

CURRICULUM VITAE

SINA GALLO, PHD, MSc, RD

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RESEARCH INTERESTS

My research interests focus on nutrition during the critical periods of development, from pregnancy to childhood. We have conducted seminal work on infant vitamin D requirements and continue to explore adherence and the appropriateness of current vitamin D recommendations for bone development. We are also interested in the diets of young children and how these relate to healthy growth, working mostly with vulnerable populations including those participating in the Supplemental Nutrition Assistance Program for Women, Infants and Children (WIC).

Child Diet and Health Disparities Laboratory:

<https://www.fcs.uga.edu/fdn/research-child-diet-and-health-disparities-research-lab>

EDUCATION

PhD Human Nutrition. McGill University, Montréal, Canada. May 2013.

Dissertation: *"An examination of parental compliance with vitamin D recommendations and the physiological responses to vitamin D isoform and dosage in breastfed infants from Greater Montréal"*

MSc Human Nutrition. McGill University, Montréal, Canada. May 2007.

Thesis: *"The determinants of adiponectin in female adolescents: offspring of gestational diabetes and non-diabetes affected pregnancies"*

BSc Dietetics, McGill University, Montréal, Canada. Dec 2003.

EMPLOYMENT

2020 – Present *Associate Professor*, Foods and Nutrition, College of Consumer and Family Sciences, University of Georgia, Athens, GA

2013 – 2020 *Assistant Professor*, Nutrition and Food Studies, College of Health and Human Services, George Mason University, Fairfax, VA

PROFESSIONAL AFFILIATIONS AND CERTIFICATIONS

Academy of Lactation Policy and Practice, *Certified Lactation Counselor* (CLC)

Academy of Nutrition and Dietetics, *Registered Dietitian* (RD)

International Society for Clinical Densitometry, *Certified Bone Densitometry Technologist*

Society for Nutrition Education and Behavior, *Member*

American Society of Nutrition, *Member*

Canadian Child Health Clinician Scientist Program, *Fellow*

Academy of Nutrition and Dietetics, *Certified in Childhood and Adolescent Weight Management*

AWARDS AND RECOGNITION

- 2020 *Anita Owen Award for Innovative Nutrition Education Programs for the Public*, Academy of Nutrition and Dietetics Foundation
- 2019 *Student Excellence Mentoring award*, Office of Student Scholarship, Creative Activities, and Research (OSCAR), George Mason University
- 2018 *Community Engagement Award*, Potomac Health Foundation, for “VALÉ: A multidisciplinary childhood obesity treatment program for Latino communities
- 2016 Shirley S. Travis Habit of Excellence Award, *George Mason University, College of Health and Human Services*
- 2016 Fellow, National Institutes of Health Summer Institute on Randomized Behavioral Clinical Trials
- 2012 Nestlé Graduate Student Oral Competition Canadian Nutrition Society, 1st place
- 2012 Dietitians of Canada, Graduate Student Award
- 2011 Foundation of Stars, Graduate Student Prize of Excellence
- 2010 - 2012 Fonds de la Recherche en Santé du Québec, Doctoral Bursary, rank 5 / 41
- 2009 Principal’s Graduate Fellowship, McGill University
- 2007 Dairy Farmers of Canada, Undergraduate Student Award
- 2005, 2007 Canadian Italian Professionals Association Bursary
- 2007 - 2012 8 Travel grants to attend conferences. Various sources: Institute of Human Development, Child and Youth Health (CIHR), American Society for Bone & Mineral Research, Canadian Nutrition Society, Dietitians of Canada, Network for Oral and Bone Health Research, Canadian Child Health Clinician Scientist Program, McGill University

RESEARCH GRANTS AND CONTRACTS

- 2021 – 2022 Principal Investigator, “Prevalence of vitamin D deficiency in cord blood from the National Children’s Study: Impact of race/ethnicity, preterm birth and the association with biochemical markers of rickets”. National Institutes of Health, Georgia Clinical and Translational Science Alliance (5UL1TR002378-05) Subaward #A518425, \$60,000, 1 year
- 2021 – 2022 Principal Investigator, “Leveraging university-community networks maternal/infant health among rural communities” Rural Engagement Workshop Academic Faculty Seed, University of Georgia, \$5,000, 1 year
- 2019 - 2020 Principal Investigator, “*A pilot study of 1st-grade children’s dietary recall accuracy: body mass Index and quantified vs. non-quantified interviews*”, Amy Joy Memorial Award, Academy of Nutrition and Dietetics, \$5,000, 1 year (Mentor: S Domel Baxter)
- 2019 - 2020 Principal Investigator, “*A pilot study of 3rd-grade children’s dietary recall accuracy: body mass Index and quantified vs. non-quantified interviews*”, Academy of Nutrition and Dietetics, Pediatric Nutrition Practice Group Research Grant, \$10,000, 1 year (Mentor: S Domel Baxter)
- 2017 - 2021 Principal Investigator, “*VALÉ*”: *A multidisciplinary childhood obesity treatment program for Latino communities*”, Potomac Health Foundation (Co-I: M Jones, R Mehlenbeck) Year 1, \$117,468, Year 2, \$127,176, Year 3, \$127,176, Year 4, \$127,176* *withdrew because left institution
- 2016 - 2016 Principal Investigator, “*A multidisciplinary community empowerment approach to target the early treatment of childhood obesity among low income Latino children*”, George Mason University Provost Multidisciplinary Research Initiative (Co-I: M Jones, R Mehlenbeck), \$50,000, 1 year
- 2016 - 2017 Co-applicant, subcontract, “*National implementation and dissemination for chronic disease prevention*”, CDC-National WIC Association, Community Partnerships for Healthy Mothers and Children \$50,000, 2 (PI: D Goodfriend, Loudoun County Health Department, Total Award \$180,000)
- 2015 - 2016 Principal Investigator, “*Pilot trial of the Childhood Health, Exercise & Wellness (CHEW) program: A randomized controlled trial to target early treatment for childhood obesity among Hispanic children*”, Academy of Nutrition and Dietetics, Ann A. Hertzler Research Grant, \$5,000, 1 year
- 2013-2014 Principal Investigator, “*Predictors of adiposity in preschool-aged children: Examining individual, familial, and social factors*”, George Mason University-Summer Research Funding for Tenure-Track Faculty, \$4,500, 1 year
- 2010 - 2013 Co-Investigator, “*Three year follow up of vitamin D supplementation in infancy*”, Canadian Institutes of Health Research (CIHR) \$323,179, 3 years (PI: H Weiler)

2009 - 2011 Principal Investigator, “*Biological equivalency of vitamin D2 and vitamin D3 in infants*”, Canadian Foundation for Dietetics Research (CFDR), \$5,000, 1 year

EDUCATIONAL GRANTS

2019 – 2020 Dietetics Track in MS Nutrition Program, Curriculum Impact Grant, Office of Student Scholarship, Creative Activities, and Research (OSCAR), George Mason University, \$34,600

2017 - 2018 Food and Behavior-Utilizing Large Interdisciplinary Sets of Data (FaBULIS Data) Summer Team Impact Grant, Office of Student Scholarship, Creative Activities, and Research (OSCAR), George Mason University, \$34,194

2015 - 2016 Undergraduate BS in Nutrition Program, Curriculum Development Grant, Office of Student Scholarship, Creative Activities, and Research (OSCAR), George Mason University, \$40,210

2014 - 2015 Co-Investigator, “*Development of an interactive human body digital reusable learning object (RLO) to provide whole body systems-based learning in vitamins and minerals*”, 4-VA, (PI: D Good, Virginia Tech), \$25,000

PUBLICATIONS

****Indicates student author**

1. Cerminaro, C.**, Sazonov, E., McCrory, M., Steiner-Asiedu, M., Bhaskar, V., Gallo, S., Laing, & Anderson, A.K. (under review). Feasibility of the Automatic Ingestion Monitor (AIM-2) for infant feeding assessment: A pilot study among breastfeeding mothers from Ghana". *Public Health Nutrition*.
2. Dean, J.A.**, Gallo, S., Davis-Olwell, P., Anderson, A.K. (under review). Factors associated with dietary acculturation among international students at the University of Georgia. *Journal of American College Health*.
3. Braun, A. Hill, E., Vitolins, M., Landry, M., Gallo, S. & Rozga, M. (under review) Research at the Academy of Nutrition and Dietetics: What, how, and why? *Journal of the Academy of Nutrition & Dietetics*.
4. Weiler, H.A., Hazell, T.J., Majnemer, A., Vanstone, C.A., Gallo, S. & Rodd, C.J. (under review). Vitamin D supplementation and gross motor development: A 3-year follow-up of a randomized trial. *Pediatric Research*.
5. McKay, A.**, Jones, M.T. & Gallo, S. (under review) Differences in cardiometabolic biomarkers between obese vs. healthy weight early elementary-school aged Latino children. *Southern Medical Journal*.
6. Merizian, R.**, Mallinson, R.K., Kitstansas, P. & Gallo, S. (under review). Socio-demographic differences in cardiovascular health behaviors in a sample of second

- generation Arab American adults living in the Greater Washington DC region. *Journal of Cultural Diversity*.
7. Kindler, J.M., Zhan, D., Sattler, E.L.P., Ishikawa, Y., Chen, X., & Gallo, S. (under review) Bone density in youth with prediabetes: Results from the National Health and Nutrition Examination Survey, 2005-2006. *Journal of Clinical Endocrinology & Metabolism*.
 8. Gallo S., Gahche, J., Kitsantas, P Makwana, P.** , Wang,Y.** Chen, X. & Rajbhandari-Thapa, J. (in press). Vitamin D intake and meeting recommendations among infants participating in WIC nationally. *Journal of Nutrition Education and Behavior*.
 9. Gharibeh, N.** , Sotunde, O.F., Vanstone, C.A., Gallo, S. & Weiler, H.A. (2021). Patterns of bone mineral accretion and sex differences in healthy term vitamin D replete and breastfed Infants from Montreal, Canada: Bone mass reference data. *Journal of Clinical Densitometry*. S1094-6950(21)00058-5. doi: 10.1016/j.jocd.2021.07.004.
 10. Kindler, J.M., Gallo, S., Khoury, P.R., Urbina, E.M., & Zemel, B.S (2021). Diet quality and bone density in youth with healthy weight, obesity, and type 2 diabetes. *Nutrients*. 13(9):3288. doi: 10.3390/nu13093288.
 11. Merizian, R.** , Mallinson, R.K., Kitstansas, P. & Gallo, S. (2021). Psychological flexibility as a mediator for the relationship between acculturative stress and cardiovascular health behaviors among second generation Arab Americans. *Journal of Transcultural Nursing*. 1043659620984515. doi: 10.1177/1043659620984515. Epub ahead of print.
 12. Gallo, S. & Cheskin, L. (2021). Treatment of obesity: a review of diet, lifestyle and other approaches. *Gastroenterology Clinics*. 50(1):113-125. doi: Gastroenterol Clin North Am. 2021 Mar;50(1):113-125. doi: 10.1016/j.gtc.2020.10.00.
 13. Fields, J.B.** , Merrigan, J.J.** , Gallo, S., White, J.B., & Jones, M.T. (2021). External and internal load measures during pre-season training in men collegiate soccer athletes. *Journal of Strength and Conditioning Research*. 35(9):2572-2578 doi: 10.1519/JSC.0000000000004092.
 14. Merrigan, J.J.* , Volgenau, K.M.* , McKay, A* , Mehlenbeck, R, Jones, M.T. & Gallo, S. (2021) Bidirectional associations between physical activity and sleep in early-elementary-age Latino children with obesity. *Sports*. 11;9(2):26. doi: 10.3390/sports9020026.
 15. Fields, J.B.** , Lameira, D.M., Short, J.L., Merrigan, J.J.* , Gallo, S., White, J.B., & Jones, M.T. (2021) Relationship between external load and self-reported wellness measures across a men's collegiate soccer pre-season. *Journal of Strength and Conditioning Research* 35(5), 1182-1186. PMID: 33677459
 16. Fields, J.B.** , Worswick, J.M.** , Gallo, S., Busted, D., & Jones, M.T. (2020). Vitamin D status and its relationship to body composition in a diverse sample of collegiate women athletes. *Journal of Functional Morphology and Kinesiology*. 9;5(2):32. doi: 10.3390/jfmk5020032.

17. Pari-Keener, M., Gallo, S., Stahnke, B., McDermid, J.M., Itani Al-Nimr, R., Moreschi, J., Hakeem, R., Handu, D. & Cheng, F.W (2020). Maternal and infant health outcomes associated with medical nutrition therapy by registered dietitian nutritionists in pregnant women with malnutrition: an Evidence Analysis Center systematic review, *Journal of the Academy of Nutrition Dietetics*. 120(10):1730-1744.
18. Merrigan, J.J.** , Fields, J.** , Gallo, S., Mehlenbeck, R. & Jones, M.T. (2020). Relationship of body composition, cardio-metabolic measures, and fitness assessments in young, obese Latino children. *International Journal of Exercise Science*. 13(3):488-500.
19. Sekel, N.M.** , Gallo, S., Fields, J.** , Jagim, A.R., Wagner, T., Jones, M.T. (2020). The effects of cholecalciferol supplementation on vitamin D status among a diverse population of collegiate basketball athletes: a quasi-experimental trial. *Nutrients*. 2020; 12(2):370.
20. Gallo, S., Jones, M.T, Channell Doig, A., Kogan, K.** , Fields, J.** , Wonderlich, J.** , Hansen, A.** , Lacharite, K. & Mehlenbeck, R. (2020). Feasibility of a multidisciplinary and culturally-adapted pediatric weight Management program for Latino families: results from the Vidas Activas y Familias Saludables (VALÉ) pilot study. *Journal of Nutrition Education & Behavior*. 52(1):55-63.
21. Fields, J.** , Payne, D.** , Gallo, S., Busteed, D. & Jones, M.T. (2019). Vitamin D status differs by sex, season, and skin pigmentation among collegiate basketball players. *Sports*. 7(11). pii: E239.
22. Gallo, S., McDermid, J.M., Itani Al-Nimr, R., Hakeem, R., Moreschi, J., Pari Keener, M., Stahnke, B., Papoutsakis, C., Handu, D. & Chen, F.W. (2019). Vitamin D supplementation during pregnancy: An Evidence Analysis Center systematic review and meta-analysis. *Journal of the Academy of Nutrition & Dietetics*. 120(5):898-924.e4. doi: 10.1016/j.jand.2019.07.002.
23. Gallo, S., Kogan, K.** & Kitsantas, P. Racial/ethnic differences in reasons for breastfeeding cessation among women participating in the Special Supplemental Nutrition Program for Women, Infants and Children (WIC). (2019). *Journal of Midwifery & Women's Health*. 2019 Aug 30. doi: 10.1111/jmwh.13031. [Epub ahead of print]
24. Sattgast, L.H.** , Gallo, S., Frankenfeld, C.L., Moshfegh, A.J., & Slavin, M. (2019). Differences in nutritional intake and bone health among adults with and without celiac disease: What We Eat in America, NHANES, 2009-2014. *Journal of the American College of Nutrition*. doi: 10.1080/07315724.2019.1616003. [Epub ahead of print]
25. Peppard, L.** , Oh, K., Gallo, S., & Milligan, R. (2019). Risk of depression in pregnant women with low normal serum vitamin B12. *Research in Nursing and Health*, 42(4):264-272. doi: 10.1002/nur.21951. (Recognized as Southern Nursing Research Society 2019 Research in Nursing & Health (RINAH) Authorship Award)
26. Itani Al-Nimr, R., Hakeem, R., Moreschi, J., Gallo, S., McDermid, J.M., Pari-Keener, M., Stahnke, B., Papoutsakis, C., Handu, D, & Cheng, F.W. (2019). Effects of Bariatric Surgery on Maternal and Infant Outcomes of Pregnancy-An Evidence Analysis Center Systematic Review. *Journal of the Academy of Nutrition and Dietetics*. 119(11):1921-1943. doi: 10.1016/j.jand.2019.02.008.

27. Gallo, S., Rethy, J.A., Channell Doig, A., Brady, J. & Goodfriend D. (2019). Adherence and knowledge of infant vitamin D supplementation recommendations among women attending a local Special Supplemental Nutrition Program for Women, Infants and Children (WIC). *Virginia Journal of Public Health*, 3(1): 58-74.
28. Rethy, J.A., Gallo, S., Channell Doig, A., Brady, J., & Goodfriend, D. (2019). Patterns and predictors of exclusive breastfeeding among predominately Hispanic immigrant women attending a local Special Supplemental Nutrition Program for Women, Infants and Children (WIC). *Public Health Nutrition*, 22(9):1667-1674.
29. Merrigan, J.**., Gallo, S., Fields, J.**., & Jones, M.T. (2019). Foot-to-foot bioelectrical impedance, air displacement plethysmography, and dual energy x-ray absorptiometry in resistance-trained men and women. *International Journal of Exercise Science*, 11(4): 1145-1155.
30. Sotunde, O.F., Gallo, S., Vanstone, C.A. & Weiler, H.A. (2018). Normative data for lean mass and fat mass in healthy term infants from 1 month to 1 year of age. *Journal of Clinical Densitometry*. Jul 19. doi: 10.1016/j.jocd.2018.07.004. [Epub ahead of print].
31. Mok, E., Vanstone, C.A., Gallo, S., Li, P., Constantin, E., & Weiler, H.A. (2017). Diet diversity, growth and adiposity in healthy breastfed infants fed homemade complementary foods. *International Journal of Obesity*, 41(5), 776-778.
32. Hazell, T.J., Gallo, S., Vanstone, C.A., Agellon, S., Rodd, C., & Weiler, H.A. (2017). Vitamin D supplementation trial in infancy: body composition effects at 3 years of age in a prospective follow-up study from Montréal. *Pediatric Obesity*, 12(1):38-47.
33. Gallo, S., Hazell, T.J., Vanstone, C.A., Agellon, A., Jones, G., L'Abbé, M., Rodd, C., & Weiler, H.A. (2016). Vitamin D supplementation in breastfed infants from Montréal, Canada: 25-hydroxyvitamin D and bone health effects from a follow-up study at 3 years of age. *Osteoporosis International*, 27(8), 2459-2466.
34. Sharma, A.K., Gallo, S., Vanstone, C.A., Agellon, S, L'Abbé, M, Khamessan, A., Comeau, K., Weiler, H.A., & Rodd, C. (2016). Parathyroid hormone-ionized calcium dynamics over the first year of life. *Journal of Pediatric Endocrinology and Metabolism*, 29(6), 709-714.
35. Wicklow, B., Gallo, S., Majnemer, A., Vanstone, C.A., Comeau, K., Jones, G., L'Abbe, M., Khamessan, A., Sharma, A., Weiler, H.A., & Rodd, C. (2016). Impact of vitamin D supplementation on gross motor development of healthy term infants: A randomized dose-response trial. *Physical and Occupational Therapy in Pediatrics*, 36(3), 330-342.
36. Kitsantas, P., Gallo, S., Palla, H.,** Nguyen, V.**., & Gaffney, K.F. (2016). Nature and nurture in the development of childhood obesity: early infant feeding practices. *Journal of Maternal-Fetal and Neonatal Medicine*, 9(2), 290-293.
37. Gallo, S., & Rodd, C. (2014). Are all "milks" created equal? [Invited Commentary]. *Canadian Medical Association Journal*, 186(17):1277-1278.

38. Gallo, S., Comeau, K., Sharma, A., Vanstone, C.A., Agellon, S., Mitchell, J., Weiler, H.A., & Rodd, C. (2014). Redefining normal clinical biochemistry for healthy infants in Canada. *Clinical Biochemistry*, 47(15), 27-32.
39. Hazell, T.J, Gallo, S., Berzina, I., Vanstone, C.A., Rodd, C., & Weiler, H.A. (2014). Plasma 25-hydroxyvitamin D, more so than its epimer, has a linear relationship to leaner body composition across infancy in healthy term born infants. *Applied Physiology, Nutrition, and Metabolism*, 39(10), 1137-1143.
40. Gallo, S., Comeau, K., Agellon, S., Vanstone, C.A., Sharma, A., Jones, G., L'Abbé, M., Khamessan, A., Weiler, H.A., & Rodd, C. (2014). Methodological issues in assessing plasma 25-hydroxyvitamin D concentration in newborn infants. *Bone*, 61, 186-190.
41. Gallo, S., Rodd, C., & Weiler, H.A. (2013). Vitamin D supplementation during first 12 months of life-reply. *Journal of the American Medical Association*, 310(8), 853-854.
42. Gallo, S., Vanstone, C., Agellon, S., Comeau, K., Jones, G., L'Abbé, M., Khamessan, A., Sharma, A., Rodd, C., & Weiler, H.A. (2013). Effect of different dosages of oral vitamin D supplementation on vitamin D status in healthy, breast fed infants: A randomized trial *Journal of the American Medical Association*, 309(17), 1785-1792.
43. Gallo, S., Phan, A., Vanstone, C.A., Rodd, & Weiler, H.A. (2013). The change in plasma 25-hydroxyvitamin D did not differ between breastfed infants that received a daily supplement of ergocalciferol or cholecalciferol for 3 months. *Journal of Nutrition*, 143(2),148-153.
44. Gallo, S., Vanstone, C.A., & Weiler, H.A. (2012). Normative data for bone mass in healthy term infants from birth to 1 year of age. *Journal of Osteoporosis*, 2012, 672403 [Epub].
45. Gallo, S., Jean-Philippe, S., Rodd, C., & Weiler, H.A. (2010). Vitamin D supplementation of Canadian infants: practices of Montréal mothers. *Applied Physiology, Nutrition, and Metabolism*, 35(3), 303-309.
46. Gallo, S., Egeland, G., Meltzer, S., Legault, L. & Kubow, S. (2010). Plasma fatty acids and desaturase activity are associated with circulating adiponectin in healthy adolescent girls. *Journal of Clinical Endocrinology and Metabolism*, 95(5), 2410-2417.

Refereed Conference Presentations

****Indicates student author**

1. Cerminaro, C.***, Sazonov, E., McCrory, M., Steiner-Asiedu, M., Bhaskar, B., Gallo, S., Laing, E. & Kojo Anderson, A. Feasibility of the automatic ingestion monitor (AIM-2) for the assessment of infant feeding: A pilot study among breastfeeding mothers from Ghana. International Society for Research in Human Milk and Lactation annual meeting 2021 [online].
2. Gallo, S., Thapa, K.***, Rajbhandari-Thapa, J. Timing of WIC enrollment and exclusive breastfeeding: Results from the National WIC-Infant Toddler Feeding Practices Survey 2. Oral to be presented at the Society of Nutrition Education and Behavior annual meeting 2021 [online].

3. Gharibeh, N.J.** , Gallo, G., Sotunde, O.F., Vanstone, C.A., Rodd, C.J. & Weiler, H.A. No sex differences in bone mineral accretion from 1 to 12 months of age among a sample of healthy term breastfed infants from Montreal, Canada. Poster presented at the Nutrition 2021 [online].
4. Kindler, J., Zhan, D., Sattler, E., Ishikawa, Y., Chen, X., & Gallo, S. Bone density in youth with pre-diabetes: results from the National Health and Nutrition Examination Survey, 2005-2006. American Society for Bone and Mineral Research 2021 Annual Meeting.
5. Gallo, S., Makwana, P.** & Kitsantas, P. Vitamin D intake and adherence with current recommendations among a national sample of infants participating in WIC. Poster presented at the Nutrition 2020 [online].
6. Castro, C.** , Jones, M.T., Posada, D., Mehlenbeck, R. & Gallo, S. Predictors of attendance and attrition among participants of Vidas Activas y Familias Saludables (VALÉ), a pediatric weight management program for Latino families. Poster presented at the Nutrition 2020 [online].
7. McKay, A.** , Gallo, S., Posada, D., Fields, J.** , Mehlenbeck, R. & Jones, M.T. Differences in cardiometabolic biomarkers between overweight/obese vs. healthy weight elementary-school aged Latino children. Poster presented at the Nutrition 2020 [online].
8. Garcia, K.** , Posada, D., Jones, M.T., Mehlenbeck, R. & Gallo, S. Changes in children's nutritional outcomes post participation in a pediatric weight management program for Latino families. Oral presented at the Society of Nutrition Education and Behavior annual meeting 2020 [online]. (*GMU CHHS 2020 Celebration of Scholarship award*)
9. Zavala, E.** , Posada, D., Jones, M.T., Mehlenbeck, R. & Gallo, S. The effect of attendance on anthropometric outcomes of children completing a pediatric weight management program for Latino families. Poster presented at the Society of Nutrition Education and Behavior annual meeting 2020 [online]. (*2nd place Nutrition Education for Children division student research poster*)
10. Gharibeh, N.** , Sotunde, O.F., Vanstone, C.A., Gallo, S. & Weiler, H.A. Patterns of bone mineral accretion in healthy term breastfed infants. American Society for Bone and Mineral Research (ASBMR) annual meeting 2019. Orlando, FL.
11. Perez, E.D.** , Merrigan, J.J.** , McKay, A.J.** , Biscardi, L.M.** , Gallo, S., Fields, J.B.** , Mehlenbeck, R., & Jones, M.T. Muscular fitness changes in obese Latino children after a 10-week multidisciplinary intervention. Poster presented at National Strength & Conditioning Association annual meeting 2019. Washington, DC.
12. Perez, E.D.** , Merrigan, J.J.** , McKay, A.J.** , Biscardi, L.M.** , Gallo, S., Fields, J.B.** , Mehlenbeck, R., & Jones, M.T. Sex differences in muscular fitness abilities of obese Latino

children is not a result of fat free mass. Poster presented at National Strength & Conditioning Association annual meeting 2019. Washington, DC.

13. Kogan, K.** , Gallo, S., Jones, M.T., & Mehlenbeck, R. Comparison of food screener vs. joint parent-child recalls to assess energy and macronutrient intakes among Latino children who are overweight/obese. Poster presented at Nutrition 2019. Baltimore, MD.
14. Bustillos, G.** , Gallo, S., Jones, M.T., & Mehlenbeck, R. 25-hydroxyvitamin D, insulin resistance and cardiovascular risk in young Latino children who are overweight/obese. Poster presented at Nutrition 2019. Baltimore, MD.
15. Niehaus, C.** , Mehlenbeck, R., Gallo, S., Channell Doig, A., Jones, M.T., & Wonderlich, J. Effects of a multidisciplinary pediatric obesity treatment program on stress and depression levels in Latino parents. Poster presentation at Association of Behavioral & Cognitive Therapies (ABCT) annual meeting 2018. Washington, DC.
16. Worswick, J.M.** , Fields, J.B.** , Gallo, S., Busteed, D., & Jones, M.T. Vitamin D status and its relationship to body composition in a diverse sample of collegiate women athletes. Poster presented at International Society of Sports Nutrition 2018. Clearwater, FL.
17. Channell Doig, A., Jones, M., Mehlenbeck, R., Fields, J.** , Wonderlich, J.** , & Gallo, S. (2018). Vidas activas y familias saludables (VALE): Pilot study of a multidisciplinary pediatric obesity treatment program. Oral presented at Nutrition 2018. Boston, MA.
18. Gallo, S., Channell Doig, A., Mehlenbeck, R., Fields, J.** , Wonderlich, J.** , Jones, M. Vidas activas y familias saludables (VALÉ): Development of a multidisciplinary and culturally adapted pediatric obesity treatment program. Poster presented at the Society of Nutrition Education and Behavior annual meeting 2018. Minneapolis, MN.
19. Gallo, S., Jones, M., Channell Doig, A., Fields, J.** , Wonderlich, J.** , Hansen, A.** & Mehlenbeck, R. (2017). Vidas activas y familias saludables (VALÉ): A multidisciplinary pediatric obesity treatment program. Poster presented at the Obesity Society annual meeting at Obesity Week 2017. Washington, DC.
20. Gallo, S., Kohn Rhoades, S.,** de Jonge, L., Canales, J.** , & Sanchez, K. (2017) Childhood health, education, and wellness (CHEW): A pilot trial for an individualized, family-centered and culturally adapted program targeting childhood obesity among Latino children. *Journal of the Academy of Nutrition and Dietetics*, 117(9, Supplement), A19.
21. Kohn Rhoades, S.,** Canales, J.,** Sanchez, K., & Gallo, S. (2017). The childhood health, education, & wellness (CHEW) program: Lessons learned from a weight management program targeting childhood obesity among Latino children and their families [oral]. *Journal of Nutrition Education & Behavior*, 49(7S1), S22. (Student research award)

22. Rethy, J.A., Channell Doig, A., Brady, J., Goodfriend, D., & Gallo, S. (2017). Addressing breastfeeding disparities through WIC. Oral presented at the national WIC Association conference, Philadelphia, PA.
23. Gallo, S., Channell Doig, A., Brady, J., Goodfriend, D., & Rethy, J.A. (2017). Infant vitamin D supplementation: Practices of mothers participating in a local WIC program. Oral presented at the national WIC association conference, Philadelphia, PA.
24. Rethy, J.A., Brady, J., McIntryre-Hall, O., Goodfriend, D., & Gallo, S. (2017). Food insecurity: solutions through community collaboration. Oral presented at the Virginia Foundation for Healthy Youth at Weight of the State conference, Richmond, VA.
25. Rethy, J.A., Brady, J., Goodfriend, D., & Gallo, S. (2017). Breastfeeding line-up: Is your team ready - A multi-sector approach to improving breastfeeding support and access in Loudoun County, VA. Oral presented at the Virginia Foundation for Healthy Youth at Weight of the State conference, Richmond, VA.
26. Habel, L.,** Frankenfeld, C, Gallo, S., Moshfegh, A., & Slavin, M. (2017). Differences in nutritional intake and bone health among adults with and without Celiac disease: Data from the National Health and Nutrition Examination Survey, 2009-2012 [oral]. *FASEB Journal*, 31(1), 315.6.
27. Gallo, S., Xiao, R.,** Pfeiffer, J.***, Belda, M, Brown, C., Goodfriend, D., & Rethy, J.A. (2016). Barriers to healthy living among low-income residents of Loudoun County. Poster presented at the Virginia Academy of Nutrition & Dietetics conference. Fairfax, VA
28. Brennan, K**, Slavin, M., Herrick, J., Gallo, S., & de Jonge, E. (2016). Water consumption and resting metabolic rate. Poster presented at the Obesity Society annual meeting at Obesity Week 2016. New Orleans, LA. (*Top 10 poster in the biobehavioral research section*)
29. Good, D.J., Gallo, S., Akers, J., Hu, D., & Baab, L. (2016). VITAL: Evaluation of a digital learning object to enhance student learning of VITamins and minerALs. Oral presented at the Conference on Teaching Large Classes, Center for Instructional Development and Educational Research (CIDER). Blacksburg, VA.
30. Rethy, J.A., Goodfriend, D., Brown, C., Pfeiffer, J.,** & Gallo, S. (2015). Infant feeding and supplementation knowledge and practices of Loudoun County, VA primary care providers. Poster presented at the American Academy of Pediatrics national conference. Washington, DC.
31. Childs, H.D.,** Bernstein, S., Courville, A.B., de Jonge, L., Gallo, S., Sinaii, N., Slavin, M., & Skarulis, M. (2015) Dietary omega-3 fatty acid intake is associated with decreased sleep latency in healthy adults. Oral presented at the at the Obesity Society annual meeting at Obesity Week 2015. Los Angeles CA.

32. Gallo, S., Abell, J.A.,** Alice, F., Vanstone, C.A., & Weiler, H.A. (2015). Early introduction of complementary foods is associated with higher BMI-for-age but not % body fat at 3 years in breast fed infants [oral]. *FASEB Journal*, 29(1), 404.6.
33. Shaw, A.,** Letiecq, B., & Gallo, S. (2015). Focus groups support the use of the Environment and Policy Assessment Observation (EPAO) for obesity prevention in childcare [poster]. *FASEB Journal*, 29(1), LB402.
34. Good, D.J., Gallo, S., Akers, J., Walz, A., & Baab, L. (2015). Creating digital learning objects for use in large lecture classes. Oral presented at the Conference on Teaching Large Classes, Center for Instructional Development and Educational Research (CIDER). Blacksburg, VA.
35. Good, D.J., Gallo, S., Akers, J., Walz, A., & Baab, L. (2015). Development of an interactive human body digital reusable learning object (RLO) to provide whole body systems-based learning in vitamins and minerals. Poster presented at the Innovations in Teaching & Learning Conference, Center for Teaching and Faculty Excellence. Fairfax, VA.
36. Gallo, S., Vanstone, C.A., Rodd, C., & Weiler, H.A. Infant dietary intake is associated with weight gain from 1 to 12 months of age [poster]. *FASEB Journal*, 27(1), 1060.16.
37. Gallo, S., Comeau, K., Vanstone, C.A., Sharma, A., Agellon, S., L'Abbé, M, Khamessan, A., Jones, G., Weiler, H.A., & Rodd, C. (2012). Redefining normal mineral and calcitropic hormone status in healthy infants. Poster presented at Clinical Chemistry.
38. Gallo, S., Vanstone, C.A., Agellon, S., Comeau, K., Jones, G., L 'Abbé, M., Khamessan, A., Sharma, A., Rodd, C., & Weiler, H.A. (2012). Bone mineral accretion is not different among breastfed infants receiving 400, 800 or 1200 IU/d of vitamin D3 from 1 to 12 months of age. Oral presented at the Canadian Nutrition Society annual meeting. Vancouver, BC. (*1st place Nestle graduate student oral competition*)
39. Gallo, S., Rodd, C., Vanstone, C.A., Agellon, S., L'Abbé, M., Khamessan, A., & Weiler, H.A. (2011). Lumbar spine bone mineral density is enhanced in breast fed infants receiving 800 or 1200 IU of vitamin D daily from 4 to 20 weeks of age [poster]. *Journal of Bone Mineral Research*, 26(Suppl 1), 1140.
40. Gallo, S., Rodd, C., Agellon, S., Vanstone, C.A., & Weiler, H.A. (2010). Normative bone mass for healthy, breast fed infants followed longitudinally during the first year of life [oral]. *Journal of Bone Mineral Research*, 25(Suppl 1), MO0005.
41. Gallo, S., Vanstone, C.A., Comeau, K., Agellon, S., Rodd, C., Sharma, A., & Weiler, H.A. (2010). Vitamin D dose response study in Canadian infants: 25-hydroxy-vitamin D status during a 20 week intervention [oral]. *FASEB Journal*, 24(1), 537.11.

42. Gallo, S., Agellon, S., Vanstone, C.A., Weiler, H.A., & Rodd, C. (2010). Methodological issues in assessing 25-hydroxy-vitamin D levels in newborns [poster]. *FASEB Journal*, 24(1), 537.1.
43. Gallo, S., Rodd, C., Vanstone, C.A., Shehab-El-Deen, A., & Weiler, H.A. (2009). Body fat is a predictor of 25-hydroxy-vitamin D levels in breast fed newborns [poster]. *Paediatr Child Health*, 14(Suppl A), 38A (#86).
44. Gallo, S., Jean-Philippe, S., & Weiler, H.A. (2009). Are vitamin D supplementation recommendations for breastfed Canadian infants being adequately followed? A survey of Montreal mothers. Oral presented at the Canadian Nutrition Society annual meeting. Québec city, QC.
45. Gallo, S., Vanstone, C.A., & Weiler, H.A. (2008). Normative data for whole body, femur and lumbar spine bone mineral content in healthy term infants from birth to 1 year of age [poster]. *FASEB Journal*, 22(1), 461.7. (2nd place poster competition).
46. Gallo, S., Weiler, H.A., Trussler, K., Vanstone, C.A., Sharma, A., Mitchell, J., Khamessan, A, L'Abbé, M., & Rodd, C. (2008). Is it time to update normative values for ionized calcium and urine calcium:creatinine ratios in healthy Canadian infants [poster]? *Journal of Bone Mineral Research*, 23(Suppl), S368 (#487).
47. Gallo, S., Meltzer, S., Legault, L., & Egeland, G. (2007). The determinants of adiponectin in female adolescents [oral]. *Canadian Journal of Diabetes*, 31(Suppl), 9 (#30).
48. Gallo, S., Meltzer, S., & Egeland, G. Plasma fatty acids are associated with circulating adiponectin in at risk and overweight adolescent girls [poster]. *FASEB Journal*, 21(6), 834.10.

Refereed Student Conference Presentations

***Indicates student author*

1. Busekrus, N.,** & Gallo, S. (2017). Development and testing of food behaviors questionnaire for non-alcoholic fatty liver disease population. Oral presented at the National Council on Undergraduate Research conference. Memphis, TN.
2. Coles, N.,**, Frankenfeld, C., & Gallo, S. (2017). The affects of obesity and dietary factors on bone health among 8-11 year old children participating in the National Health and Nutrition Examination Survey. Poster presented at the National Council on Undergraduate Research conference. Memphis, TN.
3. Lovegrove, H.,** Rethy, J.A., Goodfriend, D., Brown, C., Pfeiffer, J.,** & Gallo, S. (2016). Examining breastfeeding and vitamin D supplementation practices of Loudoun county health department physicians. Poster presented at the National Council on Undergraduate Research conference. Asheville, NC.

4. Rojas Rosario, M.,** & Gallo, S. (2015). The influence of parenting style on pre-schooler's body mass index. Oral presented at the National Council on Undergraduate Research conference. Cheney, WA.

Invited Lectures and Seminars

- 2020 “Breastfeeding patters and reasons for cessation among participants in the Supplemental Nutrition Assistance Program for Women, Infants & Children (WIC)” Nutrition and Obesity Policy Research and Evaluation Network (NOPREN)-Healthy Eating Research Breastfeeding Sub-Group Meeting.
- 2019 “Disparities in vitamin deficiency among Hispanics and possible health effects”. National Hispanic Medical Association – Washington, DC Chapter. Washington, DC.
- 2019 “Exclusive breastfeeding and infant vitamin D supplementation among women attending a Loudoun county WIC”. Virginia Breastfeeding Advisory Committee. Richmond, VA.
- 2019 “Breastfeeding and vitamin D supplementation: Synonymous or not?”. International Conference on the Theory and Practice of Human Lactation Research and Breastfeeding Management. Deerfield Beach, FL.
- 2018 “Malnutrition in pregnancy challenges and solutions: An EAL update”. Academy of Nutrition & Dietetics 2018 Food & Nutrition Conference & Expo (FNCE). Washington, DC.
- 2017 “*It’s water time*—an early childhood program and curriculum to promote water consumption”. Virginia Head Start Health Advisory Committee. Ashland, VA
- 2016 “Bridging the gap in a child’s first food system: A multi-sector approach to improving breastfeeding access and support in Loudoun County, VA”. Virginia Department of Health Lunch and Learn Series. Richmond, VA.
- 2016 "Vitamin D: bone and beyond". Osher Lifelong Learning Institute. Fairfax, VA.
- 2015-18 "Nutrition during infancy: vitamin D supplementation in breastfed infants". EXSC 6242: Nutrition throughout the Life Cycle. George Washington University. Washington, DC.
- 2014 "Early life nutrition interventions for chronic disease prevention". Graduate Seminar. Department of Human Nutrition, Foods and Exercise, Virginia Tech. Blacksburg, VA.
- 2014 "Nutrition habits for preschoolers to prevent childhood obesity". Professional Development Day for Early Childhood Professionals. Child Development Center - George Mason University. Fairfax, VA.
- 2014 "Maternal and child nutrition: Interrelations and health outcomes". GCH 752: Nutritional Epidemiology. George Mason University. Fairfax, VA.
- 2012 "Vitamin D in infancy: Recommendations and progress". Pediatric Medical Grand Rounds. Montreal Children’s Hospital. Montréal, QC.

COURSES TAUGHT

**An asterisk indicates my development or significant redevelopment of a course.*

University of Georgia, Athens, GA; Department of Foods and Nutrition

FDNS2100E – Human Nutrition and Food (3 credits)

- Fall 2020 (49 students) - online

FDNS4600/6600E – Nutrition and Food Policy (2 credits)

- Spring 2021 (50 undergraduate and 12 graduate) - online

FDNS4100/6100 – Micronutrient Nutrition (3 credits)

- Fall 2021 (100 undergraduate and 11 graduate)

George Mason University, Fairfax, VA; Department of Nutrition and Food Studies

NUTR295 - Introduction to Nutrition (Instructor) (3 credits)

- Fall 2013 (48 students)
- Fall 2014 (51 students)
- Summer 2015 (11 students)
- Fall 2015* (100 students)
- Summer 2017 (20 students) - *online*
- Summer 2018 (29 students) – *online*
- Summer 2018 (27 students) - *online*
- Spring 2018* (92 students)

NUTR522* - Nutrition across the Lifespan (Instructor) (3 credits)

- Fall 2014 (32 students)
- Fall 2015 (12 students)
- Fall 2016 (23 students)
- Fall 2017 (24 students)
- Fall 2018 (26 students)
- Fall 2019 (24 students)

NUTR644* - Micronutrients (Instructor) (3 credits)

- Spring 2014 (31 students)
- Spring 2015 (31 students)
- Spring 2016 (21 students)
- Spring 2019 (24 students)
- Spring 2020 (16 students)

NUTR670* - Nutrition Research Methods (Co-Instructor) (3 credits)

- Spring 2014 (20 students)

- Spring 2015 (8 students)
- Summer 2015 (11 students)
- Spring 2016 (19 students)

McGill University, Montréal, Québec; School of Dietetics and Human Nutrition

NUTR436 - Nutritional Assessment (Co-Instructor) (3 credits)

- Winter 2011 (71 students)

NUTR217 - Applications of Food Fundamentals (Teaching Assistant) (4 credits)

- Winter 2006 (~30 students)

NUTR403 - Nutrition and Society (Teaching Assistant) (3 credits)

- Fall 2006, 2007 (~70 students / semester)

NUTR436 - Nutritional Assessment (Teaching Assistant) (3 credits)

- Winter 2007, 2008, Winter 2010 (~70 students / semester)

NUTR445 - Clinical Nutrition II (Teaching Assistant) (5 credits)

- Fall 2007, 2011, 2012 (~70 students / semester)
 - NUTR208 - Dietetics Stage Level 1A (2 credits), NUTR311 - Dietetics Stage Level 1B (5 credits) (Teaching Assistant)
- Winter/Summer 2007 (~60 students / term)

NUTR200 - Contemporary Nutrition (Invited Lecturer)

- Summer 2008, 2009

MENTORING

Graduate Student Mentoring as Major Professor: George Mason University:

Nicole Sekel, MS Nutrition candidate (Committee Chair), Graduated May 2019, PhD student in Rehabilitation Sciences at the University of Pittsburgh (accepted)

Thesis: *“A quasi-experimental trial of the effects of cholecalciferol supplementation on vitamin D status among a diverse population of collegiate Basketball athletes”*

Kathryn Tadio, MS Nutrition Thesis, Co-advisor with Dr. Kerri LaCharite (Commit), Graduated May 2018, Completing internship for Registered Dietitian requirements

Thesis: *“Development and evaluation of a culturally adapted nutrition education curriculum for Latino parents with children who are overweight or obese”*

- * Recipient of the Provost Summer 2017 Fellowship

Lise Gloede, MS Nutrition Thesis candidate (Committee Chair), Graduated May 2017, Private Practice Dietitian

Thesis: *“Diet quality and nutritional intake differences between young and middle-aged women”*

with and without uterine fibroids participating in the National Health and Nutrition Examination Survey (NHANES) 2001-2006”

Sara Kohn Rhoades, MS Nutrition (Mentor), Graduated May 2017, Nutritionist for the Women, Infants & Children (WIC) Supplemental Nutrition Assistance Program (Washington, DC)
Project: *“The Childhood Health, Education, & Wellness (CHEW) Program: Lessons learned from a weight management program targeting childhood obesity among Latino children and their families”*

- Co-author on poster presented 2017 Food & Nutrition Conference & Expo (Chicago, IL)
- Presented orally at 2017 Society for Nutrition Education & Behavior Conference (Washington, DC) with referred abstract published in JNEB 2018 49(7): S22
- * Best student research award

Ashley Shaw RD, MS Nutrition Thesis candidate (Committee Chair), Graduated May 2015, Retail Dietitian (NY)

Thesis: *“Examining the home and childcare environment as a strategy for obesity prevention among pre-school aged children: an ecological approach”*

- * Recipient of the Provost Summer 2014 Fellowship

Committee Member for Other Graduate Students: University of Georgia

Julie Dean, MS/DI candidate, graduated 2021

Thesis: *“Factors contributing to dietary acculturation among international students at the University of Georgia”*

Caroline Lea Cerminaro, MS/DI candidate, graduated 2021

Thesis: *“The use of passive dietary assessment among breastfeeding mothers in Ghana”*

Kelly Kogan, PhD student in Health Services, George Mason University (External Reader), in progress

Dissertation: *“The impact of the 2009 revised WIC food package on breastfeeding initiation, duration and exclusive duration”*

Amara Channell Doig, PhD student in Behavioral and Community Health, University of Maryland, In progress

Dissertation: *“Social network influence on infant feeding decisions among low-income Latinx women”*

Committee Member for Other Graduate Students: George Mason University

Cindy Castro, BS-MS Kinesiology, Graduated 2021

Thesis: *“Predictors of attendance and attrition among participants of Vidas Activas y Familias Saludables (VALÉ), a pediatric weight management program for Latino families”*

Kelly Kogan, MS Nutrition candidate, Graduated August 2020, PhD student in Health Services

at George Mason University (accepted)

Thesis: *“A qualitative study exploring aspects of the home food environment of overweight/obese Latino children participating in a pediatric obesity weight management program”*

- Poster presented at 2019 American Society for Nutrition meeting (Baltimore, MD).
- * Best oral award at 2019 CHHS Celebration of Student Scholarship

Alina Dalheimer, MS Nutrition candidate, Graduated August 2020

Thesis: *“Is nutritional knowledge in mothers associated with recommended infant feeding practices in children 0-24 months in the Lubombo region of eSwatini?”*

Amber Shriver, PhD Developmental Psychology, Graduated August 2020

Dissertation: *“Executive function, vocabulary and obesity among Latino children”*

Anne-Mette G. Harding, PhD Nursing candidate, Graduated August 2020

Dissertation: *“Weight loss management in obese nurses: A grounded theory study”*

Jennifer Fields, PhD Exercise & Fitness, Graduated May 2020

Dissertation: *“Comprehensive load monitoring in men and women collegiate athletes”*

Randa Merizian, PhD Nursing candidate, Graduated May 2019

Dissertation: *“Relationships for acculturative stress, psychological flexibility and cardiovascular health status among Arab-Americans”*

Fang Chui, MS Nutrition candidate, Graduated May 2019

Thesis: *“Serum metabolites characteristics in patients with non-alcoholic fatty liver disease and related coronary artery disease”*

Rafia Virk, MS Nutrition candidate, Graduated May 2019

Thesis: *“The acute effects of consuming capsaicin-rich foods on respiratory quotient and energy expenditure in adults”*

Jenna Worswick, MS Exercise & Fitness, Graduated May 2018

Thesis: *“The relationship of vitamin D to bone density, body composition, and skin pigmentation in collegiate women athletes”*

- Presented poster at 2018 International Society of Sports Nutrition (Clearwater, FL)

Lora Peppard, PhD Nursing, Graduated May 2017; Associate Deputy Director for Treatment & Prevention at Washington/Baltimore High Intensity Drug Trafficking Areas (HIDTA) program

Dissertation: *“Relationship between serum vitamin B12 and depression in pregnant women in the United States”*

- Manuscript published in Research in Nursing

Lara Habel, MS Nutrition, Graduated May 2017, PhD student in Nutrition at Oregon State

Thesis: *“Comparison of nutritional status between individuals with and without Celiac disease in the United States, NHANES 2011-2012”*

- Presented orally at 2017 American Society for Nutrition meeting (Chicago, IL) with referred abstract published in FASEB 2017 31(1): 315.6.

- Manuscript published in the Journal of the American College of Nutrition

Katelyn Brennan, MS Nutrition Thesis, Graduated August 2016

Thesis: *“The effects of drinking water on resting energy expenditure”*

- Presented poster at 2016 Obesity Society annual meeting (New Orleans, LA)
- * Top 10 poster in the biobehavioral research section

Holly Childs, MS Nutrition Thesis candidate, Graduated August 2015, PhD student in Nutrition at the University of Maryland

Thesis: *“The association between dietary omega-3 fatty acid intake and sleep quality among reasonably healthy adults”*

- Presented orally at 2015 Obesity Society annual meeting (Los Angeles CA)
- Presented poster at 2015 American Society for Nutrition meeting (Boston, MA) with referred abstract published in FASEB J April 2015 29:LB402

Undergraduate Student Research Mentoring: University of Georgia

Abigail Hightower, BS Nutritional Sciences, CURO recipient summer 2021

Project: *“Gaps in education and outreach for pregnant women and infants living in rural communities in the US”*

Emmaline Brooking Peterson, BS Dietetics and Culinary Sciences

Project: *“Examining the Evidence for Parent-Child Joint Recalls: A Scoping Review”*

Undergraduate Student Research Mentoring: George Mason University

Nadia Busekrus, Student in HHS 492 (Internship in Clinical Research, A Students as Scholars /RS course) Spring 2016 / URSP Summer 2016, Currently Community Outreach & Prevention Educator at Hood River County Prevention Department (OR)

Project: *“Development and testing of food behaviors questionnaire for non-alcoholic fatty liver disease population”*

- Presented orally at 2017 National Council on Undergraduate Research (University of Memphis)

Naomi Coles, URSP Spring 2016 / URSP Summer 2016, MS candidate in Medical Sciences at Morehouse School of Medicine, plans to attend medical school

Project: *“Bone health and nutrition among overweight and obese Hispanic children”*

- Presented poster at 2017 National Council on Undergraduate Research (University of Memphis)

Julizza Canales, Federal Work Study Research Assistant Spring 2016, Pursing nursing degree

Project: *“The Child Health, Exercise & Wellness (CHEW) program: A program for Hispanic children at high risk for obesity”*

- Co-author on poster presented 2017 Food & Nutrition Conference & Expo (Chicago, IL)
- Co-author on poster presented at 2017 Society for Nutrition Education & Behavior (Washington, DC)

Harper Lovegrove, URSP Summer 2015, MPH student (Virginia Tech), plans to be a

Registered Dietitian

Project: “*Examining breastfeeding and vitamin D supplementation practices of Loudoun county health department physicians*”

- Presented poster at 2016 National Council on Undergraduate Research (University of North Carolina)

Julia Pfeiffer, Student in HHS 492 (RS course) Spring 2015/URSP Summer 2015, Working as a nurse

Project: “*Community health: A survey assessing the resources and needs of Loudoun County, VA community members*”

- Co-author on poster presented at 2015 American Academy of Pediatrics National Conference (Washington, DC)
- Co-author on poster presented at 2016 Virginia Academy of Nutrition & Dietetics Meeting (Fairfax)
- Co-author on poster presented at 2016 National Council on Undergraduate Research (University of North Carolina)

Marciel Rojas Rosario, URSP Fall 2014, Home Instructor, Family Place (Washington DC)

Project: “*The influence of parenting style on pre-schooler's body mass index*”

- Presented orally at 2015 National Council on Undergraduate Research (Eastern Washington University)

Other Program Mentoring: George Mason University

Supervision of internship/practicum students: Kristen Webbers, MS Nutrition (2017-2016)

Supervision of Federal Work Study/Undergraduates working on group projects

- “**VALÉ**”: **A Multidisciplinary Childhood Obesity Treatment Program for Latino Communities Project (2016-2020)**: Jenniffer Andino Cruz (Criminology & Foreign Languages), Natalia Gutierrez Ribera (Psychology), Marjorie Rivas (Community Health), Rayza Rodrigo Vargas (Community Health), Alex Susano (Global Affairs), Nancy Coreas Salguero (Nursing), Emilia Prez (Kinesiology), Maria-Paula Proano (Psychology), Bessy Lovos (Community Health)
- **Food and Behavior—Utilizing Large Interdisciplinary Sets of Data (FaBULIS Data) (2017)**: Tovga Haji (Conflict Analysis/Resolution & Neuroscience), Saira Kauser, (Nursing), Anthony Bedward (Kinesiology), Nicole Hatcher (Nursing), Ilana Simkol (Community Health) and Regine Victoria (Communications)

Mentoring of high school students: Julianne Li (2020-2021)

SERVICE

Professional

- Invited Manuscript Reviewer (*past 3 years*):
BMC Obesity
BMC Pediatrics

Canadian Medical Association Journal
Cochrane Database of Systematic Reviews
European Journal of Nutrition
Journal of the American Medical Association
Journal of the American College of Nutrition
Journal of Human Lactation
Journal of Nutrition
Journal of Nutrition Education & Behavior
Nutrients
Osteoporosis International
Pediatrics
British Medical Journal OPEN
Public Health Nutrition
PLOS Medicine
Southern Medical Journal

- Member, Journal Committee for the Society for Nutrition Education and Behavior (SNEB). The committee is responsible for reviewing policies and practices related to the society's journal, the Journal of Nutrition Education & Behavior (JNEB), to meet the needs and values of the SNEB membership. The committee is also responsible for the JNEB Best Article and GEM awards, overseeing journal marketing, as well as Identifying topics for supplemental, themed issues, and position papers for the journal.
- Member, Birth to 24 months and Pregnancy/Lactation Think Tank, Academy of Nutrition & Dietetics. August 2020. Provided comments on behalf of the Academy on the Scientific Report for the 2020-2025 *Dietary Guidelines for Americans*.
- Chair Regulatory Topics sub-committee, Council on Research, Academy of Nutrition & Dietetics. Oct 2021-2024 (3-year term). Promote the Academy's legislative and public policy priorities by reviewing and providing comments on various research- related regulatory opportunities.
- Chair Dissemination Sub-committee, Council on Research, Academy of Nutrition & Dietetics. Oct 2018-2021 (3-year term). Manage dissemination of research projects coming out of the Academy of Nutrition & Dietetics Research, International and Scientific Affairs (RISA) committee.
- Work Group Chair, *Malnutrition in Pregnancy 2014 Evidence Analysis Project*, Academy of Nutrition & Dietetics. Assist in the development of an evidence analysis library project for use by Academy members, tasks include: developing and prioritizing questions, developing inclusion and exclusion criteria, reviewing abstracts and sort lists, approving evidence summaries and conclusion statements and assigning grades to conclusion statements. Dec 2014-2018.
- Advisory Board Member *Virginia WIC, Medical Advisory Board*.

Serve as an expert advisor on improving relations between local WIC offices across the state and health providers including strengthening WIC partnerships for medical referrals, engagement of the medical community and opportunities for growth.

- Health and Wellness Committee Member
American Dairy Association North East (ADANE) (2018-2020)
Diary Alliance (2020-Present)
Participate in committee meetings, provide input in the development of new resources for the public and medical professionals, provide opportunities for CEUs, craft communications and offer input, update on new dairy research and science.
- Member, Data Safety Monitoring Board, *Analysis of Alternate Light in the Detection and Visibility of Cutaneous Bruises* (NIJ, Protocol #2016-DN-BX0147). Serve as an advisor to provide expertise and recommendations to the research team through periodic review of the study data for participant safety, study conduct and progress and make recommendations regarding continuation, modification, or termination of the study.

University

- Member, *Seminar Committee*, Department of Nutritional Sciences, 2021-Present
- Member, *On-line MS Community Nutrition Degree*, Department Nutritional Sciences, 2021-Present.
- College Representative, *Provost Task Force on Online Education*, December 2020–2021. The committee was charged with reviewing current university strategies for online education and identifying best practices for online education and programs that present new opportunities for growth. As well as to identify the university's best organizational structure to market, administer, and support online education programs and business models for funding future programs.
- Member, *Faculty Search Committee* for Clinical Professor in Dietetics. 2020-2021
- Member, *Curriculum Committee*, Department of Foods and Nutrition, August 2020–2021.
- Departmental Representative, *Student Affairs Committee*, College of Health and Human Services. Sept 2019-2020.
- Member, *Student Scholarly Activities Committee*, Office of Student Scholarship, Creative Activities, and Research (OSCAR). Review Undergraduate Research Scholars Program (URSP) applications, the Undergraduate Student Travel Program, and help OSCAR with other student-related decisions. Sept 2015-2020
- Departmental Representative, *Faculty Council Committee*, College of Health and Human Services. Sept 2015-2017.
- Departmental Representative, *Faculty Development Committee*, College of Health and Human Services. Sept 2014-2016. Coordinated college seminars on pedagogy and scholarship; organized junior faculty mentorship program.

- Faculty Advisor, *Nutrition & Food Studies Graduate Student Association*. Dec 2013-2016. Advised student group with respect to university polices, transitioning and training of new officers and served as department liaison for organization of events.
- Reviewer, *George Mason University Summer Research Funding*. 2014.
- *Faculty Search Committee* for Nutrition positions (3 Term, 1 Tenure-Track in Department of Nutrition and Food Studies; 4 Term in School of Nursing). Academic years 2014-15, 2015-16, 2018-19 and 2019-20 (as Chair).
- Departmental Representative, *Scholarship Selection Committee*. Screened and selected scholars to receive scholarships. 2014, 2018-present.
- Panel Member, *New Faculty Orientation* - "The Real Deal at Mason". Aug 2014.