Nutrition and Dietetics*  
<https://youtu.be/-D9h4tDQxfY>

*October 2021*

Featured in “7<sup>th</sup> Annual Celebrating Excellence Recognition Program”  
Bill and June Flatt Outstanding Teacher of the Year  
*UGA FACS*  
<https://tinyurl.com/app26ndx>  
*Presentation Video by Peyton Ledford*  
<https://tinyurl.com/nu3hrb9h>

*October 2021*

Quoted in “The two-week ab shredder routine from fitness YouTuber Chloe Ting”  
*The List*  
<https://tinyurl.com/y32vjum>

*June 2021*

Quoted in “Diet Culture: Definition, Examples, & Impacts”  
*Choosing Therapy*  
<https://tinyurl.com/bm6n3dx9>

*April 2021*

Quoted in “Dietetics Students Achieve Perfect Match Rate”  
*UGA FACS*  
<https://tinyurl.com/das4vj8w>

*March 2021*

Quoted in “2021’s Most Overweight and Obese Cities in the U.S.”  
*WalletHub*  
<https://tinyurl.com/2bf66mu3>  
*Atlanta Journal Constitution*  
<https://tinyurl.com/3kn5486e>

*March 2021*

Featured in “10 Women of UGA Online to Honor on International Woman's Day”  
*UGA Online Learning*  
<https://tinyurl.com/8beb3buy>

February 2021	Featured in “Creswell Award” <i>UGA FACS</i> <a href="https://tinyurl.com/kp5x5we9">https://tinyurl.com/kp5x5we9</a> <a href="https://tinyurl.com/huf8ksf7">https://tinyurl.com/huf8ksf7</a> <i>Presentation Video by Dr. Rick Lewis</i> <a href="https://tinyurl.com/se7szrrm">https://tinyurl.com/se7szrrm</a>
February 2021	Quoted in “UGA students take a new approach to health and wellness in 2021” <i>The Red &amp; Black</i> <a href="https://tinyurl.com/1s6qbqb3">https://tinyurl.com/1s6qbqb3</a>
February 2021	Featured in “Laing named Fellow of Academy of Nutrition and Dietetics” <i>UGA FACS</i> <a href="https://tinyurl.com/y5xdgjjs">https://tinyurl.com/y5xdgjjs</a>
January 2021	Quoted in “We need to talk about ... Obesity” <i>Girls' Life Magazine (Dec/Jan 2021 Vol 27 Issue 3)</i> <a href="https://www.girlslife.com">https://www.girlslife.com</a>
January 2021	Quoted in “Eat Healthier, Even During a Pandemic” <i>Consumer Reports</i> <a href="https://tinyurl.com/y6dgdxf5">https://tinyurl.com/y6dgdxf5</a> <a href="https://tinyurl.com/y339m2gd">https://tinyurl.com/y339m2gd</a>
January 2021	Quoted in “How to Ditch Weight Stigma and Reach your Goals” <i>MyFitnessPal</i> <a href="https://tinyurl.com/yxzdprb6">https://tinyurl.com/yxzdprb6</a>
December 2020	Quoted in “Will Doing a ‘Dry January’ Improve your Sleep?” <i>Saatva</i> <a href="https://tinyurl.com/y54lxwqx">https://tinyurl.com/y54lxwqx</a> <a href="https://tinyurl.com/y5maj2dt">https://tinyurl.com/y5maj2dt</a> <a href="https://tinyurl.com/y6eg8vts">https://tinyurl.com/y6eg8vts</a>
December 2020	Mentioned in ‘Featured Graduate’ biography (Caroline Wieler) <i>UGA FACS</i> <a href="https://tinyurl.com/y4e5qb8w">https://tinyurl.com/y4e5qb8w</a>
November 2020	Quoted in “Healthy Aging and Bones” <i>FoodTalk</i> <a href="https://tinyurl.com/y33j7jv6">https://tinyurl.com/y33j7jv6</a>
October 2020	Quoted in “Weightism and Its Impact: Professor Teaches ‘Health At Every Size’” <i>UGA Grady News</i> <a href="https://tinyurl.com/y5jlpyyg">https://tinyurl.com/y5jlpyyg</a>
September 2020	Quoted in “How challenging my own fatphobia will make me a better parent” <i>Healthline</i> <a href="https://tinyurl.com/y5l3novt">https://tinyurl.com/y5l3novt</a> <a href="https://tinyurl.com/y3rh4ljt">https://tinyurl.com/y3rh4ljt</a>
September 2020	Quoted in “10 nutrition books dietitians recommend” <i>MyFitnessPal</i> <a href="https://tinyurl.com/y2lqg6e3">https://tinyurl.com/y2lqg6e3</a>

- August 2020* Quoted in “COVID-19 and the rise of the #ChloeTingChallenge”  
*Elle Magazine*  
<https://tinyurl.com/y3qed6sm>  
<https://tinyurl.com/y52wyq59>
- June 2020* Quoted in “Professor challenges students on diet culture”  
*UGA Today*  
<https://tinyurl.com/ybj8ay96>  
<https://tinyurl.com/y78fyk94>
- June 2020* Appeared on “Snacking and working at home”  
*WUGA Radio*  
<https://tinyurl.com/y9x5qkbp>  
<https://tinyurl.com/y6vjem9r>
- May 2020* Quoted in “How to stop overeating and not be hungry”  
*Summer Boomers Magazine*  
<https://tinyurl.com/y77ksc6g>  
<https://tinyurl.com/yddzde14>
- May 2020* Appeared on “How to avoid overeating while spending more time at home”  
*WTIP Radio*  
<https://tinyurl.com/y9c6sc2r>
- May 2020* Appeared in “Faculty member quoted in U.S. News & World Report story on staying slim during the pandemic”  
*UGA Today*  
<https://tinyurl.com/y2blcd72>
- April 2020* Quoted in “Tips to Keeping Slim When You're Stuck at Home”  
*US News and World Report*  
<https://tinyurl.com/y7aqh7su>  
*Johns Hopkins Healthcare*  
<https://tinyurl.com/2bs4mwhw>
- April 2020* Quoted in “Dr. Oz's hydroxychloroquine advocacy seduces Trump as coronavirus wellness woo surges”  
*NBC News*  
<https://tinyurl.com/y27e85s4>
- April 2020* Quoted in “Tips to avoid overeating while working from home”  
*UGA Today*  
<https://tinyurl.com/uv7k6t3>  
<https://tinyurl.com/rrs4dha>
- April 2020* Quoted in “Tips to prevent weight gain while at home during pandemic”  
*CAES News*  
<https://tinyurl.com/y83qcxt>  
<https://tinyurl.com/y9j9aes7>  
<https://tinyurl.com/yan8gasy>  
<https://tinyurl.com/y8g5e9xc>
- March 2020* Quoted in “Be leery of ‘immune boosting’ diets and pills”  
*UGA Today*  
<https://tinyurl.com/unfhfrv>

February 2020	Appeared on “Intermittent Fasting — Fad or Foolproof?” <i>WUGA Radio</i> <a href="https://tinyurl.com/sdp2qma">https://tinyurl.com/sdp2qma</a> <a href="https://tinyurl.com/sumer6v">https://tinyurl.com/sumer6v</a>
January 2020	Featured in “UGA Featured Faculty: Emma Laing” <i>UGA Today</i> <a href="https://tinyurl.com/symz93t">https://tinyurl.com/symz93t</a> <a href="https://tinyurl.com/rs4jgoo">https://tinyurl.com/rs4jgoo</a>
January 2020	Quoted in “Detox science: How to boost the body’s natural detoxification system. Skip a “detox diet” and follow study-backed advice” <i>Inverse</i> <a href="https://tinyurl.com/yztgl8e3">https://tinyurl.com/yztgl8e3</a> <a href="https://tinyurl.com/yhutaxcb">https://tinyurl.com/yhutaxcb</a> <a href="https://tinyurl.com/yx8sm9qr">https://tinyurl.com/yx8sm9qr</a>
January 2020	Featured in “College announces recipients of FACS Alumni Association Awards” <i>UGA FACS News</i> <a href="https://tinyurl.com/wj58sxz">https://tinyurl.com/wj58sxz</a>
November 2019	Quoted in “Why do we crave comfort food when it gets cold outside?” <i>KXRB</i> <a href="https://tinyurl.com/rhau2t3">https://tinyurl.com/rhau2t3</a>
October 2019	Appeared on “Verify: Is colder weather to blame for cravings?” <i>11Alive News</i> <a href="https://tinyurl.com/y2rtrd8b">https://tinyurl.com/y2rtrd8b</a> <a href="https://tinyurl.com/y3fjtb53">https://tinyurl.com/y3fjtb53</a> <a href="https://tinyurl.com/qulua5s">https://tinyurl.com/qulua5s</a>
September 2019	Quoted in “SDA promotes community involvement, networking opportunities” <i>UGA FACS News</i> <a href="https://tinyurl.com/tzpkrr4">https://tinyurl.com/tzpkrr4</a> <a href="https://tinyurl.com/wakuxtt">https://tinyurl.com/wakuxtt</a>
August 2019	Quoted in “5 dangers of following fad diets” <i>Vitacost</i> <a href="https://tinyurl.com/yynslf3u">https://tinyurl.com/yynslf3u</a> <a href="https://tinyurl.com/y6bf6672">https://tinyurl.com/y6bf6672</a> <a href="https://tinyurl.com/yx2loez6">https://tinyurl.com/yx2loez6</a>
July 2019	Mentioned in UGA Amazing Student profile: Lauren Coheley <i>UGA Today</i> <a href="https://tinyurl.com/t5vtxvp">https://tinyurl.com/t5vtxvp</a>
July 2019	Appeared on “Verify: Is high-fructose corn syrup to blame for obesity in America?” <i>11Alive News</i> <a href="https://tinyurl.com/yy73tuor">https://tinyurl.com/yy73tuor</a> <a href="https://tinyurl.com/yxo2zanc">https://tinyurl.com/yxo2zanc</a>

- June 2019*      Appeared on “Verify: What is the perfect ripeness for banana?”  
*11Alive News*  
<https://tinyurl.com/y6je9k3z>  
<https://tinyurl.com/y2zyqlun>  
<https://tinyurl.com/y4d5l2hr>
- June 2019*      Quoted on “Verify: Are there really six donuts in a soda?”  
*11Alive News*  
<https://tinyurl.com/y5uy2rbt>  
<https://tinyurl.com/y6renkgf>  
<https://tinyurl.com/yxbryma2>  
<https://tinyurl.com/tgqw68y>
- May 2019*      Quoted in “It’s a match: UGA dietetics students enjoying unprecedented success”  
*UGA FACS News*  
<https://tinyurl.com/yxszvxlrm>  
<https://facsmag.uga.edu/sections/21>  
<https://tinyurl.com/vsvy568>
- April 2019*      Appeared on “Verify: Is celery juice the latest cure all?”  
*11Alive News*  
<https://tinyurl.com/y44chbn2>  
<https://tinyurl.com/y6b2aob9>  
<https://tinyurl.com/y4zxa06j>
- February 2019*      Quoted in “FACS Honor Hall of Recognition Bio for Dr. Carolyn Berdanier”  
*UGA FACS News*  
<https://tinyurl.com/y55b7j9p>  
<https://tinyurl.com/y2j4sve7>
- February 2019*      Appeared in FACS video honoring Dr. Carolyn Berdanier  
*UGA FACS News*  
<https://tinyurl.com/y4vgp4wy>
- December 2018*      Share your story  
*UGA FACS Alumni*  
<https://tinyurl.com/y7uo88or>  
<https://tinyurl.com/ydbls3e6>
- October 2018*      Featured in UGA Online post “Commitment to educating future dietitians”  
*University of Georgia Online*  
<https://tinyurl.com/ybnbgqoz>
- October 2018*      Quoted in “Student Dietetic Association promotes health through leadership”  
*UGA FACS News*  
<https://tinyurl.com/y7yaql8z>
- June 2018*      Mentioned in “UGA researchers conduct first of its kind study on eggs”  
*UGA Red & Black*  
<https://tinyurl.com/ybo3mjs8>
- May 2018*      Mentioned in “Eggy Benefits”  
*UGA College of Education News*  
<https://tinyurl.com/y9cafmmo>

May 2018	Mentioned in “Eggs for stronger bones? Two-year study will measure impact” <i>UGA FACS News</i> <a href="https://tinyurl.com/y74jax47">https://tinyurl.com/y74jax47</a>
May 2018	Mentioned in “Can egg consumption improve bone strength in children?” <i>UGA Today</i> <a href="https://tinyurl.com/ydelmd6q">https://tinyurl.com/ydelmd6q</a>
April 2018	Featured in “Project shines new light on meaning of healthy living” <i>UGA FACS News</i> (also shared on the Academy of Nutrition and Dietetics Facebook page, EatRight Weekly, and Nutrition SmartBrief) <a href="https://tinyurl.com/yaeceagt">https://tinyurl.com/yaeceagt</a>
April 2018	Directed (and appeared in) “Picture of Health Project” video <i>UGA FACS YouTube</i> <a href="https://tinyurl.com/yaytcpq">https://tinyurl.com/yaytcpq</a>
February 2018	Appeared in “FACS 100 Centennial” video <i>UGA FACS News (Wier/Stewart Productions)</i> <a href="https://tinyurl.com/y9qrq8u2">https://tinyurl.com/y9qrq8u2</a>
January 2018	Quoted in “The dirty laundry of a college student’s food affair” <i>Lauren D’Ambra Journalist</i> <a href="https://tinyurl.com/y8el28zx">https://tinyurl.com/y8el28zx</a>
November 2017	Mentioned in “SDA members stock Little Free Pantries in Athens” <i>UGA FACS News</i> <a href="https://tinyurl.com/yc4n6npa">https://tinyurl.com/yc4n6npa</a>
October 2017	Quoted in “Student Dietetic Association promotes health, nutrition, exercise” <i>UGA FACS News</i> <a href="https://tinyurl.com/ycyg9yau">https://tinyurl.com/ycyg9yau</a>
May 2017	Quoted in “Why You Should be Eating More Yogurt” <i>Martha Stewart Living</i> Link not available
May 2017	Quoted in “FDN alumna, faculty member quoted in Today’s Dietitian” <i>UGA FACS News</i> <a href="https://tinyurl.com/19zeh5b">https://tinyurl.com/19zeh5b</a>
May 2017	Mentioned in ‘Amazing Student’ biography (Annie Ladisic) <i>UGA FACS</i> <a href="https://tinyurl.com/m8mzqla">https://tinyurl.com/m8mzqla</a>
April 2017	Quoted in “Strategies for Preventing Stress Fractures in Sports” <i>Today’s Dietitian</i> <a href="https://tinyurl.com/ltaxmyc">https://tinyurl.com/ltaxmyc</a>
April 2017	Featured in “FACS faculty member receives dietetic educator award” <i>UGA Columns</i> <a href="https://tinyurl.com/138exe3">https://tinyurl.com/138exe3</a>

March 2017	Featured in "FDN faculty member receives regional award for excellence in teaching" <i>UGA FACS News</i> <a href="https://tinyurl.com/knsnd9b">https://tinyurl.com/knsnd9b</a>
December 2016	Mentioned in 'Amazing Student' biography (Nigel Brinson) <i>UGA FACS</i> <a href="http://tinyurl.com/hq59c4u">http://tinyurl.com/hq59c4u</a>
October 2016	Directed (and appeared in) the production of the "Foods and Nutrition Graduate Recruitment video" <a href="http://tinyurl.com/hfbt2f2">http://tinyurl.com/hfbt2f2</a>
May 2016	Mentioned in 'Amazing Student' biography (Nadir Lalani) <i>UGA FACS</i> <a href="http://tinyurl.com/z3r4j3y">http://tinyurl.com/z3r4j3y</a>
November 2015	Featured in "FDN's Emma Laing named Teacher of the Week" <i>UGA FACS News</i> <a href="http://t.uga.edu/2zL">http://t.uga.edu/2zL</a> <a href="http://tinyurl.com/zdgra9e">http://tinyurl.com/zdgra9e</a>
November 2015	Featured in "Teacher of the Week - Emma Laing" <i>UGA Center for Teaching and Learning</i> <a href="http://t.uga.edu/20w">http://t.uga.edu/20w</a>
September 2015	Featured in "Intro to nutrition course teaches about healthy eating" <i>Discover UGA</i> <a href="http://t.uga.edu/1P0">http://t.uga.edu/1P0</a> <a href="http://tinyurl.com/gpmlrgc">http://tinyurl.com/gpmlrgc</a>
April 2015	Mentioned in "Remaking Home Economics Review" <i>University of Georgia Press</i> <a href="http://tinyurl.com/gtja8g9">http://tinyurl.com/gtja8g9</a>
November 2014	Featured in "FDN class project serves as icebreaker and eye opener" <i>UGA FACS News</i> <a href="http://t.uga.edu/2zM">http://t.uga.edu/2zM</a>
November 2013	Mentioned in "Dr. Bones" <i>UGA Research Magazine, Fall 2013</i> <a href="http://t.uga.edu/2zN">http://t.uga.edu/2zN</a>
February 2013	Mentioned in "Research teams use grant to investigate vaccine for obesity" <i>UGA Columns</i> <a href="http://t.uga.edu/2zO">http://t.uga.edu/2zO</a>
December 2012	Featured in "Nominees Announced for the ATHENA Award" <i>Online Athens</i> <a href="http://tinyurl.com/hyxgp79">http://tinyurl.com/hyxgp79</a>
January 2012	Quoted in "Leaving the extra holiday package behind" <i>Athens MOVE, Jan/Feb issue</i> Link not available
May 2011	Quoted in "Early exercise and proper nutrition can help prevent later osteoporosis" <i>Today's Dietitian</i> <a href="http://tinyurl.com/h9plxt6">http://tinyurl.com/h9plxt6</a>
September 2010	Quoted in "Kids, parents turn off the TV and go outside to play" <i>Online Athens</i> <a href="http://tinyurl.com/hahrjvz">http://tinyurl.com/hahrjvz</a>



September 2009	Mentioned in “UGA Researchers Awarded \$2.2 Million” <i>WNEG32 TV</i> Link not available
September 2009	Mentioned in “Research project studies effects of Vitamin D on children” <i>UGA Red &amp; Black</i> <a href="http://tinyurl.com/j8lu8qr">http://tinyurl.com/j8lu8qr</a>
October 2009	Mentioned in “NIH shines spotlight on vitamin D” <i>Nutraceuticals World</i> <a href="http://tinyurl.com/j7tnmof">http://tinyurl.com/j7tnmof</a>
August 2009	Mentioned in “NIH Awards Research Grant for Vitamin D Study” <i>Nutraceuticals World</i> <a href="http://tinyurl.com/jrr3lqg">http://tinyurl.com/jrr3lqg</a>
2007	Mentioned in “Study looks at zinc’s effects on bone health” <i>Oconee Leader</i> Link not available
2006	Mentioned in “Perfect 10: The UGA GymDogs and the rise of women’s college gymnastics in America” (by: Suzanne Yoculan and Bill Donaldson) <a href="http://tinyurl.com/hz7ncq4">http://tinyurl.com/hz7ncq4</a>
June 2003	Quoted in “Tumbling Bonus; Gymnastics does girls’ bones a lot of good” <i>First for Women</i> Link not available
November 2002	Mentioned in “Is soy the key to reducing bone loss?” <i>Online Athens</i> <a href="http://tinyurl.com/jeldv27">http://tinyurl.com/jeldv27</a>
February 2002	Featured guest on “The Barbara Dooley Show,” discussed contemporary nutrition issues among children and adults <i>WGAU Radio</i> Link not available
September 2002	Featured in “Gymnastics Strengthens Girls' Bones: Study” <i>The Rave Diet and Lifestyle</i> <a href="http://tinyurl.com/jdwfvk9">http://tinyurl.com/jdwfvk9</a>
September 2000	Featured guest on “Classic Clinic,” discussed healthy nutrition practices <i>WRFC Radio</i> Link not available