

CURRICULUM VITAE

I. ACADEMIC HISTORY

1. **Name:** Elisabeth Lilian Pia Sattler
2. **Present Rank:** Assistant Professor **Recommended Rank:** Associate Professor
3. **Allocation of Effort:** 0.374 EFT Research, 0.376 EFT Instruction
4. **Tenure Status:** Tenure-track, non-tenured
5. **Administrative Title:** N/A
6. **Graduate Faculty Status:** Graduate faculty since August 2014
7. **Highest Academic Degree:** PhD, Foods and Nutrition, University of Georgia, August 2013

8. Academic Positions:

- Aug 2014 – present Assistant Professor
Department of Clinical and Administrative Pharmacy (50%)
Department of Nutritional Sciences (50%)
University of Georgia, Athens, GA
- December 2022 – present Adjunct Assistant Professor
Nell Hodgson Woodruff School of Nursing
Emory University, Atlanta, GA

9. Other Professional Employment:

- Sept 2013 – Jun 2014 Registered Pharmacist Intern (Foreign Pharmacist), Buy Wise Drugs, Inc.,
Athens, GA
- Jan 2009 – Aug 2013 Graduate Research/Teaching Assistant, Department of Foods and Nutrition,
University of Georgia, Athens, GA
- Aug 2010 – Aug 2011 Nutrition and Exercise Educator, Live Healthy Georgia Initiative, Northeast
GA
- Jan 2007 – Dec 2008 Staff Pharmacist, Engelbach Apotheke, Bonn, Germany
- May 2006 – Oct 2006 Pharmacist Intern, Engelbach Apotheke, Bonn, Germany
- Mar 2006 – Apr 2006 Research Scholar/Pharmacist Intern, Drug Information and Pharmacy
Resource Center, Shands Hospital, Gainesville, FL
- Oct 2005 – Mar 2006 Research Scholar/Pharmacist Intern, Department of Pharmaceutics, University
of Florida, Gainesville, FL
- Jun 2001 – July 2001 Pharmacist Intern, University Hospital, University of Bonn, Germany

10. Post-Graduate Awards:

- Nov 2019 Fellow of the American Heart Association (FAHA)
- Jan 2017 – May 2019 Certificate Program in Clinical and Translational Research, School of
Medicine, Emory University
- Aug 2016 – Jul 2018 Lilly Teaching Fellow, Center for Teaching and Learning, UGA
- Jun 2015 – May 2018 Honorary Research Fellow, Department of Health Services Research, Institute
of Psychology, Health, and Society, University of Liverpool, U.K.
- Jun 2017 Georgia State Board Pharmacy Practice Exam, Passed
- Jul 2015 Georgia Multistate Pharmacy Jurisprudence Examination, Passed

Jan 2009 - Aug 2013	PhD, Department of Foods and Nutrition, College of Family and Consumer Sciences, University of Georgia, Athens, GA
Aug 2009 – Aug 2012	Graduate Certificate of Gerontology, College of Public Health, University of Georgia, Athens, GA
Jun 2007	Foreign Pharmacy Graduate Examination Committee (FPGEC®) Certification, National Association of Boards of Pharmacy (NABP®)
Dec 2006	Approbation and Pharmacist Licensure, Germany (RPh)

II. INSTRUCTION

1. Courses Taught

a. Instructor of Record

Level	Semesters	Course	Course Name	Enrollment	Credit Hours	Student Evaluations (Means)*
Professional	Fall 2015 - Fall 2023	PHRM 3540	Nutrition and Lifestyle Intervention in Pharmacy Practice	135 - 150	2	4.0; 4.12; 4.7; 4.78; 4.8; 4.63; 4.83
Graduate	Fall 2014, Spring 2021, Spring 2023	PHRM 8620	Seminar in Pharmacy Care Administration	4 -10	1	N/A
Graduate	Spring 2022	FDNS 6800E	Nutrition and Pharmacotherapy for Disease Management	12	3	4.90
Graduate	Spring 2018	FDNS 6800	Nutrition and Pharmacotherapy for Disease Management	10	3	4.50
Undergraduate	Fall 2014, Spring 2015	FDNS 2100	Human Nutrition and Food	50 - 150	3	4.45; 4.39

*5-point scale; listed chronologically by year taught; 2016-2017 data was unavailable for PHRM 3540.

b. Collaboratively Taught Courses (Listed as Course Instructor)

Level	Semesters	Course	Course Name	Enrollment	Hours Lectured/ Course
Undergraduate	Fall 2020 – Fall 2023	PMCY 2020	Pills, Potions, and Modern Medicine	28 - 84	2-3
Professional	Spring 2017 – Spring 2023	PHRM 4880	Pharmacotherapy II	135 - 150	2
Professional	Spring 2016 – Spring 2021, Spring 2023	PHRM 5080	Diabetes Disease Management	5 - 55	4
Professional	Fall 2015 – Fall 2020	PHRM 3030	PHRM 3030 Essentials of Pharmacy Practice I Recitation	135 - 150	12
Professional	Fall 2016 – Fall 2019	PHRM 3030	PHRM 3030 Essentials of Pharmacy Practice II Skills Lab	135 - 150	15
Professional	Spring 2017 – Spring 2018	PHRM 4500	Pharmacotherapeutic Issues in Women’s Health	8 - 33	2
Professional	Spring 2016 – Spring 2018	PHRM 3040	PHRM 3040 Essentials of Pharmacy Practice II Recitation	135 - 150	26

			+ Day at the Dome		
Professional	Spring 2016 – Spring 2018	PHRM 3500	Career Opportunities and Development	135 - 150	2
Professional	Fall 2015	PHRM 4130	Pharmacy Skills Lab IV	145	12

c. Invited Guest Lectures

Level	Semesters	Course	Course Name	Hours Lectured/ Course
Professional	Fall 2023	PHRM 3030	Essentials of Pharmacy Practice: Standardized Patient Counseling IPPE	5
Graduate/Undergraduate	Fall 2023	NUTR 4630/6630	Cultural Aspects of Nutritional Sciences	1
Professional	Spring 2023	PHRM 3040	Essentials of Pharmacy Practice: Standardized Patient Counseling IPPE	5
Professional	Spring 2023	PHRM 3040	Essentials of Pharmacy Practice: Virtual Dementia Tour Skills Lab	5
Undergraduate	Spring 2023	NUTR 4530	Medical Nutrition Therapy II	1
Undergraduate	Fall 2023, Fall 2021	FDNS 4500	Medical Nutrition Therapy I	1
Undergraduate	Fall 2014 – Fall 2017; Spring 2015 – Spring 2016	FDNS 2100	Human Nutrition and Foods	1
Undergraduate	Fall 2014 – Fall 2015	FDNS 2400	Introduction to Nutrition Science	1
Undergraduate	Fall 2014 – Fall 2015	ECHD 4050	Teaching and/or Counseling Children with Chronic Illness or Medical Conditions	1
Undergraduate	Fall 2014	FNI 241	Nutrition in the Life Cycle; Department of Nursing and Nutrition, State University of New York Plattsburgh, NY	1

2. Development of New Courses

- 2023 PHRM 8690 Health Outcomes
- 2023 PHRM 8620 Seminar in Pharmacy Care Administration
- 2021 FDNS 6800E Nutrition and Pharmacotherapy for Disease Management (Online)
- 2017 FDNS 6800 Nutrition and Pharmacotherapy for Disease Management
- 2014 PHRM 3540 Nutrition and Lifestyle Intervention in Pharmacy Practice

3. Supervision of Graduate Student Research

a. Graduate Committee Chair

Student	Department	Degree	Year	Initial job placement
Rupal Trivedi-Karpoor	Clinical and Administrative Pharmacy	PhD	2023	Nutrition Scientist, Texas A&M University, Agriculture, Food, and Nutrition Evidence Center

Yuta Ishikawa	Nutritional Sciences	PhD	2021	IQVIA, RWE/HE Consultant, Real World Solutions, Japan
Kelli Dunagan	Foods and Nutrition	MS-DI	2017	Medical Nutrition Specialist, Lincare, Chattanooga, TN
Annette Washington	Foods and Nutrition	MS	2017	Dietetic Intern, Louisiana Tech University

b. Graduate Committee Member

Student	Department	Degree	Year	Initial job placement
Valentina Paez	Nutritional Sciences	MS	Expected 2025	TBD
Anita Reina	Health Promotion and Behavior, CPH	PhD	Left Program	N/A
Sara Estecha Querol	Health Services Research; University of Liverpool, UK	MPhil	2018	Project Developer, Joint Research Centre, European Commission, Ispra, Italy; Ph.D. student at Warwick Medical School, University of Warwick, UK

c. Non-Thesis Graduate Student Advisor (Primary)

Student	Department	Degree	Year	Initial job placement
Johnston Elisha Whitaker	Nutritional Sciences	MS NT/ DPD	Expected 2025	TBD
Brooke Stephan	Nutritional Sciences	BSFCS Dietetics/ MS NT	Expected 2024	TBD
Celia Croxton (transitioned to Claire de la Serre)	Nutritional Sciences	MS NT/ DPD	Expected 2023	TBD

4. Supervision of Undergraduate Research

Student	College	Degree	Year	Research Involvement
Amber Sullivan	FACS	BSFCS	2022	Academy of Nutrition and Dietetics Foundation funded Projects
Robert Barrett	FACS	BSFCS	2021 - 2022	Academy of Nutrition and Dietetics Foundation funded Projects
Melat Endashaw	FACS/ Pharmacy	BSFCS/ PharmD	2021 - 2022	Academy of Nutrition and Dietetics Foundation funded Projects
Nohemi Martinez	Pharmacy	PharmD	2021	Grand Rounds Literature Review and Presentation
Asmat Jahan	Pharmacy	PharmD	2018 -2019	KL2 funded DASH HF Project
Stephanie Watson	Pharmacy	PharmD	2017	CURO funded Project
Justin Petway	Pharmacy	PharmD	2017	CURO funded Project

5. Instructional Grants Received

- 2016 Project: Integration of a Filmmaking Project into a Team-based Learning Course; Sponsor: UGA College of Pharmacy Faculty Achievement in Classroom Teaching Grant; PI (\$500).
- 2015 Project: Team-based Learning as a Flipped Classroom: Nutrition and Lifestyle Intervention in Pharmacy Practice. Sponsor: UGA College of Pharmacy Faculty Achievement in Classroom Teaching Grant; PI (\$1,500).

6. Recognitions and Outstanding Achievements

a. Graduate Student Achievements

Student	Degree	Year	Achievement
Rupal Trivedi-Karpoor	PhD	2019	Credentialed at Emory University as clinical study coordinator for the NIH NCATS GA CTSA KL2 funded study
		2019	Co-recipient of the Ann H. Hertzler Memorial Research Grant, funded by the Academy of Nutrition and Dietetics Foundation
		2018	Graduate Scholars Leadership, Engagement and Development Program (GS LEAD) Award, National Science Foundation
Yuta Ishikawa	PhD	2020	Scholarship, College of Family and Consumer Sciences, UGA
		2019	Scholarship, College of Family and Consumer Sciences, UGA
Annette Washington	MS	2017	Finalist, Georgia Nutrition Council Annual Student Research Competition
		2017	Finalist, American Society for Nutrition Young Minority Investigator Oral Competition, Experimental Biology
		2015-2016	Vice President, Department of Foods and Nutrition Graduate Student Organization
Kelli Dunagan	MS	2015 - 2016	Secretary, Department of Foods and Nutrition Graduate Student Organization
		2016	Ruth Rowan Morrison Scholarship, College of Family and Consumer Sciences, UGA

b. Teaching Effectiveness Shown by Student Evaluations

See section II. 1. a.

c. Selected Student Comments from Course Evaluations (Anonymous)

Undergraduate Level (FDNS 2100)

“I enjoyed all aspects of Dr. Sattler's class. She is the best professor I have ever had and I am happy to have taken this class with her.”

“Great job of presenting information, relevant tests, great feedback, awesome environment.”

“Dr. Sattler is very humble, reasonable, and respectful. She presents the content simply and logically, and is reasonable with her assessment questions. She excels at the personal side of teaching.”

“It is apparent that she truly cares about her students, that makes a great learning environment.”

“Dr. Sattler was organized, helpful, knowledgeable, supportive, fair, and well prepared all the time!”

“Professor Sattler is a very effective instructor who demonstrates a great knowledge and understanding of the material and presented it in a very effective manner. Basically, she is the bee's knees.”

Professional Level (PHRM 3540)

“Dr. Sattler was very enthusiastic and had our best interests at heart.”

“This course was challenging at times but in the end, I realized how valuable this knowledge was and how I will apply it when counseling patients.”

“I believe that this course is very vital to us pharmacy students becoming the best pharmacists we can become and providing the best care we can as well.”

“I think that this became one of our best classes this year. The structure of the class made it much more conducive to learning and made it so the material continually reinforced itself.”

“This class was the only flipped learning class that I was able to learn the material in. Flipped learning classes in the beginning should be modeled after this one.”

Graduate Level (FDNS 6800(E))

“Definitely think all future health professionals should take this course. I think it should be required for dietetic interns. The best class I took throughout my MS degree! Thank you, Dr. Sattler for making this online class useful and practical.”

“Dr. Sattler did a fantastic job making difficult pharmaceuticals easy to understand for nutrition students. It was very practical knowledge, presented very clearly.”

“This was honestly the most beneficial class of my Master’s degree. I learned so much!”

“Please keep providing this course!! The knowledge will be so helpful in my career as a dietitian.”

d. Letters of Evaluation from Former Students

UGA Center for Teaching and Learning “Thank-A-Teacher” Letter (FDNS 2100 in Spring 2015): “Ever since the first few weeks of your class, I knew that this learning experience would not be like the rest, and I am so thankful for that! It is very refreshing to be in a classroom where I can actually learn and take interest in what is being taught. Please keep up the outstanding work for semesters to come! And again, thank you for everything!”

e. Peer Evaluations by Colleagues/Supervisors

PHRM 3540 Fall 2017: UGA Lilly Teaching Fellows mid-semester course evaluation comments: “My general sense was that the course was highly successful, that students were engaged, and that they were learning the material effectively. And it was clear that Dr. Sattler put in a lot of thought and time into crafting a meaningful class session that delegated responsibility to the students for their own positive learning outcomes, while still providing support and structure to the material. Classroom mood was positive, and energetic; classroom management was exceptional for such a large class. I have only positive impressions from the observation.”

PHRM 3540 Fall 2016: UGA College of Pharmacy Instructional Design Department mid-semester course evaluation comments: “Participants indicated that they appreciated the relevance of the study of nutrition to their future careers as pharmacists, and expressed enthusiasm for the course topics and for learning how those topics could be integrated into their work with patients.” They “valued the expertise of the instructor.”

FDNS 2100 Spring 2015: UGA Center for Teaching and Learning mid-semester course evaluation comments: “Dr. Sattler is organized, knows the material well, and is willing to help us.” Suggested improvements from students included “to provide the study guide earlier.”

f. Instructional Presentations before Learned Societies

Sattler E. L. P. Integration of a Filmmaking Project into a Team-based Learning Course. Presented at UGA College of Education Innovation in Teaching Conference. Athens, GA, October 23, 2016.

Sattler E. L. P. A Discussion about the Integration and Content of Nutrition and Lifestyle as Preventive and Therapeutic Modalities in Doctor of Pharmacy Curricula. Roundtable discussion topic presented at American Association of Colleges of Pharmacy Annual Meeting, Anaheim, CA, July 24, 2016.

Sattler E. L. P. A Team-based Learning Approach to Nutrition and Lifestyle Intervention in Pharmacy Practice. UGA College of Pharmacy Winter Retreat. December 16, 2015.

Sattler E. L. P. A Team-based Learning Approach to Nutrition and Lifestyle Intervention in Pharmacy Practice. UGA College of Education Innovation in Teaching Conference. Athens, GA, October 22, 2015.

III. SCHOLARLY ACTIVITIES/ CREATIVE WORK

In 2016, 2020, and 2021 extensions on the tenure clock were approved by the University. The authorship order is determined by the relative overall contributions to the manuscript, with the first author and/or the last author typically jointly drafting the manuscript and contributing most of the work.

1. **H-index: 8**

2. **Publications**

a. **Chapters in Books**

Sattler E. L. P., 2016. Why Healthcare Professionals Need to Know about Food Insecurity (chapter 2; pp. 31-44). In R. Garner (Ed.), *Food Insecurity – Patterns, Prevalence, and Risk Factors*. New York: Nova Science Publishers, Inc.

Johnson M. A., Hausman D., Martin P., Poon L. W., **Sattler E. L. P.**, & Davey A. 2011. Nutrition and Well-being (pp. 171-185). In L. W. Poon & J. Cohen-Mansfield (Eds.), *Understanding Well-Being in the Oldest Old*. New York: Cambridge University Press.

b. **Journal Articles (In Print or Accepted)** (§ indicates co-first authors, # indicates graduate student or mentee authors, ** indicates invited publications)

Trivedi-Kapoor R.,# Elshafie S., Tackett R. L., Young H. N., **Sattler E. L. P.** Effectiveness and Acceptability of Dietary Telehealth Interventions Targeting Cardiovascular Disease Risk Factors: A Systematic Review and Meta-analysis. Accepted at J Med Internet Res, December 2023.

Wallace A. S. §, Ogungbe O. §, **Sattler E. L. P.** § and writing group members. American Heart Association EPI|Lifestyle Scientific Sessions: 2023 Meeting Highlights. J Am Heart Assoc. 2023;12(20):e029894.

Rawal S., # Johnson B., Young H., Gaye B., **Sattler E. L. P.** Association of Life's Simple 7 and Ideal Cardiovascular Health in American Indians/Alaska Natives. Open Heart 2023;10:e002222.

Sattler E. L. P. §, Ogungbe O. §, Wallace A. S. §, and writing group members. American Heart Association EPI|Lifestyle Scientific Sessions: 2022 Meeting Highlights. JAHA 2023;0:e028695.

Diop M. §, **Sattler E. L. P.** §, Geoffroy A. §, Diop A. B., Diop I. B., Lassale C., Cene C., Asselin A., Jouven X., Gaye B. Time Trends in Infectious and Chronic Disease Consultations in Dakar, Senegal: Impact of Covid-19 Sanitary Measures. J Global Health 2023;13:06007.

Ishikawa Y.,# Laing E. M., Anderson A. K., Zhang D., Kindler J. M., Trivedi-Karpoor R.,# **Sattler E. L. P.** Comparison of Diagnostic Screening Methods for Diabetes in Patients with Heart Failure. Diab Epidemiol Manag. 2023;9:100-109.

Ishikawa Y.,# Laing E. M., Anderson A. K., Zhang D., Kindler J. M., Trivedi-Karpoor R.,# **Sattler E. L. P.** High Adherence to the Dietary Approaches to Stop Hypertension Diet is Associated with Low Levels of Insulin Resistance among Community-Dwelling Heart Failure Patients: A National Health and Nutrition Examination Survey Analysis. Nutr Metab Cardiovasc Dis. 2022; S0939-4753(22):00189-2.

Ishikawa Y.,# Lewis R.D. Laing E. M., Anderson A.K., Zhang D., Quyyumi A.A., Dunbar S. B., Trivedi-Karpoor R.,# **Sattler, E. L. P.** Prevalence and Trends of Type 2 Diabetes Mellitus and Prediabetes among Community-Dwelling Heart Failure Patients in the U. S. 2005-2016: A National Health and Nutrition Examination Survey (NHANES) Analysis. Diabetes Res Clin Pract. 2022;184:109-191.

Turkson-Ocran R. A., Foti K., Hines A. L., Kamin Mukaz D., Kim H., Martin S., Minhas A., Norby F. L., Ogungbe O., Razavi A. C., Rooney M. R., **Sattler E. L. P.**, Scott J., Thomas A. G., Tilves, C., Wallace A. S., Wang F. M., Zhang M., Lutsey P. L., Lancaster K. J. (2022). American Heart Association EPI|Lifestyle Scientific Sessions: 2021 Meeting Highlights. JAHA 2022;11(5):e024765.

Kindler J.M., Zhan D., **Sattler E. L. P.**, Ishikawa Y.,[#] Chen X., Gallo S. Bone Density in Youth with Prediabetes: Results from the National Health and Nutrition Examination Survey, 2005-2006. *Osteoporos Int* 2022;33(2):467-474.

Ishikawa Y.,[#] **Sattler E. L. P.** Nutrition as Treatment Modality in Heart Failure. *Curr Atheroscler Rep* 2021; 23(13).^{**}

Estecha Querol S.,[#] Clarke P., **Sattler E. L. P.**, Halford J. C. G., Gabbay M. Non-visible Disease, the Hidden Disruptive Experience for Chronic Illness in Adversity. *Int J Qual Stud Health Well-being* 2020; 15(2).

Kitko L., Chair; McIlvennan C. K., Vice-Chair; Bidwell J. T., J. Dionne-Odom N., Dunlay S. M., Lewis L. M., Meadows G., **Sattler, E. L. P.**, Schulz R., Stromberg A.; on behalf of the American Heart Association Council on Cardiovascular Nursing, Council on Quality of Care and Outcomes Research, Council on Clinical Cardiology, and Council on Lifestyle and Cardiometabolic Health. Family Caregiving for Individuals with Heart Failure: A Scientific Statement from the American Heart Association. *Circulation* 2020; 141: e864–e878. ^{**}

Sattler E. L. P., Ishikawa Y.,[#] Trivedi-Kapoor R.,[#] Quyyumi A. A., Dunbar S. B. Association between the Prognostic Nutritional Index and Dietary Intake in Community-dwelling Older Adults with Heart Failure: Findings from NHANES III. *Nutrients* 2019; (11)11: 2608.

Abbu-Sawwa R., Dunbar S.B., Quyyumi A.A., **Sattler E. L. P.** Nutrition Intervention in Heart Failure: Should Consumption of the DASH Eating Pattern Be Recommended to Improve Outcomes? *Heart Fail Rev.* 2019;24(4):565-573.

Ishikawa Y.,[#] **Sattler E. L. P.** Dietary Patterns and Cardiovascular Disease Prevention among Patients with Diabetes. *Cur Nut Rep.* 2017; 6(4):299-306.

Washington A.M.,[#] **Sattler, E. L. P.** Weight Management in Overweight and Obese Breast Cancer Survivors. *Adv Obes Weight Manag Control.* 2017; 7(3): 00200.

Sattler E. L. P., Bhargava V. Food Insecurity and Cardiovascular Risk Factors in U.S. Adolescents. *JARC.* 2015; 6(2): article 12.

Sattler E. L. P., Lee J. S., Young H. N. Factors Associated with Inpatient Hospital (Re)admissions in Medicare Beneficiaries in Need of Food Assistance. *J Nutr Gerontol Geriatr.* 2015;34(2):228-44.

Sattler E. L. P., Lee J. S., Bhargava V. Food Insecurity and Medication Adherence in Low-income Older Medicare Beneficiaries with Type 2 Diabetes. *J Nutr Gerontol Geriatr.* 2014;33(4):401-17.

Sattler E. L. P., Perri III M., Lee J. S. Medication (Re)fill Adherence Measures Derived from Pharmacy Claims Data in Older Americans: A Review of the Literature. *Drugs Aging.* 2013;30(6):383-99.

Sattler E. L. P., Lee J. S. Persistent Food Insecurity is Associated with Higher Levels of Cost-related Medication Non-adherence in Low-income Older Georgians. *J Nutr Gerontol Geriatr.* 2013;32(1):41-58.

c. **Abstracts (in Print or Accepted)** ([#] indicates graduate student or mentee authors, [¶] indicates oral presentation)

Sattler E. L. P., Lassale C., Lloyd-Jones D., Perier M. C., Joseph J. J., Jouven X., Gaye B. Effect of Cardiovascular Health Improvement in Midlife on Cardiovascular Event and Mortality Risk in Diabetes. American Heart Association Epi|Lifestyle Scientific Sessions 2024.

Seck D., Thiam M. A., Shah S., Diop I. B., Jouven X., **Sattler E. L. P.**, N., Laouali N., Gaye B. The Recommended Eating Patterns of the EAT-Lancet Commission and Type 2 Diabetes Risk: The E3N Prospective Cohort Study. American Heart Association Epi|Lifestyle Scientific Sessions 2024.

Trivedi-Kapoor R.,[#] Hardy K. S., Bacha M., Cox G. O., Tackett R. L., Young H. N., **Sattler E. L. P.** Acceptability of A Newly Developed Southern Dietary Approaches to Stop Hypertension Diet Among Heart Failure Patients in the South: A Sensory Evaluation. American Heart Association Epi|Lifestyle Scientific Sessions 2023.

Trivedi-Kapoor R.,[#] Elshafie S., Tackett R. L., Young H. N., **Sattler E. L. P.** Effectiveness and Acceptability of Dietary Telehealth Interventions Targeting Cardiovascular Disease Risk Factors: A Systematic Review and Meta-analysis. American Heart Association Epi|Lifestyle Scientific Sessions 2023.

Ba A., Geoffroy A., **Sattler E. L. P.**, Jouven X., Gaye B. Undiagnosed Cases of Diabetes, Dyslipidemia, and Hypertension in a Sub-Saharan African Community: Prevalence and Determinants. American Heart Association Epi|Lifestyle Scientific Sessions 2023.

Geoffroy A., Ba A., **Sattler E. L. P.**, Jouven X., Gaye B. Social and Health Determinants of Cardiology Follow-up Consultation Need in a Sub-Saharan Africa Community. American Heart Association Epi|Lifestyle Scientific Sessions 2023.

Ishikawa Y.,[#] Lewis R. D., Laing E. M., Anderson A. K., Zhang D., Quyyumi A. A., Dunbar S. B., Trivedi-Kapoor R.,[#] **Sattler E. L. P.** Dietary Approaches to Stop Hypertension (DASH) Diet is Associated with the Severity of Insulin Resistance among Community-Dwelling Heart Failure Patients: a National Health and Nutrition Examination Survey (NHANES) Analysis. Circulation 2021;143:AMP32. American Heart Association Epi|Lifestyle Scientific Sessions 2021.[¶]

Ishikawa Y.,[#] Lewis R. D., Laing E. M., Anderson A. K., Zhang D., Quyyumi A. A., Dunbar S. B., Trivedi-Kapoor R.,[#] **Sattler E. L. P.** Comparison of Diagnostic Methods for Type 2 Diabetes Mellitus in Patients with Heart Failure: a National Health and Nutrition Examination Survey (NHANES) Analysis. Circulation 2021;143:A061. American Heart Association Epi|Lifestyle Scientific Sessions 2021.[¶]

Ishikawa Y.,[#] Lewis R.D., Laing E. M., Anderson A.K., Zhang D., Quyyumi A.A., Dunbar S. B., Trivedi-Kapoor R.,[#] **Sattler E. L. P.** Prevalence and Trends of Type 2 Diabetes Mellitus and Prediabetes among Community-Dwelling Heart Failure Patients in the U. S. 2005-2016: A National Health and Nutrition Examination Survey (NHANES) Analysis. Circulation 2020; 141: AP318. American Heart Association Epi|Lifestyle Scientific Sessions 2020.

Sattler E. L. P., Ishikawa Y.,[#] Trivedi-Kapoor R.,[#] Zhang D., Dunbar S. B., Quyyumi A. A. Association between the Prognostic Nutritional Index and Dietary Intake in Community-dwelling Older Adults with Heart Failure: Findings from NHANES III. GA CTSA Conference, Callaway Gardens, GA, 2019.

Sattler E. L. P., Dunbar S. B., Quyyumi A. A., Murrow J. R., Lewis R. D., Young, H. N. Effect of Dietary Approaches to Stop Hypertension Diet on Hemodynamic Markers in Advanced Heart Failure Patients (Protocol). GA CTSA Conference, Callaway Gardens, GA, 2019.

Sattler E. L. P., Dunbar S. B., Quyyumi A. A., Murrow J. R., Lewis R. D., Young, H. N. Effect of Dietary Approaches to Stop Hypertension Diet on Hemodynamic Markers in Advanced Heart Failure Patients (Protocol). Association for Clinical and Translational Science Conference in Washington, DC, 2018.

Wei H.,[#] Cobran E.K., **Sattler E. L. P.** Breast Cancer Screening Practices in Asian-American Compared to Non-Hispanic White Women: A Behavioral Risk Factor Surveillance System Analysis. ISPOR Annual International Meeting, 2017.

Sattler E. L. P., Washington A. M., Young H. N., Cobran, E. Hartzell, D., Dunagan K. A., Davis M. Effect of a Mindful Eating Intervention on Cardiometabolic Markers in Overweight and Obese Postmenopausal Breast Cancer Survivors – a Pilot Study. Experimental Biology, Chicago, IL, 2017 (FASEB).

Sattler E. L. P., Washington A. M.,[#] Young H. N., Cobran E., Hartzell D., Dunagan K. A., Davis M. Healthy Eating, Mindfulness, Exercise, and Lifestyle in Overweight and Obese Postmenopausal Breast Cancer Survivors (HEELS): A Pilot Study - Approach, Feasibility, and Acceptability. Experimental Biology, Chicago, IL, 2017 (FASEB).

Washington A. M.,[#] Davis M., Young H. N., Cobran E., Hartzell D., Dunagan K. A., **Sattler E. L. P.** Effect of a Mindful Eating Intervention on Weight Loss in Postmenopausal Breast Cancer Survivors – a Pilot Study. Experimental Biology, Chicago, IL, 2017 (FASEB).

Washington A. M.,[#] Davis M., Young H. N., Cobran E., Hartzell D., Dunagan K. A., **Sattler E. L. P.** Effect of a Mindful Eating Intervention on Biomarkers of Prognosis and Survival in Overweight and Obese Postmenopausal Breast Cancer Survivors – a Translational Pilot Study. Experimental Biology, Chicago, IL, 2017 (FASEB).

Dunagan K. A.,[#] Washington A. M.,[#] Davis M., Young H. N., Cobran E., Hartzell D., **Sattler E. L. P.** Effect of a Mindful Eating Intervention on Lifestyle Factors in Overweight and Obese Postmenopausal Breast Cancer Survivors – a Pilot Study. Experimental Biology, Chicago, IL, 2017 (FASEB).

Sattler E. L. P., Bhargava V. Food Insecurity, Health, and Healthcare Utilization among the Working Poor in the U.S. Experimental Biology, San Diego, CA, 2016 (FASEB).

Sattler E. L. P., Bhargava V. Food Insecurity is Associated with Increased Cardiovascular Risk in US Adults. Circulation. 2016; 133: AP275. American Heart Association Epi|Lifestyle Scientific Sessions 2016.

Sattler E. L. P., Lee J. S., Young H. N. Food Insecurity, Medication Non-adherence, and Inpatient Hospital Readmissions in Low-income Older Medicare Beneficiaries in Need of Food Assistance. Experimental Biology, Boston, MA, 2015 (FASEB).

Sattler E. L. P., Lee J. S. Self-reported and Pharmacy Claims-based Medication Adherence in Low-income Older Medicare Beneficiaries with Type 2 Diabetes. Experimental Biology, San Diego, CA, 2014 (FASEB).

Sattler E. L. P., Lee J. S., Bhargava V. Food Insecurity and Medication Utilization in Low-income Older Medicare Beneficiaries with Diabetes. Experimental Biology, Boston, MA, 2013 (FASEB).

Sattler E. L. P., Lee J. S., Bhargava V. Diabetes Complication-related Healthcare Utilization among Low-income Older Medicare Beneficiaries in Need of Food Assistance. Experimental Biology, Boston, MA, 2013 (FASEB).

Sattler E. L. P., Lee J. S. Persistent Food Insecurity is Associated with Higher Levels of Cost-related Medication Non-adherence in Low-income Older Georgians. Experimental Biology, San Diego, CA, 2012 (FASEB).[†]

d. Works Submitted (Under Review)

Lang A. E., Marklund M., **Sattler E. L. P.** The Culture of Military Nutrition in the United States. Under review at Am J Prev Medicine, November 2023.

Sattler E. L. P., Lassale C., Lloyd-Jones D., Perier M. C Joseph J. J., Jouven X., Gaye B. Effect of Cardiovascular Health Improvement in Midlife on Cardiovascular Event and Mortality Risk in Diabetes. Under review at Eur Heart J, November 2023.

Trivedi-Kapoor R.,[#] Hardy K. S., Bacha M. R., Cox G. O., Tackett R. L., Young H. Y., **Sattler E. L. P.** Acceptability of a Newly Developed Southern Version of the Dietary Approaches to Stop Hypertension Diet Among Heart Failure Patients in the South: A Pilot Sensory Evaluation. Under review at Appetite, September 2023.

Sattler E. L. P., Washington A. M.,[#] Wessel M. C., Gay J. L. Effect of a Mindful Eating Intervention on Weight Management in Overweight and Obese Postmenopausal Breast Cancer Survivors: A Pilot Study. Under review at Nutrients, April 2023.

3. Grants Received

a. **Funded Applications**

Source	Title	Dates	Role	Amounts (Total Amount = Amount to Candidate)
<i>Extramural Funding</i>				
NIH NIA R21	Effect of Dietary Approaches to Stop Hypertension (DASH) Diet on Heart Failure Status in Older Adults	2023-2025	PI	\$429,335
Academy of Nutrition and Dietetics Foundation	Acceptability of a Southern DASH Diet among Heart Failure Patients	2019-2022	PI	\$15,000
NIH NCATS GCTSA KL2	Effect of Dietary Approaches to Stop Hypertension Eating Pattern on Hemodynamic Markers in Advanced Heart Failure Patients	2017-2019	PI	\$327,385
Liverpool Clinical Commissioning Group, National Health Service, U.K.	Tackling Health(Care) Inequalities for a Healthier Liverpool: Understanding Food and Medicines Poverty in Cardiovascular Disease Management	2016-2017	Co-PI	£25,000
National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care North West Coast (CLAHRC NWC), U.K.	Managing Chronic Conditions within Restricted Household Budgets - Links and Tensions between Food and Medicines Poverty	2016-2017	Co-PI	£5,000
<i>Intramural Funding</i>				
Emory Global Health Institute	Measuring Household Energy Use and the Construct of Cardiovascular Health in the Kenya Brain and Heart Health Study	2023-2024	Co-I	\$10,000
UGA College of Pharmacy, R.C. Wilson Pharmacy Fund	The Role of Nutritional Intake, Food Insecurity, and Medication Adherence in Heart Failure Hospital Readmissions	2017-2018	PI	\$8,000
UGA Clinical and Translational Research Unit Seed Grant	Effect of a Physical Activity and Healthy Eating Intervention Compared to a Mindful Eating Intervention on Biomarkers of Cancer Prognosis in Overweight and Obese Breast Cancer Survivors	2015-2016	PI	\$29,886
UGA College of Pharmacy, Randy Ellison Cancer Research Fund	Barriers to the Utilization of Preventive Health Services and Adoption of Healthy Lifestyle Behaviors among Postmenopausal Breast Cancer Survivors	2015-2016	PI	\$1,500
UGA / University of Liverpool Seed Grant / Pump-Priming Grant Program	Unmet Basic Needs and Health Disparity in Two Healthcare Systems: Food Insecurity, Medication Non-adherence, Access to Healthcare/ Welfare, and Chronic Disease Outcomes in Low-income Adults in the U.S. and the U.K.	2015-2016	PI	\$9,000

b. Pending Applications (Awaiting Funding Decision)

Source	Title	Dates	Role	Amount
<i>Intramural Funding</i>				
Emory Global Health Institute	Sociodemographic predictors and cardiovascular correlates of age-related cognitive impairment in mid-life and elderly community dwelling Ghanaians	2023-2024	Co-I	\$20,000

c. Unfunded Applications

Source	Title	Dates	Role	Amount
<i>Extramural Funding</i>				
Saving Tiny Heart Society	Epidemiology of Congenital Bicuspid Aortic Valve and Associated Aortopathy in Senegal (BAVSN)	2023-2024	Co-PI	\$75,000
NIH R03	Secondary Prevention of Rheumatic Heart Disease in the US	2023-2025	PI	\$100,000
NIH NIA R21	Effect of Dietary Approaches to Stop Hypertension (DASH) Diet on Heart Failure Status in Older Adults	2021-2023	PI	\$429,335 19 th Percentile
Health Resources and Services Administration (HRSA) Geriatrics Workforce Enhancement Program (GWEP) Grant	Polypharmacy Training to Reduce Harms among Older Adults and Those with Alzheimer's and Related Dementias	2015-2017	Co-I	\$570,000
<i>Intramural Funding</i>				
UGA President's Interdisciplinary Seed Grant Program	The Relationship between Health and Learning among STEM College Students using a Systems Biology Approach	2017-2018	Co-I	\$150,000
UGA Clinical and Administrative Pharmacy Translational Research Initiative (TRI) Grant	Differential effects of ketogenic diet on triglyceride degradation (lipolysis) in adipose tissue <i>versus</i> liver in type 2 diabetes: Implications toward nonalcoholic fatty liver disease (NAFLD)	2017-2018	Co-PI	\$50,000
UGA Clinical and Translational Research Unit Seed Grant	Prevention of Hospital Readmissions in Low-income Heart Failure Patients: Does an Apple a Day Keep the Hospital Away? A Randomized Controlled Trial.	2016-2017	PI	\$50,000
UGA Owens Institute for Behavioral Research Seed Grant	Unmet Basic Needs and Health Disparity in Two Healthcare Systems: Food Insecurity, Medication Non-adherence, Access to Healthcare/ Welfare, and Chronic Disease Outcomes in Low-income Adults in the U.S. and the U.K.	2014-2015	PI	\$10,000

4. Recognitions and Outstanding Achievements

- 2023 Nomination for PharmD Teacher of the Year Award, College of Pharmacy, University of Georgia
- 2022 Nomination for Pacesetter Award, College of Family and Consumer Sciences, University of Georgia
- 2020 Early Career Research Award, College of Family and Consumer Sciences, University of Georgia
- 2019 Fellow of the American Heart Association (FAHA)
- 2016 – 2018 Lilly Teaching Fellow, Center for Teaching and Learning, UGA
- 2015 – 2018 Honorary Research Fellow, Department of Health Services Research, Institute of Psychology, Health, and Society, University of Liverpool, UK
- 2015 UGA Owens Institute of Behavioral Research Grantsmanship Fellow
- 2017 UGA Focus on the Faculty article (<http://www.uga.edu/faculty/profile/sattler-elisabeth/>)
- 2017 UGA Columns article: “Breaking Boundaries” (<http://columns.uga.edu/news/article/presidential-interdisciplinary-hiring-initiative/>)
- 2016 Finalist, Young Investigator Award Competition at the STaR Conference, Athens, GA
- 2016 Fellow, American Heart Association, Council on Epidemiology and Prevention, Ten-Day Seminar on the Epidemiology and Prevention of Cardiovascular Disease

5. Supervision of Student Research

See sections II. 5., II. 6., and II. 8. a.

6. Presentations

a. Invited Seminars/ Keynote Lectures

- 2019 “Nutritional Management of Heart Failure,” at the 14th annual Cardiac, Vascular, and Stroke Conference 2019, Piedmont Athens Regional Medical Center, Athens, GA.
- 2019 “Nutritional Management of Heart Failure - Debunking the Myths,” at Department of Chemical, Materials, and Biomedical Engineering, College of Engineering, UGA.
- 2016 “Considerations for the Clinical Management of Food Insecure Patients” Piedmont Athens Regional Medical Center Noon Conference, Athens, GA.
- 2015 “What You Should Know About Nutrition: From a Pharmacist’s Perspective.” Keynote Presentation at the Georgia Society of Health-System Pharmacists Summer Meeting, Amelia Island, FL.

b. Conference Talks

See section III. 2. c.

c. Poster Presentations

See section III. 2. c.

7. Public Service

a. Local Community Services and Relations

In the Fall of 2015, I was invited to speak by the UGA Center for Leadership and Service, Service Ambassadors at a Food Insecurity Awareness Event, for the purpose of educating UGA students about issues surrounding food security, poverty, and the Athens community.

8. Professional Service

a. Service to Professional Societies, Governmental or Nongovernmental Organizations

i. Active Committee Memberships

American Heart Association (AHA)

AHA Epi Lifestyle Scientific Sessions Program Committee Chair-Elect	2023 – 2025
Exercise, Cardiac Rehab., and Secondary Prevention Committee to the Council on Clinical Cardiology Liaison from Council on Lifestyle and Cardiometabolic Health	2022 – present
Nominations Committee to the Council on Lifestyle and Cardiometabolic Health Member at Large	2020 – present
Leadership Committee to the Council on Lifestyle and Cardiometabolic Health Member at Large Liaison from Early Career Committee	2020 – present 2018 –2020
Nutrition Science Committee Member at Large	2018 – present
Early Career Committee to the Council on Lifestyle and Cardiometabolic Health Chair Vice-Chair Member	2018 – 2020 2016 – 2018 2015 – 2016
Early Career Council Operations Committee Member	2018 – 2020

ii. Other Active Service Contributions

AHA Epi Lifestyle Scientific Sessions Moderator, Panel Discussion: Thriving as a Researcher in Virtual and Hybrid Environments	2022
AHA Scientific Sessions Panelist, A Lifestyle Approach to Achieving the AHA 2030 Impact Goals Moderator, How to Pursue Cardiometabolic Research in NIH-Funded Cohorts Moderator, How I Did This: Lessons Learned in Developing a Career in Cardiometabolic Health	2020
AHA EPI/Lifestyle Scientific Sessions Reviewer, Online Abstracts	2018 - 2020
AHA Early Career Council Operations Committee Judge, Early Career Blogging Applications	2018 - 2020
GA CTSA Conference, Callaway Gardens, GA Poster Judge	2019
AHA Connections Magazine Author, Column on Council on Lifestyle and Cardiometabolic Health Early Career Activities	2019
AHA EPI/Lifestyle Scientific Sessions Moderator, Nutritional Epidemiology Session Moderator, Three-Minute Rapid Fire Oral Abstract Competition	2019

AHA Council on Lifestyle and Cardiometabolic Health Judge, Ten most impactful publications in 2018	2019
AHA Early Career Council Operations Committee Judge, Early Career Blogging Applications	2019
AHA Scientific Sessions Moderator, Nutrition and Obesity	2018
AHA EPI/Lifestyle Scientific Sessions Initiator, Moderator, and Organizer, Three-Minute Rapid Fire Oral Abstract Competition	2018
Annual Southern Translational Education and Research (STaR) Conference Poster Judge	2016
AHA Ten-Day Seminar of Epidemiology and Prevention Fellow	2016
American Society for Nutrition, Aging and Chronic Disease RIS, Experimental Biology Poster Judge	2015

iii. Memberships with Professional Organizations

AHA, Council on Lifestyle and Cardiometabolic Health	2015 – present
Georgia Pharmacy Association	2015 – present
American Association of Colleges of Pharmacy	2014 – present
American Society for Nutrition, Aging and Chronic Disease RIS	2011 – present

b. Ad Hoc Manuscript Reviewer

Cochrane Reviews; Circulation; Preventive Medicine; American Journal of Clinical Nutrition; American Journal of Public Health; Journal of the American Heart Association; Journal of Nutrition, Health, and Aging; Journal of Nutrition in Gerontology and Geriatrics; Diabetes Research and Clinical Practice; Nutrients

c. Grant Review Panel Member

NIH NCATS GA CTSA Grant Review Panel, Spring 2019

d. Ad Hoc Grant Reviewer

HATCH Research Project Grant Review, UGA College of Agricultural & Environmental Sciences, 2017

e. Service on Departmental, College, and University Committees

2023 – present	Chair, Undergraduate and Graduate Curriculum Committee, UGA College of Pharmacy
2023 – present	Accreditation Council for Pharmacy Education, Self-study IPPE/APPE Committee, UGA College of Pharmacy
2023 – present	Awards Committee, UGA Department of Nutritional Sciences
2022	Member, Committee to Update the Tenure Track Faculty Annual Review Criteria, UGA Department of Clinical and Administrative Pharmacy
2021 – present	Member, Undergraduate and Graduate Curriculum Committee, UGA College of Pharmacy
2021 – present	Member, Seminar Committee, UGA Department of Nutritional Sciences
2018 – 2019	Member, Seminar Committee, UGA Department of Nutritional Sciences
2016 – 2017	Member, Diversity Committee, UGA Department of Foods and Nutrition
2015 – 2016	Member, Seminar Committee, UGA Department of Foods and Nutrition
2015 – 2016	Accreditation Council for Pharmacy Education, Self-study Student Affairs Committee, UGA College of Pharmacy

f. Special Administrative Assignments

Participation in admission interviews for the PharmD class, UGA College of Pharmacy (2015, 2022)

g. Service to Student Groups and Organizations

College of Pharmacy Continuing Education and Outreach Program (2016-2019)

Co-developed an interdisciplinary continuing education program in Summer 2016 (30%).

The program entitled “Applying Dietary Guidelines and Maximizing Nutrition Assistance for Improved Medication Adherence in Older Patients” was co-sponsored by the College of Family and Consumer Sciences and the College of Pharmacy and provides 1 contact hour of continuing pharmacy education credit for practicing pharmacists in the state of Georgia (<https://www.rxugace.com/programs/details/999-DGA-SNAP>).

University of Georgia Training and Development Center Programs

Developed and taught two training sessions in Fall 2014 and Spring 2015 (4 hours total).

Training and Development offers a wide variety of professional and personal development opportunities for all UGA staff and faculty. The programs I developed and taught were entitled “Healthy Budget Friendly Recipes” and “Healthy Meals on a Budget.”

University of Georgia Brumby Hall Resident Program

Developed and taught lecture entitled “Food Insecurity in the United States” in Fall 2014.