Emma M. Laing

Curriculum Vitae

PERSONAL INFORMATION

Full Name: Emma E.S. Monkhouse Laing
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Email Address: emonk@uga.edu *Campus Phone*: 706.542.4869

EDUCATION, EMPLOYMENT, and HONORS

Enrollment Dates	**EDUCATION**
December 2000-August 2003	*Doctor of Philosophy*, University of Georgia, Athens, GA Major: Foods and Nutrition
August 1997-December 2000	*Master of Science*, University of Georgia, Athens, GA Major: Foods and Nutrition
September 1996-May 1997	Emory University Hospital Dietetic Internship Program, Atlanta, GA
December 1992-December 1995	*Bachelor of Science*, *Cum Laude*, University of Delaware, Newark, DE Major: Nutrition and Dietetics Emphasis: Fitness
September 1991-December 1992	Dickinson College, Carlisle, PA Major: Undeclared

Participation Dates	**PROFESSIONAL ROLES and CREDENTIALS**
January 2021-present	Fellow, Academy of Nutrition and Dietetics
October 1997-present	Registered Dietitian Nutritionist, USA (Registration# 837953)
February 1998-present	Licensed Dietitian, Georgia (License# LD001880)

Current Only	**ACADEMIC CERTIFICATIONS**
	Active Learning Leader, UGA Center for Teaching and Learning
	Adult, Child and Infant CPR, First Aid, and Fire Safety
	Career Ambassador, UGA Career Center
	Dawg Ally, UGA Pride Center

Employment Dates	**ACADEMIC POSITIONS**
July 2021-present	Clinical Professor and Director of the Didactic Program in Dietetics, Department of Nutritional Sciences, The University of Georgia (UGA), Athens, GA
July 2017-present	Graduate Faculty Status, UGA Department of Nutritional Sciences, Athens, GA
July 2017-June 2021	Clinical Associate Professor and Director of the Didactic Program in Dietetics, UGA Department of Foods and Nutrition, Athens, GA
February 2015-June 2017	Associate Research Scientist, UGA Department of Foods and Nutrition, Athens, GA
November 2009-February 2015	Assistant Research Scientist, UGA Department of Foods and Nutrition, Athens, GA
September 2008-October 2009	Research Professional III, UGA Department of Foods and Nutrition, Athens, GA
September 2003-August 2008	Postdoctoral Research Associate, UGA Dept of Foods and Nutrition, Athens, GA
September 1997-August 2003	Graduate Research Assistant, UGA Department of Foods and Nutrition, Athens, GA
September 1997-May 1999	Sports Nutrition Graduate Assistant, UGA Department of Foods and Nutrition, Athens, GA
Winter and Fall 1997	Graduate Teaching Assistant, *Quantity Food Production and Service; Introduction to Foods,* UGA Department of Foods and Nutrition, Athens, GA
Fall 1995	Undergraduate Teaching Assistant, *Honors Nutrition Concepts*, Department of Nutrition and Dietetics, University of Delaware, Newark, DE

Employment Dates	**OTHER EMPLOYMENT**
May 1995-August 1996	Diet Technician/Nutritionist, Wood Company, ManorCare at Devon, Devon, PA

Dates Received	**HONORS and AWARDS**
Fall 2019, 2023, 2025, 2027	Nominee, Felton Jenkins, Jr. Hall of Fame Faculty Awards, UGA CTL
Consecutive 2015-2026	Student Career Success Influencer Award, UGA Career Center
Consecutive 2022-2025	Thank-a-Teacher Recognition, UGA Center for Teaching and Learning
August 2025	Career Ambassador Certificate, UGA Career Center
December 2024	UGA Teaching Academy, Carnegie Foundation for the Advancement of Teaching
May 2024	Career Champion Certificate, UGA Career Center
February 2024	Lee Anne Seawell Faculty Recognition Award, UGA Career Center
December 2023	Career Advocate Certificate, UGA Career Center
April 2023	Outstanding Undergraduate Student Faculty Advisor Award, UGA College of FACS
March 2023	Distinguished Alumni Award, UGA College of FACS Alumni Association
March 2023	Nominee, Student Engagement Award: Advisor of the Year, UGA Center for Student Activities and Involvement
February 2023	Active Learning Leader Certificate, UGA Center for Teaching and Learning
November 2022	Nominee, Research Communications Award, UGA Office of Research
February 2022	Professional Award of Excellence, Georgia Nutrition Council
April 2021	Bill and June Flatt Outstanding Teacher of the Year Award, UGA College of FACS
April 2021	Student Organization Achievement and Recognition (SOAR) Award for "Outstanding Campus Event" (on behalf of the UGA Student Dietetic Association), UGA Center for Student Activities and Involvement
March 2021	Creswell Mentoring Award (2020), UGA College of FACS Alumni Association
March 2021	Outstanding Dietitian of the Year Award, Georgia Academy of Nutrition and Dietetics
March 2020	Distinguished Service for Media Excellence, GA Academy of Nutrition and Dietetics
October 2019	Nominee, Emily Quinn Pou Professional Achievement Award, UGA College of FACS Alumni Association
February 2018, 2019	Outstanding Undergraduate Faculty Advisor, UGA Department of Foods and Nutrition
January 2016, 2018	Nominee, Outstanding Dietetics Educator, Northeast Georgia Dietetic Association
February 2017	Outstanding Dietetic Educator Award, Area 3, Nutrition and Dietetic Educators and Preceptors, Academy of Nutrition and Dietetics
November 2016	Nominee, Creative Teaching Award, UGA Office of Instruction
November 2016	Nominee, Graduate Faculty Diversity Award, UGA Graduate School
October 2016	Super-Includer Diversity Award, UGA College of FACS
October 2013, 2014, 2016	Nominee, UGA FACS Alumni Association Outstanding Service Award
October 2015	UGA Center for Teaching and Learning Teacher of the Week
April 2013	Certificate of Achievement for 10 years of Service to UGA College of FACS
November 2012	Nominee, Athens Area Chamber of Commerce ATHENA Award
July 2012	Nominee, UGA Alumni Association, 2012 40 Under 40
September 2011	President's Poster Award (Ferira et al. and Hill et al.), American Society for Bone and Mineral Research (ASBMR) Annual Meeting, San Diego, CA
September 2009	American Dietetic Association Foundation Scholarship
March 2003	North Fulton Regional Hospital Volunteer Scholarship
March 2003	June and Bill Flatt Nutrition Excellence Scholarship
June 2002	First Place, Graduate Student Research Competition (Laing et al.), GNC, Atlanta, GA
August 2001	First Place, Graduate Student Poster Competition (Laing et al.) University System of Georgia Research Symposium, Augusta, GA
May 2001	Outstanding Performance Award for service as Sports Nutritionist, University of Georgia Department of Athletics
February 2001	Plenary Poster Award (Ferira et al. and Breen et al.), ASBMR, Denver, CO
April 1999	Endsley-Peifer Student Research Award, UGA College of FACS
March 1999	First Place, Graduate Student Research Competition (Laing et al.), Georgia Nutrition Council (GNC) Annual Meeting, Valdosta, GA

INSTRUCTION

Semester **TEACHING EVALUATIONS/STUDENT EXPERIENCE (The University of Georgia)**

Semester	Course Title	Course Number	# Students	% Response	Score/5.00
Spring 2021-	Uncomplicate Your Food **(every Fall &/or Spr)**	FYOS 1001	variable	n/a	n/a
Fall 2017-	Dietetics Practicum **(every Fall & Spring)**	NUTR 5910	variable	n/a	n/a
Fall 2015-	Special Problems in NUTR **(as needed)**	NUTR 3010	variable	n/a	n/a
Spring 2026	Clinical Nutrition Interventions (Q2)	NUTR 4520/6520	27/20	63/55	5.00/5.00
Spring 2026	Medical Nutrition Therapy-II (Q2)	NUTR 4530/6530	76/14	70/64	4.91/4.94
Fall 2025	Professional Development in Foods & Nutrition	NUTR 5900	27	89	4.79
Fall 2025	Medical Nutrition Therapy-I	NUTR 4500/6500	49	94	5.00
Spring 2025	Clinical Nutrition Interventions	NUTR 4520/6520	28	71	4.75
Spring 2025	Medical Nutrition Therapy-II	NUTR 4530/6530	75	95	4.77
Fall 2024	Professional Development in Foods & Nutrition	NUTR 5900	38	84	4.81
Fall 2024	Medical Nutrition Therapy-I	NUTR 4500/6500	27	100	4.96
Fall 2024	Nutrition and Disease Processes-I	NUTR 8530	12	92	5.00
Spring 2024	Clinical Nutrition Interventions	NUTR 4520/6520	50	92	4.93
Spring 2024	Medical Nutrition Therapy-II	NUTR 4530/6530	101	78	4.92
Spring 2024	Professional Development in Foods & Nutrition	NUTR 5900	50	88	4.89
Fall 2023	Medical Nutrition Therapy-I	NUTR 4500/6500	53	83	4.84
Spring 2023	Clinical Nutrition Interventions	NUTR 4520/6520	45	76	4.85
Spring 2023	Medical Nutrition Therapy-II	NUTR 4530/6530	100	96	4.77
Spring 2023	Professional Development in Foods & Nutrition	NUTR 5900	56	89	4.88
Fall 2022	Medical Nutrition Therapy-I	NUTR 4500/6500	46	96	n/a
Fall 2022	Nutrition and Disease Processes-I	NUTR 8530	12	100	n/a
Spring 2022	Clinical Nutrition Interventions	FDNS 4520/6520	42	95	5.00
Spring 2022	Medical Nutrition Therapy-II	FDNS 4530/6530	101	98	5.00
Spring 2022	Professional Development in Foods & Nutrition	FDNS 5900	47	85	4.88
Fall 2021	Medical Nutrition Therapy-I	FDNS 4500/6500	39	100	5.00
Spring 2021	Clinical Nutrition Interventions	FDNS 4520/6520	55	84	4.96
Spring 2021	Medical Nutrition Therapy-II	FDNS 4530/6530	113	89	4.86
Spring 2021	Professional Development in Foods & Nutrition	FDNS 5900	45	91	4.94
Fall 2020	Medical Nutrition Therapy-I	FDNS 4500/6500	55	93	4.94
Fall 2020	Nutrition and Disease Processes-I	FDNS 8530	11	91	4.93
Spring 2020	Clinical Nutrition Interventions (*COVID-19*)	FDNS 4520/6520	54; *only comments collected*		
Spring 2020	Medical Nutrition Therapy-II (*COVID-19*)	FDNS 4530/6530	101; *only comments collected*		
Fall 2019	Medical Nutrition Therapy-I	FDNS 4500/6500	52	98	4.97
Fall 2019	Professional Development in Foods & Nutrition	FDNS 5900	10	100	4.90
Spring 2019	Management of Foodservice Organizations	FDNS 4620	33	91	4.96
Spring 2019	Clinical Nutrition Interventions	FDNS 4520/6520	41	88	4.88
Spring 2019	*New*: Management of Foodservice Orgs (grad)	FDNS 6620E	12	100	4.60
Fall 2018	*New*: Prof Development in Foods and Nutrition	FDNS 5900	10	100	4.80
Fall 2018	*Revised:* Nutrition and Disease Processes-I	FDNS 8530	10	100	4.93
Fall 2018	Medical Nutrition Therapy-I	FDNS 4500/6500	38	92	4.92
Spring 2018	Management of Foodservice Organizations	FDNS 4620/6620	48	100	4.97
Spring 2018	Clinical Nutrition Interventions	FDNS 4520/6520	41	100	4.98
Fall 2017	Medical Nutrition Therapy-I	FDNS 4500/6500	42	95	4.97
Fall 2015	Human Nutrition and Food	FDNS 2100	79	92	4.91
Summer 2015	Human Nutrition and Food	FDNS 2100	17	100	4.94
Spring 2015	Nutrition in Physical Activity, Exercise, & Sport	FDNS 4220/6220	41	90	4.85
Fall 2014	Nutrition Related to the Human Lifecycle	FDNS 4510	65	83	4.92
Fall 2004	Human Nutrition and Food	FDNS 2100	46	n/a	4.85
Summer 2004	Human Nutrition and Food	FDNS 2100	57	n/a	4.88

ADVISING and MENTORING

CAREER ADVISING

Ongoing

Provide reference letters for current and former students to supervised practice programs, graduate schools, jobs, and scholarships (~200 letters written annually)

GRADUATE RESEARCH COMMITTEE SERVICE

Active

Samantha Bonnett, Ph.D., UT, Knoxville, Chair: Sarah Colby, 2028
Renee Hutton, Ph.D., UGA NUTR, Chair: Ginnefer Cox, 2026

Completed

Helen DuPree, Ph.D., UGA Public Health, Chair: Jessica Muilenburg, 2026
Gene Rodrick, Ph.D., UGA NUTR, Chair: Connie Rogers, 2025
Josephine Shieh, Ph.D., UGA NUTR, Chair: Caree Cotwright, 2023
Liana Guarneiri, Ph.D., UGA NUTR, Chair: Jamie Cooper, 2022
Yuta Ishikawa, Ph.D., UGA NUTR, Chair: Lilian Sattler, 2021
Caroline Cerminaro, MS, UGA NUTR, Chair: Alex Anderson, 2021
Lauren Coheley, Ph.D., UGA NUTR, Chair: Richard Lewis, 2020
Elizabeth Klingbeil, Ph.D., UGA NUTR, Chair: Claire de La Serre, 2020
Hannah Winston, MS-thesis, UGA NUTR, Chair: Richard Lewis, 2019
Kendall Farr, MS-thesis, UGA NUTR, Chair: Jamie Cooper, 2018
Emily Rollins, MS-thesis, UGA NUTR, Chair: Richard Lewis, 2018
Joseph Kindler, Ph.D., UGA NUTR, Chair: Richard Lewis, 2017
Paige Berger, Ph.D., UGA NUTR, Chair: Richard Lewis, 2015
Anne Armstrong, MS-thesis, UGA NUTR, Chair: Alex Anderson, 2014
Christina Whitworth, MS-thesis, UGA NUTR, Chair: Alex Anderson, 2013
Stephanie Foss, MS-thesis, UGA NUTR, Chair: Richard Lewis, 2013
Valerie Chertin, MS-thesis, UGA NUTR, Chair: Richard Lewis, 2013
Christian Wright, MS-thesis, UGA NUTR, Chair: Richard Lewis, 2013

External Theses Examined

Lindsay Elaine Brandon, Ph.D., QUT, Brisbane, AUS, Chair: Michael Kimlin, 2015
Yue Wu, Ph.D., QUT, Brisbane, AUS, Chair: Michael Kimlin, 2013
David Borrodale, Ph.D., QUT, Brisbane, AUS, Chair: Michael Kimlin, 2013

OTHER RESEARCH MENTORING

Completed

Mohana Malapati, UGA CURO Award Recipient, Chair: Emma Laing, 2026
Mackenzie Rush, AP student, West Forsyth High School, 2017
Staci Belcher, MS-thesis, UGA NUTR, Chair: Richard Lewis, 2017
Kayla Patel, UGA CURO Award Recipient, Chair: Richard Lewis, 2016
Emily Rollins, UGA CURO Award Recipient, Chair: Richard Lewis, 2016
Andrea Lobene, MS-thesis, UGA NUTR, Chair: Richard Lewis, 2016
Jenissa Gordon, UGA CURO Award Recipient, Chair: Hea Jin Park, 2016
Derek Coger, UGA CURO Award Recipient, Chair: Richard Lewis, 2015
Jordan Sylvester, UGA CURO Award Recipient, Chair: Richard Lewis, 2015
Madalene Dawson, UGA CURO Award Recipient, Chair: Richard Lewis, 2015
Lauren Kort, MS-thesis, UGA NUTR, Chair: Richard Lewis, 2014
Hannah (Goff) Ross, MS-thesis, UGA NUTR, Chair: Richard Lewis, 2012
Ashley Ferira, Ph.D. student, UGA NUTR, Chair: Richard Lewis, 2011
Jamie Williams, MS-thesis student, UGA NUTR, Chair: Richard Lewis, 2011
Katherine (Harris) Barnette, MS-thesis, UGA NUTR, Chair: Richard Lewis, 2010
Claire (Maust) McDaniel, MS-thesis, UGA NUTR, Chair: Richard Lewis, 2010
Maria (Breen) Williams, MS-thesis, UGA NUTR, Chair: Richard Lewis, 2009

GRADUATE STUDENT DPD ADVISING

Active

Victoria Gonzales, PhD+DPD, UGA NUTR, Chair: Jung Sun Lee 2028
Lindsey Redeke, DPD, UGA NUTR, Chair: Emma Laing 2027

Sydney Silverstein, DPD, UGA NUTR, Chair: Emma Laing 2027
Jackie Amaya, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2027
Kate Lower, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2026
Hollan Rabensdorf, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2026
Colleen O'Mahoney, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2026
Kelly Quinn-Echevarria, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2026
Elizabeth Blancard, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2026
Joshua Siger, MSNT+DPD, UGA NUTR, Chair: Jung Sun Lee 2026
Sara Purba, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2026
Jade Johnson, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2026

Completed

Eli Whitaker, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2025
Payton Brewer, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2025
Kassidy Sharpe, Ph.D.+DPD, UGA NUTR, Chair: Caree Cotwright 2024
Gabrielle Arters, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2023
Allison Arters, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2023
Celia Croxton, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2023
Whit Cooney, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2023
Dianna Thomas, MS-thesis+DPD, UGA NUTR, Chair: Ali Berg 2023
Alissa Pantuosco, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2023
Melissa Cruz, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2023
Grace Burton, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2023
Rebecca Mergy, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2022
Kate Levinson, MSNT+DPD, UGA NUTR, Chair: Emma Laing 2022
Chisom Okoli, Ph.D.+DPD, UGA NUTR, Chair: Caree Cotwright 2020
Nicholas Slagel, Ph.D.+DPD, UGA NUTR, Chair: Jung Sun Lee 2020
Jiyoung Kim, Ph.D.+DPD, UGA NUTR, Chair: Claire de La Serre 2020

OTHER MSNT ADVISING

Completed

William Jennings, MSNT advising, UGA NUTR, Chair: Emma Laing 2024
Amanda Paige Porter, MSNT advising, UGA NUTR, Chair: Emma Laing 2020
Alisha Lewis, M.Ed. advising, UGA Kinesiology, Chair: Bud Cooper, 2015

SUPERVISED TEACHING

Active

Anoosh Mahum, August 2026-December 2026; TA for NUTR 4500

Completed

Anoosh Mahum, January 2026-May 2026; TA for NUTR 4520
Mary Lazzaro, January 2026-May 2026; TA for NUTR 4530
Mary Lazzaro, August 2025-December 2025; TA for NUTR 4500 and 5900
Joan Song, January 2025-May 2025; TA for NUTR 4530
Claire Mouser, January 2025-May 2025; TA for NUTR 4520
Mary Lazzaro, August 2024-December 2024; TA for NUTR 4500
Joan Song, August 2024-December 2024; TA for NUTR 5900
Megan Appelbaum, January 2024-May 2024; TA for NUTR 4530
Yu-Chen (Jenny) Lin, January 2024-May 2024; TA for NUTR 4520
Leah Halls, January 2024-May 2024; TA for NUTR 5900
Claire Mouser, August 2023-December 2023; TA for NUTR 4500
Mai Spaulding, January 2023-May 2023; TA for NUTR 4520
Grace Madu, January 2023-May 2023; TA for NUTR 5900
Megan Appelbaum, January 2023-May 2023; TA for NUTR 4530
Alyssa Guadagni, August 2022-May 2023; TA for FDNS 4530 and NUTR 4500
Sitara Cullinan, January 2022-May 2022; TA for FDNS 4520
Jessica Beasley, August 2021-December 2021; TA for FDNS 4500
Abigail Starcher, January 2021-May 2021; TA for FDNS 4520
Catherine Prater, August 2020–May 2021; TA for FDNS 4500 and 4530

Olivia Delgado, August 2019–May 2020; TA for FDNS 4500 and 4530
Liana Rodrigues, January 2020-May 2020; TA for FDNS 4520
Carolina Cawthon, August 2017–December 2019; TA for FDNS 4500, 4520, 4620
Zachary Grunewald, August-December 2015; TA for FDNS 2100
Kathleen Norris, August-December 2014; TA for FDNS 4510
Elizabeth Stein August-December 2004; TA for FDNS 2100

PROFESSIONAL and COMMUNITY SERVICE ACTIVITIES

Current Only	**PROFESSIONAL AFFILIATIONS**
May 1994-present	Academy of Nutrition and Dietetics (AND) / GAND (State Affiliate)
July 2026-present	Association for Weight and Size Inclusive Medicine (AWSIM)
May 2024-present	Diversify Dietetics
December 2016-present	Nutrition and Dietetic Educators and Preceptors (AND Group)
March 2017-present	Nutrition Educators of Health Professionals (AND Dietetics Practice Group)
October 2023-present	Weight Inclusive Research and Education (WIRED) Collaborative

Participation Dates	**JOURNAL REVIEWS**
2003-2023	Journal of Dietetic Education, Nutrition in Clinical Practice, Journal of Food Studies, Journal of Photochemistry and Photobiology B: Biology, Journal of Medicine and Science in Sport and Exercise, Osteoporosis International, Pediatrics & Therapeutics: Current Research, International Journal of Obesity, International Journal for Vitamin and Nutrition Research

Participation Dates	**GRANT REVIEWS**
February 2012	Member, Wellness Program Grants Review Committee, "Caregivers Promoting Healthy Habits," Bright From the Start, GA DECAL (State)
September 2001-August 2010	Member, GA Osteoporosis Initiative Grants Review Committee, Atlanta, GA (State)
July-September 2007	Peer Reviewer, Self-Study Modules "Soy and Health" and "Soy Nutrition Basics" 2 CEUs each for RDNs and NDTRs, Pharmavite LLC, Northridge, CA

Participation Dates	**PROFESSIONAL SERVICE ACTIVITIES in DIETETICS**
July 2026-present	Member, Association for Size and Weight Inclusivity in Medicine (National)
June 2025-present	Education Council, Georgia Academy of Nutrition and Dietetics (State): Co-Chair, (2025-2026); Member (1997-present)
May 2024-present	Member, Diversify Dietetics (National)
October 2023-present	Member, Weight Inclusive Research & Education Collaborative (International)
January 2023-present	Advisory Board, Emory Hospital Dietetic Internship, Atlanta, GA (State)
March 2017-present	Executive Board, Nutrition Educators of Health Professionals Dietetics Practice Group, Academy of Nutrition and Dietetics (National): Communications Coordinator (2020-2023), Membership Chair (2017-2021); Member (2017-present)
December 2016-present	Member, Nutrition and Dietetic Educators and Preceptors Group, Academy of Nutrition and Dietetics (National)
July 2026	Expert Reviewer, Adventures in Food and Nutrition (middle school textbook), Chapter 4, Making Choices for Health, The Goodheart-Willcox Company, Inc.
January 2022-July 2026	Contributor, WITI Weight Inclusive Education Toolkit, Social Good Fund (National)
November 2023, July 2025	External Reviewer, Dossier for P&T, University of Houston (University)
June 2022-May 2025	Media Spokesperson, Academy of Nutrition and Dietetics (National)
August 2004-December 2024	Executive Board, Northeast Georgia Dietetics Association (Local): Nominating Committee Chair/Co-Chair (2004-2005; 2007-2009); Member (2004-2024)

August 1998-December 2024	Executive Board, Georgia Nutrition Council (State): Secretary (2022-2024), Nominating Committee Chair (2020-2021), Annual Conference Planning Committee Member (2020-2022), Scholarship Committee Chair (2019-2020); Member (1998-2024)
May 2021-December 2024	Member, Association for Size, Diversity, and Health (National)
July 2023-September 2024	Member, Weight Inclusive Nutrition and Dietetics (National)
October 2020-November 2023	Advisory Board, WIC Dietetic Internship, GA DPH (State)
August 2023	External Reviewer, Dossier for P&T, University of Washington (University)
July 2021-September 2021	External Reviewer, Dossier for P&T, University of North Florida (University)
November 2016-October 2018	Member, Sports, Cardiovascular and Wellness Nutrition AND DPG (National)
November 2016-October 2018	Member, American Society for Nutrition (International)
August 1998-October 2018	Member, American Society for Bone and Mineral Research (International)
November 2011-August 2016	Advisory Council, Nutrition, Athens MOVE Magazine, Athens, GA (Local)
October 2004-September 2013	Leadership Council, Policy Leadership for Active Youth, Atlanta, GA (State)
September 2001-August 2010	Member, Georgia Osteoporosis Initiative Youth Subcommittee, Atlanta, GA (State)
October 1999	Member, Gatorade Sports Nutrition Focus Group, Atlanta, GA (National)

Participation Dates	**UNIVERSITY SERVICE and OUTREACH ACTIVITIES**
January 2025-present	Chair, MS Nutritional Sciences, Community Nutrition Emphasis (Department)
November 2024-present	Chair, Non-Thesis MS Programs Graduate Subcommittee (Department)
September 2024-present	Member, FACS Teaching Faculty Learning Community (College)
Fall 2023-present	Participant, Relentless Welcome Initiative, UGA Center for Teaching and Learning
August 2021-present	Member, Graduate Committee (Department)
August 2017-present	Faculty Advisor, Student Dietetic Association (College)
July 2017-present	Member, Curriculum Committee (Department); Member (College: *2017-2022*)
May 2015-present	Director, Nutritional Sciences Communications Committee (Department)
September 2025-March 2027	Member, Professional & Applied Studies University Review Committee (University)
January 2026-May 2026	Participant, Well-Being by Design, Center for Teaching and Learning (University)
March 2026	Invited Participant, 2026 Academic Affairs Faculty Symposium (University)
October 2024-February 2025	Member, Asst. Prof. of Nutrition and Bone Health Search Committee (Department)
March 2025	Facilitator, Morehead Honors College Book Discussion (University)
December 2024	Marshal, Undergraduate Commencement Ceremony (University)
August 2021-December 2024	Interim Chair, MS Nutrition On-Line Degree Program Committee (Department)
November 2022-July 2024	Chair, New Clinical Faculty Position Search Committee (Department)
December & May 2014-2023	Faculty Reader, FACS Convocation Ceremony, University of Georgia (College)
October 2021-November 2022	Member, Clinical Faculty Search Committee, College of Public Health (College)
June 2022-August 2022	Member, SSAC Academic Advisor Search Committee (College)
August 2021-April 2022	Member, Nutritional Sciences Department Head Search Committee (College)
November 2021-December 2021	Member, FACS Alumni Awards Selection Committee (College)
July 2021-September 2021	Member, Research Professional Search Committee for Dr. Cotwright (Department)
February 2021-August 2021	Member, Departmental Name Change Communication Committee (Department)
February 2021-August 2021	Chair, Clinical Faculty Position Search Committee (Department)
August 2017-July 2021	Chair, Foods and Nutrition Curriculum Committee (Department); Member (College)
January 2021	Host, Departmental Seminar speaker, Jeffrey Hunger (Department)
December 2020	Moderator, Rick Lewis Retirement (virtual) Event (Department)
August 2019-July 2020	Member, New Tenure Track Faculty Position Search Committee (Department)
August 2016-May 2020	Member, Foods and Nutrition Awards Committee (Department)
August 2019-May 2020	Member, Foods and Nutrition Alumni Relations Committee (Department)
August 2017-August 2020	Attendee, FACS Leadership Retreat (College)
February 2020	Host, Departmental Seminar Speaker, Sylvia Poulos (Department)
October 2017	Host, Departmental Seminar Speaker, Amy Goss (Department)
August 2019	Planning Committee & Attendee, UGA Health Center Fresh Check (University)

November 2017-February 2018	Interim Chair, Foods and Nutrition Alumni Relations Committee (Department)
August 2017-January 2018	Member, MLK Day Centennial committee (College)
October 2017	Member, Foods and Nutrition Double Dawgs Committee (Department)
July 2015, June 2017	Member, FACS Celebrating Excellence Committee (College)
August 2016-June 2017	Member, Foods and Nutrition Curriculum Committee (Department)
August 2013-2016	Member, University Council Committee on Facilities (University)
December 2014-May 2016	Faculty Mentor, Whatever It Takes at UGA (University)
December 2014-2016	Member, Communications Committee (College)
October 2011-2016	Member, UGA Obesity Initiative teams: Maternal and Childhood Obesity, Obesity and Immunology, and Bone and Fat (University)
January-August 2016	Faculty Mentor, Sports Nutritionist to Row for Hemophilia (University)
February 2016	Award Presenter, 39th Annual FACS Alumni Awards Luncheon (College)
October 2015-December 2015	Member, Vending Machine Project, University of Georgia (Department/College)
November 2014-December 2015	Member, Task Force on Facilities, Office of the University Architects and the Facilities Management Division (University)
December 2014-May 2015	FDN Faculty Representative, Gonfalon Committee (College)
December 2014-May 2015	Chair, Foods and Nutrition Communications Sub-Committee (Department)
September 2004-December 2005	Member, University of Georgia Athletic Association and Health Services Eating Disorder Team (University)
September 1998-May 1999	President, Foods and Nutrition Graduate Student Organization (Department)
October 1996-March 1997	Chair, National Nutrition Month Committee, Emory University Hospital, Atlanta, GA (Department)

Participation Dates	**COMMUNITY SERVICE and OUTREACH ACTIVITIES**
February 2002-present	Organize and collect clothing, toy, and food donations for the Athens Inter-Community Council, DFCS, Salvation Army, Project Safe, The Cottage, Extra Special People, Inc. and the Little Free Pantry; Serve as social media and website admin for local community organizations, Athens, GA (Local)
August 2009-July 2023	Nutrition Director, Lifespan Montessori of Athens, Inc., a childcare program serving children ages 6 weeks to 5 years, Athens, GA; Led the program through achievement of national and state accreditations, as well as several school-wide and individual teaching and administrative awards (Local)
May 2019-December 2022	Member, 100+ Women Who Care Athens (Local)
August 1998-present	Member, St. Gregory the Great Episcopal Church, Athens, GA (Local)
July 2009-2017	Member, Georgia Association on the Education of Young Children (State)
July 2009-2017	Member, National Association on the Education of Young Children (NAEYC)
July 2009-2017	Member, Southern Early Childhood Association (Regional)
September 2012-July 2015	Chair, Newsletter Committee, Georgia Association on Young Children (State)
January 2012-July 2015	Member, Board of Directors, District 8 Representative, Georgia Association on Young Children (State)
June 2014	Invited Participant, Frontiers of Innovation Georgia Design Workshop on Social-Emotional Development, facilitated by the Center on the Developing Child at Harvard University and Georgia Early Education Alliance for Ready Students, Atlanta, GA (State)
November 2013	Recipient, Governor's Childhood Obesity Initiative, Georgia SHAPE award; Lifespan was recognized as a "Model Early Care and Learning Program in Nutrition and Physical Activity;" criteria included outstanding nutrition policies, breastfeeding support, and physical activity curricula (State)
November 2012	Volunteer for the YWCO "Kids Tri the Y" Triathlon for ages 6 to 12 years (Local)
April 1999-April 2005	Volunteer for Athens Run/Walk for Home; beneficiaries included the Homeless Shelter, Salvation Army, Project Safe, The Ark, and others, Athens, GA (Local)
January 2005-February 2006	Outreach Coordinator, Athens Canine Rescue, Athens, GA (Local)
November 2003-December 2004	Adoption Coordinator, Athens Canine Rescue, Athens, GA (Local)

February 1996-March 1996	Volunteer for Delaware Department of Health and Human Services (DHHS) RD; conducted home visits of failure-to-thrive children, Wilmington, DE (Local)
April 1995-August 1995	Prepared food for Ronald McDonald House, Wilmington, DE (Local)
January 1995-July 1995	Volunteer for Delaware Food Bank, Wilmington, DE and Newark, DE (Local)
October 1994	Volunteer in OBGYN Clinic; shadowed DHHS RD with nutrition counseling of high-risk prenatal cases, Wilmington Hospital, Wilmington, DE (Local)
September 1992-December 1992	Aided radio station (FM 102.3 WHYL) with the promotion of a tennis tournament to benefit youth Drug Awareness Resistance Education, Carlisle, PA (Local)
October 1991-December 1991	Volunteer for Meals on Wheels, prepared and distributed food to homebound elders, Brisbane, AUS (Local)

FUNDING CONTRIBUTIONS TO NUTRITION RESEARCH and OUTREACH

Project Start Dates	**GRANTS and PROJECTS FUNDED**
March 2024	**Laing E.M.,** Bobbi Meeler Sahm Service and Outreach Award in partnership with the Athens YMCA. The University of Georgia. July 2024-April 2025.
April 2021	**Laing E.M.,** Lewis R.D. Supplement to the Egg Consumption, Skeletal Health, and Cognition in Obese and Normal Weight Children: A Randomized-Controlled Feeding Trial; Phase 2: Biochemical Analyses (PI). The Egg Nutrition Center. American Egg Board. 2021-2022.
September 2017	Lewis R.D., **Laing E.M.,** Oshri A., Kealey K., Tripp R.A. Effects of Egg Consumption on Skeletal and Cardiovascular Health in Children: A Long-Term Feeding Trial; Phase 2 (Clinical Trial) (Co-I). $564,302. The Egg Nutrition Center. American Egg Board. 2017-2020.
October 2017	Lewis R.D., **Laing E.M.,** de La Serre C.B., Oshri A., Loechner K., Fialkowski A., Duckham R. Autism Spectrum Disorder: The Role of Diet, Physical Activity, and Gut Microbiome on Bone Strength. University of Georgia CTRU Seed Grant. $38,639.40. 2017-2018.
April 2017	Duckham R.L., Teo W.P., Lewis R.D., **Laing E.M.,** Lee-Brennan S., Rodda C. What is the association between dietary intake, bone health and gut function in children with Autism Spectrum Disorder? Institute for Physical Activity and Nutrition Seed Grant, Deakin University. 2017-2018.
August 2016	Lewis R.D., **Laing E.M.,** Oshri A., Kealey K., Tripp R.A., Phillips R.D. Effects of Egg Consumption on Bone Strength in Children: Phase 1: Prototype design and testing of egg and placebo products (Co-I). Egg Nutrition Center. $48,590. 2016-7.
October 2014	Lewis, R.D., **Laing, E.M.,** Kindler, J.M., Berger, P.K. Diet and Obesity: Impact on Skeletal Health During the Growing Years (Co-I). The Coca-Cola Company. $45,000. 2014-2016.
October 2014	Lewis, R.D., **Laing, E.M.,** Berger, P.K., Oshri, A., Tripp, R.A. "Egg consumption, inflammation and bone health in children (Co-I). Egg Nutrition Center, $54,999. 2014-2016.
June 2014	Lewis R.D., **Laing E.M.,** de la Serre C., Berger P.K., Harn D. Filipov N. UGA "Obesity, Inflammation and Bone Architecture." Obesity Initiative Research Grant (Co-I), $1,600. 2014-2015.
October 2012	Lewis R.D., **Laing E.M.,** Tripp R.A., Tompkins S.M. "Adenovirus, Obesity and Bone Strength in Preadolescent Children" UGA Obesity Initiative Research Grant (Co-I), $25,000. 2012-2013.
July 2012	**Laing E.M.** UGA Junior Faculty Research Grant, (PI), Office of the Vice President for Research, $9,896. "Vitamin D and Muscle in Early Adolescents: Serum Insulin-Like Growth Factor and Myostatin Responses to Vitamin D Supplementation" 2012-2013.

August 2009
(No-cost Extension: July 2013)
Lewis R.D., **Laing E.M.,** Weaver C.M., Martin B., Hall D.B., Hausman D.B., McCabe G.M., Warden S.J. Peacock M. R01HD57126-01 (Co-I); National Institutes of Health, NICHD, $2,221,951 "Supplemental Vitamin D and Functional Outcomes in Early Adolescence." 2009-2013

June 2009
(No-cost Extension: May 2012)
Lewis, R.D., **Laing, E.M.,** Hausman, D.B., Hall, D.B., Pollock, N.K., Baile, C.A., Brody, G. 2.008.319 (Co-I); Allen Foundation, Inc., $54,561 "The Effect of Vitamin D Supplementation on Pre-Diabetes in Obese Adolescents." 2009-2012.

February 2007
(No-cost Extension: Jan 2011)
Lewis, R.D., Laing, E.M., Grider, A., & Hall, D.B. 1R03HD054630-01 (Co-I); National Institutes of Health, $147,500 "Supplemental Zinc and Bone Turnover in Early Pubertal Females." 2007-2011.

September 2004
Laing, E.M. 10-21-RR581-373 (PI); National Osteoporosis Foundation, $57,000 "A Prospective Analysis of Geometric Changes in the Proximal Femur in Young Female Gymnasts." 2004-2005.

Project Start Dates

ADMINISTRATIVE GRANTS AND TRAVEL AWARDS

March 2026 **Laing E.M.** UGA Parents Leadership Council Grant for ServSafe, $993.78

March 2026 Piller M., **Laing E.M.** UGA Parents Leadership Council Grant for SDA, $1609.63

Spring 2021-present, consecutive **Laing E.M.** UGA First Year Odyssey funds for out-of-class activity, $300

Apr 2019, Oct 2024, 2025 **Laing E.M.** UGA Student/Faculty Enrichment Fund, UGA Office of Vice President for Student Affairs, $300

Oct 2022, 2023, 2024, 2025 **Laing E.M.** UGA FACS Student Technology Fee funding allocation (AND membership for $4,060; eNCPT for $2,100 and NCM for $790)

July 2024, 2025 **Laing E.M.** UGA Office of Instruction Teaching Enhancement and Innovation Fund (Essential Pocket Guide for Clinical Nutrition 4th Ed) FY25 $3,049, FY26 $2500

February 2021 **Laing E.M.** UGA Active Learning Summer Institute, $7,500K

December 2020 **Laing E.M.** UGA Obesity Initiative Statistical Consulting Award, $750 total costs

October 2015 **Laing E.M.** University of Georgia: The Graduate School Recruitment Enhancement Grant, $2,000 total costs

October 2012 **Laing E.M.** UGA Provost's Travel Funds to attend ASBMR, Minneapolis, MN

October 2010 **Laing E.M.** UGA Provost's Travel Funds to attend ASBMR, Toronto, ON

Project Start Dates

PARTIALLY FUNDED HATCH PROJECTS

May 2016
Laing, E.M. (PI) Dietary Influences on Childhood Musculoskeletal Health, Variable amounts, USDA, CSRS, National Institute of Food and Agriculture GEO00798. 2016-2020.

April 2016
Lewis R.D., **Laing E.M.** (Co-I) Obesity, Physical Activity and Bone Strength in Children and Adults, Variable amounts, USDA, CSRS, National Institute of Food and Agriculture GEO00797. 2016-2021

July 2012
Laing, E.M. (PI) Vitamin D Supplementation and Muscle Responses in Early Adolescence, Variable amounts. USDA, CSRS, National Institute of Food and Agriculture GEO00700. 2012-2015.

July 2008
Lewis R.D., **Laing E.M.** (Co-I) Interrelationships Among Bone Strength, Diet and Physical Activity in Children and Adults. Variable amounts, USDA, CSRS, National Institute of Food and Agriculture Hatch Project GEO00647. 2008-2013.

Submission Dates

GRANTS and PROJECTS NOT FUNDED

February 2022, 2023
Laing E.M. Margene Wagstaff Fellowship for Innovation in Dietetics Education (PI). Academy of Nutrition and Dietetics Foundation.

October 2016
Lewis R.D., **Laing E.M.,** Oshri A., Grider A., Kindler J.K. Supplemental Zinc and Bone Strength in Early Adolescence (Co-I). NICHD National Institutes of Health.

July 2016
Lewis R.D., **Laing E.M.,** Oshri A., Kealey K., Tripp R.A. Egg Consumption, Inflammation and Skeletal Health in Obese Children: A Randomized-Controlled Feeding Trial. The United States Department of Agriculture (Co-PD).

December 2015 Lewis R.D., **Laing E.M.,** Oshri A., Ward K. Promoting Health and Preventing Excessive Weight Gain in Obese ACC Youth. Mulherin Foundation.

December 2015 Yli-Piipari S. (PI), Lewis R.D., Young H.N., Shen Y., **Laing E.M.,** Udwadia J. National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention Childhood Obesity Research Demonstration 2.0, RFA- DP-16–004. Confidence Ownership Responsibility Exercise, LLC (CORE).

November 2015 Yli-Piipari S. (PI), Lewis R.D., Young H.N., Shen Y., **Laing E.M.,** Udwadia J. An Examination of the CORE Lifestyle Program on the Cardio-Metabolic and Behavioral Outcomes among High-Risk Hispanic Children with Multiple Weight-Related Health Risks UGA CTRU SEED GRANT PROPOSAL.

July 2014 Lewis R.D., Tripp R.A., **Laing E.M.,** Weaver C.M., Peacock M. Sayers A. Adenovirus Influences on Childhood Obesity, Inflammation and Bone: The Use of MicroRNAs (miRNA) as Biomarkers of Disease. UGA Office of the Vice President for Research Interdisciplinary Proposal Development Program, $52,000.

May 2014 Pollock N.K., Lewis R.D., **Laing E.M.** National Institutes of Health, $1,309,536. Adolescent Obesity, Bone Development, and Cardiometabolic Risk Factors.

April 2014 Kindler J.M., Lewis R.D., **Laing E.M.** Obesity, type 2 diabetes, and skeletal architecture in late adolescent females. Amy Joye Memorial Research Award, Academy of Nutrition and Dietetics Foundation, $5,000.

March 2014 **Laing E.M.,** Lewis R.D., Miller S.L., Kindler J.M. UGA Junior Faculty Research Grant, (PI), Office of the Vice President for Research, $9,981. "Obesity, Cardiometabolic Risk Factors and Bone Architecture."

February 2014 Lewis R.D., **Laing E.M.,** Berger P.K., McCabe G.P., Tripp R.A. American Society for Bone and Mineral Research Grants in Aid Program, $50,000. "Adenovirus 36, Obesity and Inflammation Related to Bone Development During Puberty: A 3 to 4 Year Follow-Up."

January 2014 Lewis R.D., **Laing E.M.,** Berger P.K., Pollock N.P. Egg Nutrition Center/American Egg Board, $198,755. "Effects of Egg Consumption on Inflammation and Bone Turnover in Obese Adolescents Infected with Adenovirus 36."

December 2013 Lewis R.D., **Laing E.M.** Allen Foundation, $303,176. "Supplemental Zinc and Bone Strength in Early Adolescence."

November 2013 **Laing E.M.** International Osteoporosis Foundation SERVIER Young Investigator Grant, Euro 40,000. "Adenovirus 36, Obesity and Inflammation Related to Bone Development During Puberty: A 3 to 4 Year Follow-Up."

October 2013 Kort L, **Laing E.M.,** Pollock N.K., Lewis R.D. National Collegiate Athletic Association, $7,500. "Do Former NCAA Gymnasts Maintain Higher Bone Density Three Decades After Retirement from the Sport?"

October 2013 Lewis R.D., Zhao Q., **Laing E.M.,** Kindler J.M. UGA Obesity Initiative, $25,000. "Cortical Porosity, Bone Marrow, and Bone Strength in Young Obese Adults."

September 2013 Lewis R.D., **Laing E.M.,** Berger P.K., Tripp R.A. UGA Obesity Initiative, $25,000. "Adenovirus 36, Obesity and Inflammation Related to Bone Development During Puberty: A 3 to 4 Year Follow-Up."

April 2013 Bryant C., Lewis R.D., Bales D. Crawley C., Grossman B., Johnson L., **Laing E.M.,** Mancini J., Oshri A. United States Department of Agriculture, $2,942,541. "Obesity Prevention for Children and Adolescents: A Home-Based Family Systems & Community Capacity Intervention."

March 2013 **Laing E.M.** American Society for Bone and Mineral Research Career Enhancement/Young Investigator General Research Award, $55,000. "Adenovirus 36, Obesity and Bone Development during Puberty: the Role of Inflammation."

March 2013 Grider, A., Lewis, R.D., & **Laing, E.M.** Serum Biomarkers of Zinc Supplemented Early Pubertal Females. National Institutes of Health. $74,250.

October 2012 & Feb 2013 Tripp R.A., Lewis R.D., **Laing E.M.** Tompkins S.M. National Institutes of Health, $423,361. "Adenovirus, Obesity and Bone Strength in Preadolescent Children."

June 2012	**Laing E.M.** American Society for Bone and Mineral Research Career Development Award, $55,000. "Serum IGF-I and Myostatin Responses to Vitamin D Supplementation in Adolescents."
September 2012	Grider A., Lewis R.D., **Laing E.M**. National Institutes of Health, $74,250. Serum Biomarkers of Zinc Supplemented Early Pubertal Females.
September 2012	Lewis R.D., **Laing E.M.,** Baxter-Jones A, Grider A., Isales C., Pollock NK. National Institutes of Health, NICHD, $1,536,851. Supplemental Zinc and Bone Strength in Early Adolescence.
April 2011	Lewis R.D., **Laing E.M.,** Anderson K., Bailey L.B., Della-Fera M.A., Baile, C.A. March of Dimes, $501,106. Effects of Maternal Adiposity and Vitamin D Supplementation on Infant Bone Health.
February 2011	Anderson A.K., **Laing, E.M.,** Hausman D.B. Maternal Vitamin D During Pregnancy and Neonatal Outcomes in a Diverse Population, Children's Healthcare of Atlanta. $49,976. *Letter of Intent Submitted.*
February 2011	RHD071287A. **Laing E.M.,** Hall D.B., Hausman D.B., Lewis R.D. Vitamin D Supplementation and Muscle Responses in Early Adolescence. National Institute of Child Health and Human Development. $74,250.
April 2010	Anderson A.K., **Laing E.M.,** Hausman D.B., Helfgott A, Fisher S, Lewis R.D. Association between Maternal Vitamin D Status and Preterm Birth. Centers for Disease Control and Prevention. *Letter of Intent Submitted.*
June 2010	Pollock N.K., **Laing E.M.,** Davis C, Young-Hyman D., Dong Y., Zhu H., Bernard P., Lewis R.D., Mullis R., Hausman D., Baile C. Vitamin K2 and the Metabolism of Glucose, Insulin, and Adipokines in Prepubertal Overweight Children with Pre-Diabetes, University System of Georgia Childhood Obesity Proposal, $25,000.
July 2010	Preliminary Data: Vitamin D Supplementation and Muscle Strength In Adolescents, American Society for Bone and Mineral Research Career Development Award, **Laing, E.M.** (Principal Investigator), $55,000.
	Preliminary Data: Vitamin D Supplementation and Muscle Strength In Adolescents, American Society for Bone and Mineral Research Junior Faculty Award, **Laing, E.M.** (Principal Investigator), $55,000.

DISSEMINATION OF RESEARCH

BOOK CHAPTERS

Publication Dates	**(* Indicates invited submission)**
2027 (submitted)	***Laing E.M.** Dennett C., Advani S., Harrop E. Anti-fatness in nutrition and dietetic care. (2027) In: Basinger and Arroyo (Eds.) Advances in Personal Relationships.
2018	***Laing E.M.** and Lewis R.D. New concepts in vitamin D requirements for children and adolescents: a controversy revisited. (2018) In: Giustina and Bilezikian (Eds.) Frontiers in Hormone Research: Vitamin D in clinical medicine, Vol 50, pp 42-65, Switzerland, Karger.
2018	*Lewis R.D., **Laing E.M.**, Weaver C.M. Chapter 41: Adolescence and Acquisition of Peak Bone Mass. (2018) In: Feldman D., Pike J.W., & Adams J.S. (Eds.) Vitamin D, Volume 1: Biochemistry, Physiology And Diagnostics, Fourth Edition, pp 731–753, San Diego, CA: Elsevier, Inc.
2016	*Lewis R.D., Kindler J.M., **Laing E.M.** Chapter 3: Obesity, Insulin Resistance and Pediatric Bone (2016) In: Weaver C.M., et al. (Eds.) Nutritional Influences on Bone Health, 9th International Symposium on Nutritional Aspects of Osteoporosis. Switzerland, Springer International Publishing. *Available via eBbook.* Pages 21-33.
2015	*Lewis R.D., **Laing E.M.,** Foss S.M. Chapter 6: The War on Hunger to the Fight Against Obesity (2015) In: Nickols S.M. and Kay G. (Eds.) Remaking Home Economics: Resourcefulness and Innovation in Changing Times, UGA Press.

2013 *Lewis R.D. and **Laing E.M.** Chapter 23: Vitamin D Supplementation and Changes in Vitamin D and Bone Metabolites in Children (2013) In: Burckhardt P., et al. (Eds.) Nutritional Influences on Bone Health, London, Springer-Verlag, 227-236.

2013 ***Laing E.M.** Chapter 23: Exercise and Nutrient Need (2013) In: Berdanier C.D., Dwyer J. & Heber D. (Eds.) Handbook of Nutrition and Food, 3rd Edition, Boca Raton, FL: Taylor & Francis Group, LLC., 359-371.

November 2011 *Weaver C.M., Lewis R.D., **Laing E.M.** (2011) Vitamin D in Skeletal Growth and Development. In: Translational Endocrinology & Metabolism: Vitamin D Update, Volume 2, Number 3 (pp. 43-60). The Endocrine Society, Chevy Chase, MD.

June 2011 *Weaver C.M., **Laing E.M.**, & Lewis R.D. Chapter 37: Adolescence and Acquisition of Peak Bone Mass. (2011) In: Feldman D., Pike J.W., & Adams J.S. (Eds.) Vitamin D, Third Edition, San Diego, CA: Elsevier, Inc. 657-677.

Winter 2007 ***Laing E.M.** Chapter 19: Exercise and Nutrient Need. (2007) In: Berdanier C.D., Feldman E. & Dwyer J. (Eds.) Handbook of Nutrition and Food, 2nd Edition, Boca Raton, FL: CRC Press, Inc. 373-388.

Publication Dates

REFEREED JOURNAL PUBLICATIONS

(* Indicates publications of national or international standing)

February 2026 Slagel NW, Hall DB., Wang Y, Clifford DE, Harris CL, Hunger J.M., Duran Z, Crawley K, **Laing EM**. In Response to "Toward Balanced Curricula: Advancing Nondiet and Weight-Neutral Education in Dietetics." 2026 *J Nutr Educ Behav*, 58(2):152-153.

July 2025 Levinson J, Harris CL, **Laing EM**, Squires ND, Clifford DE, Hunger JM. Reply to: Letter to the Editor in Response to "Weight-Inclusive Approaches to Nutrition and Dietetics: A Needed Paradigm Shift." 2025 *J Nutr Educ Behav*, 57(7):698-699.

July 2025 *Clifford DE, **Laing EM**, Harris CL, Slagel NW, Levinson J, Squires ND, Hunger JM. Incorporating Weight-Inclusive Approaches in Higher Education Curriculum for Future Nutrition and Dietetics Professionals. 2025 *J Nutr Educ Behav*, 57(7):680-9.

April 2025 *Slagel NW, Hall DB., Wang Y, Clifford DE, Harris CL, Hunger J.M., Duran Z, Crawley K, **Laing EM**. Incorporating Nondiet and Weight-Neutral Principles in a University Dietetics Curriculum. 2025 *J Nutr Educ Behav*, 57:703-715.

December 2024 *Levinson J, Harris CL, **Laing EM**, Squires ND, Clifford DE, Hunger JM. Weight-Inclusive Approaches to Nutrition and Dietetics: A Needed Paradigm Shift. 2024 *J Nutr Educ Behav,* 56(12):923-930.

October 2024 *Squires ND, Goode M, Pye A, Papini NM, Lopez NV, Harris CL, Dillon JD, **Laing EM,** Lee S, Clifford DE. Weight-Inclusive Podcasts Improved Intuitive Eating, Body Appreciation, and Anti-Fat Attitudes Among Nutrition Students. 2024 *J Nutr Educ Behav*, 56(10):710-718.

December 2023 *Coheley LM, Yu M, Chen X, O'Connor PJ, Kealey KS, **Laing EM**, Oshri A, Marand AK, Lance JM, Kindler JM, Lewis RD. The Impact of Whole Egg Consumption on Bone Accrual in Healthy Children: A Randomized Controlled Trial. 2023 *J Bone Miner Res*, 38(12):1809-1821.

January 2023 *Ishikawa Y, **Laing EM**, Anderson AK, Zhang D, Kindler J., Trivedi R., Sattler E. Comparison of Diagnostic Methods for Type 2 Diabetes in Patients with Heart Failure. 2023 *Diab Epidemiol Manag*, 9:Fe.

December 2022 *O'Connor PJ, Chen X, Coheley LM, Yu M, **Laing EM**, Oshri A, Marand A, Lance JM, Lewis RD. The effects of 9 months of formulated whole-egg or milk powder food products as meal or snack replacements on executive function in preadolescents: A randomized placebo-controlled trial. 2022 *Am J Clin Nutr*, 116(6):1663-71.

May 2022 *Cerminaro C, Sazonov E, McCrory M, Steiner-Asiedu M, Bhaskar V, Gallo S, **Laing EM**, Anderson AK, Feasibility of the Automatic Ingestion Monitor (AIM-2) for the assessment of infant feeding: a pilot study among breastfeeding mothers from Ghana. 2022 *Public Health Nutrition,* May 26;1-11.

August 2022 *Ishikawa Y., **Laing EM**, Anderson AK, Zhang D, Kindler J., Trivedi R., Sattler E. Adherence to the Dietary Approaches to Stop Hypertension Diet is Associated with Low Levels of Insulin Resistance among Heart Failure Patients, 2022 *Nutrition, Metabolism and Cardiovascular Diseases*, Aug;32(8):1841-1850.

February 2022 *Ishikawa Y, Lewis R, **Laing EM**, Anderson AK, Zhang D, Quyyumi A, Dunbar S, Trivedi R., Sattler E, Prevalence and Trends of Type 2 Diabetes Mellitus and Prediabetes among Community-Dwelling Heart Failure Patients in the United States. 2022 *Diabetes Research and Clinical Practice*, Feb;184:109191.

August 2019 *Kindler JM, **Laing EM**, Liu W, Dain JA, Lewis RD. Pentosidine is Associated with Cortical Bone Geometry and Insulin Resistance in Otherwise Healthy Children. 2019 *J Bone Miner Res,* Aug;34(8):1446-1450.

November 2018 *Wright C.S., **Laing E.M.,** Pollock N.K., Hausman D.B., Weaver C.M., Martin B.R., McCabe G.P., Peacock M., Warden S.J., Hill Gallant K.M., Lewis R.D. Serum 25-hydroxyvitamin D and intact parathyroid hormone influence muscle outcomes in children and adolescents. 2018 J Bone Miner Res, Nov;33(11):1940-1947.

August 2018 *Coheley L.M., Kindler J.M., Laing E.M., Oshri A., Hausman D.B., McCabe G.P., Martin B.R., Hill Gallant K.M., Warden S.J., Weaver C.M., Peacock M., Lewis R.D. Whole egg consumption and cortical bone in healthy children. 2018 *Osteoporosis International*, Aug;29(8):1783-1791.

February 2018 *Yli-Piipari, S., Berg, A., **Laing, E.M.,** Hartzell, D.L., Parris, K.O., Udwadia, J., and Lewis, R.D. A 12-Week Lifestyle Program to Improve Cardiometabolic, Behavioral, and Psychological Health in Hispanic Children and Adolescents. 2018 *Journal of Alternative and Complementary Medicine*, Feb;24(2):132-138.

November 2017 *Kindler J.M., Pollock N.K., Ross H.L., Modlesky C.M., Singh, H., **Laing E.M.,** Lewis R.D. Obese versus normal-weight late-adolescent females have inferior trabecular bone microarchitecture: a pilot case-control study. 2017 *Calcified Tissue International,* Nov;101(5):479-488.

July 2017 *Kindler J.M., Pollock N.K., **Laing E.M.,** Oshri A., Jenkins N.T., Isales C.M., Hamrick M.W., Ding K.H., Hausman D.B., McCabe G.P., Martin B.R., Hill Gallant K.M., Warden S.J., Weaver C.M., Peacock M., Lewis R.D. Insulin resistance and the IGF-I-cortical bone in children ages 9-13 years. 2017 *J Bone Miner Res*, 32(7):1537-1545

July 2017 *Lobene A.J., Kindler J.M., Jenkins N.T., Pollock N.K., **Laing E.M.,** Grider A. Lewis R.D. Zinc supplementation does not alter indicators of insulin secretion and sensitivity in black and white female adolescents, 2017 *J Nutr,* 147(7):1296-1300.

March 2017 *Grider A., Bakre, A.A. **Laing, E.M.,** Lewis, R.D. In Silico Analysis of MicroRNA Regulation of Bone Development: Metal Response Element-Binding Transcription Factor 1 and Bone Signaling Pathways. 2017 *Austin J Nutr & Metab*, 4(1):1042.

March 2017 *Giudici K.V., Kindler J.M., Martin B.R., **Laing E.M.,** McCabe G.P., McCabe L.D., Hausman D.B., Martini L.A., Lewis R.D., Weaver C.M., Peacock M., Hill Gallant K.M. Associations among osteocalcin, leptin and metabolic health in children ages 9-13 years in the United States. 2017, *Nutrition & Metabolism,* 7;14:25.

April 2016 *Ferira A.J., **Laing E.M.,** Hausman D.B., Hall D.B., McCabe G.P., Martin B.R., Hill Gallant K.M., Warden S.J., Weaver C.M., Peacock M., Lewis R.D. Vitamin D Supplementation Effects on Insulin Sensitivity and Resistance in Early Pubertal White and Black Children. 2016 *J Clin Endocrinol Metab.* Apr;101(4):1710-8.

January 2016 *Gordon J.D., Hausman D.B., Bailey L.B., Lewis R.D., **Laing E.M.,** Park H.J. Impact of gluten-containing foods on folate intake of women of childbearing age. 2016 *The Digest*, Research Dietetic Group, Academy of Nutrition and Dietetics, 51(1), 2-7.

January 2016 *Kindler J.M., Pollock N.K., **Laing E.M.**, Jenkins N.T., Oshri A., Isales C., Hamrick M.W., Lewis R.D. Insulin resistance negatively influences the muscle-dependent IGF-I-bone mass relationship in pre-menarcheal girls. 2016 *J Clin Endocrinol Metab.* Jan;101(1):199-205.

October 2015 *Berger P.K., **Laing E.M.,** Pollock N.K., Chertin V., Grider A., Shapses S.A., Ding K.H., Isales C.M., Lewis R.D. Zinc supplementation enhances procollagen Type 1 amino-terminal propeptide in premenarcheal girls: a randomized controlled trial. 2015 *J Nutr*. 145(12):2699-704.

December 2015 *Grider A., Lewis R.D., **Laing E.M.,** Bakre, A.A., Tripp, R.A. Zinc Affects miR-548n, SMAD4, SMAD5 Expression in HepG2 Hepatocyte and HEp-2 Lung Cell Lines, 2015 *Biometals*. Dec;28(6):959-66.

May 2015 *Lewis R.D. and **Laing E.M.** Conflicting reports on vitamin D supplementation: Evidence from randomized controlled trials. SI: Bone Health & Nutrition; 2015 *Molecular and Cellular Endocrinology (Invited)*. 410:11-18.

July 2014 *Kindler J.M., Goff-Ross H.L., **Laing, E.M.,** Modlesky C.M., Pollock N.K., Baile C.A., Lewis R.D. Load-specific physical activity scores are related to tibia bone architecture. 2015 *Int J Sport Nutr Exerc Metab.* Apr;25(2):136-44.

June 2014 *Berger P.K., Pollock N.K., **Laing E.M.,** Warden S.J., Hill Gallant K.M., Hausman D.B., Baile C.A., Tripp R.A., McCabe L.D., McCabe G.P., Weaver C.M., Peacock M., Lewis, R.D. Adenovirus 36 infection, adiposity and inflammation-related markers in children. 2014 *J Clin Endocrinol Metab*. 99(9):3240-6.

January 2014 *Berger P.K., Principe-Craig J.L., **Laing E.M.,** Henley E.C., Pollock N.K., Blair R.M., Baile C.A., Hall D.B., Lewis R.D. Weight gain in college females is not prevented by isoflavone-rich soy protein: a randomized controlled trial. 2014 *Nutr Res*. 66-73.

December 2013 *Lewis R.D., **Laing E.M.,** Hill Gallant K.M., Hall D.B., McCabe G.P., Martin B.R., Warden S.J., Peacock M., Weaver C.M. A randomized trial of vitamin D3 supplementation in children: dose-response effects on vitamin D metabolites and calcium absorption. 2013 *J Clin Endocrinol & Metab.* 98(12):4816-4825.

March 2013 ***Laing E.M.,** Tripp R.A., Pollock N.K., Baile C.A., Della-Fera, M.A., Rayalam S., Tompkins S.M., Keys D.A., Lewis R.D. Adenovirus 36, Adiposity and Bone Strength in Late-Adolescent Females. 2013 *J Bone Miner Res*. 28(3):489-96.

January 2013 *Warden S.J., **Laing E.M.,** Ferira A.J., Hill K.H., Martin B.R., Weaver C.M., Peacock M., Hausman D.B., Lewis R.D. Racial Differences in Cortical Bone and their Relationship to Biochemical Variables in Early Pubertal Children. 2013 *Osteoporos Int*. 24:1869-1879.

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September 2006 Pollock N.K., **Laing E.M.,** Baile C.A., Hamrick M.W., & Lewis R.D. (2006) Body Fat is Negatively Associated with Bone Strength and Geometric Indices of the Tibia and Radius in Adolescent Females. *J Bone Miner Res* 21(M189): S377.

September 2005 **Laing E.M.,** Modlesky C.M., Wilson A.R., Hall D.B., Beck T.J., & Lewis R.D. (2005) A Prospective Analysis of Geometric Changes in the Proximal Femur in Young Female Gymnasts. *J Bone Miner Res* 20(M020): S318.

September 2005 Pollock N.K., **Laing E.M.,** Wilson A.R., Modlesky C.M., Beck T.J., & Lewis R.D. (2005) Body Fatness and Bone Properties in Prepubertal Females: A Two Year Prospective Study *J Bone Miner Res* 20(M021): S318.

September 2005 Gildea R.A., **Laing E.M.,** Hall D.B., Modlesky C.M., Beck T.J., Wilson A.R., Baile C.A., & Lewis R.D. (2005) 24-months of Gymnastics Training on Insulin-like Growth Factors in Prepubertal Females. *J Bone Miner Res* 20(SA150): S130.

April 2005 Stein E.M., **Laing E.M.,** Wilson A.M.R., Modlesky, C.M., Kimlin, M.G., Hall D.B. & Lewis R.D. (2005) Serum 25-Hydroxy-Vitamin D Levels and Bone in Prepubertal Females Living in a Southern Latitude. *J FASEB* (62.6): A169.

October 2004 Pollock N.K., **Laing E.M.,** & Lewis R.D. (2004) Retired Gymnasts Retain Higher Bone Mass: A 10-Year Follow Up. *J Bone Miner Res* 19(M207): S393.

October 2004 **Laing E.M.,** Yurman K.H., Modlesky C.M., Hall D.B., Wilson A.R., & Lewis R.D. (2004) Bone Turnover Markers Predict Changes Over Three Years in Pubertal, But Not Prepubertal Females. *J Bone Miner Res* 19(M121): S373.

May 2003 **Laing E.M.,** Wilson A.R., Modlesky C.M., O'Connor P.J., & Lewis R.D. (2003) Two Years of Recreational Artistic Gymnastics Improves Lumbar Spine Bone Mineral Density in Young Girls. *Med Sci Sport Exer* 35(5).

April 2003 Aburto N.J., **Laing E.M.,** Wilson A.R., Hardy K.H., Modlesky C.M., & Lewis R.D. (2003) Zinc Intake is Positively Correlated with Bone in Prepubertal Girls. *J FASEB.* Apr 17(4).

May 2002 **Laing E.M.,** Wilson A.R., Modlesky C.M., O'Connor P.J., & Lewis R.D. (2002) Effects of a Two-Year Gymnastics Intervention on Bone Mass and Body Composition in Young Females. *Med Sci Sport Exer* 33(5).

May 2002 Modlesky C.M., Wilson A.R., **Laing E.M.,** O'Connor P.J., & Lewis R.D. (2002) Do Prepubescent Girls Who Enroll in Artistic Gymnastics Have Higher Bone Mass than Nongymnasts? *Med Sci Sport Exer* 33(5).

April 2002 Hardy K.H., **Laing E.M.,** Wilson A.M., Modlesky C., & Lewis R.D. (2002) Dietary Zinc and IGF-1 in Prepubescent Girls. *J FASEB;* 16(4).

May 2001 Poudevigne M., O'Connor P.J., **Laing E.M.,** Modlesky C.M., & Lewis, R.D. (2001) Body Images of 4-8 Year-Old Girls Enrolled in Gymnastics do not Differ From Controls Matched on Percent Fat and Age. *Med Sci Sport Exer* 33(5).

May 2001 **Laing E.M.,** Massoni J.A., Nickols-Richardson S.M., Modlesky C.M., O'Connor P.J., & Lewis R.D. (2001) A Prospective Study of Bone Mass and Body Composition in Female Adolescent Gymnasts. *Med Sci Sport Exer* 33(5).

May 2001 Modlesky C.M., **Laing E.M.,** Wilson A.R., O'Connor P.J., & Lewis, R.D. (2001) Total and Central Body Fatness are Related to Physical Activity and Fat Intake in Young Girls. *Med Sci Sport Exer* 33(5).

May 2000 Modlesky C.M., Nickols-Richardson S.R., Massoni J.A., **Laing E.M.,** & Lewis R.D. (2000) Changes in Bone Mineral at Stressed and Unstressed Skeletal Sites in Young Female Gymnasts. *Med Sci Sport Exer* 32(5).

March 1999 **Monkhouse E.E.,** Nickols-Richardson S.M., Modlesky C.M., & Lewis R.D. (1999) Longitudinal Changes in Bone Mineral Density and Body Composition in Adolescent Female Artistic Gymnasts. *J FASEB* 13(4).

GRADUATE THESIS and DISSERTATION

August 2003 Doctor of Philosophy Dissertation, "Changes in Bone Mass and Strength Properties in Female Gymnasts 4 to 10 Years of Age," The University of Georgia

August 2000 Master of Science Thesis, "Bone Mass and Body Composition Changes in Female Adolescent Gymnasts," The University of Georgia

PRESENTATION of RESEARCH, GUEST LECTURES, and WORKSHOPS

Presentation Dates	**RESEARCH PRESENTATIONS as PRESENTING AUTHOR** **(* Indicates meetings at the national or international level)**
August 2021	*Imparting Anti-Diet and Weight Inclusive Approaches in a University Dietetics Curriculum. 2021 *Society for Nutrition Education and Behavior* Annual Meeting Poster P87, Virtual
October 2012	*Adenovirus 36, adiposity and bone strength in late-adolescent females (poster): American Society for Bone and Mineral Research (ASBMR) Annual Meeting, Minneapolis, MN
July 2012	Effects of Maternal Adiposity and Vitamin D Supplementation on Infant Bone Health (oral): Obesity Initiative-sponsored meeting with Brenda Fitzgerald, MD, Commissioner, Georgia Department of Public Health, Athens, GA
September 2011	*25-Hyrdoxyvitamin D, Parathyroid Hormone and Muscle Relationships in Early Pubertal Adolescents (poster): ASBMR Annual Meeting, San Diego, CA
October 2010	*Breastfeeding Duration is a Positive Independent Predictor of Trabecular and Cortical Bone Parameters at Age 21 Years (poster): ASBMR Annual Meeting, Toronto, Canada (President's Poster Competition Award Nominee)
September 2006	*A Prospective Analysis of Plasma 25(OH)D and Bone Mass in White and Black Prepubertal Females (poster): ASBMR Annual Meeting, Philadelphia, PA
September 2005	*A Prospective Analysis of Geometric Changes in the Proximal Femur in Young Female Gymnasts (poster): ASBMR Annual Meeting, Nashville, TN
October 2004	*Bone Turnover Markers Predict Changes Over Three Years in Pubertal, But Not Prepubertal Females (poster); ASBMR Annual Meeting, Seattle, WA
May 2003	*Two Years of Recreational Artistic Gymnastics Improves Lumbar Spine Bone Mineral Density in Young Girls; American College of Sports Medicine (ACSM) Annual Meeting, San Francisco, CA
March 2003	Recreational Artistic Gymnastics Improves Lumbar Spine Bone Mineral Density in Young Girls, Georgia Nutrition Council Annual Meeting, Valdosta, GA
May 2002	*Effects of a Two-Year Gymnastics Intervention on Bone Mass and Body Composition in Young Females; ACSM Annual Meeting, St. Louis, MO
April 2002	Two-Year Gymnastics Intervention on Bone Mass and Body Composition in Young Females (poster); Georgia Dietetic Association Annual Meeting, Jekyll Island, GA
May 2001	*A Prospective Study of Bone Mass and Body Composition in Female Adolescent Gymnasts; ACSM Annual Meeting, Baltimore, MD
February 2001	Bone Mass and Body Composition Changes in Adolescent Female Gymnasts; Georgia Nutrition Council Annual Meeting, Atlanta, GA
April 1999	*Longitudinal Changes in Bone Mineral Density and Body Composition in Adolescent Female Gymnasts (poster); Federation of American Societies for Experimental Biology meeting, Washington, DC

Presentation Dates	**CLASSROOM GUEST LECTURES and SEMINARS (University)**
Oct 2015, Jan 2021, Sept 2026	Overview of the Department of Foods and Nutrition, Introduction to Family and Consumer Sciences, FACS 2000 (College)
September 2023, 2024	Weight-Inclusive Practices in Promoting Health, senior Medical Nutrition Therapy-I class, NUTR 415, Northern Illinois University (Department)
January 2024	Pathway to becoming a Nutrition Professor, Junior Career Pathways in Nutrition and Dietetics class, FCS 328, Jacksonville State University (Department)
November 2022	Spotlight on the UGA Dietetics Major, NUTR 2100 (Department)
January and February 2020-21	Obesity: Prevalence, Evaluation, Treatment, UGA/Augusta Medical School Partnership (2nd [January] and 1st [February] year medical students; University)
October 2019	SAFCS Alumni Panel member (College)
October 2019	Student Engagement: Why it Matters in Teaching, GRSC 7770 (College)
February 2019	FACS Alumni Panel member, FACS 2000 (College)

Fall 2018 & 2019	Introduction to Dietetics seminar series (Department)
February 2017	The often confusing and overwhelming principals of nutrition. UGA Medical Roundtable, Athens, GA (University)
November 2016	School age nutrition, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
January 2015, October 2016	Update on Bone Health Research Program, undergraduate Introduction to Nutrition Science class, FDNS 2400 (Department)
October 2016	Infant nutrition, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
April 2016	Pregnancy and Lactation, undergraduate Human Nutrition and Food class, FDNS 2100 (Department)
February 2016	Panelist, FACS Authors and Experts, along with Sharon Nickols, editor of "Remaking Home Economics: Resourcefulness and Innovation in Changing Times" (College)
November 2015	Adolescent and elderly nutrition, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
September 2013	Lactation, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
April 2012	Renal Disease, graduate/undergraduate Medical Nutrition Therapy class, FDNS 4530 (Department)
August 2012	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
April 2011	Osteoporosis, graduate/undergraduate Medical Nutrition Therapy class, FDNS 4530 (Department)
February 2011	Hypertension, graduate/undergraduate Medical Nutrition Therapy class, FDNS 4530 (Department)
September 2010	Nutritional Needs During Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
November 2009	Childhood and Early Adolescence, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
August 2009	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
November 2008	Childhood and Early Adolescence, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
August 2008	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
November 2007	Childhood and Early Adolescence, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
August 2007	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
August 2006	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
November 2005	Lactation Issues for Mother and Infant, undergraduate Lifecycle Nutrition class (FDNS 2100); The University of Georgia, Athens, GA
April 2005	Lactation Issues for Mother and Infant, undergraduate Lifecycle Nutrition class (FDNS 2100); The University of Georgia, Athens, GA
July 2005	Sports Nutrition: Fueling the Athlete, undergraduate Nutrition (FDNS 2100, 5800) and Health Advocacy (ECHD 3010) classes; The University of Georgia, Athens, GA
March 2002	Vitamin D and the Progression of Multiple Sclerosis, Department of Foods and Nutrition Seminar; The University of Georgia, Athens, GA
February 2002	Childhood Nutrition Practices and Health Implications, graduate-level Child Development class (EDEC 7200); The University of Georgia, Athens, GA
December 2000	Sarcopenia in the Elderly, Department of Foods and Nutrition Seminar, The University of Georgia, Athens, GA
April 1999	Sports Nutrition: Fueling the Athlete, undergraduate Nutrition (FDNS 2100, 5800) and Health Advocacy (ECHD 3010) classes; The University of Georgia, Athens, GA

Presentation Dates	**WORKSHOP, TRAINING and OTHER PRESENTATIONS (University/Community/Sate/Regional)**
Fall 2017-present, consecutive	DICAS Workshop (2-part series) for dietetics majors applying to supervised practice programs, Student Dietetic Association club meetings (College)
November 2026	Presenter, Common Misconceptions in Women's Health, UGA Girl Gains club meeting (University)
April 2026	Presenter, "Food for Thought: A Night of Health and Wellness with FACS," UGA Alumni Association, Gainesville Chapter (University)
March 2025	Presenter, "UGA Dietetics and MS-Online Programs," Texas A&M Extension Professional Development Visit (College)
January 2022	Presenter, "Professional Development in Foods and Nutrition course re-design: featuring work from the 2021 Active Learning Summer Institute," UGA InterActive Colloquium (University)
December 2021	Presenter, "Non-diet approaches to health: How to establish a comprehensive approach with your patients," Georgia Nutrition Council Professional Development Webinar (State)
November 2021	Presenter, "You are NOT what you eat: Exploring non-diet approaches to health," New Jersey Dietetic Association Meeting (State)
September 2021	Presenter, "You are NOT what you eat: Exploring non-diet approaches to health," NEHP Symposium: Training Compassionate Educators - A Focus on Marginalized Communities (National)
August 2021	Presenter, "Maintaining a Healthy Lifestyle While Going Through a Work Transition," Dickinson College Center for Advising, Internships & Lifelong Career Development Industry Immersion Series (University)
July 2021	Presenter, "You are NOT what you eat: exploring non-diet approaches to health," UGA Training & Development course (University)
March 2021	Presenter, "Exploring non-diet approaches in the COVID-19 pandemic and beyond," Health & Wellness Remote Learning Circle, UGA Division of Development and Alumni Relations (University)
March 2021	Facilitator, "Chat with Chums & Alums: Circle of 7" event, UGA Department of Foods and Nutrition Virtual Event (Department)
February 2001	Presenter, "You are NOT what you eat: Exploring non-diet approaches in the COVID-19 pandemic and beyond," Georgia Nutrition Council Annual Meeting (State)
May 2019	Keynote Speaker, Emory University Hospital Dietetic Internship Graduation Ceremony (University)
August-December 2017	Facilitator, FACS Regional Development Lunch and Learn, tour of Bone and Body Composition Laboratory (College)
February 2017	Presenter, Overview of the Department of Foods and Nutrition, Coffee & Conversation Alumni Event, Athens, GA (Department)
July 2015	Facilitator, Girl Talk Summer Camp Bone Health Unit (4 60-minute visits in summer 2015), University of Georgia Department of Kinesiology (University)
September 2014	Update on Bone Health Research Program, FDN Faculty Meeting, Athens, GA (Department); Created one-page document for circulation by Extension.
August 2013	Update on Bone and Fat Research, Bone and Fat UGA Obesity Initiative Team Meeting, Athens, GA (University)
February 2013	Obesity-Bone Connection, Maternal and Childhood Obesity Initiative Team Meeting, Athens, GA (University)
November 2010	Feeding Your Child for Lifelong Health, Athens Montessori School Parent Education Event, Athens, GA (open to AMS families and Athens Community)
October 2010	Bone and Joint Decade, Athens-Clarke County Healthy Hour 2010, Athens, GA
April 2010	Osteoporosis on the Mind, Athens-Clarke County Healthy Hour 2010, Athens, GA
November 2006	Women Empowerment: Taking Back Our Bones & Bodies, Delta Phi Lambda Sorority Inc. Annual Osteoporosis Seminar, University of Georgia, Athens, GA

October 2006	Optimizing Bone Health in Childhood, Pennsylvania State University Bone Health and Nutrition Conference, State College, PA
October 2005	Nutritional Issues During Lactation, NEGA Dietetic Assoc Meeting, Athens, GA
June 2005	Osteoporosis: Are You at Risk? Total Knowledge: Family and Consumer Sciences Alumni Summer College Event, Athens, GA
May 2005	Beyond Sticks and Stones: A New Take on Osteoporosis, Nutrition Education Coalition Meeting, Athens, GA
September 2004	Dietary and Physical Activity Patterns in School-Aged Children, Northeast Georgia Dietetic Association Meeting, Athens, GA
September 2004	Health implications of childhood nutrition and physical activity practices, Georgia Public Health Association Annual Meeting, Savannah, GA
September 2004	Emerging Issues in Bone Health Research, Georgia Public Health Association Annual Meeting, Savannah, GA
May 2004	Achieving Optimal Physical Performance with Nutrition, Northeast Georgia Dietetic Association Meeting, Athens, GA
March 2004	Osteoporosis and Better Bone Health, Volunteers of the Georgia Hospital Association, Council on Auxiliary, Athens, GA and Thomson, GA
March 2004	Research in Foods and Nutrition, Clinical Orientation Training Workshop for Georgia Public Health Dietetic Interns, Atlanta, GA
April 2004	Sports Nutrition for the Young Tennis Player, Youth Education Through Sport Tennis Clinic, Athens, GA
May 2003	Childhood Nutrition Paradox, Childcare Providers Training Program, Athens, GA
April 2023	Are You Getting Enough Calcium?: Osteoporosis Update, Georgia Commission on Women-sponsored Wellness Summit for Women and Girls, Augusta, GA
March 2003	Exercise and Cardiac Health, School Food Service Employee Training, Athens, GA
July 2002	Special Diets for Adolescents, Dept. of Juvenile Justice Food Service Training Workshop, Athens, GA
July 2002	Research in Foods and Nutrition, Clinical Orientation Training Workshop for Georgia Public Health Dietetic Interns, Atlanta, GA
July 2002	Sports Nutrition for Peak Performance (with translator), Athletic Training Workshop for visiting Japanese students, University of Georgia, Athens, GA
June 2002	Are You Getting Enough Calcium?: Osteoporosis Update, Georgia Commission on Women-sponsored Wellness Summit for Women and Girls, Augusta, GA
April 2001	Determinants of Bone Health in Children, Georgia Nutrition Council Annual Meeting, Concurrent Session, Atlanta, GA
February 2001	Nutrition Recommendations for the Collegiate Athlete, National Strength and Conditioning Association Clinic for collegiate trainers and coaches, Athens, GA
November 2000	Sports Supplements, Georgia Dietetic Association Meeting, Kennesaw, GA
May 1999	Nutrition Needs for the High School Athlete, Southeastern Conference Student Athlete Trainer Workshop for high school trainers and coaches, Atlanta, GA
March 1999	Special Nutrition Needs for the Young Athlete, Competency Based Skills Nutrition Workshop for public health nutritionists and nurses, Macon, GA
April 1998	Sports Nutrition: How to Maximize Your Training While Off the Court, Women's Basketball Camp: Dickinson College, Carlisle, PA

Participation Dates	**EVENT COORDINATION and PARTICIPATION (Department)**
November 2019-present	Supervised Practice Forum/Open House Event: Sponsored by the UGA Student Dietetic Association, this annual DI Open House forum has over 10 universities represented from the southeast who presented in person or via Zoom about their programs. As the faculty advisor for SDA, I am involved in the planning and coordination of the event.

Publication Dates	**PUBLISHED BULLETINS and REPORTS (National/State/Local)**
Spring 2021	**Laing EM.** Weight-Inclusivity: How and why classroom nutrition educators need to tackle the subject of weight bias in healthcare. The Educator's Resource, Nutrition Educators of Health Professionals Didactic Practice Group of the Academy of Nutrition and Dietetics, Spring 2021, Volume 77, Issue 3
August 2020	**Laing EM.** "You are NOT what you eat: Exploring Intuitive Eating's gentle nutrition principle" ProcessedFoodSite: https://tinyurl.com/y6pfwdc9
Spring 2020	**Laing EM,** Berg, AC. Beware of claims of 'immune boosting' diets and pills, Diabetes Life Lines Newsletter, Vol. 34, No. 1, Apr 2020 - COVID-19
Spring 2020	**Laing EM.** University of Georgia Programs help Students Who Might go Hungry, Nutrition for Educators and Health Professionals Newsletter, Spring 2020
Summer 2012	**Laing EM.** Summarizing Georgia's SHAPE Initiative, Together for Children, Georgia Association on Young Children Newsletter
Spring 2012	**Laing EM.** Focus on Nutrition: Eating Healthy in Child Care, Together for Children, Georgia Association on Young Children Newsletter
Winter 2012	**Laing EM.** Leaving the extra holiday package behind, Athens MOVE, Jan/Feb 2012
Spring 2009	Eriksen M., Hepburn V., **Laing E.,** et al. Addressing Overweight: Model Nutrition Practices for Children and Families 2009 Policy Leadership for Active Youth (PLAY) Policy Brief
Spring 2008	Eriksen M., Hepburn V., Okosun I., **Laing E.** et al. Addressing Overweight: The Role of Communities in Promoting Physical Activity 2008 PLAY Policy Brief.
Fall 2007	Eriksen M., Hepburn V., Okosun I., **Laing E.** et al. Addressing Overweight: The Role of Parents and Families 2007 PLAY Policy Brief
Fall 2006	Lewis R., Teems J., **Laing E.** et al. Addressing Overweight Severity in Children & Adolescents 2006 PLAY Policy Brief
Winter 2006	Eriksen M., Hepburn V., Okosun I., **Laing E.** et al. Addressing Overweight: The Role of Physical Activity 2006 PLAY Policy Brief
Summer 2005	Eriksen M., Hepburn V., Okosun I., **Laing E.** et al. Addressing Overweight: Interventions Tailored to the Rural South 2005 PLAY Policy Brief
Winter 2005	Eriksen M., Hepburn V., Okosun I., **Laing E.** et al. Addressing Overweight- The Role of Physical Activity in Schools 2005 PLAY Policy Brief
January 2005	Barbeau P., Eriksen M., **Laing E.** et al. School-based physical activity interventions to prevent or treat childhood overweight: A Summary of Research and Findings 2005 PLAY Research Paper
September 2002	Lewis R., **Laing E.,** Duke N. & Gearing J. Strategic Plan 2002 Georgia Osteoporosis Initiative

WEBSITE ADMINISTRATION and MEDIA APPEARANCES

Web Profiles (active)

UGA NUTR Faculty webpage: https://tinyurl.com/ydftobup
UGA Emma Laing Press page: https://www.fcs.uga.edu/fdn/emma-laing
UGA NUTR Featured Faculty profile: https://t.uga.edu/2Kf
UGA Online Faculty profile: https://tinyurl.com/ycjjeehk
Research Gate: https://tinyurl.com/ycdfrqvn
LinkedIn: https://www.linkedin.com/in/emmamlaing/
X (Twitter): https://x.com/emmamlaing
Qwoted: https://app.qwoted.com/sources/emma-laing

Page Administrator (current)

UGA NUTR webpages: https://www.fcs.uga.edu/fdn
UGA NUTR Kudos Corner: https://www.fcs.uga.edu/fdn/kudos-corner/
UGA NUTR Facebook: https://www.facebook.com/ugafdn/
UGA NUTR Instagram: https://www.instagram.com/ugafdn/
UGA SDA Facebook: https://www.facebook.com/sdaatuga
UGA SDA Instagram: https://www.instagram.com/uga_sda

UGA Laing Facebook student/alumni group: https://tinyurl.com/yapx9jh3
UGA Housley Facebook alumni group: https://tinyurl.com/4chvkkn4

Media Appearances

October 2026

Milestone achieved: Dietetics students secure postgraduate internships
UGA FACS https://tinyurl.com/54cbyk94

September 2026

Why Do We Crave Heavier, Richer Food as the Weather Turns Cold?
Yahoo! Life https://tinyurl.com/2vu6n5ch

Xanthan Gum in Ice Cream and Packaged Foods May Cause Gut Inflammation
Verywell Health https://tinyurl.com/mryv2fa4

August 2026

We asked a dietitian what the best breakfast is to manage blood sugar
Verywell Health https://tinyurl.com/54uhf9s6

July 2026

8 Low-Sugar Fruits That Support Healthy Blood Sugar
Verywell Health https://tinyurl.com/58zm4b4b

The 1 thing that'll wash pesticides off fruits and vegetables
HuffPost https://tinyurl.com/93pm2shv

Research shows an herbal supplement may help lower blood pressure
Verywell Health https://tinyurl.com/2m26rvj8

Motion sickness ruining your trip? Experts recommend these 4 natural remedies
Yahoo! Creators https://tinyurl.com/2e82px9d

June 2026

We asked experts about 7 most popular supplements — and they didn't agree
Verywell Health https://tinyurl.com/nhd6r26j

May 2026

Should You Drink Olive Oil and Lemon Juice Shots?
Everyday Health https://tinyurl.com/5ppjv7ct

Mentioned in 'Featured Graduate' profile (Maya Wright)
UGA FACS https://tinyurl.com/385r5vff

Mentioned in 'Featured Graduate' profile (Savannah Reginer)
UGA FACS https://tinyurl.com/ye8k4p2t

7 Ways to Keep Your Bones Strong as You Get Older
Health https://tinyurl.com/mu45et2b
AOL https://tinyurl.com/4acen45k

4 subtle signs you aren't eating enough protein
The Washington Post https://tinyurl.com/57jrtbh8
Yahoo! Life https://tinyurl.com/mpksf2ar

Why most vitamins and supplements don't deliver on promised health benefits
Verywell Health https://tinyurl.com/4r4wzcnh

April 2026

Director of dietetics discusses beef tallow versus seed oil health benefits
UGA Columns https://tinyurl.com/y6r45yks

Sardines vs. fish oil supplements: Which one truly benefits your heart health?
MSN https://tinyurl.com/yr8kam23

When is the best time to take protein if you want to build muscle?
Verywell Health https://tinyurl.com/yncnvfk7
Lao Dong Newspaper https://tinyurl.com/2kfrd9ar

5 foods that surprisingly have scientific health benefits
MSN https://tinyurl.com/rxytjmtu

March 2026

Dietitians Explain Why Paraxanthine Is Gaining Attention as a Caffeine Alternative
Verywell Health https://tinyurl.com/55rd7cu3

Is Your Vitamin D Effective Without Vitamin K2? Dietitians Weigh In
Health https://tinyurl.com/bd5pxjzu

4 Drinks High in Vitamin D for Stronger Bones and a Healthier Heart
Health https://tinyurl.com/5xu7pwbb

Why you get motion sickness — and 4 natural ways to feel better
Yahoo! Creators https://tinyurl.com/2shtvsym

February 2026

Do You Need These Popular Supplements?
The New York Times https://tinyurl.com/yckbc2ne
Seattle Times https://tinyurl.com/yc3c8u96
DT Next https://tinyurl.com/msdfmudj

Is There Really a Difference Between Rolled Oats and Old-Fashioned Oats?
Southern Living Magazine https://tinyurl.com/5n6aucr2

7 Ways to Keep Your Bones Strong as You Age
Health https://tinyurl.com/kx7rjv5r

January 2026

Are you eating enough protein?
UGA Today https://tinyurl.com/3dn52wek

Dietetics director explains bovine colostrum, a hit among wellness influencers
UGA Columns https://tinyurl.com/3tmrxaut

Why You're Hungrier in Winter (and What to Do About It)
LoseIt! https://tinyurl.com/ykujh6vp

December 2025

Is beef tallow healthier than seed oils?
Health https://tinyurl.com/bdf2t6zf

Mentioned in 'Featured Graduate' profile (Jayla Justice)
UGA FACS https://tinyurl.com/bdzbtdu3

Dietitian shares verdict on 'meal sequencing' diet trend
Food Bible https://tinyurl.com/bdj76mvv

November 2025

4 Drinks That Can Help You Get More Vitamin D Every Day
Health https://tinyurl.com/ym4wf4bm

Dietetics director discusses health benefits of spicy food
UGA Today https://tinyurl.com/4abewhvr

Thanksgiving with a walk: Why to hit the trails after dinner
Tallahassee.com https://tinyurl.com/yc87k6fd

Here's What To Do After a Big Holiday Meal, According to Experts
Life & Style https://tinyurl.com/yck87zdn

October 2025

This underappreciated fish in the US packs a powerful punch for your heart
Okdiario https://tinyurl.com/4yaz3n8y

Mentioned in 'Georgia Girls: Skye Estroff'
Bulldawg Illustrated https://tinyurl.com/kf69rs2w

Mentioned in 'Featured Alumni' profile (Caroline Hughes)
UGA FACS https://tinyurl.com/bddyzv3x

Sardines vs. Fish Oil Supplements: Which Is Better for Your Heart?
Verywell Health https://tinyurl.com/2sfbush3

7 Foods to Avoid When Taking Zinc Supplements
Verywell Health https://tinyurl.com/3ska3cvf

Why most vitamins and supplements won't improve your health
Verywell Health https://tinyurl.com/y85rbuw4

September 2025

When Is the Best Time to Take Protein for Muscle Gain?
Verywell Health https://tinyurl.com/yp9wx22h

Can spicy foods boost your metabolism?
Verywell Health https://tinyurl.com/ydzunkva
SmartBrief https://tinyurl.com/3d83a7r7

How to prevent osteoporosis in your 40s and 50s-expert advice that may surprise you
Yahoo! Health https://tinyurl.com/3bvsv764

August 2025

Seven eating tips to help you age healthier-backed by new research from 2025
Health https://tinyurl.com/3c454zsf

July 2025

Brain-boosting supplements: All hype or some hope?
Medscape https://tinyurl.com/4tr3punv

Eight low-sugar fruits that won't spike your blood sugar
VeryWell Health https://tinyurl.com/yhrn7hmt

Green Tea May Just Be the World's Healthiest Drink
Men's Health https://tinyurl.com/yfvp4h6f

The unexpected benefits of eating hot peppers
Advisory Board https://tinyurl.com/tumba4wz

June 2025

Dietetics director settles the egg yolk debate
UGA Today https://tinyurl.com/2jwmpmt8

The Surprising Health Benefits of Spicy Food
Time https://tinyurl.com/8cd8ecjx

Does Eating Spicy Foods Help You Lose Weight?
Verywell Health https://tinyurl.com/3x2vymrm
SmartBrief https://tinyurl.com/4fx33b8p

Can olive oil shots really improve your skin and reduce bloating?
Everyday Health https://tinyurl.com/38nawery

Dietetics students achieve milestone by securing postgraduate internships
UGA FACS News https://tinyurl.com/y6e5hxpc

May 2025

4 Warning Signs You're Not Eating Enough Fiber
Verywell Health https://tinyurl.com/bdehv6tf

Can Eating Red Meat on Your Period Really Help With Iron Loss?
Health https://tinyurl.com/2kdem3yc

The 1 Thing That'll Wash Pesticides Off Fruits and Vegetables
BuzzFeed https://tinyurl.com/hm5zkx37

How Meal Sequencing Could Prevent Blood Sugar Spikes
Verywell Health https://tinyurl.com/26sepvt8

Magnesium could relieve fibromyalgia and migraines, and how it works
Epoch Health https://tinyurl.com/54bkhbnm
NTD News https://tinyurl.com/mrxw8hk6

Would You Eat 'Human Kibble'? RDs Weigh In on the Viral Social Media Trend
Health https://tinyurl.com/2ec6fs5s

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UGA Today https://tinyurl.com/t5vtxvp

July 2019
Verify: Is high-fructose corn syrup to blame for obesity in America?
11Alive News https://tinyurl.com/yy73tuor

June 2019
Verify: What is the perfect ripeness for banana?
11Alive News https://tinyurl.com/y6je9k3z

Verify: Are there really six donuts in a soda?
11Alive News https://tinyurl.com/y5uy2rbt

May 2019
It's a match: UGA dietetics students enjoying unprecedented success
UGA FACS News https://tinyurl.com/yxszvxlm
FACS Magazine https://facsmag.uga.edu/sections/21

April 2019
Verify: Is celery juice the latest cure all?
11Alive News *https://tinyurl.com/y44chbn2*

February 2019
FACS Honor Hall of Recognition Bio for Dr. Carolyn Berdanier
UGA FACS https://tinyurl.com/y2j4sve7

FACS video honoring Dr. Carolyn Berdanier
UGA FACS https://tinyurl.com/y4vgp4wy

December 2018
Share your story
UGA FACS Alumni https://tinyurl.com/y7uo88or ; https://tinyurl.com/ydbls3e6

October 2018
Commitment to educating future dietitians
University of Georgia Online https://tinyurl.com/ybnbgqoz

Student Dietetic Association promotes health through leadership
UGA FACS https://tinyurl.com/y7yaql8z

June 2018	UGA researchers conduct first of its kind study on eggs *UGA Red & Black* *https://tinyurl.com/ybo3mjs8*
May 2018	Eggy Benefits *UGA College of Education News* https://tinyurl.com/y9cafmno
	Eggs for stronger bones? Two-year study will measure impact *UGA FACS* https://tinyurl.com/y74jax47
	Can egg consumption improve bone strength in children? *UGA Today* *https://tinyurl.com/ydelmd6q*
April 2018	Project shines new light on meaning of healthy living *UGA FACS News (also shared on the Academy of Nutrition and Dietetics Facebook page, EatRight Weekly, and Nutrition SmartBrief)* https://tinyurl.com/yaeceaqt
March 2018	Picture of Health Project (video) *UGA FACS YouTube* https://tinyurl.com/yaytccpq
February 2018	FACS 100 Centennial (video) *UGA FACS (Wier/Stewart Productions)* https://tinyurl.com/y9qrq8u2
January 2018	The dirty laundry of a college student's food affair *Lauren D'Ambra Journalist* https://tinyurl.com/y8el28zx
November 2017	SDA members stock Little Free Pantries in Athens *UGA FACS* https://tinyurl.com/yc4n6npa
October 2017	Student Dietetic Association promotes health, nutrition, exercise *UGA FACS* https://tinyurl.com/ycyg9yau
May 2017	Why You Should be Eating More Yogurt *Martha Stewart Living* Link not available
	FDN alumna, faculty member quoted in Today's Dietitian UGA FACS *https://tinyurl.com/l9zeh5b*
	Amazing Student biography: Annie Ladisic *UGA FACS* https://tinyurl.com/m8mzqla
April 2017	Strategies for Preventing Stress Fractures in Sports *Today's Dietitian* *https://tinyurl.com/ltaxmyc*
	FACS faculty member receives dietetic educator award UGA Columns *https://tinyurl.com/l38exe3*
March 2017	FDN faculty member receives regional award for excellence in teaching *UGA FACS* https://tinyurl.com/knsnd9b
December 2016	Amazing Student biography: Nigel Brinson *UGA FACS* http://tinyurl.com/hq59c4u
October 2016	Foods and Nutrition Graduate Recruitment (video) *UGA FACS* http://tinyurl.com/hfbt2f2

May 2016	Amazing Student biography: Nadir Lalani *UGA FACS* http://tinyurl.com/z3r4j3y
November 2015	FDN's Emma Laing named Teacher of the Week *UGA FACS* http://t.uga.edu/2zL ; http://tinyurl.com/zdgra9e
	Teacher of the Week - Emma Laing *UGA Center for Teaching and Learning* http://t.uga.edu/20w
September 2015	Intro to nutrition course teaches about healthy eating *Discover UGA* http://t.uga.edu/1P0 ; http://tinyurl.com/gpmlrgc
April 2015	Remaking Home Economics Review *University of Georgia Press* http://tinyurl.com/gtja8g9
November 2014	FDN class project serves as icebreaker and eye opener *UGA FACS* http://t.uga.edu/2zM
November 2013	Dr. Bones *UGA Research Magazine, Fall 2013* http://t.uga.edu/2zN
February 2013	Research teams use grant to investigate vaccine for obesity *UGA Columns* http://t.uga.edu/2zO
December 2012	Nominees Announced for the ATHENA Award *Online Athens* http://tinyurl.com/hyxgp79
January 2012	Leaving the extra holiday package behind *Athens MOVE, Jan/Feb issue* Link not available
May 2011	Early exercise and proper nutrition can help prevent later osteoporosis *Today's Dietitian* http://tinyurl.com/h9plxt6
September 2010	Kids, parents turn off the TV and go outside to play *Online Athens* http://tinyurl.com/hahrjvz
October 2009	NIH shines spotlight on vitamin D *Nutraceuticals World* http://tinyurl.com/j7tnmof
September 2009	UGA Researchers Awarded $2.2 Million *WNEG32 TV* Link not available
	Research project studies effects of Vitamin D on children *UGA Red & Black* http://tinyurl.com/j8lu8qr
August 2009	NIH Awards Research Grant for Vitamin D Study *Nutraceuticals World* http://tinyurl.com/jrr3lqg
2007	Study looks at zinc's effects on bone health *Oconee Leader* Link not available
2006	Perfect 10: The UGA GymDogs and the rise of women's college gymnastics in America (by: Suzanne Yoculan and Bill Donaldson) http://tinyurl.com/hz7ncq4
June 2003	Tumbling Bonus; Gymnastics does girls' bones a lot of good *First for Women* Link not available
November 2002	Is soy the key to reducing bone loss? *Online Athens* http://tinyurl.com/jeldv27

September 2002	Gymnastics Strengthens Girls' Bones: Study *The Rave Diet and Lifestyle* http://tinyurl.com/jdwfvk9
February 2002	Contemporary nutrition issues among children and adults *WGAU Radio, Barbara Dooley Show* Link not available
September 2000	Healthy nutrition practices *WRFC Radio, Classic Clinic* Link not available