

## MARK ERIC PETTIT, B.S., CFLE-P

Graduate Research Assistant  
Department of Human Development and Family Science  
College of Family & Consumer Sciences  
The University of Georgia

221 Hoke Smith Annex  
Athens, Georgia 30602  
256-468-4046  
mark.pettit@uga.edu

### I. EDUCATION

Ph.D.	<b>University of Georgia</b> , anticipated May 2022. Human Development and Family Science
M.S.	<b>University of Georgia</b> , anticipated December 2020. Human Development and Family Science
B.S.	<b>University of North Alabama</b> , Cum Laude, May 2017. Psychology/Family Studies
A.S.	<b>Calhoun Community College</b> , Magna Cum Laude, May 2015. General Studies
CFLE	<b>Certified Family Life Educator–Provisional</b> , July 2017 – Present. National Council on Family Relations
Quantitative Methods	<b>Certificate in Quantitative Methods in Family Science</b> , anticipated May 2021. University of Georgia
Nonprofit Management	<b>Certificate in Nonprofit Management and Leadership</b> , anticipated May 2022. University of Georgia

### II. PROFESSIONAL & RESEARCH EXPERIENCE

August 2020 – Present	<b>Graduate Teaching Assistant</b> , University of Georgia. Department of Human Development and Family Science Assisting with class facilitation, paper and assignment grading, student meetings, and class management.
August 2017 – Present	<b>Graduate Research Assistant</b> , University of Georgia. Couples and Relationship Enrichment Lab (C.A.R.E.) Supervising MSW and undergraduate interns, overseeing participant recruitment and engagement, recruitment and engagement, program implementation, evaluation and reporting, and grant proposal preparation.
August 2017 – December 2017	<b>Volunteer</b> , University of Georgia. Home in 5, Fanning Institute Survey design, data collection, data analysis, and presentation.

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### III. PUBLICATIONS

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#### Peer Reviewed Journal Articles

\***Pettit, M.**, Paulk, A., Hunt, A., Williams, Y., & Zayac, R. (2017). Rape myth acceptance and willingness to intervene: A comparison of Greek-affiliated and non-affiliated college students by gender. *International Journal of Undergraduate Research and Creative Articles*, 9, Article 3.

#### Articles under Review

Richardson, E.W., **Pettit, M.**, Futris, T. G., & Gale, J. (under review). Mindfulness and couple relationship outcomes of foster caregivers.

#### Articles in Preparation

Richardson, E. W., **Pettit, M. E.**, Futris, T. G., Dean, S., & Gale, J.(in preparation). The associations between trait mindfulness, relationship efficacy, and interparental relationship quality for child welfare-involved couples: A dyadic data analysis.

**Pettit, M. E.**, Futris, T. G., Richardson, E. W., Brown, & G. L., Kogan, S. M. (in preparation). Parenting well together: Testing the indirect effects of coparenting on parenting stress through the mediation of parenting self-efficacy for at-risk couples receiving child welfare services.

Richardson, E. W., **Pettit, M. E.**, Futris, T. G., Gale, J., & Mallette, J.K. (in preparation). Mindful to change: Foster caregiver couples' mindfulness as a moderator of change following couple relationship education.

**Pettit, M. E.**, Futris, T. G., & Richardson, E. W. (in preparation). The influence of relationship education on reducing parenting stress among single parent mothers engaged in child welfare services

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### IV. PRESENTATIONS

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#### National Conferences

**Pettit, M. E.**, Futris, T. G., & Richardson, E. W. (2019, November). "The indirect effects of coparenting on parenting stress through parenting efficacy." Poster to be presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX

**Pettit, M.**, Richardson, E., Futris, T., & Gale, J. (2018, November). "Mindfulness and couple relationship outcomes of foster caregivers." Paper presented at the National Council on Family Relations Annual Conference, San Diego, CA.

Duncan, J., Futris, T.G., & **Pettit, M.** (2017, November). "Reducing Repeat Teen Pregnancy Risk with Sex and Relationship Education." Poster presented at the National Council on Family Relations Annual Conference, Orlando, FL.

#### Regional Conferences

**Pettit, M.**, Futris, T., & Richardson, E. (2019, March). "Parenting well together: Preliminary data analysis of the dyadic relationship between coparenting, parenting efficacy, and parenting stress." Paper presented at the Southeastern Symposium on Child and Family Development, Athens, GA.

Travis, K. & **Pettit, M.** (2018, March). "Nonresident Fathers and Smartphones: Using Bioecology Theory to Conceptualize Barriers and Facilitators to Parent-Child Relationships." Paper presented at the Southeastern Symposium on Child and Family Development, Knoxville, TN.

## V. RESEARCH INTERESTS

**Family Life Education** (healthy marriage and relationship education, program/curriculum development, program implementation, program evaluation)

**Interpersonal Relationships** (romantic relationships, coparenting relationships, parent-child relationships, fatherhood, mindfulness, self-regulation)

## VI. LEADERSHIP EXPERIENCE

April 2018 – April 2019	<b>Vice-President</b> , University of Georgia Human Development and Family Science Graduate Student Organization. Facilitated in collaboration between officers, coordinated organization functions, drafted policy.
April 2016 – April 2017	<b>President</b> , University of North Alabama Psychology Club. Facilitated collaboration communication between officers and faculty, coordinated club functions, presided at club meetings, and drafted policy.
August 2016 – March 2017	<b>Executive Council Member</b> , University of North Alabama Psychology Department Peer Mentor Program. Drafted policy, collaborated with fellow council members and faculty, and coordinated training, meetings, and other important program functions.

## VII. MEMBERSHIP IN PROFESSION ORGANIZATIONS

2020 – Present	International Association for Relationship Research (Student Member)
2017 – Present	National Council on Family Relations (Student Member)
2017 – 2018	Council on Undergraduate Research (Student Member)
2015 – 2017	Southeastern Psychological Association (Student Member)

## VIII. SERVICE TO PROFESSION

2020	National Council on Family Relations: Reviewer Annual Conference Proposals
2019 – Present	Journal of Couple & Relationship Therapy: Reviewer Peer-Submitted Manuscripts
2019	National Council on Family Relations: Reviewer Annual Conference Proposals
2019	Southeastern Symposium on Child and Family Development: Reviewer Annual Conference Proposals

## IX. HONORS AND AWARDS

**Family and Consumer Sciences Foundation Scholarship**, University of Georgia, 2019.

**Virginia Willbanks Kilgore Scholarship**, University of Georgia, 2017.

**Dean's List**, University of North Alabama, spring 2017.

**First Place**, University Final 3MT Competition, University of North Alabama, 2017.

**Second Place**, College of Arts and Sciences 3MT Competition, University of North Alabama, 2017.

**Peoples' Choice**, College of Arts and Sciences 3MT Competition, University of North Alabama, 2017.

**Department Winner**, Sociology and Family Studies department 3MT competition, University of North Alabama, 2017.

**Psi Chi Psychology Honors Society**, University of North Alabama, 2017.

**Dean's List**, University of North Alabama, spring 2015.

**Sigma Kappa Delta English Honors Society**, Calhoun Community College, 2015.

**Dean's List**, Calhoun Community College, spring 2014.

**Phi Theta Kappa Honors Society**, Calhoun Community College, 2013.

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## **X. PROFESSIONAL REFERENCES**

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Ted G. Futris, PhD  
Professor  
University of Georgia  
Athens, GA  
706-542-7566  
tfutris@uga.edu

Amber Paulk, PhD  
Associate Professor  
University of North Alabama  
Florence, AL  
(256) 765-4855  
apaulk@una.edu

Larry W. Bates, PhD  
Professor  
University of North Alabama  
Florence, AL  
(256) 765-4712  
lwbates@una.edu

Gabriela Carrasco, PhD  
Assistant Professor  
University of North Alabama  
Florence, AL  
(256) 765-4321  
gcarrasco@una.edu