Niyantri Ravindran

Department of Human Development and Family Science
College of Family and Consumer Sciences, University of Georgia
106 Family Science Center II (House D)
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Athens, Georgia 30602

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EDUCATION

Ph.D. , Human Development and Family Studies, University of Illinois at Urbana-Champaign	2018
M.S., Human Development and Family Studies, University of Illinois at Urbana-Champaign	2016
B.A., Psychology, University of Minnesota	2012

PROFESSIONAL POSITIONS

Assistant Professor

Department of Human Development and Family Science	2022-
University of Georgia	

Assistant Professor	2020-2022
Department of Human Development and Family Sciences	
Texas Tech University	

Postdoctoral Research Scholar

2018-2020

Departments of Psychology and Human Development and Family Studies The Pennsylvania State University

Development of Self-Regulation Dynamics Project (RO1HD076994) Advisors: Pamela M. Cole, PhD, and Nilam Ram, PhD

Post-baccalaureate Research Assistant

January-July 2013

Institute of Child Development University of Minnesota

Midwest Child-Parent Center Expansion Project Supervisor: Dr. Arthur Reynolds

RESEARCH INTERESTS

- Dynamics of parent-child interactions
- Sociocultural and affective determinants of parenting behavior
- Parental socialization of emotion
- Physiological stress reactivity and regulation in parents and children
- Children's emotion regulation, social competence, and peer relationships

GRANT ACTIVITY

Measuring Context-Specific Emotion Socialization Practices in Black American Parents

Role: PI

Society for Research in Child Development, Small Grant for Early Career Scholars 2024 (\$7,500)

A Longitudinal Multi-Method Approach to Understand the Early Development of Math Anxiety

Role: Co-PI (40% effort); PI on UGA subaward (Texas A&M primary; PI Dr. Zhe Wang) National Science Foundation

2023-2028 (\$800,000 UGA Subaward)

Mothers' Dispositional Distress Reactivity, Physiological Regulation, and Supportive Behavior: A Dynamic Approach

Role: PI

Dolores Norton Award, Illinois Association of Infant Mental Health

2017 (\$5000)

AWARDS AND HONORS

Lilly Teaching Fellows Program, University of Georgia	2024-2026
Georgia CTSA Translational Education and Mentoring in Science Program	2023-2024
Owens Institute for Behavioral Research Grant Development Program Participant, University of Georgia	2023-2025
International Society for Developmental Psychobiology Postdoctoral Travel Award	2019
Russell Sage Foundation Travel Grant to Summer Institute on Integrating Biological Approaches in the Social Sciences	2019
Society for Research in Child Development Early Career Travel Award	2019
University of Illinois Graduate College Dissertation Completion Fellowship (Declined)	2018
List of Teachers Ranked as Excellent by their Students	2014, 2015 2017, 2018
Sharon Borine Capstone Award for the best Senior Project, University of Minnesota	2012
Undergraduate Research Opportunities Program Award, University of Minnesota	2012

PUBLICATIONS (PEER-REVIEWED)

Carvalho, C., **Ravindran**, N., & Koss, K. J. (2025). Youth electronic media use and family conflict: Bidirectional associations across early adolescence. *Journal of Family Psychology*. Advance online publication. https://doi.org/10.1037/fam0001390

^{*}denotes mentored graduate student

- Aytuglu, A., Thomas, C. R., Howard, C. J., Huang, Y., Freeman, J. Y., Koss, K. J., **Ravindran, N.,** & Brown, G. L. (2025). Prenatal readiness for fatherhood, paternal engagement, and child social—emotional competence. *Developmental Psychology*. Advance online publication. https://doi.org/10.1037/dev0002010
- Kramer, L., **Ravindran, N.,** & *Prather, K. (2024). Raising siblings is stressful: Measuring parent emotion regulation in the sibling context. *Journal of Social and Personal Relationships*. Online First Publication. https://doi.org/10.1177/02654075241312688
- **Ravindran**, N., & McElwain, N. L. (2024). Dynamic coupling of maternal sensitivity and toddlers' responsive/assertive behaviors predicts children's behavior toward peers during the preschool years. *Developmental Psychology*. 60, 1801–1813. https://doi.org/10.1037/dev0001809
- **Ravindran., N.,** Zhang, X., & Ku, S. (2024). Within-person bidirectional associations between maternal cortisol reactivity and harsh parenting across infancy and toddlerhood. *Journal of Family Psychology.* 38, 911–920. https://doi.org/10.1037/fam0001231
- Izenstark, D., & **Ravindran**, **N.** (2023). Associations between childhood family-based nature activities and family relationship quality in emerging adulthood. *Family Relations*, 72, 1276-1291. https://doi.org/10.1111/fare.12714
- **Ravindran, N.,** McElwain, N. L., Berry, D., & Kramer, L. (2022). Dynamic fluctuations in maternal cardiac vagal tone moderate moment-to-moment associations between children's negative behavior and maternal emotional support. *Developmental Psychology*, *58*(2), 286–296. https://doi.org/10.1037/dev0001299
- **Ravindran, N.**, Genaro, B. G., & Cole, P.M. (2021). Parental structuring in response to toddler negative emotion predicts children's later use of distraction as a self-regulation strategy for waiting. *Child Development. 92, 5,* 1969-1983. https://doi.org/10.1111/cdev.13563
- Ravindran, N., Zhang, X., Green, L.G., Gatzke-Kopp, L.M., Cole, P.M., & Ram, N. (2021). Concordance of mother-child respiratory sinus arrythmia is continually moderated by dynamic changes in emotional content of film stimuli. *Biological Psychology* (Invited submission to Special Issue: *Biological, emotional, and behavioral concordance: Multi-level, multi-person approaches to health across the lifespan*). *161*, 108053. https://doi.org/10.1016/j.biopsycho.2021.108053
- Izenstark, D., **Ravindran.**, **N.**, Rodriguez, S. & Devine, N. (2021). The affective and conversational benefits of a walk in nature among mother-daughter dyads. *Journal of Applied Psychology: Health and Well-Being*. https://doi.org/10.1111/aphw.12250
- Hu, Y., Emery, H. T., **Ravindran, N.,** & McElwain, N. L. (2020). Direct and indirect pathways from maternal and paternal empathy to young children's socioemotional functioning. *Journal of Family Psychology*, *34*, 825-836. https://doi.org/10.1037/fam0000745
- Chen, X., McCormick, E. M, **Ravindran, N.,** McElwain, N. L., & Telzer, E. H. (2020). Maternal emotion socialization in early childhood predicts adolescents' amygdala-vmPFC functional connectivity to emotion faces. *Developmental Psychology*, (Special Issue: *Parental Socialization of Emotion and Self-Regulation*), 56, 503-515. https://doi.org/10.1037/dev0000852

Tu, K., & **Ravindran**, **N.** (2020). Getting under the skin: Maternal social coaching and adolescent peer adjustment. *Journal of Applied Developmental Psychology*, *66*, 101091. https://doi.org/10.1016/j.appdev.2019.101091

Ravindran N., Hu, Y., McElwain, N. L., & Telzer, E. H. (2020). Dynamics of mother-adolescent and father-adolescent autonomy and control during a conflict discussion task. *Journal of Family Psychology*, *34*, 312-321. https://doi.org/10.1037/fam0000588

McElwain, N. L., **Ravindran, N.,** Emery, H. T., & Swartz, R. (2019). Theory of mind as a mechanism linking mother-toddler relationship quality and child-friend interaction during the preschool years. *Social Development, 28,* 998-1015. https://doi.org/10.1111/sode.12377

Ravindran, N., Berry, D. & McElwain, N. L. (2019). Dynamic bidirectional associations in negative behavior: Mother-toddler interaction during a snack delay. *Developmental Psychology*, *55*, 1191-1198. https://doi.org/10.1037/dev0000703

Ravindran, N., McElwain, N. L., Berry, D., & Kramer, L. (2018). Mothers' dispositional distress reactivity as a predictor of maternal support following momentary fluctuations in children's aversive behavior. *Developmental Psychology*, 54, 209-219. https://doi.org/10.1037/dev0000418

Ravindran, N., Engle, J. M., McElwain, N. L., & Kramer, L. (2015). Fostering parents' emotion regulation through a sibling-focused experimental intervention. *Journal of Family Psychology*, 29, 458-468. https://doi.org/10.1037/fam0000084

INVITED BOOK CHAPTERS/ENTRIES

Ravindran, N. (2018). Sympathy. In Bornstein, M. H., Arterberry, M. E., Fingerman, K. L., & Landsford, J. E. (Eds.), *The SAGE Encyclopedia of Lifespan Human Development, Vol 5* (pp. 2194-2197). New York, NY: Sage.

Kramer, L., Conger, K. J., Hollifield, C., & Ravindran, N. (2019). Siblings. In B. H. Fiese (Editorin-Chief), APA Handbook on Contemporary Family Psychology: Foundations, Methods, and Contemporary Issues Across the Lifespan (pp. 521-538). Washington, DC: American Psychological Association.

ORAL PRESENTATIONS

Ravindran, N., *Carvalho, C., & *Prather, K (May 2025). Mother-child Coregulation Following Children's Spontaneous Expressions of Negative Emotion in the Home. In Degirmencioglu, K. (Chair), *Parent-Child Behavioral Coregulation Dynamics in Normative, High-Risk, and Maltreated Samples: From Contingency to Child Regulation*. Society for Research in Child Development Biennial Meeting, Minneapolis, MN.

Ravindran, N., *Prather, K., & *Carvalho, C (May 2025). Proximal Predictors of Maternal Responses to Children's Negative Emotions in Naturalistic Settings. In Fields-Olivieri, M. A. & Ravindran, N. (Chairs), Beyond the Lab: Measuring Young Children's Distress and Parental Emotion Socialization in Real-World Settings. Society for Research in Child Development Biennial Meeting, Minneapolis, MN.

Ravindran., N., *Thomas, C. R., *Howard, C., *Huang, Y., & Brown, G. L. (July 2024). *Black Mothers' and Fathers' Experiences with Racism in the United States: Associations with Parents' Childrearing Attitudes in Infancy*. International Congress of Infant Studies, Glasgow, United Kingdom.

Oshri, A., *Howard, C., **Ravindran, N.,** *Carvalho, C.A, Brown, G. L., Geier, C., & Abney, D. L. (July 2024). Cross wavelet coherence as a promising new dynamic multiscale biomarker for child-parent dyadic physiological synchrony. In Michael Sfeir (Chair), *Synchrony Shaping the Interpersonal Relationships of Dyads and their Interactions in Face of Stress. International Association for Relationships Research, Boston, MA.*

Ravindran., N., Merrin, G. J., Fairclough, J., Phelps, B., Zoppolat, G., Balzarini, R. N., & Slatcher, R. B. (April 2021). Longitudinal Within-Person Associations between COVID-19-Related Stressors, Parents' Emotions, and Parent-Child Interactions. Society for Affective Science Virtual Conference.*

*Abstract was highly ranked (top 20% of 452 abstracts) and published in the *Journal of Affective Science*

Izenstark, D., & Ravindran, N. (February 2021). Examination of How Family Time Spent in Nature Across Childhood Influences Adulthood Family Relationship Quality Among Latinx and Asian Students. The Academy of Leisure Sciences Virtual Conference.

Ravindran, N., Genaro, B.G., & Cole, P. M. (July 2020). Parental Structuring of Toddler Negative Emotion Predicts Children's Use of Distraction Longitudinally. In de Barbaro, K. (chair), *Parent and Child Contributions to Emotion Regulation: Beyond Main Effects to Complex Developmental Pathways*. Virtual International Congress of Infant Studies.

Ravindran, N., McElwain, N. L., & Kramer, L. (March 2019). Parenting under Challenge: Interactive Contributions of Child Behavior and Maternal Cardiac Physiology. In D Berry and N Ravindran (Chairs), *Dynamics of Physiological Processes in Interpersonal Contexts: Correlates and Outcomes*. Society for Research in Child Development Biennial Meeting, Baltimore, MD.

McElwain, N. L., Chen, X., **Ravindran, N.,** McCormick, E. M., & Telzer, E. H. (March 2019). Maternal Sensitivity during Toddlerhood Predicts Amygdala-PFC Functional Connectivity During Early Adolescence. In N. L. McElwain (chair), *Normative Variation in Early Caregiving: Longitudinal Links to Brain Structure and Function.* Society for Research in Child Development Biennial Meeting, Baltimore, MD.

McElwain, N. L., Berry, D., Cole, J.M., & Ravindran, N. (March 2019). Fluctuations in Maternal Speech Prosody and Preschool-Aged Children's Behavioral and Physiological Regulation during a Challenge. In M. A. Fields-Olivieri (Chair), *Emotion in the Voice: Leveraging Automated Assessment to Study Communication and Regulation in Early Childhood.* Society for Research in Child Development Biennial Meeting, Baltimore, MD.

Ravindran, N., McElwain, N. L., & Telzer, E. H. (April 2018). A Balancing Act: Dynamic Associations Between Maternal and Adolescent Behavior during a Conflict Discussion. In K. M. Tu (Chair), *Mother-Adolescent Interactions: A Context for Understanding Mother and Adolescent*

Behaviors and Adolescent Adjustment. Society for Research on Adolescence Biennial Meeting, Minneapolis, MN.

Ravindran, N., & Tu, K. M. (April 2018). Maternal Social Coaching and Adolescent Peer Adjustment: The Moderating Role of Skin Conductance Level Reactivity. In T. M. L. Kaufman (Chair), *Spillover Between Adolescents' Relationships with Parents and Peers: Physiological, Cognitive, and Behavioral Correlates*. Society for Research on Adolescence Biennial Meeting, Minneapolis, MN.

Ravindran, N., Hamilton, T., & Kramer, L. (November 2017). *Taking More Fun with Sisters and Brothers Online: Broadening Impact*. National Council on Family Relations Conference, Orlando, FL.

Ravindran, N., Berry, D., & McElwain, N. L. (May 2016). *Moment-to-Moment Bidirectional Associations between Maternal Support and Child Dysregulation in a Challenging Situation*. International Congress for Infant Studies, New Orleans, LA.

Dworkin, J., Doty, J.L., Connell, J.H. & **Ravindran**, N. (November 2013). *It's Not Just for Teens: Parents' Use of Social Networking Sites*. National Council on Family Relations Conference, San Antonio, TX.

POSTER PRESENTATIONS

- *Restrepo, K., *Carvalho, C., Eason, S.H., Wang, Z., & Ravindran, N. (2025, May). *Math anxiety and physiological responses during parent-child interactions: An actor-partner interdependence approach.* Society for Research in Child Development Biennial Meeting, Minneapolis, MN.
- *Kim, J., *Carvalho, C., *Prather, K., & **Ravindran, N.** (2025, May). *Dyadic behavioral flexibility moderates the relationship between maternal depression and child internalizing problems*. Society for Research in Child Development Biennial Meeting, Minneapolis, MN.
- *Prather, K., Zhang, S., Wang, Z., Eason, S.H., & Ravindran, N. (2025, May). Parental beliefs and expectations for children's educational attainment as predictors of the home learning environment. Society for Research in Child Development Biennial Meeting, Minneapolis, MN.
- *Carvalho, C., Koss, K.J., & Ravindran, N. (2025, May). The impact of early smartphone ownership on parent versus child report of youth internalizing problems. Society for Research in Child Development Biennial Meeting, Minneapolis, MN.
- Brown, G. L., **Ravindran., N.,** *Thomas, C. R., *Howard, C., *Huang, Y., & *Aytuglu, A. (2024, June). *Experiences with racism and racial socialization intentions among unmarried, Black American parents expecting a baby.* International Society for the Study of Behavioural Development, Lisbon, Portugal.
- *Aytuglu, A., Koss, K., **Ravindran, N.,** & Brown, G.L. (2024, June). *Cortisol Reactivity as a Mediator Between Paternal Caregiving and Executive Function Among Black American Families*. International Society for the Study of Behavioural Development, Lisbon, Portugal.

- **Ravindran.**, N., & *Prather, K. L. (2023, November). *Maternal and paternal responses to children's negative emotions elicited by parent-child and sibling conflict in naturalistic settings*. National Council of Family Relations, Orlando, FL.
- *Prather, K. L., & Ravindran, N. (2023, March). Parent emotional functioning as a predictor of parental responsiveness to child cries in naturalistic settings. Society for Research in Child Development, Salt Lake City, UT.
- Kramer, L., **Ravindran, N.,** Paulo, B., Bruland, P., & Devarajan, R. (2023, March). *Raising siblings is stressful: Assessing parental emotion regulation and coparenting quality in the sibling context.*Society for Research in Child Development, Salt Lake City, UT.
- *Prather, K. L., & Ravindran, N. (2022, July). Within-family associations between familial risk and children's home environments across infancy and toddlerhood. International Congress of Infant Studies, Ottawa, CA.
- *Copeland, S., Ravindran, N., & McElwain, N. L. (2022, July). *Maternal and toddler characteristics as predictors of mother-toddler conversational turns and maternal responses to toddler cries in the home*. International Congress of Infant Studies, Ottawa, CA.
- **Ravindran.**, N., Ku, S., & Zhang, X. (2021, November). Within-person associations between maternal cortisol reactivity and harsh parenting from infancy to toddlerhood. International Society for Developmental Psychobiology Hybrid Meeting.
- **Ravindran, N.,** & McElwain, N. L. (2021, April). *Beyond individual differences: Dynamic coupling of mother-child positive behaviors predicts child-peer interactions.* Society for Research in Child Development Biennial virtual meeting.
- Izenstark, D., **Ravindran., N.,** Rodriguez, S. & Devine, N. (2020, November). *The affective benefits of a walk in nature among mothers and daughters*. National Council on Family Relations Virtual Conference.
- **Ravindran, N.,** Zhang, X., Green, L. M., Cole, P. M., Gatzke-Kopp, L. M., & Ram, N. (2019, October). *Dynamic fluctuations in children's RSA at "slow" and "fast" timescales*. International Society for Developmental Psychobiology, Chicago, IL.
- **Ravindran, N.,** Zhang, X., Green, L. M., Cole, P. M., Gatzke-Kopp, L. M., & Ram, N. (2019, May). *Children's physiological regulation in response to negative emotional intensity: Maternal physiological regulation as a moderator*. Association for Psychological Science Annual Convention, Washington, DC.
- Ravindran, N., McElwain, N. L., McCormick, E. M., & Telzer, E. H. (2019, March). Support and hostility in mother-adolescent relationships: Associations with adolescents' neural responses to angry faces. Society for Research in Child Development Biennial Meeting, Baltimore, MD.
- **Ravindran**, N., Emery, H. E., McElwain, N. L., Groh, A. M., & Roisman, G. I. (2017, April). *Mothers' physiological reactivity and regulation: Interactive contributions to parenting during*

mother-toddler interactions. Biennial Meeting of the Society for Research in Child Development, Austin, TX.

Ravindran, N., Emery, H. T., & McElwain, N. L. (2015, November). *Parental distress and toddler temperament combine to predict child adjustment*. National Council of Family Relations, Vancouver, CA.

Ravindran, N., McElwain, N. L., Berry, D. J., & Kramer, L. (2015, March). *Mothers' distress in response to others' distress: Contributions to parenting in a challenging situation*. Biennial Meeting of the Society for Research in Child Development, Philadelphia, PA.

Ravindran, N., Engle, J. M., McElwain, N. L. & Kramer, L. (2014, November). *Getting a grip: Sibling-focused intervention improves parents' emotion regulation*. Special Topics meeting of Society for Research in Child Development: New Conceptualizations in the Study of Parenting at Risk, San Diego, CA.

Ravindran, N. & Hetherington, C. (2013, May). Relational aggression in families and its impact on adolescent development. Midwestern Psychological Association Psi Chi Convention, Chicago, IL.

Ravindran, N., Pitula, C., Lingras, K., & Englund, M.M. (2013, April). Longitudinal and concurrent contributions of ego control, ego resilience and social functioning to relational aggression and victimization in middle childhood. Society for Research in Child Development, Seattle, WM.

PROFESSIONAL DEVELOPMENT SESSIONS

Panel member, Invited Presenter Symposium: *Navigating Funding for International Graduate Students and Early Career Scholars* (May 2025). Society for Research in Child Development Biennial Meeting, Minneapolis, MN.

Lunch with the Leaders, Invited Round Table (July 2024). International Congress of Infant Studies, Glasgow, United Kingdom.

Ravindran, N., & Gao, M. (April 2021). International Graduate Students: How to Locate, Land, and Thrive in Postdoctoral Positions in the US. Symposium co-chair: N. Ravindran. Workshop presented at the Society for Research in Child Development Biennial Virtual Meeting.

Panel member, Invited Presenter Symposium: Finding and Securing Jobs in Academia: Post Doc Positions, Tenure and Non-Tenure Track Options (November 2020). National Council on Family Relations Virtual Conference.

TEACHING AND MENTORING

Courses Taught

HDFS 4860/6860: Parenting and Child Guidance *University of Georgia*

Fall 2025-

HDFS 2300: The Scien University of Georgia	nce of Studying Human Developmen	t and Families	Spring 2023-present
HDFS 8840: Introduction University of Georgia	ion to Multilevel and Growth Curve	Modeling	Fall 2022-present
HDFS 5101: Research Texas Tech University	Methods in HDFS		Spring 2022
HDFS 5313: Psychoso Texas Tech University	cial Development		Fall 2021
HDFS 3331: Parenting Texas Tech University			Fall 2020 Spring 2021
HDFS 105: Introduction to Human Development (online) University of Illinois		Summer 2016	
HDFS 290: Introduction to Research Methods (Lab Leader) <i>University of Illinois</i>		2017-2018	
HDFS 105: Introduction University of Illinois	on to Human Development (Discussi	on Leader)	2014-2015
Invited Guest Lecture	es		
	rive Methods in HDFS at University g Methods in the Developmental and		2023
•	logy undergraduate class at Wayne namics and Children's Emotion Reg	· · · · · · · · · · · · · · · · · · ·	2021
	Professional Development at Univer enure-Track Job Market	sity of Illinois	2021, 2022
	ildhood at University of Illinois ships in Middle Childhood		2017, 2018
	on to Human Development at Univer ds: Infancy and Early Childhood	sity of Illinois	2015-16
	in HDFS at University of Illinois at Theory in Research and Applied S	ettings	2015
Graduate Student Con	nmittees		
Sawyer Copeland Alp Aytuglu Erin Quinn Yating Huang	HDFS Master's thesis, TTU HDFS Dissertation, UGA HDFS Clinical Project, UGA HDFS Master's thesis, UGA	Committee Member Committee Member Committee Member Committee Member	2022 2023 2024 2025

Doctoral Supervision

Kellsie Prather, HDFS PhD Student, University of Georgia Cory Carvahlo, HDFS PhD Student, University of Georgia Jiyoung Kim, HDFS PhD Student, University of Georgia

STATISTICAL TRAINING

Analyzing Intensive Longitudinal Data with Group Iterative Multiple Model Estimation, Drs. Kathleen Gates and Stephanie Lane	May 2019
Modeling Within-person Associations in Longitudinal Data, Dr. Lesa Hoffman	May 2018
Dynamic Structural Equation Modeling with Intensive Longitudinal Data, Mplus Team	August 2017
Introduction to Longitudinal Multilevel Models, Dr. Lesa Hoffman	May 2017
Structural Equation Modeling with Latent Variables, Dr. Kristen Bub	August 2016
METHODOLOGICAL TRAINING	
Integrating Biological Approaches in the Social Sciences, Northwestern University Selected to attend intensive summer training on biomarkers of stress	June 2019
NIH Grant-Writing Series, Interdisciplinary Health Sciences Institute, University of Illinois	Fall 2017
CardioEdit/CardioBatch Workshop on editing heart-rate data, Brain-Body Center, University of Illinois at Chicago	October 2015
PEDAGOGICAL TRAINING	
Mentorship Development: Understanding Diversity, The Pennsylvania State University	July 2019
Planning your First Course, The Pennsylvania State University	March 2019
Writing Across the Curriculum, University of Illinois	August 2017
Strategies for Facilitating Student Engagement in the Classroom, University of Illinois	July 2017
Practical Tips for Incorporating Intersectionality in the Classroom, University of Illinois	April 2017

SERVICE

Departmental and University Service

Teaching about Diversity & Inequality, University of Illinois

Member, QMFSS Committee, University of Georgia	2023-
Member, CFT Faculty Search Committee, University of Georgia	2024-2025
Member, Little Houses Committee, College of FACS, University of Georgia	2023-2024
Member, HDFS Faculty Search Committee, University of Georgia	2023

November 2016

Member, Child Development Lab Faculty Advisory Committee, University of Georgia	2022-2023
Member, HDFS Graduate Admissions Committee, University of Georgia	2022-
Member, HDFS Diversity, Equity, and Inclusion Committee, Texas Tech University	2021-2022
Member, HDFS Scholarships Committee, Texas Tech University	2022
Member, HDFS Faculty Search Committee, Texas Tech University	2021
Member, Graduate Admissions Committee, Texas Tech University	2021-2022
Judge, Undergraduate Research Conference, Texas Tech University	2021
Student Member, HDFS Diversity and Inclusion Committee, University of Illinois	2017-2018
Organizing Committee, HDFS Departmental Orientation for Teaching Assistants, University of Illinois	2017
Judge, Undergraduate Research Symposium, University of Illinois	2017
Member, International Graduate Student Employees Working group (a subdivision of the Graduate Employee Organization Labor Union), University of Illinois	2015-2017
Treasurer, HDFS Graduate Student Organization, University of Illinois	2015-2016

Editorial Positions

Editorial Fellow, *Journal of Family Psychology* (2025-2026)

Consulting Editor, Journal of Research on Adolescence (2023-present)

Consulting Editor, *Journal of Family Psychology* (2022 - 2024)

Consulting Editor, *Developmental Psychology* (2020-2022)

Professional Service

Co-chair, Social, Emotional, and Personality Panel, Society for Research in Child Development 2025 Biennial Meeting

Reviewer, SRCD Small Grants Program for Early Career Scholars, 2025

Ad Hoc Reviewer, Applied Developmental Psychology, Child and Adolescent Psychopathology Research, Child Development, Child Psychiatry and Human Development, Developmental Psychology, Development and Psychopathology, Developmental Science, Emotion, Family Relations, International Journal of Behavioral Development, Journal of Adolescence, Journal of Child and Family Studies, Journal of Family Psychology, Journal of Leisure Research, Merrill-Palmer Quaterly, Motivation and Emotion, Psychophysiology

Conference Submission Reviewer, Society for Research in Child Development 2023 Biennial Meeting (Social, Emotional, and Personality Panel)