

Emma M. Laing

Curriculum Vitae

PERSONAL INFORMATION

Full Name: Emma E.S. Monkhouse Laing

Campus Address: 390 Dawson Hall, The University of Georgia, Athens, GA 30602

Email Address: emonk@uga.edu *Campus Phone:* 706.542.7983

EDUCATION and PROFESSIONAL QUALIFICATIONS

Starting and Ending Dates

EDUCATION

December 2000-August 2003

Doctor of Philosophy, University of Georgia, Athens, GA

Major: Foods and Nutrition

September 1997-December 2000

Master of Science, University of Georgia, Athens, GA

Major: Foods and Nutrition

September 1996-May 1997

Emory University Hospital Dietetic Internship Program, Atlanta, GA

December 1992-December 1995

Bachelor of Science, Cum Laude, University of Delaware, Newark, DE

Major: Nutrition and Dietetics Emphasis: Fitness

September 1991-December 1992

Dickinson College, Carlisle, PA Major: Undeclared

Starting and Ending Dates

PROFESSIONAL CREDENTIALS

June 2022-present

National Spokesperson, Academy of Nutrition and Dietetics

January 2021-present

Fellow, Academy of Nutrition and Dietetics

October 1997-present

Registered Dietitian Nutritionist, USA (Registration# 837953)

February 1998-present

Licensed Dietitian, Georgia (License# LD001880)

CURRENT CERTIFICATIONS

Active Learning Leader, UGA Center for Teaching and Learning

Adult, Child and Infant CPR, First Aid, and Fire Safety

Human Subjects Collaborative Institutional Training Initiative (CITI) Training

Collaborative Institutional Training Initiative CITI Training

LGBT Safe Space, The University of Georgia LGBT Resource Center

Starting and Ending Dates

ACADEMIC POSITIONS and ASSISTANTSHIPS

July 2021-present

Clinical Professor and Director of the Didactic Program in Dietetics, Department of Nutritional Sciences, The University of Georgia (UGA), Athens, GA

July 2017-June 2021

Clinical Associate Professor and Director of the Didactic Program in Dietetics, UGA Department of Foods and Nutrition, Athens, GA

February 2015-June 2017

Associate Research Scientist, UGA Department of Foods and Nutrition, Athens, GA

November 2009-February 2015

Assistant Research Scientist, UGA Department of Foods and Nutrition, Athens, GA

September 2008-October 2009

Research Professional III, UGA Department of Foods and Nutrition, Athens, GA

September 2003-August 2008

Postdoctoral Research Associate, UGA Dept of Foods and Nutrition, Athens, GA

September 1997-August 2003

Graduate Research Assistant, UGA Department of Foods and Nutrition, Athens, GA

September 1997-May 1999

Sports Nutrition Graduate Assistant, UGA Department of Foods and Nutrition, Athens, GA

Winter and Fall 1997

Graduate Teaching Assistant, *Quantity Food Production and Service; Introduction to Foods*, UGA Department of Foods and Nutrition, Athens, GA

Fall 1995

Undergraduate Teaching Assistant, *Honors Nutrition Concepts*, Department of Nutrition and Dietetics, University of Delaware, Newark, DE

Starting and Ending Dates

OTHER PROFESSIONAL EMPLOYMENT

May 1995-August 1996

Diet Technician/Nutritionist, Wood Company, ManorCare at Devon, Devon, PA

HONORS and AWARDS

Dates Received

ACHIEVEMENTS and RECOGNITIONS

<i>April 2023</i>	Outstanding Undergraduate Student Faculty Advisor, UGA College of FACS
<i>March 2023</i>	Distinguished Alumni Award, UGA College of FACS Alumni Association
<i>March 2023</i>	Nominee, Student Engagement Award: Advisor of the Year, UGA Center for Student Activities and Involvement
<i>February 2023</i>	Active Learning Leader Certificate, UGA Center for Teaching and Learning
<i>Consecutive 2015-2023</i>	Student Career Development Recognition, UGA Career Development Center
<i>August 2022, 2023</i>	Thank-a-Teacher Recognition, UGA Center for Teaching and Learning
<i>November 2022</i>	Nominee, Research Communications Award, UGA Office of Research
<i>February 2022</i>	Professional Award of Excellence, Georgia Nutrition Council
<i>April 2021</i>	Bill and June Flatt Outstanding Teacher of the Year, UGA College of FACS
<i>April 2021</i>	Student Organization Achievement and Recognition (SOAR) "Outstanding Campus Event" Award (on behalf of the UGA Student Dietetic Association), UGA Center for Student Activities and Involvement
<i>March 2021</i>	Creswell Mentoring Award (2020), UGA College of FACS Alumni Association
<i>March 2021</i>	Outstanding Dietitian of the Year, Georgia Academy of Nutrition and Dietetics
<i>March 2020</i>	Distinguished Service for Media Excellence, Georgia Academy of Nutrition and Dietetics (nominated by Northeast Georgia Dietetic Association)
<i>October 2019</i>	Nominee, Emily Quinn Puo Professional Achievement Award, UGA College of FACS Alumni Association
<i>September 2019</i>	Nominee, Felton Jenkins, Jr. Hall of Fame Faculty Awards, UGA Center for Teaching and Learning
<i>February 2018, 2019</i>	Outstanding Undergraduate Faculty Advisor, UGA Department of Foods and Nutrition
<i>January 2016, 2018</i>	Nominee, Outstanding Dietetics Educator, Northeast Georgia Dietetic Association
<i>February 2017</i>	Outstanding Dietetic Educator Award, Area 3, Nutrition and Dietetic Educators and Preceptors, Academy of Nutrition and Dietetics
<i>November 2016</i>	Nominee, Creative Teaching Award, UGA Office of Instruction
<i>November 2016</i>	Nominee, Graduate Faculty Diversity Award, UGA Graduate School
<i>October 2016</i>	Super-Includer Diversity Award, UGA College of FACS
<i>October 2013, 2014, 2016</i>	Nominee, UGA FACS Alumni Association Outstanding Service Award
<i>October 2015</i>	UGA Center for Teaching and Learning Teacher of the Week
<i>April 2013</i>	Certificate of Achievement for 10 years of Service to UGA College of Family and Consumer Sciences
<i>November 2012</i>	Nominee, Athens Area Chamber of Commerce ATHENA Award
<i>July 2012</i>	Nominee, UGA Alumni Association, 2012 40 Under 40
<i>June 2012</i>	Nominee, Athens Area Chamber of Commerce ATHENA Award, Athens, GA
<i>September 2011</i>	President's Poster Award (Ferira et al. and Hill et al.), American Society for Bone and Mineral Research (ASBMR) Annual Meeting, San Diego, CA
<i>October 2010</i>	Nominee, President's Poster Award (Laing et al.), ASBMR, Toronto, ON
<i>September 2009</i>	Plenary Poster Award (Ferira et al. and Breen et al.), ASBMR, Denver, CO
<i>March 2003</i>	Endsley-Peifer Student Research Award, UGA College of FACS
<i>March 2003</i>	First Place, Graduate Student Research Competition (Laing et al.), Georgia Nutrition Council (GNC) Annual Meeting, Valdosta, GA
<i>June 2002</i>	American Dietetic Association Foundation Scholarship
<i>August 2001</i>	North Fulton Regional Hospital Volunteer Scholarship
<i>May 2001</i>	June and Bill Flatt Nutrition Excellence Scholarship
<i>February 2001</i>	First Place, Graduate Student Research Competition (Laing et al.), GNC, Atlanta, GA
<i>April 1999</i>	First Place, Graduate Student Poster Competition (Laing et al.) University System of Georgia Research Symposium, Augusta, GA
<i>March 1999</i>	Outstanding Performance Award for service as Sports Nutritionist, University of Georgia Department of Athletics

CONTRIBUTION TO DIETETICS STUDENTS and THE PROFESSION

Semester TEACHING EVALUATIONS/STUDENT EXPERIENCE (The University of Georgia)

Semester	Course Title	Course Number	# Students	% Response	Score/5.00
Spring 2021-	Uncomplicate Your Food (every Fall & Spring)	FYOS 1001	variable	n/a	n/a
Fall 2017-	Dietetics Practicum (every Fall & Spring)	NUTR 5910	variable	n/a	n/a
Fall 2015-	Special Problems in NUTR (as needed)	NUTR 3010	variable	n/a	n/a
Spring 2023	Clinical Nutrition Interventions	NUTR 4520/6520	45	76	4.85
Spring 2023	Medical Nutrition Therapy-II	NUTR 4530/6500	100	96	4.77
Spring 2023	Professional Development in Foods & Nutrition	NUTR 5900	56	89	4.88
Fall 2022	Medical Nutrition Therapy-I	NUTR 4500/6500	46	96	n/a
Fall 2022	Nutrition and Disease Processes-I	NUTR 8530	12	100	n/a
Spring 2022	Clinical Nutrition Interventions	FDNS 4520/6520	42	95	5.00
Spring 2022	Medical Nutrition Therapy-II	FDNS 4530/6500	101	98	5.00
Spring 2022	Professional Development in Foods & Nutrition	FDNS 5900	47	85	4.88
Fall 2021	Medical Nutrition Therapy-I	FDNS 4500/6500	39	100	5.00
Spring 2021	Clinical Nutrition Interventions	FDNS 4520/6520	55	84	4.96
Spring 2021	Medical Nutrition Therapy-II	FDNS 4530/6500	113	89	4.86
Spring 2021	Professional Development in Foods & Nutrition	FDNS 5900	45	91	4.94
Fall 2020	Medical Nutrition Therapy-I	FDNS 4500/6500	55	93	4.94
Fall 2020	Nutrition and Disease Processes-I	FDNS 8530	11	91	4.93
Spring 2020	Clinical Nutrition Interventions (COVID-19)	FDNS 4520/6520	54; only comments collected		
Spring 2020	Medical Nutrition Therapy-II (COVID-19)	FDNS 4530/6500	101; only comments collected		
Fall 2019	Medical Nutrition Therapy-I	FDNS 4500/6500	52	98	4.97
Fall 2019	Professional Development in Foods & Nutrition	FDNS 5900	10	100	4.90
Spring 2019	Management of Foodservice Organizations	FDNS 4620	33	91	4.96
Spring 2019	Clinical Nutrition Interventions	FDNS 4520/6520	41	88	4.88
Spring 2019	New: Management of Foodservice Orgs (grad)	FDNS 6620E	12	100	4.60
Fall 2018	New: Prof Development in Foods and Nutrition	FDNS 5900	10	100	4.80
Fall 2018	Revised: Nutrition and Disease Processes-I	FDNS 8530	10	100	4.93
Fall 2018	Medical Nutrition Therapy-I	FDNS 4500/6500	38	92	4.92
Spring 2018	Management of Foodservice Organizations	FDNS 4620/6620	48	100	4.97
Spring 2018	Clinical Nutrition Interventions	FDNS 4520/6520	41	100	4.98
Fall 2017	Medical Nutrition Therapy-I	FDNS 4500/6500	42	95	4.97
Fall 2015	Human Nutrition and Food	FDNS 2100	79	92	4.91
Summer 2015	Human Nutrition and Food	FDNS 2100	17	100	4.94
Spring 2015	Nutrition in Physical Activity, Exercise, & Sport	FDNS 4220/6220	41	90	4.85
Fall 2014	Nutrition Related to the Human Lifecycle	FDNS 4510	65	83	4.92
Fall 2004	Human Nutrition and Food	FDNS 2100	46	n/a	4.85
Summer 2004	Human Nutrition and Food	FDNS 2100	57	n/a	4.88

STUDENT MENTORING

Ongoing **CAREER ADVISING**
Current and former student recommendation letters to supervised practice programs, graduate schools, jobs, and scholarships (100+ letters written annually)

Active **GRADUATE COMMITTEE MEMBERSHIPS**
Payton Brewer, MS-NT advising, U of Georgia, Chair: Emma Laing 2025
Gene Rodrick, Ph.D. student, U of Georgia, Chair: Joe Kindler, 2024

Completed
Josephine Shieh, Ph.D. student, U of Georgia, Chair: Caree Cotwright, 2023
Rebecca Mergy, MS-NT advising, U of Georgia, Chair: Emma Laing 2022
Liana Guarneiri, Ph.D. student, U of Georgia, Chair: Jamie Cooper, 2022
Yuta Ishikawa, Ph.D. student, U of Georgia, Chair: Lilian Sattler, 2021
Caroline Cerminaro, M.S. student, U of Georgia, Chair: Alex Anderson, 2021
Amanda Paige Porter, MS-NT advising, U of Georgia, Chair: Emma Laing 2020
Lauren Coheley, Ph.D. student, U of Georgia, Chair: Richard Lewis, 2020
Elizabeth Klingbeil, Ph.D. student, U of Georgia, Chair: Claire de La Serre, 2020
Hannah Winston, M.S. student, U of Georgia, Chair: Richard Lewis, 2019
Kendall Farr, M.S. student, U of Georgia, Chair: Jamie Cooper, 2018
Emily Rollins, M.S. student, U of Georgia, Chair: Richard Lewis, 2018
Joseph Kindler, Ph.D. student, University of Georgia, Chair: Richard Lewis, 2017
Alisha Lewis, M.Ed. student, University of Georgia, Chair: Bud Cooper, 2015
Paige Berger, Ph.D. student, University of Georgia, Chair: Richard Lewis, 2015
Anne Armstrong, MS, University of Georgia, Chair: Alex Anderson, 2014
Christina Whitworth, MS, University of Georgia, Chair: Alex Anderson, 2013
Stephanie Foss, MS, University of Georgia, Chair: Richard Lewis, 2013
Valerie Chertin, MS, University of Georgia, Chair: Richard Lewis, 2013
Christian Wright, MS, University of Georgia, Chair: Richard Lewis, 2013

External Theses Examined
Lindsay Elaine Brandon, Ph.D. student, Queensland University of Technology (QUT), Brisbane, AUS, Chair: Michael Kimlin, 2015
Yue Wu, Ph.D. student, QUT, Brisbane, AUS, Chair: Michael Kimlin, 2013
David Borrodale, Ph.D. student, QUT, Brisbane, AUS, Chair: Michael Kimlin, 2013

DEVELOPMENT OF RESEARCH SKILLS

Completed
Mackenzie Rush, AP student, West Forsyth High School, 2017
*Staci Belcher, M.S. student, University of Georgia, Chair: R. Lewis, 2017
Kayla Patel, UGA CURO Undergraduate Award Recipient, Chair: R. Lewis, 2016
*Emily Rollins, UGA CURO Award Recipient, Chair: R. Lewis, 2016
*Andrea Lobene, M.S. student, University of Georgia, Chair: R. Lewis, 2016
*Jenissa Gordon, UGA CURO Award Recipient, Chair: H. Park, 2016
Derek Coger, UGA CURO Award Recipient, Chair: R. Lewis, 2015
*Jordan Sylvester, UGA CURO Award Recipient, Chair: R. Lewis, 2015
*Madalene Dawson, UGA CURO Award Recipient, Chair: R. Lewis, 2015
*Lauren Kort, MS, University of Georgia, Chair: R. Lewis, 2014
*Hannah (Goff) Ross, MS, University of Georgia, Chair: R. Lewis, 2012
*Ashley Ferreira, Ph.D., University of Georgia, Chair: R. Lewis, 2011
*Jamie Williams, MS, University of Georgia, Chair: R. Lewis, 2011
*Katherine (Harris) Barnette, MS, University of Georgia, Chair: R. Lewis, 2010
*Claire (Maust) McDaniel, MS, University of Georgia, Chair: R. Lewis, 2010
*Maria Breen, MS, University of Georgia, Chair: R. Lewis, 2009

SUPERVISED TEACHING

<i>Active</i>	Claire Mouser, August 2023-December 2023; TA for NUTR 4500
<i>Completed</i>	Mai Spaulding, January 2023-May 2023; TA for NUTR 4520 Grace Madu, January 2023-May 2023; TA for NUTR 5900 Megan Appelbaum, January 2023-May 2023; TA for NUTR 4530 Alyssa Guadagni, August 2022-May 2023; TA for FDNS 4530 and NUTR 4500 Sitara Cullinan, January 2022-May 2022; TA for FDNS 4520 Jessica Beasley, August 2021-December 2021; TA for FDNS 4500 Abigail Starcher, January 2021-May 2021; TA for FDNS 4520 Catherine Prater, August 2020-May 2021; TA for FDNS 4500 and 4530 Olivia Delgado, August 2019-May 2020; TA for FDNS 4500 and 4530 Liana Rodrigues, January 2020-May 2020; TA for FDNS 4520 Carolina Cawthon, August 2017-December 2019; TA for FDNS 4500, 4520, 4620 Zachary Grunewald, August-December 2015; TA for FDNS 2100 Kathleen Norris, August-December 2014; TA for FDNS 4510 Elizabeth Stein August-December 2004; TA for FDNS 2100

PROFESSIONAL and COMMUNITY SERVICE ACTIVITIES

CURRENT PROFESSIONAL AFFILIATIONS

Academy of Nutrition and Dietetics (AND); GA Academy of Nutrition and Dietetics
Association for Size Diversity and Health
Georgia Nutrition Council
Northeast Georgia Dietetic Association
Nutrition and Dietetic Educators and Preceptors (AND Group)
Nutrition Educators of Health Professionals (AND Dietetics Practice Group)
Weight Inclusive Nutrition and Dietetics

Dates

REVIEWING/REFEREEING: JOURNALS and GRANTS

<i>March 2022</i>	Nutrition in Clinical Practice
<i>November 2003-2020</i>	Journal of Food Studies Journal of Photochemistry and Photobiology B: Biology Journal of Medicine and Science in Sport and Exercise Osteoporosis International Pediatrics & Therapeutics: Current Research International Journal of Obesity International Journal for Vitamin and Nutrition Research
<i>February 2012</i>	Member, Wellness Program Grants Review Committee, "Caregivers Promoting Healthy Habits," Bright From the Start, GA DECAL (State)
<i>September 2001-August 2010</i>	Member, Georgia Osteoporosis Initiative (GOI) Small Grants Review Committee, Atlanta, GA (State)
<i>July-September 2007</i>	Peer Reviewer, Self-Study Module "Soy and Health" 2 CEUs for RDNs and NDTRs, Pharmavite LLC, Northridge, CA (National)
<i>July-September 2007</i>	Peer Reviewer, Self-Study Module "Soy Nutrition Basics: Composition, Processing and Soy Foods," 2 CEUs for RDNs and NDTRs, Pharmavite LLC, Northridge, CA (National)

Starting and Ending Dates

January 2023-present
February 2023-present
October 2020-present
September 2020-present

February 2020-January 2022
February 2020-January 2021
July 2021-September 2021

March 2017-July 2021

February 2019-January 2020
November 2011-August 2016
October 2004-September 2013

September 2001-August 2010

August 2008-June 2009
August 2007-July 2008
August 2004-February 2005
October 1999

Starting and Ending Dates

August 2021-present
August 2021-present
August 2017-present
July 2017-present
May 2015-present
November 2022-present
December & May 2014-2023
October 2021-November 2022
June 2022-August 2022
August 2021-April 2022
November 2021-December 2021
July 2021-September 2021
February 2021-August 2021
February 2021-August 2021
August 2017-July 2021
January 2021
December 2020
August 2019-July 2020
August 2016-May 2020
August 2019-May 2020
August 2017, 2018, 2019, 2020
February 2020
October 2017
August 2019

November 2017-February 2018
August 2017-January 2018
October 2017
July 2015, June 2017

PROFESSIONAL SERVICE ACTIVITIES in DIETETICS

Member, Advisory Board, Emory Hospital Dietetic Internship, Atlanta, GA (Local)
Treasurer, Georgia Nutrition Council (State)
Member, Advisory Board, WIC Dietetic Internship, GA DPH (State)
Communications Coordinator, Nutrition Educators of Health Professionals Dietetic Practice Group, Academy of Nutrition and Dietetics (National)
Member, Georgia Nutrition Council Annual Conference Planning Committee (State)
Chair, Nominating Committee, Georgia Nutrition Council (State)
External Reviewer, Dossier for Promotion and Tenure, University of North Florida (University)
Chair, Membership, Nutrition Educators of Health Professionals Dietetic Practice Group, Academy of Nutrition and Dietetics (National)
Chair, Scholarship Committee, Georgia Nutrition Council (State)
Member, Advisory Council, Nutrition, Athens MOVE Magazine, Athens, GA (Local)
Member, Policy Leadership for Active Youth (PLAY) Statewide Leadership Council, Atlanta, GA (State)
Member, Georgia Osteoporosis Initiative (GOI) Children and Youth Subcommittee, Atlanta, GA (State)
Chair, Nominating Committee, Northeast Georgia Dietetic Association (Local)
Co-Chair, Nominating Committee, Northeast Georgia Dietetic Association (Local)
Co-Chair, Nominating Committee, Northeast Georgia Dietetic Association (Local)
Member, Gatorade Sports Nutrition Focus Group, Atlanta, GA (National)

UNIVERSITY SERVICE and OUTREACH ACTIVITIES

Member, Nutritional Sciences Graduate Committee (Department)
Chair, MS Nutrition On-Line Degree Program Committee (Department)
Faculty Advisor, Student Dietetic Association (College)
Member, Curriculum Committee (Department); Member (College: 2017-2022)
Director, Nutritional Sciences Communications Committee (Department)
Chair, Clinical Faculty Position Search Committee (Department)
Faculty Reader, FACS Convocation Ceremony, University of Georgia (College)
Member, Clinical Faculty Search Committee, College of Public Health (College)
Member, SSAC Academic Advisor Search Committee (College)
Member, Nutritional Sciences Department Head Search Committee (College)
Member, FACS Alumni Awards Selection Committee (College)
Member, Research Professional Search Committee for Dr. Cotwright (Department)
Member, Departmental Name Change Communication Committee (Department)
Chair, Clinical Faculty Position Search Committee (Department)
Chair, Foods and Nutrition Curriculum Committee (Department); Member (College)
Host, Departmental Seminar speaker, Jeffrey Hunger (Department)
Moderator, Rick Lewis Retirement (virtual) Event (Department)
Member, New Tenure Track Faculty Position Search Committee (Department)
Member, Foods and Nutrition Awards Committee (Department)
Member, Foods and Nutrition Alumni Relations Committee (Department)
Attendee, FACS Leadership Retreat (College)
Host, Departmental Seminar speaker, Sylvia Poulos (Department)
Host, Departmental Seminar speaker, Amy Goss (Department)
Planning Committee & attendee, UGA Health Center Fresh Check Event (University)
Interim Chair, Foods and Nutrition Alumni Relations Committee (Department)
Member, MLK Day Centennial committee (College)
Member, Foods and Nutrition Double Dawgs Committee (Department)
Member, FACS Celebrating Excellence Committee (College)

<i>August 2016-June 2017</i>	Member, Foods and Nutrition Curriculum Committee (Department)
<i>August 2013-2016</i>	Member, University Council Committee on Facilities (University)
<i>December 2014-May 2016</i>	Faculty Mentor, Whatever It Takes at UGA (University)
<i>December 2014-2016</i>	Member, Communications Committee (College)
<i>October 2011-2016</i>	Member, UGA Obesity Initiative teams: Maternal and Childhood Obesity, Obesity and Immunology, and Bone and Fat (University)
<i>January-August 2016</i>	Faculty Mentor, Sports Nutritionist to Row for Hemophilia (University)
<i>February 2016</i>	Award Presenter, 39 th Annual FACS Alumni Awards Luncheon (College)
<i>October 2015-December 2015</i>	Member, Vending Machine Project, University of Georgia (Department/College)
<i>November 2014-December 2015</i>	Member, Task Force on Facilities, Office of the University Architects and the Facilities Management Division (University)
<i>December 2014-May 2015</i>	FDN Faculty Representative, Gonfalon Committee (College)
<i>December 2014-May 2015</i>	Chair, Foods and Nutrition Communications Sub-Committee (Department)
<i>September 2004-December 2005</i>	Member, University of Georgia Athletic Association and Health Services Eating Disorder Team (University)
<i>September 1998-May 1999</i>	President, Foods and Nutrition Graduate Student Organization (Department)
<i>October 1996-March 1997</i>	Chair, National Nutrition Month Committee, Emory University Hospital, Atlanta, GA (Department)
<i>Starting and Ending Dates</i>	COMMUNITY SERVICE and OUTREACH ACTIVITIES
<i>February 2002-present</i>	Organize and collect clothing, toy, and food donations for the Athens Inter-Community Council, DFCS, Salvation Army, Project Safe, The Cottage, Extra Special People, Inc. and the Little Free Pantry; Serve as social media and website admin for local community organizations, Athens, GA (Local)
<i>August 2009-July 2023</i>	Nutrition Director, Lifespan Montessori of Athens, Inc., a childcare program serving children ages 6 weeks to 5 years, Athens, GA; Led the program through achievement of national and state accreditations, as well as several school-wide and individual teaching and administrative awards (Local)
<i>May 2019-December 2022</i>	Member, 100+ Women Who Care Athens (Local)
<i>August 1998-present</i>	Member, St. Gregory the Great Episcopal Church, Athens, GA (Local)
<i>July 2009-2017</i>	Member, Georgia Association on the Education of Young Children (State)
<i>July 2009-2017</i>	Member, National Association on the Education of Young Children (NAEYC)
<i>July 2009-2017</i>	Member, Southern Early Childhood Association (Regional)
<i>September 2012-July 2015</i>	Chair, Newsletter Committee, Georgia Association on Young Children (State)
<i>January 2012-July 2015</i>	Member, Board of Directors, District 8 Representative, Georgia Association on Young Children (State)
<i>June 2014</i>	Invited Participant, Frontiers of Innovation Georgia Design Workshop on Social-Emotional Development, facilitated by the Center on the Developing Child at Harvard University and Georgia Early Education Alliance for Ready Students, Atlanta, GA (State)
<i>November 2013</i>	Recipient, Governor's Childhood Obesity Initiative, Georgia SHAPE award; Lifespan was recognized as a "Model Early Care and Learning Program in Nutrition and Physical Activity;" criteria included outstanding nutrition policies, breastfeeding support, and physical activity curricula (State)
<i>November 2012</i>	Volunteer for the YWCO "Kids Tri the Y" Triathlon for children ages 6 to 12 years.
<i>April 1999-April 2005</i>	Volunteer for Athens Run/Walk for Home; beneficiaries of the event include the Homeless Shelter, Salvation Army, Project Safe, The Ark, and others, Athens, GA
<i>January 2005-February 2006</i>	Outreach Coordinator, Athens Canine Rescue, Athens, GA
<i>November 2003-December 2004</i>	Adoption Coordinator, Athens Canine Rescue, Athens, GA
<i>February 1996-March 1996</i>	Volunteer for Delaware Department of Health and Human Services (DHHS) nutritionist; assisted with home visits of failure-to-thrive children, Wilmington, DE
<i>April 1995-August 1995</i>	Prepared food for Ronald McDonald House Breakfast Program, Wilmington, DE
<i>January 1995-July 1995</i>	Volunteer for Delaware Food Bank, Wilmington, DE and Newark, DE

<i>October 1994</i>	Volunteer in OBGYN Clinic, assisted Delaware DHHS nutritionist with nutrition counseling of high-risk prenatal cases, Wilmington Hospital, Wilmington, DE
<i>September 1992-December 1992</i>	Aided radio station (FM 102.3 WHYL) with the promotion/organization of a tennis tournament to benefit youth Drug Awareness Resistance Education, Carlisle, PA
<i>October 1991-December 1991</i>	Volunteer for Meals on Wheels, prepared and distributed food to homebound elders, Brisbane, AUS

CONTRIBUTION TO NUTRITION RESEARCH

<i>Project Start Dates</i>	RESEARCH GRANTS and PROJECTS FUNDED
<i>April 2021</i>	Laing E.M. , Lewis R.D. Supplement to the Egg Consumption, Skeletal Health, and Cognition in Obese and Normal Weight Children: A Randomized-Controlled Feeding Trial; Phase 2: Biochemical Analyses (PI). The Egg Nutrition Center. American Egg Board. 2021-2022.
<i>September 2017</i>	Lewis R.D., Laing E.M. , Oshri A., Kealey K., Tripp R.A. Effects of Egg Consumption on Skeletal and Cardiovascular Health in Children: A Long-Term Feeding Trial; Phase 2 (Clinical Trial) (Co-I). \$564,302. The Egg Nutrition Center. American Egg Board. 2017-2020.
<i>October 2017</i>	Lewis R.D., Laing E.M. , de La Serre C.B., Oshri A., Loechner K., Fialkowski A., Duckham R. Autism Spectrum Disorder: The Role of Diet, Physical Activity, and Gut Microbiome on Bone Strength. University of Georgia CTRU Seed Grant. \$38,639.40. 2017-2018.
<i>April 2017</i>	Duckham R.L., Teo W.P., Lewis R.D., Laing E.M. , Lee-Brennan S., Rodda C. What is the association between dietary intake, bone health and gut function in children with Autism Spectrum Disorder? Institute for Physical Activity and Nutrition Seed Grant, Deakin University. 2017-2018.
<i>August 2016</i>	Lewis R.D., Laing E.M. , Oshri A., Kealey K., Tripp R.A., Phillips R.D. Effects of Egg Consumption on Bone Strength in Children: Phase 1: Prototype design and testing of egg and placebo products (Co-I). Egg Nutrition Center. \$48,590. 2016-7.
<i>October 2014</i>	Lewis, R.D., Laing, E.M. , Kindler, J.M., Berger, P.K. Diet and Obesity: Impact on Skeletal Health During the Growing Years (Co-I). The Coca-Cola Company. \$45,000. 2014-2016.
<i>October 2014</i>	Lewis, R.D., Laing, E.M. , Berger, P.K., Oshri, A., Tripp, R.A. "Egg consumption, inflammation and bone health in children (Co-I). Egg Nutrition Center, \$54,999. 2014-2016.
<i>June 2014-June 2015</i>	Lewis R.D., Laing E.M. , de la Serre C., Berger P.K., Harn D. Filipov N. UGA "Obesity, Inflammation and Bone Architecture." Obesity Initiative Research Grant (Co-I), \$1,600. 2014-2015.
<i>October 2012-July 2013</i>	Lewis R.D., Laing E.M. , Tripp R.A., Tompkins S.M. "Adenovirus, Obesity and Bone Strength in Preadolescent Children" UGA Obesity Initiative Research Grant (Co-I), \$25,000. 2012-2013.
<i>July 2012-July 2013</i>	Laing E.M. UGA Junior Faculty Research Grant, (PI), Office of the Vice President for Research, \$9,896. "Vitamin D and Muscle in Early Adolescents: Serum Insulin-Like Growth Factor and Myostatin Responses to Vitamin D Supplementation" 2012-2013.
<i>August 2009-July 2011</i> <i>(No-cost Extension: July 2013)</i>	Lewis R.D., Laing E.M. , Weaver C.M., Martin B., Hall D.B., Hausman D.B., McCabe G.M., Warden S.J. Peacock M. R01HD57126-01 (Co-I); National Institutes of Health, NICHD, \$2,221,951 "Supplemental Vitamin D and Functional Outcomes in Early Adolescence." 2009-2013.
<i>June 2009-May 2010</i> <i>(No-cost Extension: May 2012)</i>	Lewis, R.D., Laing, E.M. , Hausman, D.B., Hall, D.B., Pollock, N.K., Baile, C.A., Brody, G. 2.008.319 (Co-I); Allen Foundation, Inc., \$54,561 "The Effect of Vitamin D Supplementation on Pre-Diabetes in Obese Adolescents." 2009-2012.

February 2007-January 2009
(No-cost Extension: Jan 2011)

Lewis, R.D., Laing, E.M., Grider, A., & Hall, D.B. 1R03HD054630-01 (Co-I); National Institutes of Health, \$147,500 “Supplemental Zinc and Bone Turnover in Early Pubertal Females.” 2007-2011.

September 2004-August 2005

Laing, E.M. 10-21-RR581-373 (PI); National Osteoporosis Foundation, \$57,000 “A Prospective Analysis of Geometric Changes in the Proximal Femur in Young Female Gymnasts.” 2004-2005.

Projected Start Dates

ADMINISTRATIVE GRANTS AND TRAVEL AWARDS

Spring & Fall 2021-present
October 2022
February 2021
December 2020
April 2019

Laing E.M. UGA First Year Odyssey funds for out-of-class activity, \$300+
Laing E.M. UGA FACS Student Technology Fee funding allocation FY23, \$2,100
Laing E.M. UGA Active Learning Summer Institute, \$7,500K
Laing E.M. UGA Obesity Initiative Statistical Consulting Award, \$750 total costs
Laing E.M. UGA Student/Faculty Enrichment Fund provided by the UGA Office of Vice President for Student Affairs to fund an out-of-class student/faculty gathering not associated with course material
Laing E.M. University of Georgia: The Graduate School Recruitment Enhancement Grant, \$2,000 total costs
Laing E.M. UGA Provost’s Travel Funds to attend ASBMR, Minneapolis, MN
Laing E.M. UGA Provost’s Travel Funds to attend ASBMR, Toronto, ON

October 2015

October 2012
October 2010

Projected Start Dates

PARTIALLY FUNDED HATCH PROJECTS

May 2016-December 2020

Laing, E.M. (PI) Dietary Influences on Childhood Musculoskeletal Health, Variable amounts, USDA, CSRS, National Institute of Food and Agriculture GEO00798
Lewis R.D., **Laing E.M.** (Co-I) Obesity, Physical Activity and Bone Strength in Children and Adults, Variable amounts, USDA, CSRS, National Institute of Food and Agriculture GEO00797

April 2016-May 2021

July 2012-June 2015

Laing, E.M. (PI) Vitamin D Supplementation and Muscle Responses in Early Adolescence, Variable amounts. USDA, CSRS, National Institute of Food and Agriculture GEO00700
Lewis R.D., **Laing E.M.** (Co-I) Interrelationships Among Bone Strength, Diet and Physical Activity in Children and Adults. Variable amounts, USDA, CSRS, National Institute of Food and Agriculture Hatch Project GEO00647

2008-2013

Submission Dates

RESEARCH GRANTS and PROJECTS NOT FUNDED

February 2022, 2023

Laing E.M. Margene Wagstaff Fellowship for Innovation in Dietetics Education (PI). Academy of Nutrition and Dietetics Foundation.

October 2016

Lewis R.D., **Laing E.M.**, Oshri A., Grider A., Kindler J.K. Supplemental Zinc and Bone Strength in Early Adolescence (Co-I). NICHD National Institutes of Health.

July 2016

Lewis R.D., **Laing E.M.**, Oshri A., Kealey K., Tripp R.A. Egg Consumption, Inflammation and Skeletal Health in Obese Children: A Randomized-Controlled Feeding Trial. The United States Department of Agriculture (Co-PD).

December 2015

Lewis R.D., **Laing E.M.**, Oshri A., Ward K. Promoting Health and Preventing Excessive Weight Gain in Obese Athens-Clarke County Youth. Mulherin Foundation.

December 2015

Yli-Piipari S. (PI), **Lewis R.D.**, **Young H.N.**, **Shen Y.**, **Laing E.M.**, **Udwadia J.** National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention Childhood Obesity Research Demonstration 2.0, RFA- DP-16-004. Confidence Ownership Responsibility Exercise, LLC (CORE).
Schuster, B. (PI). Letter of Intent submitted in December 2015.

- November 2015 Yli-Piipari S. (PI), Lewis R.D., Young H.N., Shen Y., **Laing E.M.**, Udwardia J. An Examination of the CORE Lifestyle Program on the Cardio-Metabolic and Behavioral Outcomes among High-Risk Hispanic Children with Multiple Weight-Related Health Risks UGA CTRU SEED GRANT PROPOSAL.
- July 2014 Lewis R.D., Tripp R.A., **Laing E.M.**, Weaver C.M., Peacock M. Sayers A. Adenovirus Influences on Childhood Obesity, Inflammation and Bone: The Use of MicroRNAs (miRNA) as Biomarkers of Disease. UGA Office of the Vice President for Research Interdisciplinary Proposal Development Program, \$52,000.
- May 2014 Pollock N.K., Lewis R.D., **Laing E.M.** National Institutes of Health, \$1,309,536. Adolescent Obesity, Bone Development, and Cardiometabolic Risk Factors.
- April 2014 Kindler J.M., Lewis R.D., **Laing E.M.** Obesity, type 2 diabetes, and skeletal architecture in late adolescent females. Amy Joye Memorial Research Award, Academy of Nutrition and Dietetics Foundation, \$5,000.
- March 2014 **Laing E.M.**, Lewis R.D., Miller S.L., Kindler J.M. UGA Junior Faculty Research Grant, (PI), Office of the Vice President for Research, \$9,981. "Obesity, Cardiometabolic Risk Factors and Bone Architecture."
- February 2014 Lewis R.D., **Laing E.M.**, Berger P.K., McCabe G.P., Tripp R.A. American Society for Bone and Mineral Research Grants in Aid Program, \$50,000. "Adenovirus 36, Obesity and Inflammation Related to Bone Development During Puberty: A 3 to 4 Year Follow-Up."
- January 2014 Lewis R.D., **Laing E.M.**, Berger P.K., Pollock N.P. Egg Nutrition Center/American Egg Board, \$198,755. "Effects of Egg Consumption on Inflammation and Bone Turnover in Obese Adolescents Infected with Adenovirus 36."
- December 2013 Lewis R.D., **Laing E.M.** Allen Foundation, \$303,176. "Supplemental Zinc and Bone Strength in Early Adolescence."
- November 2013 **Laing E.M.** International Osteoporosis Foundation SERVIER Young Investigator Grant, Euro 40,000. "Adenovirus 36, Obesity and Inflammation Related to Bone Development During Puberty: A 3 to 4 Year Follow-Up."
- October 2013 Kort L, **Laing E.M.**, Pollock N.K., Lewis R.D. National Collegiate Athletic Association, \$7,500. "Do Former NCAA Gymnasts Maintain Higher Bone Density Three Decades After Retirement from the Sport?"
- October 2013 Lewis R.D., Zhao Q., **Laing E.M.**, Kindler J.M. University of Georgia Obesity Initiative, \$25,000. "Cortical Porosity, Bone Marrow, and Bone Strength in Young Obese Adults."
- September 2013 Lewis R.D., **Laing E.M.**, Berger P.K., Tripp R.A. University of Georgia Obesity Initiative, \$25,000. "Adenovirus 36, Obesity and Inflammation Related to Bone Development During Puberty: A 3 to 4 Year Follow-Up."
- April 2013 Bryant C., Lewis R.D., Bales D. Crawley C., Grossman B., Johnson L., **Laing E.M.**, Mancini J., Oshri A. United States Department of Agriculture, \$2,942,541. "Obesity Prevention for Children and Adolescents: A Home-Based Family Systems & Community Capacity Intervention."
- March 2013 **Laing E.M.** American Society for Bone and Mineral Research Career Enhancement/Young Investigator General Research Award, \$55,000. "Adenovirus 36, Obesity and Bone Development during Puberty: the Role of Inflammation."
- March 2013 Grider, A., Lewis, R.D., & **Laing, E.M.** Serum Biomarkers of Zinc Supplemented Early Pubertal Females. National Institutes of Health. \$74,250.
- October 2012 & Feb 2013 Tripp R.A., Lewis R.D., **Laing E.M.** Tompkins S.M. National Institutes of Health, \$423,361. "Adenovirus, Obesity and Bone Strength in Preadolescent Children."
- June 2012 **Laing E.M.** American Society for Bone and Mineral Research Career Development Award, \$55,000. "Serum IGF-I and Myostatin Responses to Vitamin D Supplementation in Adolescents."
- September 2012 Grider A., Lewis R.D., **Laing E.M.** National Institutes of Health, \$74,250. Serum Biomarkers of Zinc Supplemented Early Pubertal Females.

September 2012 Lewis R.D., **Laing E.M.**, Baxter-Jones A, Grider A., Isales C., Pollock NK. National Institutes of Health, NICHD, \$1,536,851. Supplemental Zinc and Bone Strength in Early Adolescence.

April 2011 Lewis R.D., **Laing E.M.**, Anderson K., Bailey L.B., Della-Fera M.A., Baile, C.A. March of Dimes, \$501,106. Effects of Maternal Adiposity and Vitamin D Supplementation on Infant Bone Health.

February 2011 Anderson A.K., **Laing, E.M.**, Hausman D.B. Maternal Vitamin D During Pregnancy and Neonatal Outcomes in a Diverse Population, Children’s Healthcare of Atlanta. \$49,976. *Letter of Intent Submitted.*

February 2011 RHD071287A. **Laing E.M.**, Hall D.B., Hausman D.B., Lewis R.D. Vitamin D Supplementation and Muscle Responses in Early Adolescence. National Institute of Child Health and Human Development. \$74,250.

February 2011 Anderson A.K., **Laing E.M.**, Hausman D.B., Helfgott A, Fisher S, Lewis R.D. Association between Maternal Vitamin D Status and Preterm Birth. Centers for Disease Control and Prevention. *Letter of Intent Submitted.*

April 2010 Pollock N.K., **Laing E.M.**, Davis C, Young-Hyman D., Dong Y., Zhu H., Bernard P., Lewis R.D., Mullis R., Hausman D., Baile C. Vitamin K2 and the Metabolism of Glucose, Insulin, and Adipokines in Prepubertal Overweight Children with Pre-Diabetes, University System of Georgia Childhood Obesity Proposal, \$25,000. Preliminary Data: Vitamin D Supplementation And Muscle Strength In Adolescents, American Society for Bone and Mineral Research Career Development Award, **Laing, E.M.** (Principal Investigator), \$55,000.

June 2010 Preliminary Data: Vitamin D Supplementation And Muscle Strength In Adolescents, American Society for Bone and Mineral Research Junior Faculty Award, **Laing, E.M.** (Principal Investigator), \$55,000.

July 2010 Preliminary Data: Vitamin D Supplementation And Muscle Strength In Adolescents, American Society for Bone and Mineral Research Junior Faculty Award, **Laing, E.M.** (Principal Investigator), \$55,000.

DISSEMINATION OF RESEARCH FINDINGS

WORKING PAPERS

Laing EM, Slagel NW, Clifford DE, Hightower W, Harris CL, Hunger JM. Weight Inclusivity: How and why classroom nutrition educators need to tackle the subject of weight bias (*Resubmission: September 2023*)

Laing EM, Slagel NW, Clifford DE, Hightower W, Harris CL, Wang Y, Hunger J.M., Hall DB. Imparting Weight Inclusive Approaches in a University Dietetics Curriculum (*In Preparation*)

Coheley LM., Yu M., Chen X., O’Connor PJ, Kealey KS, **Laing EM**, Oshri A, Marand AK, Lance JM, Kindler JM, Lewis RD. The Impact of Whole Egg Consumption on Bone Accrual in Healthy Children: A Randomized Controlled Trial. (*Resubmission: August 2023*)

Publication Dates

BOOK CHAPTERS

(* Indicates invited submission)

2018 ***Laing E.M.** and Lewis R.D. New concepts in vitamin D requirements for children and adolescents: a controversy revisited. (2018) In: Giustina and Bilezikian (Eds.) Frontiers in Hormone Research: Vitamin D in clinical medicine, Vol 50, pp 42-65, Switzerland, Karger.

2018 * Lewis R.D., **Laing E.M.**, Weaver C.M. Chapter 41: Adolescence and Acquisition of Peak Bone Mass. (2018) In: Feldman D., Pike J.W., & Adams J.S. (Eds.) Vitamin D, Volume 1: Biochemistry, Physiology And Diagnostics, Fourth Edition, pp 731–753, San Diego, CA: Elsevier, Inc.

- 2016 *Lewis R.D., Kindler J.M., **Laing E.M.** Chapter 3: Obesity, Insulin Resistance and Pediatric Bone (2016) In: Weaver C.M., et al. (Eds.) Nutritional Influences on Bone Health, 9th International Symposium on Nutritional Aspects of Osteoporosis. Switzerland, Springer International Publishing. Available via eBbook. Pages 21-33.
- 2015 *Lewis R.D., **Laing E.M.**, Foss S.M. Chapter 6: The War on Hunger to the Fight Against Obesity (2015) In: Nickols S.M. and Kay G. (Eds.) Remaking Home Economics: Resourcefulness and Innovation in Changing Times, UGA Press.
- 2013 *Lewis R.D. and **Laing E.M.** Chapter 23: Vitamin D Supplementation and Changes in Vitamin D and Bone Metabolites in Children (2013) In: Burckhardt P., et al. (Eds.) Nutritional Influences on Bone Health, London, Springer-Verlag, 227-236.
- 2013 ***Laing E.M.** Chapter 23: Exercise and Nutrient Need (2013) In: Berdanier C.D., Dwyer J. & Heber D. (Eds.) Handbook of Nutrition and Food, 3rd Edition, Boca Raton, FL: Taylor & Francis Group, LLC., 359-371.
- November 2011 *Weaver C.M., Lewis R.D., **Laing E.M.** (2011) Vitamin D in Skeletal Growth and Development. In: Translational Endocrinology & Metabolism: Vitamin D Update, Volume 2, Number 3 (pp. 43-60). The Endocrine Society, Chevy Chase, MD.
- June 2011 *Weaver C.M., **Laing E.M.**, & Lewis R.D. Chapter 37: Adolescence and Acquisition of Peak Bone Mass. (2011) In: Feldman D., Pike J.W., & Adams J.S. (Eds.) Vitamin D, Third Edition, San Diego, CA: Elsevier, Inc. 657-677.
- Winter 2007 ***Laing E.M.** Chapter 19: Exercise and Nutrient Need. (2007) In: Berdanier C.D., Feldman E. & Dwyer J. (Eds.) Handbook of Nutrition and Food, 2nd Edition, Boca Raton, FL: CRC Press, Inc. 373-388.

Publication Dates

REFEREED JOURNAL PUBLICATIONS

(* Indicates those publications of national or international standing)

- January 2023 *Ishikawa Y, **Laing EM**, Anderson AK, Zhang D, Kindler J., Trivedi R., Sattler E. Comparison of Diagnostic Methods for Type 2 Diabetes in Patients with Heart Failure. *Diab Epidemiol Manag.* 2023;9:Fe.
- December 2022 *O'Connor PJ, Chen X, Coheley LM, Yu M, **Laing EM**, Oshri A, Marand A, Lance JM, Lewis RD. The effects of 9 months of formulated whole-egg or milk powder food products as meal or snack replacements on executive function in preadolescents: A randomized placebo-controlled trial. *Am J Clin Nutr.* 2022;116(6):1663-71.
- May 2022 *Cerminaro C, Sazonov E, McCrory M, Steiner-Asiedu M, Bhaskar V, Gallo S, **Laing EM**, Anderson AK, Feasibility of the Automatic Ingestion Monitor (AIM-2) for the assessment of infant feeding: a pilot study among breastfeeding mothers from Ghana. *2022 Public Health Nutrition.* 2022 May 26;1-11.
- August 2022 *Ishikawa Y., **Laing EM**, Anderson AK, Zhang D, Kindler J., Trivedi R., Sattler E. Adherence to the Dietary Approaches to Stop Hypertension Diet is Associated with Low Levels of Insulin Resistance among Heart Failure Patients, 2022 *Nutrition, Metabolism and Cardiovascular Diseases*, 2022 Aug;32(8):1841-1850.
- February 2022 *Ishikawa Y, Lewis R, **Laing EM**, Anderson AK, Zhang D, Quyyumi A, Dunbar S, Trivedi R., Sattler E, Prevalence and Trends of Type 2 Diabetes Mellitus and Prediabetes among Community-Dwelling Heart Failure Patients in the United States. *Diabetes Research and Clinical Practice*, 2022 Feb;184:109191.
- August 2019 *Kindler JM, **Laing EM**, Liu W, Dain JA, Lewis RD. Pentosidine is Associated with Cortical Bone Geometry and Insulin Resistance in Otherwise Healthy Children. *2019 J Bone Miner Res*, Aug;34(8):1446-1450.
- November 2018 *Wright C.S., **Laing E.M.**, Pollock N.K., Hausman D.B., Weaver C.M., Martin B.R., McCabe G.P., Peacock M., Warden S.J., Hill Gallant K.M., Lewis R.D. Serum 25-hydroxyvitamin D and intact parathyroid hormone influence muscle outcomes in children and adolescents. *2018 J Bone Miner Res*, Nov;33(11):1940-1947.

- August 2018 *Cohaley L.M., Kindler J.M., **Laing E.M.**, Oshri A., Hausman D.B., McCabe G.P., Martin B.R., Hill Gallant K.M., Warden S.J., Weaver C.M., Peacock M., Lewis R.D. Whole egg consumption and cortical bone in healthy children. 2018 *Osteoporosis International*, Aug;29(8):1783-1791.
- February 2018 *Yli-Piipari, S., Berg, A., **Laing, E.M.**, Hartzell, D.L., Parris, K.O., Udwadia, J., and Lewis, R.D. A 12-Week Lifestyle Program to Improve Cardiometabolic, Behavioral, and Psychological Health in Hispanic Children and Adolescents. 2018 *Journal of Alternative and Complementary Medicine*, Feb;24(2):132-138.
- November 2017 *Kindler J.M., Pollock N.K., Ross H.L., Modlesky C.M., Singh, H., **Laing E.M.**, Lewis R.D. Obese versus normal-weight late-adolescent females have inferior trabecular bone microarchitecture: a pilot case-control study. 2017 *Calcified Tissue International*, Nov;101(5):479-488.
- July 2017 *Lobene A.J., Kindler J.M., Jenkins N.T., Pollock N.K., **Laing E.M.**, Grider A. Lewis R.D. Zinc supplementation does not alter indicators of insulin secretion and sensitivity in black and white female adolescents, 2017 *J Nutr*, 147(7):1296-1300.
- July 2017 *Kindler J.M., Pollock N.K., **Laing E.M.**, Oshri A., Jenkins N.T., Isales C.M., Hamrick M.W., Ding K.H., Hausman D.B., McCabe G.P., Martin B.R., Hill Gallant K.M., Warden S.J., Weaver C.M., Peacock M., Lewis R.D. Insulin resistance and the IGF-I-cortical bone in children ages 9-13 years. 2017 *J Bone Miner Res*, 32(7):1537-1545.
- March 2017 Grider A., Bakre, A.A. **Laing, E.M.**, Lewis, R.D. In Silico Analysis of MicroRNA Regulation of Bone Development: Metal Response Element-Binding Transcription Factor 1 and Bone Signaling Pathways. 2017 *Austin Journal of Nutrition & Metabolism*, 4(1):1042.
- March 2017 Giudici K.V., Kindler J.M., Martin B.R., **Laing E.M.**, McCabe G.P., McCabe L.D., Hausman D.B., Martini L.A., Lewis R.D., Weaver C.M., Peacock M., Hill Gallant K.M. Associations among osteocalcin, leptin and metabolic health in children ages 9-13 years in the United States. 2017, *Nutrition & Metabolism*, 7;14:25.
- April 2016 *Ferira A.J., **Laing E.M.**, Hausman D.B., Hall D.B., McCabe G.P., Martin B.R., Hill Gallant K.M., Warden S.J., Weaver C.M., Peacock M., Lewis R.D. Vitamin D Supplementation Effects on Insulin Sensitivity and Resistance in Early Pubertal White and Black Children. 2016 *J Clin Endocrinol Metab.* Apr;101(4):1710-8.
- January 2016 Gordon J.D., Hausman D.B., Bailey L.B., Lewis R.D., **Laing E.M.**, Park H.J. Impact of gluten-containing foods on folate intake of women of childbearing age. 2016 *The Digest*, Research Dietetic Group, Academy of Nutrition and Dietetics, 51(1), 2-7.
- January 2016 *Kindler J.M., Pollock N.K., **Laing E.M.**, Jenkins N.T., Oshri A., Isales C., Hamrick M.W., Lewis R.D. Insulin resistance negatively influences the muscle-dependent IGF-I-bone mass relationship in pre-menarcheal girls. 2016 *J Clin Endocrinol Metab.* Jan;101(1):199-205.
- October 2015 *Berger P.K., **Laing E.M.**, Pollock N.K., Chertin V., Grider A., Shapses S.A., Ding K.H., Isales C.M., Lewis R.D. Zinc supplementation enhances procollagen Type 1 amino-terminal propeptide in premenarcheal girls: a randomized controlled trial. 2015 *J Nutr.* 145(12):2699-704.
- December 2015 Grider A., Lewis R.D., **Laing E.M.**, Bakre, A.A., Tripp, R.A. Zinc Affects miR-548n, SMAD4, SMAD5 Expression in HepG2 Hepatocyte and HEP-2 Lung Cell Lines, 2015 *Biomaterials*. Dec;28(6):959-66.
- May 2015 *Lewis R.D. and **Laing E.M.** Conflicting reports on vitamin D supplementation: Evidence from randomized controlled trials. SI: Bone Health & Nutrition; 2015 *Molecular and Cellular Endocrinology (Invited)*. 410:11-18.
- July 2014 *Kindler J.M., Goff-Ross H.L., **Laing, E.M.**, Modlesky C.M., Pollock N.K., Baile C.A., Lewis R.D. Load-specific physical activity scores are related to tibia bone architecture. 2015 *Int J Sport Nutr Exerc Metab.* Apr;25(2):136-44.

- June 2014 *Berger P.K., Pollock N.K., **Laing E.M.**, Warden S.J., Hill Gallant K.M., Hausman D.B., Baile C.A., Tripp R.A., McCabe L.D., McCabe G.P., Weaver C.M., Peacock M., Lewis, R.D. Adenovirus 36 infection, adiposity and inflammation-related markers in children. 2014 *J Clin Endocrinol Metab.* 99(9):3240-6.
- January 2014 *Berger P.K., Principe-Craig J.L., **Laing E.M.**, Henley E.C., Pollock N.K., Blair R.M., Baile C.A., Hall D.B., Lewis R.D. Weight gain in college females is not prevented by isoflavone-rich soy protein: a randomized controlled trial. 2014 *Nutr Res.* 66-73.
- December 2013 *Lewis R.D., **Laing E.M.**, Hill Gallant K.M., Hall D.B., McCabe G.P., Martin B.R., Warden S.J., Peacock M., Weaver C.M. A randomized trial of vitamin D3 supplementation in children: dose-response effects on vitamin D metabolites and calcium absorption. 2013 *J Clin Endocrinol & Metab.* 98(12):4816-4825.
- March 2013 ***Laing E.M.**, Tripp R.A., Pollock N.K., Baile C.A., Della-Fera, M.A., Rayalam S., Tompkins S.M., Keys D.A., Lewis R.D. Adenovirus 36, Adiposity and Bone Strength in Late-Adolescent Females. 2013 *J Bone Miner Res.* 28(3):489-96.
- January 2013 *Warden S.J., **Laing E.M.**, Ferira A.J., Hill K.H., Martin B.R., Weaver C.M., Peacock M., Hausman D.B., Lewis R.D. Racial Differences in Cortical Bone and their Relationship to Biochemical Variables in Early Pubertal Children. 2013 *Osteoporos Int.* 24:1869-1879.
- October 2012 *Hill K.M., **Laing E.M.**, Hausman D.B., Acton A., Martin B.R., McCabe G.P., Weaver C.M., Lewis R.D., Peacock M. Bone turnover is not influenced by serum 25-hydroxyvitamin D in Healthy Black and White Early-Pubertal Children. 2012 *Bone.* 51(4):795-9.
- January 2011 *Breen M.E., **Laing E.M.**, et al. 25-Hydroxyvitamin D, Insulin-Like Growth Factor-I and Bone Mineral Accrual During Growth. 2011 *J Clin Endocrinol & Metab.* 96:E89–E98.
- January 2011 *Pollock N.K., **Laing, E.M.**, Hamrick, M.A., Baile, C.A., Hall, D.B., & Lewis, R.D. Bone and fat relationships in postadolescent black females: A pQCT study. 2011 *Osteoporos Int.* 22:655-665.
- January 2011 *Pollock N.K., **Laing, E.M.**, Taylor, R.G., Baile, C.A., Hall, D.B., Hamrick, M.A., & Lewis, R.D. Comparisons of trabecular and cortical bone in late adolescent black and white females. 2011 *J Bone Miner Metab.* 29:44-53.
- June 2008 *Pollock N.K., **Laing, E.M.**, Baile C.A., Lewis, R.D., Hamrick M.W., Hall D.B. Letter to the Editor: Reply to Cole, et al. 2008 *Am J Clin Nutr.* 87:1959-60.
- November 2007 *Willis C.M, **Laing, E.M.**, Hall D.B., Hausman D.B., & Lewis R.D. A prospective analysis of plasma 25(OH)D concentrations in white and black prepubertal females in the southeastern United States. 2007 *Am J Clin Nutr.* 85:124-30.
- January 2007 *Pollock N.K., **Laing, E.M.**, Baile C.A., Hammrick M.W., Hall D.B., & Lewis R.D. Is adiposity advantageous for bone strength? A pQCT study in late adolescent females. 2007 *Am J Clin Nutr.* 86:1530-38.
- November 2006 *Stein E.M., **Laing E.M.**, Hall D.B., Hausman D.B., Kimlin M.G., Johnson M.A., Modlesky C.M., Wilson A.R., & Lewis R.D. Serum 25-hydroxyvitamin D concentrations in girls aged 4-8 y living in the southeastern United States. 2006 *Am J Clin Nutr.* 83:75-81.
- January 2006 *Pollock N.P., **Laing E.M.**, Modlesky C.M., O'Connor P.J., & Lewis R.D. Former College Artistic Gymnasts Maintain Higher BMD: A Nine-Year Follow-Up. 2006 *Osteoporos Int.* 17:1691-7.
- March 2005 ***Laing E.M.**, Wilson A.R., Modlesky C.M., O'Connor P.J., Hall D.B., & Lewis R.D. Initial Years of Recreational Artistic Gymnastics Training Improves Lumbar Spine Bone Mineral Accrual in 4-8 Yr Old Females. 2005 *J Bone Miner Res.* 20:509-19.
- February 2003 *Poudevigne M.S., O'Connor P.J., **Laing E.M.**, Wilson A.R., Modlesky C.M., and Lewis R.D. Body Images of 4-8 Year Old Girls at the Outset of Their First Gymnastics Class. 2003 *Int J Eating Dis.* 34:244-250.
- August 2002 ***Laing E.M.**, Massoni J.A., Nickols-Richardson S.M., Modlesky C.M., O'Connor P.J., & Lewis R.D. A Prospective Study of Bone Mass and Body Composition in Female Adolescent Gymnasts. 2002 *J Pediatr.* 141:211-6.

Publication Dates

PEER-REVIEWED ABSTRACTS

September 2022

Coheley LM, Yu M, Chen X, Marand A, Lance JM, O'Connor PJ, **Laing EM**, Oshri A, Kealey K, Lewis RD. The Impact of Feeding Whole Egg Products for 9-Months on Total Body and Spine Areal Bone Density Among Preadolescent Children: A Randomized, Placebo-Controlled Trial. 2022 *J Bone Miner Res* (Submitted: July 2022).

August 2021

Cerminaro C, Sazonov E, McCrory M, Steiner-Asiedu M, Bhaskar V, Gallo S, **Laing EM**, Anderson AK. Feasibility of the Automatic Ingestion Monitor (AIM-2) for the assessment of infant feeding: a pilot study among breastfeeding mothers from Ghana *International Society for Research in Human Milk and Lactation* (Submitted: May 2021)

August 2021

Laing EM, Slagel NW, Clifford DE, Hightower W, Harris CL, Wang Y, Hall DB. Imparting Anti-Diet and Weight Inclusive Approaches in a University Dietetics Curriculum. 2021 *Society for Nutrition Education and Behavior* (Submitted: February 2021)

May 2021

Ishikawa Y, **Laing EM**, Anderson AK, Zhang D, Trivedi-Kapoor R, Sattler ELP. The Level of Adherence to the Dietary Approaches to Stop Hypertension Diet is Associated with the Severity of Insulin Resistance Among Community-Dwelling Heart Failure Patients: A National Health And Nutrition Examination Survey Analysis. Abstract ID: 276. 2021 *AHA EPI|Lifestyle Scientific Sessions* (Submitted: February 2021).

May 2021

Ishikawa Y, **Laing EM**, Anderson AK, Zhang D, Trivedi-Kapoor R, Sattler ELP. Comparison of Diagnostic Methods for Diabetes Diagnosis in Patients with Heart Failure: A National Health And Nutrition Examination Survey Analysis. Abstract ID: 275. 2021 *AHA EPI|Lifestyle Scientific Sessions* (Submitted: February 2021).

March 2020

Ishikawa Y, Trivedi-Kapoor R, Lewis RD, **Laing EM**, Anderson AK, Zhang D, Quyyumi AA, Dunbar SB, Sattler ELP. Prevalence and Trends of Type 2 Diabetes Mellitus and Prediabetes among Community-Dwelling Heart Failure Patients in the U.S. 2005-2016: A National Health And Nutrition Examination Survey (NHANES) Analysis. 2020 *AHA EPI|Lifestyle Scientific Sessions* (Submitted: October 2019).

September 2019

Duckham RL, **Laing EM**, Lewis RD. Do specific fat depots influence the potential for optimal bone development in growing children? 2019 *J Bone Miner Res*. (Submitted: June 2019).

June 2019

Duckham RL, Hyde NK, Brennan-Olsen SL, Hesketh K, Teo WP, Rodda C, Walsh A, **Laing EM**, Lewis RD. Do lifestyle factors play a role on bone health in boys diagnosed with Autism Spectrum Disorder? Preliminary data from the Promoting bone and gut health in our children (PROUD) study. 2019 *9th International Conference on Children's Bone Health*, Salzburg, Austria (Submitted: Feb 2019).

September 2018

Coheley L.M., Shivappa N., Hebert JR., **Laing E.M.**, Lewis R.D. Dietary Inflammatory Index and Cortical Bone Outcomes in Healthy Adolescent Children. 2018 *J Bone Miner Res*. (Submitted: June 2018).

March 2018

Coheley L.M., **Laing E.M.**, Oshri A., O'Connor P.J., Kealey K., Lewis R.D. Egg consumption, skeletal health, and cognition in adolescents. 2018 *UGA Graduate School Symposium*, Athens, GA (Submitted: March 2018).

February 2018

Higgins S., Belcher S.L., Kindler J.M., Mahar T.F., Coheley L.M., **Laing E.M.**, Schmidt M.D., Evans E.M., Lewis, R.D. Sedentary Behavior and Cortical Bone in Healthy Adolescents and Young Adults: An Isotemporal Substitution Analysis. 2018 *Georgia Clinical & Translational Science Conference*, Brasleton, GA, #59.

February 2018

Berg A.C., Yli-Piipari S.R., Selph E.L., Lewis R.D., Laing E.M., Hollingsworth T.L., Parris K., Hartzell D.L., Improving Weight Management Behaviors among Guardians of Overweight and Obese Hispanic Adolescents: An evaluation of the CORE nutrition education program. 2018 *Society for Nutrition Education and Behavior* (Submitted: January 2018).

- November 2017 Higgins S., Kindler J.M., Mahar T.F., Coheley L.M., **Laing E.M.**, Schmidt M.D., Evans E.M., Lewis, R.D. Sedentary Behavior and Cortical Bone in Healthy Adolescents and Young Adults: An Isotemporal Substitution Analysis. 2017 10th International Symposium on Nutritional Aspects of Osteoporosis, Hong Kong (Submitted: July 2017).
- April 2017 Belcher S.L., Kindler J.M., **Laing E.M.**, Tripp R.A., Lewis R.D. Cortical Bone Development is Lower in Ad36 Seropositive Versus Seronegative Adolescents: A 5-Year Prospective Study. 2017 *Journal of the Federation of American Societies for Experimental Biology*. (Submitted: February 2017).
- April 2017 Kindler J.M., Liu W., Dain J., **Laing E.M.**, Lewis R.D. Pentosidine, an Advanced Glycation Endproduct, Is a Negative Predictor of Skeletal Endpoints in Children. 2017 *Journal of the Federation of American Societies for Experimental Biology*. (Submitted: February 2017).
- April 2017 Selph E.L., Yli-Piipari S.R., **Lewis R.D.**, Laing E.M., Hollingsworth T.L., Suveg C.M., Parris K., Hartzell D.L., Berg A.B. Improving Weight Management Behaviors among Guardians of Overweight and Obese Hispanic Adolescents: An evaluation of the CORE nutrition education program. 2017 *American Public Health Association* (Submitted: February 2017).
- April 2017 Yli-Piipari S.R., Berg A.C., Udwardia J., **Laing E.M.**, Lewis R.D., Hartzel D. A 12-Week Lifestyle Intervention to Improve Cardio-Metabolic, Behavioral, and Psychological Health in Hispanic Children and Adolescents. 2017 *American Educational Research Association* (Submitted: July 2016; Not Accepted).
- October 2016 Coger D., Kindler J.M., **Laing E.M.**, Lewis R.D. The Relationship between Insulin Resistance and Distal Radius Cortical Bone Geometry. 2016 Peach State LSAMP (Louis Stokes Alliance for Minority Participation) Conference (Submitted: September 2016).
- September 2016 **Plenary Poster:** Kindler J.M., Pollock N.K., **Laing E.M.**, Oshri A., Jenkins N.T., Isales C.M., Hamrick M.W., Ding K.H., Hausman D.B., McCabe G.P., Martin B.R., Hill Gallant K.M., Warden S.J., Weaver C.M., Peacock M., Lewis R.D. The Muscle-Dependent Link Between IGF-I and Cortical Bone is Suppressed in Children with Insulin Resistance. 2016 *J Bone Miner Res.* (Submitted: April 2016).
- September 2016 Coheley L.M., Patel K.T, de La Serre C., **Laing E.M.**, Kindler J.M., Lewis R.D. Maternal Obesity and Trabecular Bone Microarchitecture in C57BL Mice. 2016 *J Bone Miner Res.* (Submitted as Late-Breaking: June 2016).
- September 2016 Kindler J.M., Pollock N.K., **Laing E.M.**, Oshri A., Jenkins N.T., Isales C.M., Hamrick M.W., Ding K.H., Lewis R.D. IGF-I-Dependent Musculoskeletal Development is Blunted in Adolescents with Insulin Resistance: A 5-Year Prospective Study. 2016 *J Bone Miner Res.* (Submitted: April 2016).
- September 2016 Higgins S., Kindler J.M., Mahar T.F., Hathaway E.D., **Laing E.M.**, Schmidt M.D., Evans E.M., Lewis R.D. Sedentary time and diaphyseal cortical bone outcomes in American adolescents. 2016 *J Bone Miner Res.* (Submitted: April 2016).
- April 2016 Belcher S.L., Kindler J.M., Pollock N.K., Ross H.L., Modlesky C.M., **Laing E.M.**, Lewis R.D. Comparison of MRI and DXA for Measurement of Visceral Adipose Tissue in Adolescent Females. 2016 *Journal of the Federation of American Societies for Experimental Biology*. (Submitted: November 2015).
- April 2016 Coheley L.M., **Laing E.M.**, Oshri A., Kindler J.M., Lewis R.D. Egg Consumption and Mid-Radius Cortical Bone in Children. 2016 *Journal of the Federation of American Societies for Experimental Biology*. (Submitted: November 2015).
- April 2016 Lobene A.J., Kindler J.M., Pollock N.K., **Laing E.M.**, Lewis R.D. Zinc Supplementation, Beta Cell Function, Insulin Secretion, and Insulin Resistance in Black and White Female Adolescents. 2016 *Journal of the Federation of American Societies for Experimental Biology*. (Submitted: November 2015).

- April 2016 Kindler J.M., Pollock N.K., **Laing E.M.**, Jenkins N.T., Oshri A., Isales C.M., Hamrick M.W., Lewis R.D. Insulin Resistance Negatively Influences the Muscle-Dependent Relationship between IGF-I and Bone Mass in Pre-Menarcheal Girls. 2016 *Journal of the Federation of American Societies for Experimental Biology*. (Submitted: November 2015).
- April 2016 Grider A., Lewis R.D., **Laing E.M.** Circulating Levels of Small Nucleolar RNA Molecules (snoRNA) are Affected by Zn Supplementation in Early Pubertal Females. 2016 *Journal of the Federation of American Societies for Experimental Biology*. (Submitted: November 2015).
- April 2016 Rollins E.M., Kindler J.M., **Laing E.M.**, Lewis R.D. Muscle adiposity, forearm muscle strength, and radius cortical bone geometry in children. 2016 *University of Georgia CURO Symposium* (Submitted: February 2016).
- April 2016 Patel K.T., de La Serre C. Kindler J.M., Filipov N.M., Harn D.A., **Laing E.M.**, Lewis R.D. Maternal obesity and trabecular bone microarchitecture in C57BL mice. 2016 *University of Georgia CURO Symposium* (Submitted: February 2016).
- October 2015 Kindler J.M., Pollock N.K., **Laing E.M.**, Hill-Gallant, K.M., Warden S.J., Weaver C.M., Peacock M., Isales C., Lewis R.D. The effect of insulin resistance on the cortical bone-IGF-1 relationship in children. 2015 *J Bone Miner Res.* (Submitted: April 2015).
- July 2015 Gordon J.D., Hausman D.B., Park H.J., Lewis R.D., **Laing E.M.**, Bailey L.B. Impact of Gluten Containing Foods on Folate Intake of Women of Childbearing Age. 2015 *University of Georgia CURO Summer Fellowship Forum* (Submitted: June 2015).
- June 2015 Kindler J.M., **Laing E.M.**, Isales C., Lewis R.D. Relationships between IGF-1 and diaphyseal cortical bone geometry in early pubertal children are dependent upon insulin sensitivity. 2015 9th International Symposium on Nutritional Aspects of Osteoporosis, Montreal, Canada (Submitted: March 2015).
- May 2015 Sylvester J., Kindler J.M., **Laing E.M.**, Lewis R.D. The Relationships Between Dietary Protein Intakes and Cortical Bone in Prepubertal Black and White Boys and Girls. 2015 *Univ. of Georgia CURO Symposium* (Submitted: February 2015).
- May 2015 Coger D., Kindler J.M., **Laing E.M.**, Lewis R.D. The Relationship between Insulin Resistance and Distal Radius Cortical Bone Geometry. 2015 *University of Georgia CURO Symposium* (Submitted: February 2015).
- May 2015 Dawson S.M., Kindler, J.M., **Laing, E.M.**, Lewis R.D. The Associations between Visceral Fat and Appendicular Bone Geometry in Healthy Prepubertal Boys and Girls. 2015 *University of Georgia CURO Symposium* (Submitted: February 2015).
- May 2015 Accepted for presentation as a thematic poster session: Kort L.J., **Laing E.M.**, Pollock N.K., Lewis R.D. Former Collegiate Gymnasts Maintain Higher Bone Mineral Density After A 34-Year Retirement: A Twenty-year Follow-up. 2015 *J Am Col Sport Med* (Submitted: November 2014).
- April 2015 Grider A., Lewis R.D., **Laing E.M.**, Wickwire K. mir-548n Expression in HEPG2 and HEP2 cells Is Affected By The Culture Medium Zinc Concentration. 2015 *J FASEB*. (Submitted: November 2014).
- September 2014 Kindler J.M., Pollock N.K., **Laing E.M.**, Hill-Gallant K.M., Warden S.J., Martin B.R., Weaver C.M., Peacock M., Lewis R.D. Insulin resistance and bone strength in children. 2014 *SEC Symposium on Prevention of Obesity: Overcoming a 21st Century Public Health Challenge* (Submitted: July 2014).
- September 2014 Berger P.K., **Laing E.M.**, Pollock N.K., Warden S.J., Hill-Gallant K.M., Hausman D.B., Tripp R.A., McCabe L., McCabe G., Weaver C.M., Peacock M., Lewis R.D., Adenovirus 36, Adiposity and Inflammatory-Related Markers in Children. 2014 *SEC Symposium on Prevention of Obesity* (Submitted: July 2014).
- September 2014 Giudici K.V., Martin B.R., **Laing E.M.**, McCabe G.P., McCabe L.D., Hausman D.B., Martini L.A., Lewis R.D., Weaver C.M., Peacock M., Hill Gallant K.M. Associations between vitamin D status, undercarboxylated osteocalcin and glucose metabolism in American children. 2014 *J Bone Miner Res.* (Submitted: April 2014)

- September 2014 Kindler J.M., Pollock N.K., **Laing E.M.**, Hill-Gallant K.M., Warden S.J., Martin B.R., Weaver C.M., Peacock M., Lewis R.D. Insulin resistance and bone strength in children. 2014 *J Bone Miner Res.* (Submitted: April 2014)
- September 2014 Berger P.K., **Laing E.M.**, Pollock N.K., Warden S.J., Hill-Gallant K.M., Hausman D.B., Tripp R.A., McCabe L., McCabe G., Weaver C.M., Peacock M., Lewis R.D., Adenovirus 36, Adiposity and Inflammatory-Related Markers in Children. 2014 *J Bone Miner Res.* (Submitted: April 2014)
- September 2014 Kindler J.M., Ross H.L., **Laing E.M.**, Modlesky C.M., Pollock N.K., Baile C.A., Punyanitya M., Lewis R.D. Relationships Between Total Body and Regional Adiposity and Cortical and Trabecular Architecture in Late Adolescent Females. 2014 *J Bone Miner Res.* (Submitted: April 2014)
- April 2014 Grider A., Lewis R.D., **Laing E.M.**, Wickwire K. Low-Abundance Plasma Protein Differences Between African-American and Caucasian Early Pubertal Females Following Supplementation with 9 mg Zn. 2014 *Journal of the Federation of American Societies for Experimental Biology.*
- March 2014 Lobene A.J., Chertin V., Kindler J.M., Grider A., **Laing E.M.**, Lewis R.D. Relationships Between Zinc and Bone Strength in Healthy Children. 2014 *University of Georgia Center for Undergraduate Research Opportunities (CURO) Symposium.*
- March 2014 Kindler J.M., Goff H.L., **Laing E.M.**, Modlesky C.M., Pollock N.K., Baile C.A., Lewis R.D. Relationships between total body and regional adiposity and skeletal architecture in late adolescent females. 2014 *Georgia Academy of Nutrition and Dietetics (GAND).*
- March 2014 Berger P.K., **Laing E.M.**, Pollock N.K., Warden S.J., Hill Gallant K.M., Hausman D.B., Tripp R.A., McCabe L.D., McCabe G.P., Weaver C.M., Peacock M., Lewis R.D. Human adenovirus 36 is associated with serum inflammation-related markers, not adiposity, in healthy white and black children. 2014 *GAND.*
- October 2013 Hill Gallant K.M., McCabe G.P., McCabe L.D., Martin B.R., **Laing E.M.**, Hausman D.B., Weaver C.M., Lewis R.D., Peacock M. Healthy black and white children show no difference in the relationship between change in serum PTH and change in serum 25-hydroxyvitamin D with oral vitamin D₃. 2013 *J Bone Miner Res* 28 (Suppl 1).
- October 2013 Kindler J., Goff H., **Laing E.M.**, Modlesky C.M., Pollock N.K., Baile C.A., Lewis R.D. Physical activity related to cortical but not trabecular architecture in young women. 2013 *J Bone Miner Res* 28 (Suppl 1).
- October 2013 Berger P.K., **Laing E.M.**, Warden S.J., Hill Gallant K.M., Hausman D.B., Tripp R.A., McCabe G.P., Weaver C.M., Peacock M., Lewis R.D. Inflammation and bone in early pubertal black and white children 2013 *J Bone Miner Res* 28 (Suppl 1).
- April 2013 Hill K.M., Martin B.R., **Laing E.M.**, Hausman D.B., Hall D.B., McCabe L.D., McCabe G.P., Peacock M., Lewis R.D., Weaver C.M. Vitamin D supplementation in healthy adolescents does not increase calcium absorption. 2013 *J FASEB.*
- April 2013 Grider A., Lewis R.D., **Laing E.M.**, Wickwire K. Supplementation with zinc affects serum microRNA (miRNA) levels in early pubertal females. 2013 *J FASEB.*
- March 2013 Kindler J.M., Goff H.L., **Laing E.M.**, Modlesky C.M., Pollock N.K., Baile C.A., Lewis R.D. The relationships between bone-specific physical activity questionnaires and MRI-derived measures of bone strength. 2013 *GA Academy of Nutr and Dietetics.*
- October 2012 Goff H.L., Modlesky C.M., **Laing E.M.**, Pollock N.K., Baile C.A., Harshvardhan, S., Lewis R.D. Trabecular Bone Microarchitecture is Compromised in Obese Late Adolescent Females. 2012 *J Bone Miner Res* 27 (Suppl 1).
- October 2012 **Laing E.M.**, Tripp R.A., Pollock N.K., Baile C.A., Della-Fera M.A., Rayalam S., Tompkins S.M., Keys D.A., Lewis R.D. Adenovirus 36, adiposity and bone strength in late-adolescent females. 2012 *J Bone Miner Res* 27 (Suppl 1).

- October 2012 Berger, P.K., Pollock N.K., **Laing E.M.**, Bowser M.R., Hamrick M.W., Isales C.M., Foss S.M., Weaver C.M., Peacock M., Warden S.J., Hill K.M., Lewis R.D. Myostatin serum concentrations are decreased with vitamin D supplementation in black, but not white, children. 2012 *J Bone Miner Res* 27 (Suppl 1).
- October 2012 Hill K.M., **Laing E.M.**, Ferira A.J., Martin B.R., Acton A., Weaver C.M., Warden S.J., Lewis R.D., Peacock M. Leptin but not osteocalcin relates to insulin resistance in early pubertal children. 2012 *J Bone Miner Res* 27 (Suppl 1).
- April 2012 Ferira A., **Laing E.**, Hausman D., Hall D., Weaver C., McCabe G., Martin B., Peacock M., Warden S., Hill K., Lewis R. Vitamin D supplementation and insulin sensitivity in early pubertal children: results from the randomized controlled GAPI trial. 2012 *J FASEB*.
- April 2012 Wright C., **Laing E.**, Williams J., Pollock N., Hausman D., Weaver C., Martin B., McCabe G., Peacock M., Warden S., Hill K., Lewis R. Vitamin D supplementation and muscle responses in early pubertal adolescents. 2012 *J FASEB*.
- April 2012 Lewis R.D., **Laing E.M.**, Weaver C.M., Peacock M., Hausman D.B., Hall D.B., Martin B.R., McCabe G.P., Warden S.J., Hill K.M. Serum 25(OH)D, 1,25(OH)₂D and parathyroid hormone responses to vitamin D supplementation in early pubertal children: a dose-response trial. 2012 *J FASEB*.
- October 2011 Ferira A.J., Pollock N.K., **Laing E.M.**, Hausman D.B., Dong Y., Lewis, R.D., Davis, C.L. Associations between Serum Vitamin D, Cardiometabolic Risk Factors and Visceral Adiposity in Obese Children. 2011 *J Bone Miner Res* 26 (Suppl 1).
- October 2011 Williams J.W., Ferira A.J., **Laing E.M.**, et al. (2011) 25-Hydroxyvitamin D, Parathyroid Hormone and Muscle Relationships in Early Pubertal Adolescents. *J Bone Miner Res* 26 (Suppl 1).
- October 2011 Lewis R.D., Pollock, N.K., **Laing E.M.**, Bernard P., Grider A., Shapses S., Ding K.H., Isales C. (2011) Zinc Supplementation Improves Bone Formation in Early Pubertal Females. *J Bone Miner Res* 26 (Suppl 1).
- October 2011 Hill K.M., Martin B.R., **Laing E.M.**, Warden S.J., McCabe G.P., Lewis R.D., Weaver C.M., Peacock M. (2011) Bone Biomarkers and Mineral Biochemistries in Early Pubertal Black and White Adolescent Boys and Girls. *J Bone Miner Res* 26 (Suppl 1).
- October 2011 Warden S.J., Ferira A.J., **Laing E.M.**, Hill K.M., Martin B.R., Weaver C.M., Peacock M. Lewis R.D. (2011) Racial Differences in Cortical Bone Mass, Size and Estimated Strength at the Tibial Diaphysis in Early Pubertal Children. *J Bone Miner Res* 26 (Suppl 1).
- April 2011 Grider A., Atwell L.L., Lewis R.D., **Laing E.M.**, Wickwire K. (2011) Proteomic Analysis of Serum From Early Pubertal Females Supplemented with Zinc. *J FASEB* Program Number 284.8.
- March 2010 McConnell L.A., Ferira A.J., Pollock N.K., **Laing E.M.**, Hamrick M.W., Baile C.A., Lewis R.D. (2010) Serum Vitamin D and Bone Structural Development in Young Adult Females: A Three-Year Prospective Study. *CURO Symposium*.
- October 2010 **Laing E.M.**, Pollock N.K., Ferira A.J., Taylor R.G., Bernard P.J., & Lewis R.D. (2010) Breastfeeding Duration is a Positive Independent Predictor of Trabecular and Cortical Bone Parameters at Age 21 Years. *J Bone Miner Res*. 25 (Suppl 1).
- October 2010 Harris K.L., **Laing E.M.**, Hall D.B., Pollock N.K., Baile C.A., & Lewis R.D. (2010) A Prospective Analysis of Body Fat and Bone Mineral Accrual During Pubertal Growth. *J Bone Miner Res*. 25 (Suppl 1).
- October 2010 Ferira A.J., Pollock N.K., **Laing E.M.**, Taylor R.G., Hall D.B., Bernard P.J., Hausman D.B., Baile C.A., Hamrick M.W., Gower B.A., & Lewis R.D. (2010) Changes in Leptin, Adiponectin, and 25-Hydroxyvitamin D as Determinants of Bone Geometry, Mass, and Density in Late-Adolescence: A 3-Year Study. *J Bone Miner Res*. 25 (Suppl 1).
- October 2009 Pollock N.K., Zhu H., Petty K., Gutin B., Hamrick M.W., **Laing E.M.**, Chen T., Holick M., Lewis R.D., & Dong Y. (2009) Does Season Play a Role in Adipocyte-Derived Inflammatory Factors? *Obesity*.

- September 2009 **Plenary Poster:** Pollock N.K., **Laing E.M.**, Ferira A.J., Hamrick M.W., Baile C.A., & Lewis R.D., (2009) Adiposity and Bone Structural Development in Young Adult Females: A Three-Year Follow-Up Study. *J Bone Miner Res.*
- September 2009 Pollock N.K., Zhu, H., Petty K., Gutin B., Hamrick M.W., **Laing E.M.**, Chen T., Holick M., Lewis R.D., & Dong Y. (2009) Lower Bone Mass and Adiponectin in Overweight Adolescents with Cardiometabolic Risk Factors. *J Bone Miner Res.*
- September 2009 Pollock N.K., Zhu H., Petty K., Gutin B., Hamrick M.W., **Laing E.M.**, Chen T., Holick M., Lewis R.D., & Dong Y. (2009) 25-Hydroxyvitamin D and its Relationships with Adipose-Derived Inflammatory Factors in 559 Black and White Adolescents. *J Bone Miner Res.*
- September 2009 **Plenary Poster:** Breen M.E., **Laing E.M.**, Hall D.B., Hausman D.B., Taylor R.G., Isales C.M., Ding K., Pollock N.K., Baile C.A., & Lewis R.D. (2009) IGF-I, Vitamin D and Bone Mineral Accrual During Growth. *J Bone Miner Res.*
- September 2008 Pollock N.K., **Laing E.M.**, Hamrick M.W., Baile C.A., & Lewis R.D. (2008) Does Adiposity Affect Bone Strength Indices in Young Black Adult Females? *J Bone Miner Res* SU318: S321.
- September 2008 Pollock N.K., **Laing E.M.**, Taylor R.G., Hamrick M.W., Baile C.A., & Lewis R.D. (2008) Do Racial Differences Exist in Cortical and Trabecular Bone? A pQCT Study in Young Adult Females. *J Bone Miner Res.* M468: S494.
- June 2007 Pollock N.K., Bredas V.N., **Laing E.M.**, & Lewis R.D. (2007) Body Fat is Negatively Associated with Strength-Strain Index and Cortical Bone Geometry of the Tibia and Radius in Adolescent Females. In: Burckhardt, et al. (Eds.) *Nutritional Aspects of Osteoporosis 2006, ICS 1297 - Proceedings of the International Symposium on Nutritional Aspects of Osteoporosis*, Lausanne, SUI.
- June 2007 Lewis R.D., Voorhees C.M., **Laing E.M.**, Hall D.B., & Hausman D.B. (2007) A Prospective Analysis of Plasma 25(OH)D in White and Black Prepubertal Females in the Southeastern United States. In: Burckhardt, Heaney, and Dawson-Hughes (Eds.) *Nutritional Aspects of Osteoporosis 2006, ICS 1297 - Proceedings of the International Symposium on Nutritional Aspects of Osteoporosis*, Lausanne, SUI.
- April 2007 Principe J.L., **Laing E.M.**, Henley E.C., Blair R.M., Baile C.A., Gildea R.A., Pollock N.K., Hall D.B., & Lewis R.D. (2007) Effects of 16 Weeks of Isoflavone-Rich Soy Protein on Weight and Fat Gain in Female College Students. *J FASEB*; 21:551.4.
- September 2006 **Laing E.M.**, Willis C.M., Hall D.B., Hausman D.B., & Lewis R.D. (2006) A Prospective Analysis of Plasma 25-Hydroxyvitamin D and Bone Mass in White and Black Prepubertal Females. *J Bone Miner Res* 21(SU002): S205.
- September 2006 Pollock N.K., **Laing E.M.**, Baile C.A., Hamrick M.W., & Lewis R.D. (2006) Body Fat is Negatively Associated with Bone Strength and Geometric Indices of the Tibia and Radius in Adolescent Females. *J Bone Miner Res* 21(M189): S377.
- September 2005 **Laing E.M.**, Modlesky C.M., Wilson A.R., Hall D.B., Beck T.J., & Lewis R.D. (2005) A Prospective Analysis of Geometric Changes in the Proximal Femur in Young Female Gymnasts. *J Bone Miner Res* 20(M020): S318.
- September 2005 Pollock N.K., **Laing E.M.**, Wilson A.R., Modlesky C.M., Beck T.J., & Lewis R.D. (2005) Body Fatness and Bone Properties in Prepubertal Females: A Two Year Prospective Study *J Bone Miner Res* 20(M021): S318.
- September 2005 Gildea R.A., **Laing E.M.**, Hall D.B., Modlesky C.M., Beck T.J., Wilson A.R., Baile C.A., & Lewis R.D. (2005) 24-months of Gymnastics Training on Insulin-like Growth Factors in Prepubertal Females. *J Bone Miner Res* 20(SA150): S130.
- April 2005 Stein E.M., **Laing E.M.**, Wilson A.M.R., Modlesky, C.M., Kimlin, M.G., Hall D.B. & Lewis R.D. (2005) Serum 25-Hydroxy-Vitamin D Levels and Bone in Prepubertal Females Living in a Southern Latitude. *J FASEB* (62.6): A169.
- October 2004 Pollock N.K., **Laing E.M.**, & Lewis R.D. (2004) Retired Gymnasts Retain Higher Bone Mass: A 10-Year Follow Up. *J Bone Miner Res* 19(M207): S393.
- October 2004 **Laing E.M.**, Yurman K.H., Modlesky C.M., Hall D.B., Wilson A.R., & Lewis R.D. (2004) Bone Turnover Markers Predict Changes Over Three Years in Pubertal, But Not Prepubertal Females. *J Bone Miner Res* 19(M121): S373.

- May 2003 **Laing E.M.**, Wilson A.R., Modlesky C.M., O'Connor P.J., & Lewis R.D. (2003) Two Years of Recreational Artistic Gymnastics Improves Lumbar Spine Bone Mineral Density in Young Girls. *Med Sci Sport Exer* 35(5).
- April 2003 Aburto N.J., **Laing E.M.**, Wilson A.R., Hardy K.H., Modlesky C.M., & Lewis R.D. (2003) Zinc Intake is Positively Correlated with Bone in Prepubertal Girls. *J FASEB*. Apr 17(4).
- May 2002 **Laing E.M.**, Wilson A.R., Modlesky C.M., O'Connor P.J., & Lewis R.D. (2002) Effects of a Two-Year Gymnastics Intervention on Bone Mass and Body Composition in Young Females. *Med Sci Sport Exer* 33(5).
- May 2002 Modlesky C.M., Wilson A.R., **Laing E.M.**, O'Connor P.J., & Lewis R.D. (2002) Do Prepubescent Girls Who Enroll in Artistic Gymnastics Have Higher Bone Mass than Nongymnasts? *Med Sci Sport Exer* 33(5).
- April 2002 Hardy K.H., **Laing E.M.**, Wilson A.M., Modlesky C., & Lewis R.D. (2002) Dietary Zinc and IGF-1 in Prepubescent Girls. *J FASEB*; 16(4).
- May 2001 Poudevigne M., O'Connor P.J., **Laing E.M.**, Modlesky C.M., & Lewis, R.D. (2001) Body Images of 4-8 Year-Old Girls Enrolled in Gymnastics do not Differ From Controls Matched on Percent Fat and Age. *Med Sci Sport Exer* 33(5).
- May 2001 **Laing E.M.**, Massoni J.A., Nickols-Richardson S.M., Modlesky C.M., O'Connor P.J., & Lewis R.D. (2001) A Prospective Study of Bone Mass and Body Composition in Female Adolescent Gymnasts. *Med Sci Sport Exer* 33(5).
- May 2001 Modlesky C.M., **Laing E.M.**, Wilson A.R., O'Connor P.J., & Lewis, R.D. (2001) Total and Central Body Fatness are Related to Physical Activity and Fat Intake in Young Girls. *Med Sci Sport Exer* 33(5).
- May 2000 Modlesky C.M., Nickols-Richardson S.R., Massoni J.A., **Laing E.M.**, & Lewis R.D. (2000) Changes in Bone Mineral at Stressed and Unstressed Skeletal Sites in Young Female Gymnasts. *Med Sci Sport Exer* 32(5).
- March 1999 **Monkhouse E.E.**, Nickols-Richardson S.M., Modlesky C.M., & Lewis R.D. (1999) Longitudinal Changes in Bone Mineral Density and Body Composition in Adolescent Female Artistic Gymnasts. *J FASEB* 13(4).

GRADUATE THESIS and DISSERTATION

- August 2003 Doctor of Philosophy Dissertation, "Changes in Bone Mass and Strength Properties in Female Gymnasts 4 to 10 Years of Age," The University of Georgia
- August 2000 Master of Science Thesis, "Bone Mass and Body Composition Changes in Female Adolescent Gymnasts," The University of Georgia

PRESENTATION of RESEARCH, GUEST LECTURES, and WORKSHOPS

- Presentation Dates** **RESEARCH PRESENTATIONS as PRESENTING AUTHOR**
(* Indicates meetings at the national or international level)
- August 2021 *Imparting Anti-Diet and Weight Inclusive Approaches in a University Dietetics Curriculum. 2021 *Society for Nutrition Education and Behavior* Annual Meeting Poster P87 (Virtual)
- October 2012 *Adenovirus 36, adiposity and bone strength in late-adolescent females (poster): American Society for Bone and Mineral Research (ASBMR) Annual Meeting, Minneapolis, MN
- July 2012 Effects of Maternal Adiposity and Vitamin D Supplementation on Infant Bone Health (oral): Obesity Initiative-sponsored meeting with Brenda Fitzgerald, MD, Commissioner, Georgia Department of Public Health, Athens, GA
- September 2011 *25-Hydroxyvitamin D, Parathyroid Hormone and Muscle Relationships in Early Pubertal Adolescents (poster): ASBMR Annual Meeting, San Diego, CA

<i>October 2010</i>	*Breastfeeding Duration is a Positive Independent Predictor of Trabecular and Cortical Bone Parameters at Age 21 Years (poster): ASBMR Annual Meeting, Toronto, Canada (President's Poster Competition Award Nominee)
<i>September 2006</i>	*A Prospective Analysis of Plasma 25(OH)D and Bone Mass in White and Black Prepubertal Females (poster): ASBMR Annual Meeting, Philadelphia, PA
<i>September 2005</i>	*A Prospective Analysis of Geometric Changes in the Proximal Femur in Young Female Gymnasts (poster): ASBMR Annual Meeting, Nashville, TN
<i>October 2004</i>	*Bone Turnover Markers Predict Changes Over Three Years in Pubertal, But Not Prepubertal Females (poster); ASBMR Annual Meeting, Seattle, WA
<i>May 2003</i>	*Two Years of Recreational Artistic Gymnastics Improves Lumbar Spine Bone Mineral Density in Young Girls; American College of Sports Medicine (ACSM) Annual Meeting, San Francisco, CA
<i>March 2003</i>	Recreational Artistic Gymnastics Improves Lumbar Spine Bone Mineral Density in Young Girls, Georgia Nutrition Council Annual Meeting, Valdosta, GA
<i>May 2002</i>	*Effects of a Two-Year Gymnastics Intervention on Bone Mass and Body Composition in Young Females; ACSM Annual Meeting, St. Louis, MO
<i>April 2002</i>	Two-Year Gymnastics Intervention on Bone Mass and Body Composition in Young Females (poster); Georgia Dietetic Association Annual Meeting, Jekyll Island, GA
<i>May 2001</i>	*A Prospective Study of Bone Mass and Body Composition in Female Adolescent Gymnasts; ACSM Annual Meeting, Baltimore, MD
<i>February 2001</i>	Bone Mass and Body Composition Changes in Adolescent Female Gymnasts; Georgia Nutrition Council Annual Meeting, Atlanta, GA
<i>April 1999</i>	*Longitudinal Changes in Bone Mineral Density and Body Composition in Adolescent Female Gymnasts (poster); Federation of American Societies for Experimental Biology meeting, Washington, DC

Presentation Dates

CLASSROOM GUEST LECTURES and SEMINARS (University)

<i>September 2023</i>	Weight-Inclusive Practices in Promoting Health, senior Medical Nutrition Therapy-I class, NUTR 415, Northern Illinois University (Department)
<i>November 2022</i>	Spotlight on the UGA Dietetics Major, NUTR 2100 (Department)
<i>January and February 2020-21</i>	Obesity: Prevalence, Evaluation, Treatment, UGA/Augusta Medical School Partnership (2 nd [January] and 1 st [February] year medical students; University)
<i>October 2015, January 2021</i>	Overview of the Department of Foods and Nutrition, Introduction to Family and Consumer Sciences, FACS 2000 (College)
<i>October 2019</i>	SAFCS Alumni Panel member (College)
<i>October 2019</i>	Student Engagement: Why it Matters in Teaching, GRSC 7770 (College)
<i>February 2019</i>	FACS Alumni Panel member, FACS 2000 (College)
<i>Fall 2018 & 2019</i>	Introduction to Dietetics seminar series (Department)
<i>February 2017</i>	The often confusing and overwhelming principals of nutrition. UGA Medical Roundtable, Athens, GA (University)
<i>November 2016</i>	School age nutrition, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
<i>January 2015, October 2016</i>	Update on Bone Health Research Program, undergraduate Introduction to Nutrition Science class, FDNS 2400 (Department)
<i>October 2016</i>	Infant nutrition, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
<i>April 2016</i>	Pregnancy and Lactation, undergraduate Human Nutrition and Food class, FDNS 2100 (Department)
<i>February 2016</i>	Panelist, FACS Authors and Experts, along with Sharon Nickols, editor of "Remaking Home Economics: Resourcefulness and Innovation in Changing Times" (College)
<i>November 2015</i>	Adolescent and elderly nutrition, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
<i>September 2013</i>	Lactation, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)

<i>April 2012</i>	Renal Disease, graduate/undergraduate Medical Nutrition Therapy class, FDNS 4530 (Department)
<i>August 2012</i>	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class, FDNS 4510 (Department)
<i>April 2011</i>	Osteoporosis, graduate/undergraduate Medical Nutrition Therapy class, FDNS 4530 (Department)
<i>February 2011</i>	Hypertension, graduate/undergraduate Medical Nutrition Therapy class, FDNS 4530 (Department)
<i>September 2010</i>	Nutritional Needs During Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
<i>November 2009</i>	Childhood and Early Adolescence, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
<i>August 2009</i>	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
<i>November 2008</i>	Childhood and Early Adolescence, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
<i>August 2008</i>	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
<i>November 2007</i>	Childhood and Early Adolescence, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
<i>August 2007</i>	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
<i>August 2006</i>	Physiology of Pregnancy, graduate/undergraduate Lifecycle Nutrition class (FDNS 4510): The University of Georgia, Athens, GA
<i>November 2005</i>	Lactation Issues for Mother and Infant, undergraduate Lifecycle Nutrition class (FDNS 2100); The University of Georgia, Athens, GA
<i>April 2005</i>	Lactation Issues for Mother and Infant, undergraduate Lifecycle Nutrition class (FDNS 2100); The University of Georgia, Athens, GA
<i>July 2005</i>	Sports Nutrition: Fueling the Athlete, undergraduate Nutrition (FDNS 2100, 5800) and Health Advocacy (ECHD 3010) classes; The University of Georgia, Athens, GA
<i>March 2002</i>	Vitamin D and the Progression of Multiple Sclerosis, Department of Foods and Nutrition Seminar; The University of Georgia, Athens, GA
<i>February 2002</i>	Childhood Nutrition Practices and Health Implications, graduate-level Child Development class (EDEC 7200); The University of Georgia, Athens, GA
<i>December 2000</i>	Sarcopenia in the Elderly, Department of Foods and Nutrition Seminar, The University of Georgia, Athens, GA
<i>April 1999</i>	Sports Nutrition: Fueling the Athlete, undergraduate Nutrition (FDNS 2100, 5800) and Health Advocacy (ECHD 3010) classes; The University of Georgia, Athens, GA

Presentation Dates

**WORKSHOP, TRAINING and OTHER PRESENTATIONS
(University/Community/State/Regional)**

<i>August & January 2017-present</i>	DICAS Workshop (2-part series) for dietetics majors entering dietetic internship matching, Student Dietetic Association Meeting (Department)
<i>January 2022</i>	Presenter, "Professional Development in Foods and Nutrition course re-design: featuring work from the 2021 Active Learning Summer Institute," UGA InterActive Colloquium (University)
<i>December 2021</i>	Presenter, "Non-diet approaches to health: How to establish a comprehensive approach with your patients," Georgia Nutrition Council Professional Development Webinar (State)
<i>November 2021</i>	Presenter, "You are NOT what you eat: Exploring non-diet approaches to health," New Jersey Dietetic Association Meeting (State)
<i>September 2021</i>	Presenter, "You are NOT what you eat: Exploring non-diet approaches to health," NEHP Symposium: Training Compassionate Educators - A Focus on Marginalized Communities (National)

<i>August 2021</i>	Presenter, "Maintaining a Healthy Lifestyle While Going Through a Work Transition," Dickinson College Center for Advising, Internships & Lifelong Career Development Industry Immersion Series (University)
<i>July 2021</i>	Presenter, "You are NOT what you eat: exploring non-diet approaches to health," UGA Training & Development course (University)
<i>March 2021</i>	Presenter, "Exploring non-diet approaches in the COVID-19 pandemic and beyond," Health & Wellness Remote Learning Circle, UGA Division of Development and Alumni Relations (University)
<i>March 2021</i>	Facilitator, "Chat with Chums & Alums: Circle of 7" event, UGA Department of Foods and Nutrition Virtual Event (Department)
<i>February 2001</i>	Presenter, "You are NOT what you eat: Exploring non-diet approaches in the COVID-19 pandemic and beyond," Georgia Nutrition Council Annual Meeting (State)
<i>May 2019</i>	Keynote Speaker, Emory University Hospital Dietetic Internship Graduation Ceremony (University)
<i>August-December 2017</i>	Facilitator, FACS Regional Development Lunch and Learn, tour of Bone and Body Composition Laboratory (College)
<i>February 2017</i>	Presenter, Overview of the Department of Foods and Nutrition, Coffee & Conversation Alumni Event, Athens, GA (Department)
<i>July 2015</i>	Facilitator, Girl Talk Summer Camp Bone Health Unit (4 60-minute visits in summer 2015), University of Georgia Department of Kinesiology (University)
<i>September 2014</i>	Update on Bone Health Research Program, FDN Faculty Meeting, Athens, GA (Department); Created one-page document for circulation by Extension.
<i>August 2013</i>	Update on Bone and Fat Research, Bone and Fat UGA Obesity Initiative Team Meeting, Athens, GA (University)
<i>February 2013</i>	Obesity-Bone Connection, Maternal and Childhood Obesity Initiative Team Meeting, Athens, GA (University)
<i>November 2010</i>	Feeding Your Child for Lifelong Health, Athens Montessori School Parent Education Event, Athens, GA (open to AMS families and Athens Community)
<i>October 2010</i>	Bone and Joint Decade, Athens-Clarke County Healthy Hour 2010, Athens, GA
<i>April 2010</i>	Osteoporosis on the Mind, Athens-Clarke County Healthy Hour 2010, Athens, GA
<i>November 2006</i>	Women Empowerment: Taking Back Our Bones & Bodies, Delta Phi Lambda Sorority Inc. Annual Osteoporosis Seminar, University of Georgia, Athens, GA
<i>October 2006</i>	Optimizing Bone Health in Childhood, Pennsylvania State University Bone Health and Nutrition Conference, State College, PA
<i>October 2005</i>	Nutritional Issues During Lactation, NEGA Dietetic Assoc Meeting, Athens, GA
<i>June 2005</i>	Osteoporosis: Are You at Risk? Total Knowledge: Family and Consumer Sciences Alumni Summer College Event, Athens, GA
<i>May 2005</i>	Beyond Sticks and Stones: A New Take on Osteoporosis, Nutrition Education Coalition Meeting, Athens, GA
<i>September 2004</i>	Dietary and Physical Activity Patterns in School-Aged Children, Northeast Georgia Dietetic Association Meeting, Athens, GA
<i>September 2004</i>	Health implications of childhood nutrition and physical activity practices, Georgia Public Health Association Annual Meeting, Savannah, GA
<i>September 2004</i>	Emerging Issues in Bone Health Research, Georgia Public Health Association Annual Meeting, Savannah, GA
<i>May 2004</i>	Achieving Optimal Physical Performance with Nutrition, Northeast Georgia Dietetic Association Meeting, Athens, GA
<i>March 2004</i>	Osteoporosis and Better Bone Health, Volunteers of the Georgia Hospital Association, Council on Auxiliary, Athens, GA and Thomson, GA
<i>March 2004</i>	Research in Foods and Nutrition, Clinical Orientation Training Workshop for Georgia Public Health Dietetic Interns, Atlanta, GA
<i>April 2004</i>	Sports Nutrition for the Young Tennis Player, Youth Education Through Sport Tennis Clinic, Athens, GA
<i>May 2003</i>	Childhood Nutrition Paradox, Childcare Providers Training Program, Athens, GA

<i>April 2003</i>	Are You Getting Enough Calcium?: Osteoporosis Update, Georgia Commission on Women-sponsored Wellness Summit for Women and Girls, Augusta, GA
<i>March 2003</i>	Exercise and Cardiac Health, School Food Service Employee Training, Athens, GA
<i>July 2002</i>	Special Diets for Adolescents, Dept. of Juvenile Justice Food Service Training Workshop, Athens, GA
<i>July 2002</i>	Research in Foods and Nutrition, Clinical Orientation Training Workshop for Georgia Public Health Dietetic Interns, Atlanta, GA
<i>July 2002</i>	Sports Nutrition for Peak Performance (with translator), Athletic Training Workshop for visiting Japanese students, University of Georgia, Athens, GA
<i>June 2002</i>	Are You Getting Enough Calcium?: Osteoporosis Update, Georgia Commission on Women-sponsored Wellness Summit for Women and Girls, Augusta, GA
<i>April 2001</i>	Determinants of Bone Health in Children, Georgia Nutrition Council Annual Meeting, Concurrent Session, Atlanta, GA
<i>February 2001</i>	Nutrition Recommendations for the Collegiate Athlete, National Strength and Conditioning Association Clinic for collegiate trainers and coaches, Athens, GA
<i>November 2000</i>	Sports Supplements, Georgia Dietetic Association Meeting, Kennesaw, GA
<i>May 1999</i>	Nutrition Needs for the High School Athlete, Southeastern Conference Student Athlete Trainer Workshop for high school trainers and coaches, Atlanta, GA
<i>March 1999</i>	Special Nutrition Needs for the Young Athlete, Competency Based Skills Nutrition Workshop for public health nutritionists and nurses, Macon, GA
<i>April 1998</i>	Sports Nutrition: How to Maximize Your Training While Off the Court, Women's Basketball Camp: Dickinson College, Carlisle, PA

Participation Dates

EVENT COORDINATION and PARTICIPATION (2019 to present)

<i>November 2019-present</i>	Supervised Practice Forum/Open House Event: Sponsored by the UGA Student Dietetic Association, this annual DI Open House forum has over 10 universities represented from the southeast who presented in person or via Zoom about their programs. As the faculty advisor for SDA, I am involved in the planning and coordination of the event.
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Publication Dates

PUBLISHED BULLETINS and REPORTS (National/State/Local)

<i>Spring 2021</i>	Laing EM. Weight-Inclusivity: How and why classroom nutrition educators need to tackle the subject of weight bias in healthcare. The Educator's Resource, Nutrition Educators of Health Professionals Didactic Practice Group of the Academy of Nutrition and Dietetics, Spring 2021, Volume 77, Issue 3
<i>August 2020</i>	Laing EM. "You are NOT what you eat: Exploring Intuitive Eating's gentle nutrition principle" ProcessedFoodSite: https://tinyurl.com/y6pfwdc9
<i>Spring 2020</i>	Laing EM, Berg, AC. Beware of claims of 'immune boosting' diets and pills, Diabetes Life Lines Newsletter, Vol. 34, No. 1, Apr 2020 - COVID-19
<i>Spring 2020</i>	Laing EM. University of Georgia Programs help Students Who Might go Hungry, Nutrition for Educators and Health Professionals Newsletter, Spring 2020
<i>Summer 2012</i>	Laing EM. Summarizing Georgia's SHAPE Initiative, Together for Children, Georgia Association on Young Children Newsletter
<i>Spring 2012</i>	Laing EM. Focus on Nutrition: Eating Healthy in Child Care, Together for Children, Georgia Association on Young Children Newsletter
<i>Winter 2012</i>	Laing EM. Leaving the extra holiday package behind, Athens MOVE, Jan/Feb 2012
<i>Spring 2009</i>	Eriksen M., Hepburn V., Laing E. , et al. Addressing Overweight: Model Nutrition Practices for Children and Families 2009 Policy Leadership for Active Youth (PLAY) Policy Brief
<i>Spring 2008</i>	Eriksen M., Hepburn V., Okosun I., Laing E. et al. Addressing Overweight: The Role of Communities in Promoting Physical Activity 2008 PLAY Policy Brief.
<i>Fall 2007</i>	Eriksen M., Hepburn V., Okosun I., Laing E. et al. Addressing Overweight: The Role of Parents and Families 2007 PLAY Policy Brief

<i>Fall 2006</i>	Lewis R., Teems J., Laing E. et al. Addressing Overweight Severity in Children & Adolescents 2006 PLAY Policy Brief
<i>Winter 2006</i>	Eriksen M., Hepburn V., Okosun I., Laing E. et al. Addressing Overweight: The Role of Physical Activity 2006 PLAY Policy Brief
<i>Summer 2005</i>	Eriksen M., Hepburn V., Okosun I., Laing E. et al. Addressing Overweight: Interventions Tailored to the Rural South 2005 PLAY Policy Brief
<i>Winter 2005</i>	Eriksen M., Hepburn V., Okosun I., Laing E. et al. Addressing Overweight- The Role of Physical Activity in Schools 2005 PLAY Policy Brief
<i>January 2005</i>	Barbeau P., Eriksen M., Laing E. et al. School-based physical activity interventions to prevent or treat childhood overweight: A Summary of Research and Findings 2005 PLAY Research Paper
<i>September 2002</i>	Lewis R., Laing E. , Duke N. & Gearing J. Strategic Plan 2002 Georgia Osteoporosis Initiative

WEBSITE ADMINISTRATION and MEDIA APPEARANCES

<i>Active Web Profiles</i>	UGA NUTR Faculty webpage: https://tinyurl.com/ydfotbup UGA Emma Laing Press page: https://www.fcs.uga.edu/fdn/emma-laing UGA NUTR Featured Faculty profile: https://t.uga.edu/2Kf UGA Online Faculty profile: https://tinyurl.com/ycjjeehk AND National Media Spokesperson: https://tinyurl.com/3r8mprw9 Research Gate: https://tinyurl.com/ycdfqrqn LinkedIn: https://www.linkedin.com/in/emmamlaing/ Twitter: https://twitter.com/emmamlaing Qwoted: https://app.qwoted.com/sources/emma-laing
<i>Page Administrator</i>	UGA FACS Facebook: https://www.facebook.com/ugafacs/ UGA NUTR webpages: https://www.fcs.uga.edu/fdn UGA NUTR Facebook: https://www.facebook.com/ugafdn/ UGA NUTR Instagram: https://www.instagram.com/ugafdn/ UGA NUTR Kudos Corner: https://www.fcs.uga.edu/fdn/kudos-corner/ UGA Laing student/alumni group: https://tinyurl.com/yapx9jh3 UGA NUTR Alumni: https://tinyurl.com/4chvkkn4 Nutrition Educators of Health Professionals: https://tinyurl.com/y96pnuh5 Georgia Nutrition Council: https://www.facebook.com/georgiagnc/ Athens Free Little Pantry: https://www.facebook.com/ATHLFP/
<i>Media Appearances</i>	
<i>September 2023</i>	8 Heart-Healthy Habits You Can Start Today <i>Aaptiv</i> https://tinyurl.com/u8k29ffv
	24 Surprisingly Inexpensive Foods Nutritionists Swear By <i>MSN</i> https://tinyurl.com/3cvwrz3v
	Dietetics director discusses the best way to wash pesticide off produce <i>UGA Today</i> https://tinyurl.com/yctxnybz
	8 Best Foods to Eat When Sick, According to Experts <i>Forbes</i> https://tinyurl.com/mr2t3a3x
	When to take iron supplements to boost your performance and overall health <i>Bicycling</i> https://tinyurl.com/4cc2e45y

Start Your Day Right: Health Professionals Share AM Rituals for Peak Productivity
MSN <https://tinyurl.com/bp6hcett>

Is There A Difference Between Heavy Cream And Buttermilk? An Expert Weighs In
Southern Living <https://tinyurl.com/75prd3sz>
AOL News <https://tinyurl.com/2u6pvwam>

9 Immune-Boosting Ingredients to Add to Your Fall Meals
Aaptiv <https://tinyurl.com/4t67ra3n>

Watercress: The 'Most Nutritious' Vegetable, Lowers Chronic Disease Risks, Strengthens Bones, Improves Gut Health
Epoch <https://tinyurl.com/yecfrmab>

Professor shares whether milk does a body good
UGA Today <https://tinyurl.com/muux9v4b>

August 2023

Director discusses possible memory boost from chocolate, berries
UGA Today <https://tinyurl.com/2kscvft5>

Just how bad is alcohol? Eight experts weigh in on the risks and supposed benefits of drinking
NBC News <https://tinyurl.com/u333xt8>
Time <https://tinyurl.com/36a5fjcx>

The ONE thing that'll wash pesticides off fruits and vegetables (and it's free)
The Huffington Post <https://tinyurl.com/mvecf9w5>
Yahoo!News <https://tinyurl.com/43m59r3r>
Play Crazy Game <https://tinyurl.com/ybkhd3u>

Is milk good for you?
Consumer Reports <https://tinyurl.com/3z6vycrz>

July 2023

Dietetics director shares four best habits for strong bones
UGA Today <https://tinyurl.com/yckudesw>

Are purple tomatoes the next big veggie?
Better Homes & Gardens <https://tinyurl.com/2ny7p4uj>
Yahoo!Life <https://tinyurl.com/5h5pf8y5>

Cottage cheese and mustard diet is the latest viral TikTok trend
The Messenger <https://tinyurl.com/y8p5hx8d>

UGA scientists: More research needed on benefits of prebiotic sodas
Athens Banner-Herald <https://tinyurl.com/43nkcxvt>
The Augusta Chronicle <https://tinyurl.com/22zkh5r2>

June 2023

What is the GOLO Diet?
Sports Illustrated <https://tinyurl.com/3b9hpk4p>

What are "Detox Smoothies" and Can They Really Improve Your Health?
WellNest <https://tinyurl.com/m7uvtn5v>

May 2023

Dietetics students achieve perfect match rate for internships
UGA FACS <https://tinyurl.com/hnw3rzt8>

Compounds in chocolate, berries might help boost memory as you age
Consumer HealthDay <https://tinyurl.com/yc525t3t>
U.S. News & World Report <https://tinyurl.com/3kretn3b>
Academy of Nutrition and Dietetics SmartBrief <https://tinyurl.com/42zvctvz>
Newsmax <https://tinyurl.com/4m2t8kksk>

April 2023

How do sardines compare to fish oil supplements?
Verywell Health <https://tinyurl.com/5n6vrb8j>
EIN News <https://tinyurl.com/55sus2ae>

Here's how to count macros
Hum Nutrition/The WellNEST <https://tinyurl.com/pr6yme bk>

Director discusses honey as an alternative to sugar
UGA Today <https://tinyurl.com/mu856tty>

March 2023

Alumni Awards honorees recognized at annual celebration
UGA FACS <https://tinyurl.com/wujn2b4z>

Tips For Maintaining A Healthy Body Image In College
Glam <https://tinyurl.com/2p98zycy>

Four best habits for stronger bones at every age
The Healthy/Reader's Digest <https://tinyurl.com/2fzp4bbs>
West Daily Report <https://tinyurl.com/4b2e2h7f>
The 12 Best Supplements, According to a Dietitian
VeryWellFit <https://tinyurl.com/yckdu9z6>

February 2023

Do I Need More Iron in My Diet? 5 Ways to Incorporate It
Aaptiv <https://tinyurl.com/58f6ckfv>

Active Learning Leader Certificates presented at event
UGA Today <https://tinyurl.com/4u98hxus>

8 Ways To Make Eating Healthy Less Expensive
What's Good <https://tinyurl.com/2estz7na>

January 2023

Vitamin D's effect on health
U.S. News & World Report <https://tinyurl.com/37tha2ej>
Consumer HealthDay <https://tinyurl.com/djrsjtpt>
KOAM News <https://tinyurl.com/4cdryz97>

Language is important when talking to kids about food, dietician says
UGA Today <https://tinyurl.com/2p9yyzxn>

Impact of assigning a moral virtue to food, according to experts
VeryWellFit <https://tinyurl.com/k6ptw78m>

Honey as an alternative to sugar? New study indicates the health benefits

Fox News <https://tinyurl.com/v3suu7>

Yahoo! Entertainment <https://tinyurl.com/34v2j9ky>

Jannah Times <https://tinyurl.com/2m8cpbr2>

Delectious Food <https://tinyurl.com/5755nf3x>

Tell me Best <https://tinyurl.com/2nn4yer8>

December 2022

Study: Raw honey may improve blood sugar and cholesterol levels

Verywell Health <https://tinyurl.com/4twzfbd>

The alcoholic drinks most likely to cause bloating, gas, and acid reflux, and what to sip instead

Business Insider South Africa <https://tinyurl.com/ye5pdm2k>

Mentioned in 'Amazing Student' biography (Brianna Cannova)

UGA FACS <https://tinyurl.com/kk4xp72u>

Mentioned in 'Amazing Student' biography (Jinaka Coker)

UGA FACS <https://tinyurl.com/4wuruvzn>

How Honey Can Help Lower Your Blood Sugar and Triglyceride Levels

Healthline <https://tinyurl.com/ym6raxhd>

Lifestyle Asia <https://tinyurl.com/3ae3vbrx>

How to know when you're stress eating (and how to stop)

Aptiv <https://tinyurl.com/59rnmtey>

November 2022

Patty Craig: A Slice of Time

Beechtree News <https://tinyurl.com/mr43dvy9>

October 2022

Vitamin D could help extend your life: Study

U.S. News & World Report <https://tinyurl.com/mr2tc987>

Consumer HealthDay <https://tinyurl.com/2uwabcxk>

Newsmax <https://tinyurl.com/ypz fzace>

Roanoke Times <https://tinyurl.com/2wa4v72w>

MedicineNet <https://tinyurl.com/36h65rvm>

Fish oil could strengthen your aging brain

U.S. News & World Report <https://tinyurl.com/266t7fit>

Consumer HealthDay <https://tinyurl.com/487bxnbj>

kxly.com <https://tinyurl.com/28dczxe2>

Spirulina Health Benefits, Risks, Side Effects, and How to Store

Prevention <https://tinyurl.com/36vjrrbb>

Delectious Food <https://tinyurl.com/4n7j2u65>

How to talk to your kids about food and nutrition

aSweatLife <https://tinyurl.com/5epddh5z>

The eight best ranked comfort food restaurants in SC for the chilly fall and winter months

The State <https://tinyurl.com/yv7f64jy>

Are You Making These Common Hydration Mistakes?

What's Good <https://tinyurl.com/4c2rzcvy>

5 health products that are worth the money (and 5 that aren't)
Optum Perks <https://tinyurl.com/5n6s22b3>

7 Steps to Fuel Your Body
Massage Magazine <https://tinyurl.com/32z9szpw>

September 2022

What Shopping Organic Means for You
VeryWell Fit <https://tinyurl.com/2ykdcppd>

What's the Difference Between Vitamin K1 And Vitamin K2?
What's Good <https://tinyurl.com/bdzhmbn2>

Commenting on Appearance May Perpetuate Diet Culture, Here's What to Do Instead
VeryWell Fit <https://tinyurl.com/5n8pv6s5>

A guide to the flexitarian diet
US News & World Report <https://tinyurl.com/32nrndyh>

Most dietary supplements are a waste of money
Insider <https://tinyurl.com/5n7sr2z9>
Yahoo! News <https://tinyurl.com/4m4h22zy>
TDPel Media <https://tinyurl.com/3fukd54y>

Do pre-workout energy drinks actually fuel exercise?
The Huffington Post <https://tinyurl.com/mvhm7r7h>
Yahoo! News <https://tinyurl.com/yexfu3hx>

7 Unconventional Leafy Greens to Try Cooking With
Aaptiv <https://tinyurl.com/48j5p9u7>

August 2022

All About BMI
WW Canada <https://tinyurl.com/48r9a455>

Nine healthy snacks to pack in your kids' school lunches (that you'll want to eat too)
Eat This <https://tinyurl.com/mrxvcfut>
Yahoo! Life <https://tinyurl.com/mpa5kfyu>

The Rwanda Diet Will Surprise You
Ozy Media-The Daily Dose <https://tinyurl.com/2p8ash3h>

Can drinking French press coffee raise your cholesterol?
The Huffington Post <https://tinyurl.com/2n3f9dxf>
Yahoo! News <https://tinyurl.com/bdcxfext>
HuffPost UK <https://tinyurl.com/4xjf2s4z>
Nation World News <https://tinyurl.com/2tr72haa>

Best yogurt combination to prevent your bones from aging
EatThis <https://tinyurl.com/2dbezyz2>

The alcoholic drinks most likely to cause bloating, gas, and acid reflux, and what to sip instead
Insider <https://tinyurl.com/2wdaxab9>

July 2022

Body Image: What It Is and How to Improve It
VeryWell Fit <https://tinyurl.com/bdh9ar4d>

4 Surprising Side Effects of Eating Sardines
Eat This <https://tinyurl.com/3d69h8pp>

Prehistoric People Drank Animal Milk, Despite Lactose Intolerance
Health Day <https://tinyurl.com/2p8jrpe7>
US News & World Report <https://tinyurl.com/5fymhp4e>
MedicineNet <https://tinyurl.com/3h6txvvx>

Sardines: The Stinky Little Fish You Should Be Eating
How Stuff Works <https://tinyurl.com/3vpsrkb5>

If You Can't Do This, You May Be at High Risk of Dementia, New Study Says
BestLife <https://tinyurl.com/36f3zcds>

3 Morning Coffee Mistakes That Almost Always Lead to Indigestion
SheFinds <https://tinyurl.com/mrx7emuc>

Cleansing Conundrum: Experts caution against the risks of 'detoxifying'
Community Health <https://tinyurl.com/2p8kd3k4>

Beneficial Beverages: Experts explain what drinks should (and shouldn't) be part of one's diet
Community Health <https://tinyurl.com/4x239v79>

The Worst Drinking Habit Aging Your Brain Faster, New Study Finds
Eat This <https://tinyurl.com/f72u4rvp>

How to Prevent and Soothe Motion Sickness
The Vitamin Shoppe <https://tinyurl.com/bdd4p755>
Dietitians say vitamin C supplements and drinks are a waste of money — eating the right vegetables is a more efficient way to stay healthy
Insider <https://tinyurl.com/3bfkqnc>
Delectious Food <https://tinyurl.com/bdf7pcmx>

June 2022

Are Vitamins and Supplements a Waste of Money?
Verywell Health <https://tinyurl.com/2p82jkzs>

Green Tea May Just Be the World's Healthiest Drink
Men's Health <https://tinyurl.com/vdt75cxd>

Can Olive Oil Shots Really Improve Your Skin and Reduce Bloating?
Every Day Health <https://tinyurl.com/2s3sf48r>

Dietetics students continue run of impressive results
UGA FACS <https://tinyurl.com/mppsc7jb>

4 useless supplements you're likely already getting enough of through your diet, according to nutrition experts
Insider <https://tinyurl.com/ypt2env9>

What Is a Low-Fat Diet Plan and Is It Right for You?
US News and World Report <https://tinyurl.com/yr3ezh67>

Can You Drink Day-Old Coffee?
Home Cook World <https://tinyurl.com/m4xtpyr4>

Laing named a national media spokesperson for AND
UGA FACS <https://tinyurl.com/594sb88y>
Academy of Nutrition and Dietetics <https://tinyurl.com/2un2yfpe>

March 2022

What are common mistakes that get in the way of losing weight?
The Express <https://tinyurl.com/4e6whs6u>
News.am Medicine <https://tinyurl.com/y22xwdev>

January 2022

The best beginner-friendly Chloe Ting workouts
The List <https://tinyurl.com/2p8uneyey>

October 2021

Laing highlighted by Academy of Nutrition and Dietetics
UGA FACS <https://tinyurl.com/cnev9wz>

Appeared in “RDNs and NDTRs: Turning Passion into a Career” video shown during the 2021 Opening Session of the Food & Nutrition Conference & Expo™
Academy of Nutrition and Dietetics <https://youtu.be/-D9h4tDQxfY>

Featured in “7th Annual Celebrating Excellence Recognition Program”
Bill and June Flatt Outstanding Teacher of the Year
UGA FACS <https://tinyurl.com/app26ndx>
Presentation Video by Peyton Ledford <https://tinyurl.com/nu3hrb9h>

June 2021

The two-week ab shredder routine from fitness YouTuber Chloe Ting
The List <https://tinyurl.com/y32vjunn>
Diet Culture: Definition, Examples, & Impacts
Choosing Therapy <https://tinyurl.com/bm6n3dx9>

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Dietetics Students Achieve Perfect Match Rate
UGA FACS <https://tinyurl.com/das4yj8w>

March 2021

2021’s Most Overweight and Obese Cities in the U.S.
WalletHub <https://tinyurl.com/2bf66mu3>
Atlanta Journal Constitution <https://tinyurl.com/3kn5486e>

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UGA Online Learning <https://tinyurl.com/8beb3buy>

February 2021

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UGA FACS <https://tinyurl.com/kp5x5we9>
ISSUU.com <https://tinyurl.com/huf8ksf7>
Presentation Video by Dr. Rick Lewis <https://tinyurl.com/se7szrrm>

UGA students take a new approach to health and wellness in 2021
The Red & Black <https://tinyurl.com/1s6qbqb3>

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UGA FACS <https://tinyurl.com/y5xdgijs>

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MyFitnessPal <https://tinyurl.com/yxzdprb6>
- How to keep alcohol from ruining your sleep
Saatva <https://tinyurl.com/2p8km85v>
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Healthline <https://tinyurl.com/y5l3novt>
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MyFitnessPal <https://tinyurl.com/y2lqg6e3>
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Elle Magazine <https://tinyurl.com/y3qed6sm>
- June 2020* Professor challenges students on diet culture
UGA Today <https://tinyurl.com/ybj8ay96>
- Snacking and working at home
WUGA Radio <https://tinyurl.com/y9x5qkbp>
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Summer Boomers Magazine <https://tinyurl.com/y77ksc6g>
- How to avoid overeating while spending more time at home
WTIP Radio <https://tinyurl.com/y9c6sc2r>
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UGA Today <https://tinyurl.com/y2blcd72>
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US News and World Report <https://tinyurl.com/y7aqh7su>
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NBC News <https://tinyurl.com/y27e85s4>

Tips to avoid overeating while working from home
UGA Today <https://tinyurl.com/uv7k6t3>

Tips to prevent weight gain while at home during pandemic
CAES News <https://tinyurl.com/y83qczt>
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March 2020

Be leery of 'immune boosting' diets and pills
UGA Today <https://tinyurl.com/unfhfry>

February 2020

Intermittent Fasting — Fad or Foolproof?
WUGA Radio <https://tinyurl.com/sdp2qma>

January 2020

UGA Featured Faculty: Emma Laing
UGA Today <https://tinyurl.com/symz93t>

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Inverse <https://tinyurl.com/yztgl8e3>
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UGA FACS <https://tinyurl.com/wj58sxz>

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SDA promotes community involvement, networking opportunities
UGA FACS <https://tinyurl.com/tzpkrr4>

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5 dangers of following fad diets
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UGA Center for Teaching and Learning <http://t.uga.edu/20w>
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