

**EVIN WINKELMAN RICHARDSON, Ph.D., CFLE**

**Assistant Research Scientist**  
**Co-Director | Couple and Relationship Enrichment Lab**  
**Department of Human Development and Family Science**  
**University of Georgia**  
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**I. EDUCATION & CERTIFICATIONS**

Ph.D.	<b>University of Georgia, Athens, GA, May 2017</b> Human Development and Family Science Dissertation: <i>The Influence of Context on the Couple and Coparenting Relationships of Foster Caregivers</i> Under the Direction of Dr. Ted G. Futris Committee: Dr. Geoffrey Brown Dr. Chalandra Bryant
M.S.	<b>University of Georgia, Athens, GA, August 2013</b> Human Development and Family Science
B.S.	<b>Georgia College and State University, Milledgeville, GA, May 2011</b> Psychology
CFLE	<b>Certified Family Life Educator, November 2014 - Present</b> National Council on Family Relations
Quantitative Methods	<b>Quantitative Methods in Family Science Certificate, 2015</b> University of Georgia

**II. PROFESSIONAL EXPERIENCE**

2022 – Present	<b>Assistant Research Scientist</b> <b>Co-Director, Couples and Relationship Enrichment Lab</b> Department of Human Development & Family Science, University of Georgia Graduate Faculty
2019 – Present	<b>Evaluation Consultant, Georgia Center for Opportunity</b>
2018 – Present	<b>Co-Investigator, Fostering Healthy Relationships Project (P.I.: Jacquelyn Mallette)</b>
2017 – 2022	<b>Postdoctoral Research Associate</b> Department of Human Development & Family Science, University of Georgia 2017 – 2022: Fostering Relationship & Economic Enrichment Project (P.I.: Ted Futris) 2019 –2022: Air Force Personal Financial Readiness Program Evaluation (P.I.: Catherine O’Neal)
2018 – 2021	<b>Content Expert, University of Georgia</b> Military REACH (Research and Outreach)
2012 – 2017	<b>Graduate Research Assistant, University of Georgia</b> Couple and Relationship Enrichment (C.A.R.E.) Lab

Projects: Fostering Relationship and Economic Enrichment Project, Couple and Relationship Enrichment for Foster Parents, National Resource Center for Healthy Marriage and Families, Healthy Marriage and Relationship Education Training (HRMET), Relationship SMARTS

2014 – 2015 **Graduate Research Assistant**, University of Georgia  
Family and Community Resilience Laboratory (F.C.R.L.)

2011 – 2012 **Graduate Research Assistant**, University of Georgia  
Institute on Human Development and Disabilities, University of Georgia  
Projects: “Early Identification and Connection to Services among Low Income, Low Literate Urban Parents”, Early Intervention Team

### III. GRANTS & CONTRACTS

1. Futris, T. G. (P.I.), **Richardson, E. W.**, Gonyea, J., Arroyo, A., Carpenter, K., Moutnain, T., Antonoudi, E., & O’Neal, C. (2025-2030). Elevating Couple Relationships across Georgia. Administration for children and Families, Office of Family Assistance (HHS-2025-ACF-OFA-ZB-0109). Awarded: \$6,190,000.
2. Futris, T. G. (P.I.), **Richardson, E. W.**, DeMeester, K., O’Neal, C. W., Farner, K., Gale, J., Palmer, L., Goetz, J., & Koonce, J. (2020-2025). *The Dissemination of Healthy Marriage and Relationship Education to Couples across Georgia*. Administration for Children and Families, Office of Family Assistance (HHS-2020-ACF-OFA-ZB-1817). Awarded: \$6,248,791.
3. Futris, T. G., **Richardson, E. W.**, Koss, K. E., & Oshri, A. (not funded). *Foster Caregiver Home Environment and Reduced Parental Stress in Promoting Improvement in Foster Children's Cortisol Levels Following Placement*. Georgia Clinical and Translational Science Alliance.
4. Warmath, D. A., Palmer, L., Goetz, J. W., Futris, T. G., **Richardson, E. W.**, Agnew-Williams, T., & Thomas, M. G. (not funded). *The Role of Couple Relationship Quality in Financial Well-Being*. Abt Associates Inc.

### IV. PUBLICATIONS

#### Book Chapters

1. Futris, T. G., & **Richardson, E. W.** (2022). Application: Evaluation of the ELEVATE program. In K. Adamsons, A. L. Few-Demo, C. M. Proulx, & K. Roy (Eds.) *Sourcebook of Family Theories and Methodologies: A Dynamic Approach*. Springer.
2. Mallette, J. K., **Richardson, E. W.**, Archuleta, K., & Shoup-Olsen, C. (2021). Family life education with rural families. In S. Ballard & A. Taylor (Eds.) *Family life education with diverse populations*. Cognella.
3. Futris, T. G., Mallette, J. K., & **Richardson, E. W.** (2016). Relationship and marriage education program design and implementation. In J. J. Ponzetti (Ed.), *Evidence-based approaches to relationship and marriage education* (pp. 31-59). New York: Taylor & Francis/Psychology Press.
4. Simons, L. G. & **Richardson, E. W.** (2014). Family and individual factors associated with risky sex. In: Michalos AC (Ed.). *Encyclopedia of Quality of Life and Well-Being Research* (pp. 2159-2163). Springer, Dordrecht, Netherlands: Springer.

#### Peer-reviewed Journal Articles

1. **Richardson, E. W.**, & Futris, T. G. (2025). The associations between trait mindfulness, relationship efficacy, and interparental relationship quality for couples receiving support services: A dyadic data analysis. *Child and Family Social Work*. Advanced online publication. <https://doi.org/10.1111/cfs.70046>

2. O’Neal, C. W., Lucier-Greer, M., **Richardson, E. W.**, Miranda, H. E., Tate, A., & McKay, B. K. (2025). Protocol for the pragmatic evaluation of the Department of the Air Force’s Personal Financial Readiness Program. *Evaluation and Program Planning*, 112, 102645. <https://doi.org/10.1016/j.evalprogplan.2025.102645>
3. **Richardson, E. W.**, Mallette, J. K., Futris, T. G., Brown, R., Starke, J., Cui, S., & Shepherd, L. (2025). Dyadic reports of interparental relationship quality and intentions to continue fostering among coupled foster caregivers. *Family Process*, 64, e70044. <https://doi.org/10.1111/famp.70044>
4. Campbell, A., Futris, T. G., **Richardson, E. W.**, & Gilbert, A. (2025). Changes in relationship skills and parenting stress among vulnerable couples participating in couple relationship education before versus during the COVID-19 pandemic. *Family Process*, 64(1), e13099. <https://doi.org/10.1111/famip.13099>
5. Frye, N., Lucier-Greer, M., O’Neal, C., & **Richardson, E. W.** (2024). Is unit cohesion a double-edged sword? A moderated mediation model of combat exposure, work stressors, and marital satisfaction. *Journal of Social and Personal Relationships*, 41(10), 2824-2843. <https://doi.org/10.1177/02654075241255391>
6. Arroyo, A., **Richardson, E. W.**, Hargrove, C., Futris, T. G. (2024). Foster caregivers’ depressive symptoms and parenting stress: Applying the theory of resilience and relational load. *Family Relations*, 73(2), 1438–1454. <https://doi.org/10.1111/fare.12908>
7. **Richardson, E. W.**, Mallette, J. K., Futris, T. G., Pettit, M. E. (2023). Foster caregivers’ improvements in couple relationship skills following relationship education: Examining trait mindfulness as a moderator of change. *Journal of Social and Personal Relationships*, 40(5), 1332-1353. <https://doi.org/10.1177/02654075231157774>
8. Stanford, W. D., Futris, T. G., **Richardson, E. W.**, Koss, K. J., & Brown, G. L. (2022). Social integration buffers the impact of financial distress on coparenting. *Journal of Family Psychology*, 36(6), 919-931. <https://doi.org/10.1037/fam0000995>
9. Dai, Y., Futris, T. G., Stanford, W., **Richardson, E. W.**, & Koss, K. (2022). The association between financial distress, conflict management, and co-parenting support for couples receiving child welfare. *Journal of Social and Personal Relationships*, 39(11), 3329-3350. <https://doi.org/10.1177/02654075221096783>
10. **Richardson, E. W.**, Mallette, J. K., Futris, T. G., Dai, Y., & DeMeester, K. (2022). Foster parenting stress as a moderator of change in coparenting support following relationship education. *Journal of Family Issues*, 43(10), 2599-2623. <https://doi.org/10.1177/0192513X211031521>
11. **Richardson, E. W.**, Pettit, M., Futris, T. G., & Gale, J. (2022). A latent class analysis of nonrelative foster caregivers’ trait mindfulness and individual and relationship outcomes. *Journal of Family Psychology*, 36(7), 1262-1273. <https://doi.org/10.1037/fam0000917>
12. Adler-Baeder, F., Futris, T. G., McGill, J., **Richardson, E. W.**, Yildirim, E. D. (2022). Validating the couple relationship skills inventory. *Family Relations*, 71, 279-306. <https://doi.org/10.1111/fare.12590>
13. Palmer, L., **Richardson, E. W.**, Goetz, J., Gale, J., Futris, T. G., & DeMeester, K. (2021). Financial self-efficacy: Mediating the association between self-regulation and financial management behaviors. *Journal of Financial Counseling and Planning*, 32(3), 535-549. <http://dx.doi.org/10.1891/JFCP-19-00092>
14. Mallette, J., **Richardson, E. W.**, & Futris, T. G. (2021). Foster father identity: A theoretical framework. *Journal of Family Theory & Review*, 13(3), 300-316. <https://doi.org/10.1111/jftr.12391>

15. Mallette, J. K., O'Neal, C. W., **Richardson, E. W.**, & Mancini, J. A. (2021). When fathers are involved: Examining relational and psychosocial health among military families. *Family Process*, 60(2), 602-622. <https://doi.org/10.1111/famp.12566>
16. Karlsen, A., Futris, T. G., & **Richardson, E. W.** (2020). The dyadic effects of relationship uncertainty on relationship maintenance and damaging behaviors. *Journal of Couple and Relationship Therapy*, 19(4), 347-367. <https://doi.org/10.1080/15332691.2020.1837323>
17. **Richardson, E. W.**, Futris, T. G., & Mallette, J. K. (2020). Fostering confidence: Foster caregivers' relationship efficacy and associations with couple and coparenting relationship quality. *Child and Family Social Work*, 25, 62-73. <https://doi.org/10.1111/cfs.12654>
18. O'Neal, C. W., **Richardson, E. W.**, & Mancini, J. A. (2020). Community, context, and coping: How social connections influence coping and well-being for military members and their spouses. *Family Process*, 59, 158-172. <https://doi.org/10.1111/famp.12395>
19. **Richardson, E. W.**, Mallette, J. K., & Futris, T. G. (2019). "In my heart forever:" Dedication, grief, and couple relationships among foster caregivers. *Journal of Family Studies*. Advanced online publication. <https://doi.org/10.1080/13229400.2019.1685561>
20. **Richardson, E. W.**, Futris, T. G. (2019). Foster caregivers' couple and coparenting relationship experiences: A dyadic perspective. *Family Relations*, 68(2), 185-196. <https://doi.org/10.1111/fare.12354>
21. **Richardson, E. W.**, Futris, T. G., Mallette, J. K., & Campbell, A. (2018). Foster mothers' parenting stress and coparenting quality: An examination of the moderating role of support. *Children and Youth Services Review*, 89, 77-82. <https://doi.org/10.1016/j.childyouth.2018.04.024>
22. **Richardson, E. W.**, Grogan, C., Richardson, S., & Small, S. (2018). Displacement, caregiving, and the ecological system of youth in foster care: A theoretical perspective. *Journal of Family Social Work*, 21(4-5), 348-364. <https://doi.org/10.1080/10522158.2018.1469561>
23. **Richardson, E. W.**, Futris, T. G., Duncan, J., & Mallette, J. K. (2018). Meeting the couple and coparenting relationship needs of foster caregivers: Perceptions of child welfare county directors in Georgia. *Journal of Extension*, 56(1), Article 1RIB6. Available at [https://www.joe.org/joe/2018february/pdf/JOE\\_v56\\_1rb6.pdf](https://www.joe.org/joe/2018february/pdf/JOE_v56_1rb6.pdf).
24. **Richardson, E. W.**, Simons, L. G., & Futris, T. G. (2017). Linking family-of-origin experiences and perpetration of sexual coercion: College males' sense of entitlement. *Journal of Child and Family Studies*, 26(3), 781-791. <https://doi.org/10.1007/s10826-016-0592-5>
25. O'Neal, C. W., **Richardson, E. W.**, Mancini, J. A., & Fricks, N. G. (2016). Parents early adverse experiences, their present well-being, and that of their children. *American Journal of Orthopsychiatry*, 86(4), 425-435. <https://doi.org/10.1037/ort0000140>
26. Arnold, A. L., **Richardson, E. W.**, & Cenizal, R. (2016). Ready or not: The influence of readiness on healthy marriage and relationship education training outcomes. *Children and Youth Services Review*, 63, 67-73. <https://doi.org/10.1016/j.childyouth.2016.02.014>
27. **Richardson, E. W.**, Mallette, J. M., O'Neal, C. W., & Mancini, J. A. (2016). Youth development programs matter: Transitions and well-being among military youth. *Journal of Child and Family Studies*, 25(6), 1765-1776. <https://doi.org/10.1007/s10826-016-0361-5>
28. **Richardson, E. W.** & Stoneman, Z. (2015). The road to membership: The role of resilience in seeking and maintaining membership in a faith community for families of children with disabilities. *Journal of Disability and Religion*, 19, 312-339. <https://doi.org/10.1080/23312521.2015.1093442>

29. Futris, T. G., Schramm, D., **Richardson, E. W.**, & Lee, T. K. (2015). The impact of organizational support on the transfer of learning to practice. *Children and Youth Services Review*, 51, 36-43. <https://doi.org/10.1016/j.chilyouth.2015.01.019>
30. Futris, T. G., Sutton, T. E., & **Richardson, E. W.** (2013). An evaluation of the Relationship Smarts Plus program on adolescents in Georgia. *Journal of Human Science and Extension*, 1(2), 1-15.

### Articles under Review

1. Arroyo, A., **Richardson, E. W.**, Futris, T. G., Brown, R., & Gilbert, A. (revise and resubmit). Adverse childhood experiences, mental health, and relationship quality in romantic couples: Relationship maintenance skills as an interpersonal resource.
2. Hargrove, C., Futris, T. G., **Richardson, E. W.**, & Oshri, A. (revise and resubmit). Trajectories of change following relationship education for couples raising children with disabilities.
3. **Richardson, E. W.**, & O'Neal, C. W. (revise and resubmit). Connections count: How adaptive coping links supportive relationships to military adolescents' wellbeing.
4. Mallette, J. K., **Richardson, E. W.**, Roberts, E. (under review). Foster parent stressors, couple relationship quality, and retention: A moderated mediation model.
5. Antonoudi, E., Rollins-Koons, A., Futris, T. G., & **Richardson, E. W.** (revise and resubmit). From finances to feelings: Exploring the interplay of financial self-efficacy, conflict management, and relationship quality in low-income households.

### Articles in Preparation

1. **Richardson, E. W.**, Futris, T. G., Cooper, E., DeMeester, K., Gregson, K., & Cui, S. (in preparation). Effects of couples relationship education on relationship skills, satisfaction and mindfulness across in-person and virtual modalities.
2. **Richardson, E. W.**, Futris, T. G. (in preparation). The associations between program and participant characteristics and trajectories of change in couple relationship skills following participation in *ELEVATE*.
3. **Richardson, E. W.**, Shepherd, L., Futris, T. G., & Brown, R. (in preparation). Examining the association between relationship skills improvement on mental health outcomes: The role of change in loneliness and social support following participation in *ELEVATE*.
4. **Richardson, E. W.**, Leavitt, C., & Futris, T. G. (in preparation). Improvements in depressive symptoms and loneliness for relationship education participants: The mediating role of relationship satisfaction and the moderating role of mindfulness.
5. **Richardson, E. W.**, Mallette, J. K., & Futris, T. G. (in preparation). Foster caregiver couples' changes in relationship skills following participation in a couple relationship education program: A parallel process model.
6. **Richardson, E. W.**, Futris, T. G., Cataluna, M., Nelson, I., & Hines, V. (in preparation). Dyadic reports of men's and women's adverse childhood experiences, current relational risk, and couple relationship communication: A latent profile analysis.
7. Mallette, J. K., **Richardson, E. W.**, & Steigler, L. (in preparation). Fostering support: Foster caregiver support and parenting and relationship outcomes.
8. Palmer, L., Hargrove, C., Lee, H., Sunder, A., Goetz, J., Delgadillo, L., **Richardson, E. W.**, & Futris, T. G. (in preparation). Consumer financial self-efficacy as a transferable asset within couples.



9. Cui, S., Bailey, Z., **Richardson, E. W.**, & Futris, T. G. (in preparation). Congruence in couples' perceptions of change in how they manage conflict following relationship education and the impact on relationship satisfaction.
10. Cui, S., Futris, T. G., Richardson, E. W., & Cataluna, M. (in preparation). The dyadic influence of coparenting support and relationship skills on parenting stress following couple relationship education.
11. Cui, S., Futris, T. G., **Richardson, E. W.**, & Campbell, A. (in preparation). Couple relationship education within the context of intimate partner violence risk.

### **Unpublished Evaluation Reports**

1. **Richardson, E. W.**, DeMeester, K., Futris, T. G., Gregson, K., & Cooper, E. (2025). Impact evaluation of the Elevate program delivered virtually versus in-person in Georgia. Retrieved from [https://www.static1.squarespace.com/static/685c774bd7b5d32f30e67fcd/t/690e2fe852c934064091e021/1762537448318/UGA\\_FW\\_Impact+Evaluation+Final+Report\\_FINAL.pdf](https://www.static1.squarespace.com/static/685c774bd7b5d32f30e67fcd/t/690e2fe852c934064091e021/1762537448318/UGA_FW_Impact+Evaluation+Final+Report_FINAL.pdf)
2. Futris, T. G., Richardson, E. W., Lopes, K., & DeMeester, K. (2025). *Elevate Couples Georgia: Final Program Evaluation Report*. UGA Extension.
3. O'Neal, C. W., Lucier-Greer, M., Miranda, H., McKay, B., Tate, A., **Richardson, E. W.**, & Peterson, C. (2023). *Evaluation results of the DAF Personal Financial Readiness Program: Option year 3 annual evaluation report*. UGA PFR Program Evaluation Team.
4. **Richardson, E. W.**, DeMeester, K., Brown, R., & Futris, T. G. (2023). *FRAMEWorks year 3 continuous quality improvement evaluation report*. FRAMEWorks Evaluation Team.
5. Thompson, J., Bailey, Z., **Richardson, E. W.**, DeMeester, K., & Futris, T. G. (2023). *ELEVATE Program Evaluation Report: Year 3 – Quarter 3*. FRAMEWorks Evaluation Team.
6. Thompson, J., Bailey, Z., **Richardson, E. W.**, DeMeester, K., & Futris, T. G. (2023). *ELEVATE Program Evaluation Report: Year 3 – Quarter 2*. FRAMEWorks Evaluation Team.
7. O'Neal, C. W., Lucier-Greer, M., Miranda, H., McKay, B., Tate, A., **Richardson, E. W.**, & Peterson, C. (2023). *Evaluation results of the DAF Personal Financial Readiness Program: Option year 3 mid-year evaluation report*. UGA PFR Program Evaluation Team.
8. Thompson, J., Bailey, Z., **Richardson, E. W.**, DeMeester, K., & Futris, T. G. (2023). *ELEVATE Program Evaluation Report: Year 3 – Quarter 1*. FRAMEWorks Evaluation Team.
9. O'Neal, C. W., Lucier-Greer, M., Miranda, H., McKay, B., Tate, A., **Richardson, E. W.**, & Peterson, C. (2022). *Evaluation results of the DAF Personal Financial Readiness Program: Option year 2 annual evaluation report*. UGA PFR Program Evaluation Team.
10. O'Neal, C. W., Lucier-Greer, M., Miranda, H., McKay, B., Tate, A., **Richardson, E. W.**, & Peterson, C. (2022). *Evaluation results of the DAF Personal Financial Readiness Program: Option year 2 midyear evaluation report*. UGA PFR Program Evaluation Team.
11. DeMeester, K., Futris, T. G., **Richardson, E. W.**, Simmons, B. W., & Thompson, J. (2021). *Descriptive Evaluation of Elevate and Together We Can in Georgia: Final Descriptive Evaluation Report for University of Georgia*. Office of Family Assistance, Administration for Children and Families. Available at [https://www.acf.hhs.gov/sites/default/files/documents/ofa/univ-ga\\_descriptive\\_report.pdf](https://www.acf.hhs.gov/sites/default/files/documents/ofa/univ-ga_descriptive_report.pdf)
12. Futris, T. G., **Richardson, E. W.**, Duncan, J., & Mallette, J. K. (2015). *Meeting the Couple and Co-Parenting Relationship Needs of Foster Parents in Georgia: A Needs Assessment of DFCS County*

*Directors.* Athens, GA: University of Georgia Extension.

## V. CONFERENCE PRESENTATIONS

### International

1. **Richardson, E. W.**, Leavitt, C., Futris, T. G., & Arroyo, A. (2025, August). “The depressive symptoms, loneliness, relationship satisfaction, and mindfulness of men and women in committed couple relationships: A moderated mediation model.” Paper presented at the annual meeting of the International Association for Relationship Research, London, United Kingdom.
2. Antonoudi, E., Rollins-Koons, A., **Richardson, E. W.**, & Futris, T. G. (2025, July). “From financial confidence to relationship harmony: Exploring financial self-efficacy, conflict management, and pathways to financial well-being and relationship quality in low-income household.” Paper presented at the World Finance Conference, Malta.
3. **Richardson, E. W.**, Futris, T. G., Shepherd, L., & Brown, R. (2025, July). “Linking improvements in relationship quality and loneliness to individual mental health following couple relationship intervention.” Paper presented at the annual meeting of the International Society for Quality-of-Life Studies, Luxembourg, Luxoemburg.
4. Palmer, L., **Richardson, E. W.**, Goetz, J., & Futris, T. G. (2020, August). “Self-regulation and financial well-being among child welfare-involved families: A latent class analysis.” Paper to be presented at the annual meeting of the International Society for Quality-of-Life Studies, Rotterdam, The Netherlands. *Cancelled due to the COVID-19 pandemic.*
5. **Richardson, E. W.**, Palmer, L., Goetz, J., & Futris, T. G. (2020, August). “Trajectories of financial well-being for couple relationship education and financial education program participants.” Paper to be presented at the annual meeting of the International Society for Quality-of-Life Studies, Rotterdam, The Netherlands. *Cancelled due to the COVID-19 pandemic.*
6. **Richardson, E. W.**, Futris, T. G., & Koss, K. (2020, August). “Relationship education for foster caregivers: How elevating relationship quality improves well-being.” Paper to be presented at the annual meeting of the International Association for Relationship Research, London, United Kingdom. *Cancelled due to COVID-19 pandemic.*
7. Pettit, M. E., **Richardson, E. W.**, Futris, T. G., Mallette, J. K., & Gale, J. E., & Dai, Y. (2020, August). “Foster caregivers and mindfulness: Does mindfulness moderate change relationship functioning for foster caregivers?” Paper to be presented at the annual meeting of the International Association for Relationship Research, London, United Kingdom. *Cancelled due to COVID-19 pandemic.*
8. Adler-Baeder, F., Futris, T. G., McGill, J., & **Richardson, E. W.** (2020, August). “The Couple Relationship Skills Inventory: A multi-dimensional measure of indicators of couple quality.” Paper to be presented at the annual meeting of the International Association for Relationship Research, London, United Kingdom. *Cancelled due to COVID-19 pandemic.*
9. **Richardson, E. W.**, Futris, T. G., & Mallette, J. K. (2019, July). “Variations in the benefits of couple relationship education for foster caregivers.” Paper presented at the annual meeting of the International Association for Relationship Research, Brighton, United Kingdom.
10. Futris, T. G., **Richardson, E. W.**, Farner, K., Stackhouse, R., & Sheram, C. (2019, July). “Context matters: Variations in youth relationship education implementation and outcomes.” Paper presented at the annual meeting of the International Association for Relationship Research, Brighton, United Kingdom.

11. Mallette, J. K., Futris, T. G., & **Richardson, E. W.** (2019, July). “Change in couple and coparenting functioning following relationship education: A comparison of married and unmarried couples in the child welfare system.” Paper presented at the annual meeting of the International Association for Relationship Research, Brighton, United Kingdom.

### **National**

12. Futris, T., Harner, A., Love, B., Schroeder, I., Levi, L., Harrison, B.,...**Richardson, E. W.** (2025). Elevate Couples Georgia: Promoting healthy relationships through social media. Invited presentation at the National Extension Association of Family and Consumer Sciences Annual Conference. Grand Rapids, MI.
13. **Richardson, E. W.**, & Mallette, J. K. (2025, November). “Couple, parenting, and social factors associated with married foster caregivers’ retention.” Poster presented at the annual meeting of the National Council on Family Relations, Baltimore, Maryland.
14. **Richardson, E. W.**, Futris, T. G., Lopes, K., Cui, S., & DeMeester, K. (2025, November). “Program engagement and satisfaction among in-person and virtual couple relationship education participants.” Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, Maryland.
15. Lawlor, J., Adler-Baeder, F., Futris, T. G., & **Richardson, E. W.** (2025, November). “An initial examination of ADHD symptomatology in couple relationship education participants.” Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, Maryland.
16. Cui, S., Futris, T. G., Cataluna, M., & **Richardson, E. W.** (2025, November). “The dyadic influence of coparenting support and relationship skills on parenting stress following couple relationship education.” Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, Maryland.
17. Rollins-Koons, A., Antonoudi, E., **Richardson, E. W.**, Futris, T. G. (2025, June). “Examining the interconnectedness of couples’ financial and relational management: An application of the Couples and Finances Theory for low-income households.” Paper presented at the Financial Therapy Association 2025 Conference, Athens, Georgia.
18. Cui, S., Bailey, Z., Futris, T. G., & **Richardson, E. W.** (2024, November). “Congruence in couples’ perceptions of change in how they manage conflict following relationship education and the impact on relationship satisfaction.” Paper presented at the annual meeting of the National Council on Family Relations, Bellevue, WA.
19. Futris, T. G., Love, B., **Richardson, E. W.** (2024, July). “Opportunities and challenges of remote services: Lessons learned.” Invited panel discussion at the Healthy Marriage and Responsible Fatherhood Grantee Conference, Washington, D.C.
20. **Richardson, E. W.**, Futris, T. G., & Mallette, J. K. (2024, July). “Foster caregiver couple relationship quality & retention.” Paper presented at the bi-annual meeting of the International Association for Relationship Research, Boston, MA.
21. **Richardson, E. W.**, Futris, T. G., Brown, R., & Gilbert, A. (2023, November). “The associations between program and participant characteristics and trajectories of change in couple relationship skills following participation in ELEVATE.” Paper presented at the annual meeting of the National Council on Family Relations, Orlando, FL.
22. Cui, T., Futris, T. G., **Richardson, E. W.**, & Campbell, A. (2023, November). “Couple relationship education within the context of intimate partner violence risk.” Paper presented at the annual meeting of the National Council on Family Relations, Orlando, FL.



23. Hargrove, C., Futris, T. G., & **Richardson, E. W.** (2023, November). "ADHD, couples, and money: The influence of ADHD symptoms on self and partner financial wellbeing." In K. Fronberg (Chair), *Families, finances, and context: Nuances and changes that contribute to better family outcomes* [Symposium]. National Council on Family Relations Conference, Orlando, FL.
24. Duncan, J., Shirer, K., Futris, T. G., & **Richardson, E. W.** (2023, November). "Examining perceptions of change in functioning following participation in the adapted Together We Can program." Paper presented at the annual meeting of the National Council on Family Relations, Orlando, FL.
25. **Richardson, E. W.**, Futris, T. G., & Mallette, J. K. (2023, July). "Couple relationship education for foster caregivers: Current research and lessons learned." Presentation at the annual meeting of the National Alliance for Relationship and Marriage Education, Charleston, SC.
26. Hargrove, C., Futris, T. G., & **Richardson, E. W.** (2023, July). "Elevating the relationships of couples with ADHD." Presentation at the annual meeting of the National Alliance for Relationship and Marriage Education, Charleston, SC.
27. Gilbert, A., Futris, T., Campbell, A., **Richardson, E. W.** (2023, January). *Changes in Couples Relationship Functioning and Parenting Stress Following Couple's Relationship Education during COVID-19*. Poster presented at the National Collegiate Research Conference, Harvard. Cambridge, MA.
28. Hargrove, C., **Richardson, E. W.**, & Futris, T. G. (2022, November). "The influence of changes in mindfulness on changes in couple relationship skills following couple relationship education." Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
29. Campbell, A., Futris, T. G., **Richardson, E. W.**, & Gilbert, A. (2022, November). "Couples' changes in relationship functioning and parenting stress following couple relationship education during COVID-19: A comparison of parallel process models." Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
30. Miranda, H., O'Neal, C., Lucier-Greer, M., & **Richardson, E.** (2022, November). "Understanding the financial challenges of military members and implications for family financial programming." Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
31. **Richardson, E. W.**, Mallette, J. K., & Futris, T. G. (2021, November). "Foster caregiver couples' changes in relationship skills and parenting stress following couple relationship education: A parallel process model." Paper to be presented at the annual meeting of the National Council on Family Relations, Virtual Conference.
32. Cooley, M., Petren, R., **Richardson, E. W.**, & Futris, T. G. (2021, November). "An examination of foster parent coparenting and child behaviors among foster families." Poster to be presented at the annual meeting of the National Council on Family Relations, Virtual Conference.
33. Hargrove, C., Futris, T. G., & **Richardson, E. W.** (2021, November). "Changes in couple, coparenting, and parenting well-being of parents of children with disabilities following the Elevate program." Paper to be presented at the annual meeting of the National Council on Family Relations, Virtual Conference.
34. Frye-Cox, N., Lucier-Greer, M., & O'Neal, C. W., & **Richardson, E. W.** (2021, April). "The consequences of military-related stressors and supports for marital satisfaction." Paper presented at the annual meeting of the University of Colorado Anschutz Medical Campus Partnerships in Veteran & Military Health Conference, Boulder, Colorado.
35. **Richardson, E. W.**, Futris, T. G., Pettit, M., Gale, J., & Dean, S. (2020, November). "The associations between trait mindfulness, relationship efficacy, and interparental relationship quality for child welfare-involved couples: A dyadic data analysis." Poster presented at the annual meeting of the National Council on Family Relations, Virtual Conference.

36. **Richardson, E. W.**, O’Neal, C. W., & Mancini, J. A. (2020, November). “Having “a” person: The importance of family and non-family social support for military adolescents’ well-being.” Poster presented at the annual meeting of the National Council on Family Relations, Virtual Conference.
37. Stanford, W., Futris, T. G., **Richardson, E. W.**, Koss, K., & Brown, G. (2020, November). “Parents need a village too: Perceived social support buffers the negative impact of financial distress on coparenting relationship quality.” Poster presented at the annual meeting of the National Council on Family Relations, Virtual Conference.
38. Mallette, J. K., & **Richardson, E. W.** (2020, November). “The associations between foster parent stressors, couple relationship quality, and retention: A moderated mediation model.” Poster presented at the annual meeting of the National Council on Family Relations, Virtual Conference.
39. Pettit, M., Futris, T. G., **Richardson, E. W.**, & Moreno, S. (2020, November). “Growth curves of parenting stress for mothers receiving child welfare or protective services: A structural equation modeling approach.” Paper presented at the annual meeting of the National Council on Family Relations, Virtual Conference.
40. Petrin, R., Cooley, M., **Richardson, E. W.**, & Futris, T. G. (2020, November). “Coparenting and foster parent risk profiles: Challenges, satisfaction, and intent to continue.” Poster presented at the annual meeting of the National Council on Family Relations, Virtual Conference.
41. **Richardson, E. W.**, Cooley, M. E., Newquist, J., & Mallette, J. K. (2020, June). "A systematic review of foster parent individual and dyadic well-being: Implications for supporting foster care placement." Paper to be presented at the annual meeting of the American Professional Society on the Abuse of Children. *Cancelled due to the COVID-19 pandemic.*
42. **Richardson, E. W.**, Futris, T. G., Dai, Y., Mallette, J. K., & DeMeester, K. (2019, November). “Too stressed to change: Foster parenting stress as a moderator of change in coparenting following relationship education.” Paper presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.
43. Mallette, J. K., & **Richardson, E. W.** (2019, November). “Non-parental caregiver support and monitoring: Impacts on long-term youth outcomes in fragile families.” Poster presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.
44. Newquist, J., Cooley, M., Mallette, J. K., & **Richardson, E. W.** (2019, November). “An examination of foster parent breaks from fostering.” Poster presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.
45. Mallette, J. K., Cooley, M., **Richardson, E. W.**, & Newquist, J. (2019, November). “A scoping review of foster youth and family characteristics, relationships, and systemic outcomes.” Poster presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.
46. Adler-Baeder, F., McGill, J., Futris, T. G., **Richardson, E. W.** (2019, November). “The couple relationship skills inventory (CSRI).” Poster presented at the annual meeting of the National Council on Family Relations. Fort Worth, TX.
47. Duncan, J. C., Futris, T. G., & **Richardson, E. W.** (2019, November). “Mitigating the association between financial distress and parenting stress: The role of relationship maintenance behaviors.” Poster presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.
48. Travis, K., Futris, T. G., Gale, J. E., **Richardson, E. W.**, Koss, K., & DeMeester, K. (2019, November). “Can we get better when things are bad? Intimate partner violence and couple relationship education.” Paper presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.

49. Pettit, M. E., Futris, T. G., & **Richardson, E. W.** (2019, November). "The indirect effects of coparenting on parenting stress through parenting efficacy." Poster presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.
50. Attridge, P., Stanford, W., Futris, T. G., & **Richardson, E. W.** (2019, November). "We can do this!: How fostering salience impacts parenting practices and behaviors." Paper presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.
51. Palmer, L., **Richardson, E. W.**, Goetz, J., Williams, T., Futris, T. G., & DeMeester, K. (2019, November). Exploring the connection between self-regulation, financial self-efficacy, and financial behaviors. Paper presented at the annual Association for Financial Counseling & Planning Education Conference, Portland, OR.
52. Futris, T. G., DeMeester, K., **Richardson, E. W.**, Thompson, J. M., & Simmons, B. W. (2019, August). "Outcomes of couple relationship education for child welfare-involved couples." Poster presented at the Healthy Marriage and Responsible Fatherhood Conference, Washington, D. C.
53. **Richardson, E. W.**, Attridge, P., Futris, T. G., & Farnsworth, M. (2019, March). "I'm in if you are: Dedication to fostering and the link to interparental relationship quality." Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
54. **Richardson, E. W.**, Mallette, J. K., Futris, T. G. (2018, November). "'In my heart forever:' Dedication, grief, and couple relationships among foster caregivers." Paper presented at the National Council on Family Relations Conference, San Diego, CA.
55. Pettit, M., **Richardson, E. W.**, Futris, T. G., & Gale, J. (2018, November). "Foster caregivers' mindfulness and couple relationship quality." Paper presented at the National Council on Family Relations Conference, San Diego, CA.
56. O'Neal, C. W., **Richardson, E. W.**, & Mancini, J. A. (2018, November). "Military contexts, coping processes, and well-being: The case of military members and their civilian spouses." Paper presented at the National Council on Family Relations Conference, San Diego, CA.
57. Mallette, J. K., **Richardson, E. W.**, & Futris, T. G. (2018, November). "Fostering support: Foster mother support and parenting and relationship outcomes." Paper presented at the National Council on Family Relations Conference, San Diego, CA.
58. **Richardson, E. W.**, Futris, T. G., & Mallette, J. K. (2017, November). "Fostering confidence: Foster caregivers' relationship efficacy and associations with couple and coparenting relationship quality." Paper presented at the National Council on Family Relations Conference, Orlando, FL.
59. **Richardson, E. W.**, Mallette, J. K., Futris, T. G., & Campbell, A. (2016, November). "The association between foster parenting stress, co-parenting and support." Poster presented at the National Council on Family Relations Conference, Minneapolis, MN.
60. Arnold, A. L., **Richardson, E. W.**, & Cenizal, R. (2016, November). "Integrating relationship education: Strengthening the safety-net for families." Paper presented at the National Council on Family Relations Conference, Minneapolis, MN.
61. **Richardson, E. W.**, Mallette, J. K., O'Neal, C. W., & Mancini, J. A. (2015, October). "Youth development programs matter: Transitions and well-being among military youth." Poster presented at the biennial meeting of the Society for the Study of Human Development, Austin, TX.
62. **Richardson, E. W.**, Futris, T. G., Lee, T. K., & Schramm, D. (2014, November). "The impact of organizational support of the transfer of learning to practice." Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, MD.

63. **Richardson, E. W.**, Stoneman, Z. (2014, November). “Welcoming children & adolescents with disabilities in faith communities.” Poster presented at the annual meeting of the National Council on Family Relations, Baltimore, MD.
64. **Richardson, E. W.**, & Simons, L. G. (2013, November). “Family of origin experiences and male perpetration of sexual coercion.” Poster presented at the annual meeting of the National Council on Family Relations, San Antonio, TX.
65. **Richardson, E. W.**, Sutton, T. E., & Futris, T. G. (2013, March). “The impact of relationship education on Georgia teens.” Poster presented at the National Youth-at-Risk Conference, Savannah, GA.
66. **Winkelman, E.**, Sisson, A., & Heard, L. (2011, March). “The effects of reading programs on low-income preschool children.” Poster presented at the National Youth-at-Risk Conference, Savannah, GA.

#### **State/Regional**

67. Wolsifer, M., Futris, T. G., **Richardson, E. W.**, & Lopes, K. (2025, April). The association between mental health and couples’ perceived experiences in relationship education. Center for Undergraduate Research Opportunities, Spring Symposium. Athens, GA.
68. Futris, T. G., Love, B., Schroeder, I., Harner, A., Averill, B., Thompson, B., Levi, L. K., Harrison, B., Williams, S., Soltanmammedova, Z. & **Richardson, E. W.** (2025, Aug). *Elevate Couples Georgia: Promoting healthy relationships through social media* [Poster Presentation]. Georgia Extension Association of Family and Consumer Sciences Annual Conference. Carrollton, GA.
69. Arroyo, A., **Richardson, E. W.**, Futris, T. G., Brown, R., & Gilbert, A. (2024, February). *Adverse childhood experiences, mental health, and couple relationship quality: Relationship maintenance behaviors as an interpersonal resource* [Oral Presentation]. Southeast Regional Clinical and Translational Science Alliance (CTSA) Conference. Pine Mountain, GA.
70. Gilbert, A., Futris, T., Bailey, Z., **Richardson, E.**, Arroyo, A., Brown, R., (2024, April 8). *The moderating effects of mindfulness on the association between adverse childhood experiences and adult mental health* [Oral Presentation]. Center for Undergraduate Research Opportunities, Spring Symposium. Athens, GA. <https://curo.uga.edu>
71. Bailey, Z., Futris, T. G., **Richardson, E. W.**, & Brown, R. (2023, October). “Elevating the relational health of couples across Georgia.” Poster presented at the State of the Public’s Health Conference, Athens, GA.
72. Gilbert, A., Futris, T. G., **Richardson, E. W.**, & Brown, R. (2023, April). “Demographic differences in couple relationship education program participation. Poster presented at the Annual Center for Undergraduate Research Opportunities (CURO) Symposium, Athens, GA.
73. Gilbert, A. S., Futris, T., Campbell, A., & **Richardson, E. W.** (2022, April). “The impact of COVID-19 on couple relationships and parenting stress before and following relationship education.” Poster presented at the Center for Undergraduate Research Opportunities (CURO) Symposium, Athens, GA.
74. **Richardson, E. W.**, Futris, T. G., & Koss, K. (2019, April). “Foster caregivers’ change in relational health following a community-based couples intervention.” Poster presented at the annual meeting of the Georgia Clinical and Translational Science Alliance, Atlanta, GA.
75. Nagy, R., Futris, T. G., & **Richardson, E. W.** (2019, April). “Variations in co-parenting and parenting functioning among at-risk couples following participation in couples relationship education.” Poster presented at the annual meeting of the Southeastern Council on Family Relations, Bentonville, AR.
76. Pettit, M., Futris, T., & **Richardson, E. W.** (2019, March). Parenting well together: Preliminary data analysis of the dyadic relationship between coparenting, parenting efficacy, and parenting stress. Paper presented at the Southeastern Symposium on Child and Family Development, Athens, GA.

77. **Richardson, E. W.**, Futris, T. G., Adams, T., Mallette, J. K., & Duncan, J. (2016, March). “Is healthy marriage and relationship education important for foster parents? Perceptions of Division of Family and Children Services county directors.” Poster presented at the Southeastern Council on Family Relations Conference, Orlando, FL.
78. Futris, T. G., **Richardson, E. W.**, & Mallette, J. K. (2015, October). “Couple and Relationship Enrichment (CARE) for Foster Parents.” Roundtable presented at the annual Georgia Conference on Children and Families, Augusta, GA.
79. **Richardson, E. W.** (2015, February). “The impact of relationship efficacy and partner agreement on relationship quality.” Poster presented at the annual Southeastern Symposium for Child and Family Development, Athens, GA.
80. **Richardson, E. W.** (2015, February). “The impact of foster parenting on foster parents’ relationship quality.” Round table presented at the annual Southeastern Symposium for Child and Family Development, Athens, GA.
81. **Richardson, E. W.** (2013, February). “Building community capacity to include children and adolescents with disabilities in faith communities.” Poster presented at the annual Southeastern Symposium for Child and Family Development, Auburn, AL.

## VI. TEACHING

### A. Undergraduate/Graduate Courses

- HDFS 5950 – Instructor, Applied Research Internship in Human Development and Family Science (Spring 2025). University of Georgia, Athens, GA.
- HDFS 5950 – Instructor, Applied Research Internship in Human Development and Family Science (Fall 2024). University of Georgia, Athens, GA.
- HDFS 3010 – Instructor, Directed Study in Human Development and Family Science (Spring 2024). University of Georgia, Athens, GA.
- HDFS 3010 – Instructor, Directed Study in Human Development and Family Science (Fall 2023). University of Georgia, Athens, GA.
- HDFS 4880 – Co-Instructor (with Dr. Melissa Kozak), Family Life Education Methodology (Fall 2016). University of Georgia, Athens, GA.
- HDFS 4860/6860 – Co-Instructor (with Dr. Geoffrey Brown), Parent Education & Child Guidance (Fall 2015). University of Georgia, Athens, GA.
- FHCE 4900 – Co-Instructor (with Dr. Diann Moorman), International Consumer Behavior (Summer 2016). University of London, London, England.
- FHCE 5910 – Teaching Assistant, Study Tour Internship (Summer 2016). University of London, London, England.

### B. Guest Lectures

- 2025, October. *Resilience and the Economic Family Stress Model*. Family Theories (HDFS 8610). University of Georgia.
- 2025, September. *Logic Models*. Family Life Education (HDFS 4366), East Carolina University.
- 2024, October. *Resilience and the Economic Family Stress Model*. Family Theories (HDFS 8610), University of Georgia.

2022, February: *Program Evaluation*. Advanced Research Methods in Medical Family Therapy (HDFS 8400), East Carolina University.

2021, November: *Program Evaluation*. Family Life Education Methodology (HDFS 4880), University of Georgia.

2021, September: *Logic Models*. Family Life Education (HDFS 4366), East Carolina University.

2021, February: *Logic Models*. Family Life Education (HDFS 4366), East Carolina University.

2017, September: *Logic Models*. Family Life Education Methodology (HDFS 4880), University of Georgia.

2016, April: *Healthy Relationship Education*. Development of Interpersonal Relationships (HDFS 3930), University of Georgia.

2015, September: *Goals and Objectives*. Family Life Education Methodology (HDFS 4880), University of Georgia.

2014, October: *Healthy Relationship Education*. Development of Interpersonal Relationships (HDFS 3930), University of Georgia.

2014, July: *Healthy Relationship Education*. Development of Interpersonal Relationships (HDFS 3930), University of Georgia.

2013, September: *Healthy Relationship Education*. Development of Interpersonal Relationships (HDFS 3930), University of Georgia.

## **OUTREACH: TRAININGS & WORKSHOPS**

### **National, Regional, or State Events**

- Invited Facilitator (2022, July). CFLE Conversation: Foster Care and Adoption. (N=9; 1 contact hour).
- Co-facilitator (2016, February). *ELEVATE: Taking Your Relationship to the Next Level*. Invited one-day training for foster parent couples at the Adoptive and Foster Parent Association of Georgia Conference, Jekyll Island, GA (N=32; 6.5 contact hours).
- Presenter (2016, February). *Integrating Healthy Relationship Education in High School and College*. Invited webinar presentation hosted by the National Resource Center for Healthy Marriage and Families (N=117; 1.5 Contact Hrs)
- Co-facilitator. National Resource Center for Healthy Marriage and Families State/Regional Integration Institute Trainings for safety-net family and social service providers and stakeholder agencies.
  - 2012 September: Arizona (N=14); Missouri (N=19)
  - 2013 July: Montana (N=10); August: Kansas (N=18)
  - 2014 February: Arkansas (N=20)
- Co-facilitator. National Resource Center for Healthy Marriage and Families Stakeholder Peer-to-Peer Network Forum: Working with Social Service Agencies to Develop Promising Practices for Healthy Marriage and Relationship Education Integration. July 2012. Washington, DC. N=17 Federal and State stakeholders.

## **VII. OUTREACH: EDUCATIONAL RESOURCES**

### **Curricula**



- Futris, T. G., Melton, M., Stanford, W., & **Richardson, E. W.** (2025). *ELEVATE: Taking Your Relationship to the Next Level* (Christian Couples Supplement). University of Georgia Extension. Instructors Manual.
- Mallette, J., Futris, T.G., Barner, J., & **Richardson, E. W.** (2012). *Strong Relationships, Strong Families: Integrating Healthy Relationship Education Skills into Social Services*. National Resource Center for Healthy Marriage and Families (Product #050). U.S. Department of Health and Human Services, Administration for Children and Families, Office of Family Assistance.
- Richardson, E. W.**, Futris, T. G., Mallette, J., & Barner, J. (2012). *Strong Relationships, Strong Families: Introduction to Healthy Relationship Education Skills for Stakeholders*. National Resource Center for Healthy Marriage and Families (Product #049). U.S. Department of Health and Human Services, Administration for Children and Families, Office of Family Assistance.
- Futris, T., Melton, M., Stanford, W., & **Richardson, E. W.** (2024). *ELEVATE: Taking Your Relationship to the Next Level* (Christian Couples Supplement). *University of Georgia Extension*. Instructor's manual.

### **Research-to-Practice Briefs and Professional Development Guides**

- Richardson, E. W.** (2016). *Unintended Consequences: How Parenting Behaviors Can Impact Children's Future Preparation of Sexual Coercion*. National Resource Center for Healthy Marriage and Families. U.S. Department of Health and Human Services. Administration for Children and Families. Office of Family Assistance.
- Richardson, E. W.**, Duncan, J., Mallette, J., & Futris, T. G. (2013). *Annotated Bibliography*. National Resource Center for Healthy Marriage and Families. U.S. Department of Health and Human Services. Administration for Children and Families. Office of Family Assistance.
- Richardson, E. W.**, & Futris, T. G. (2013). *Spotlight on Integration: Youth and Family Services*. National Resource Center for Healthy Marriage and Families (Product #050). U.S. Department of Health and Human Services, Administration for Children and Families, Office of Family Assistance.
- Mallette, J., **Richardson, E. W.**, Futris, T.G., & Barner, J. (2012). *Guide to Free and Low-Cost, Research-based Healthy Marriage and Relationship Education Curricula for Safety-Net Service Providers*. National Resource Center for Healthy Marriage and Families (Product #048). U.S. Department of Health and Human Services, Administration for Children and Families, Office of Family Assistance.
- Richardson, E. W.**, Barner, J., Futris, T. G., & Mallette, J. (2012). *Promising Practices and Lessons Learned from the National Resource Center for Healthy Marriage and Families Peer-to-Peer Networking Forum*. National Resource Center for Healthy Marriage and Families (Product #032). U.S. Department of Health and Human Services, Administration for Children and Families, Office of Family Assistance.

### **Educational Publication Series and Guides**

- Richardson, E. W.** (2024). *Care for Self: A Happy 'We' Starts with a Healthy Me*. Utah Marriage Commission. An online module for individuals couples and families related to self-care.
- Richardson, E. W.** (2024). *Tips for Taking the Long View of Marriage*. Utah Marriage Commission. An online module for individuals couples and families related to self-care.
- Richardson, E. W.** (2024). *Tips for Discussing Gender Roles and Household Labor*. Utah Marriage Commission. An online module for individuals couples and families related to self-care.
- Richardson, E. W.** (2024). *Tips for Discussing Career and Educational Goals*. Utah Marriage Commission. An online module for individuals couples and families related to self-care.
- Richardson, E. W.** (2024). *Tips for Navigating Leisure, Hobbies, and Other Interests*. Utah Marriage Commission. An online module for individuals couples and families related to self-care.

- Richardson, E. W.** (2024). *How to Manage Differences*. Utah Marriage Commission. An online module for individuals couples and families related to self-care.
- Richardson, E. W.** (2024). *Growing Together by Focusing on Others*. Utah Marriage Commission. An online module for individuals couples and families related to self-care.
- Richardson, E. W.** (2024). *How to Cultivate Compassion and Understanding*. Utah Marriage Commission. An online module for individuals couples and families related to self-care.
- Futris, T. G. & **Richardson, E. W.** (2013). *Marriage Matters Fact Sheet Series*. Athens, GA: University of Georgia Cooperative Extension.  
A series of fact sheets that provided research-based information, suggestions and activities to help couples at various stages in their relationship enhance the quality of their relationship.  
<http://www.fcs.uga.edu/extension/family-healthy-relationships-marriage-matters>

### **Educational Fact/Tip Sheets and Brochures**

- Futris, T. G., Barton, A. W., Bradley, R. C., & **Richardson, E. W.** (2012, April). Choose: Making relationships a priority. [Fact sheet prepared for the Healthy Relationship and Marriage Education Training Curriculum]. Athens, GA: University of Georgia.
- Futris, T. G., Bradley, R. C., Barton, A. W., **Richardson, E. W.** (2012, April). Care for self: Being physically and mentally healthy to support relationships. [Fact sheet prepared for the Healthy Relationship and Marriage Education Training Curriculum]. Athens, GA: University of Georgia.
- Futris, T. G., Barton, A. W., Bradley, R. C., & **Richardson, E. W.** (2012, April). Know: Getting to know partners well to strengthen relationships. [Fact sheet prepared for the Healthy Relationship and Marriage Education Training Curriculum]. Athens, GA: University of Georgia.
- Futris, T. G., Barton, A. W., Bradley, R. C., & **Richardson, E. W.** (2012, April). Care: Showing affection and respect to strengthen relationships. [Fact sheet prepared for the Healthy Relationship and Marriage Education Training Curriculum]. Athens, GA: University of Georgia.
- Futris, T. G., Barton, A. W., Bradley, R. C., & **Richardson, E. W.** (2012, April). Share: Developing and maintaining friendships to strengthen relationships. [Fact sheet prepared for the Healthy Relationship and Marriage Education Training Curriculum]. Athens, GA: University of Georgia.
- Futris, T. G., Bradley, R. C., Barton, A. W., **Richardson, E. W.** (2012, April). Manage: Dealing with differences in healthy ways to support relationships. [Fact sheet prepared for the Healthy Relationship and Marriage Education Training Curriculum]. Athens, GA: University of Georgia.
- Futris, T. G., Bradley, R. C., Barton, A. W., **Richardson, E. W.** (2012, April). Connect: Engaging in a positive social network to support relationships. [Fact sheet prepared for the Healthy Relationship and Marriage Education Training Curriculum]. Athens, GA: University of Georgia.

## **VII. SCHOLARSHIPS & AWARDS**

### **National & Regional**

- |      |  |
|------|--|
| 2025 | NEAFCS Social Media Education Award, 1 <sup>st</sup> Place (National and Southern Region) – <i>Elevate Couples Georgia: Promoting Healthy Relationships Through Social Media</i> . |
| 2025 | NEAFCS Marketing Package Award, 2 <sup>nd</sup> Place (National and Southern Region) – <i>Elevate Couples Georgia: Promoting Healthy Relationships Through Social Media</i> .      |
| 2023 | Best Family Financial Wellbeing Paper Award   Family Financial Wellbeing Focus Group   |
| 2019 | Best Poster at the Student/New Professional Level   Families & Health (NCFR)   |

2018 Best Proposal at the Professional Level | Military Families Focus Group (NCFR)

### **State & University**

2025 GEAFCS Social Media Education Award, 1<sup>st</sup> Place – *Elevate Couples Georgia: Promoting Healthy Relationships Through Social Media.*

2025 GEAFCS Marketing Package Award, 1<sup>st</sup> Place – *Elevate Couples Georgia: Promoting Healthy Relationships Through Social Media.*

2021 Postdoctoral Research Award | University of Georgia

2019 Postdoctoral Travel Award

## **VIII. PROFESSIONAL MEMBERSHIP**

2025 – Present International Society for Quality-of-Life Studies

2019 – Present International Association for Relationship Research

2011 – Present National Council on Family Relations

2012 – 2013 Graduate Student Organization, Department of Human Development and Family Science,  
Position: Faculty-Student Liaison

## **IX. SERVICE**

### **A. National Committees/Activities**

2020 – 2022 Education & Enrichment Section Executive Board Member, Student and New Professional Representative, National Council on Family Relations (elected position)

2014 – 2025 National Council on Family Relations: Reviewer, Annual Conference Proposals

### **B. University, College, or Departmental Committees/Activities**

2025 Search Committee Chair, HMRE Outreach and Recruitment Coordinator, HDFS, UGA

2025 Search Committee Member, HMRE Social Media and Marketing Specialist, HDFS, UGA

2025 Search Committee Member, Research Professional I, IHDD, UGA

2025 Search Committee Member, Research Professional III, IHDD, UGA

2021, 2023 Search Committee Chair, HMRE Project Manager, HDFS, UGA

2021 Search Committee Member, Assistant Research Scientist, HDFS, UGA

2014 – 2018 Member, Embark UGA Advisory Board (J. W. Fanning Institute, Athens, GA)

2012 – 2013 Graduate Student Organization Faculty-Student Liaison, Department of Human Development and Family Science (Athens, GA)

## **X. PROFESSIONAL REFERENCES**

Dr. Ted G. Futris, Professor  
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