

**Academic Information**

**Name:** Diane W. Bales

**Title:** Professor, Human Development Specialist, and Child Life Program Director

**Rank:** Professor

**Proportion Time Assignment:** 75% Outreach; 25% Teaching

**Highest Degree:** Ph.D., Child Psychology, University of Minnesota, 1998

**Professional Employment**

Professor, Graduate faculty	2021-present	Department of Human Development and Family Science, University of Georgia
Director, Child Life Program	2017-present	Department of Human Development and Family Science, University of Georgia
Associate Professor, Graduate faculty	2012-2021	Department of Human Development and Family Science, University of Georgia
Extension Human Development Specialist	2005-present	Department of Human Development and Family Science, University of Georgia
Assistant Professor and Human Development Specialist	1999-2005	Department of Human Development and Family Science, University of Georgia
Public Service Assistant and Children, Youth, and Families at Risk (CYFAR) Coordinator	1997-1999	Department of Child and Family Development, University of Georgia

**Certifications**

Mental Health First Aid Instructor, National Council on Behavioral Health, certified May 2020

Youth Mental Health First Aid Instructor, National Council on Behavioral Health, certified September 2019

QPR (Question, Persuade, Refer) Instructor, QPR Institute, certified June 2022

Child Passenger Safety Technician, SafeKids USA, originally certified 2001; most recent recertification 2023

**Grants Received**

Bales, D., & Nickerson, S. *Continuing the Better Brains for Babies Initiative*. Georgia Division of Family and Children Services, Prevention and Community Support, 10/1/23 – 9/30/24. \$80,000.

Bales, D., Haney, K., & Dean, M. Bridge Funding – Farm and Ranch Stress Assistance Network, 9/1/23 – 8/31/24. \$64,132.

Lee, J., Cotto-Rivera, E., Bales, D., Cotwright, C., & Shannon, J. *UGA SNAP-Ed Program FY 2024*. U. S. Department of Agriculture, via Georgia Department of Human Services, 10/1/23 – 9/30/24. Total award \$3,211,111.

Bales, D., Brightwell, R., & Crandell, D. *Connecting Extension with Communities to Reduce Mental Health Stigma*. Substance Abuse and Mental Health Services Administration, 12/31/22 – 12/30/26. \$500,000.

Bales, D., & Nickerson, S. *Continuing the Better Brains for Babies Initiative*. Georgia Division of Family and Children Services, Prevention and Community Support, 10/1/22 – 9/30/23. \$80,000.

Lee, J., Cotto-Rivera, E., Bales, D., Cotwright, C., & Shannon, J. *UGA SNAP-Ed Program FY 2023*. U. S. Department of Agriculture, via Georgia Department of Human Services, 10/1/22 – 9/30/23. Total award \$3,211,111.

Bales, D. W., Brightwell, R., & Bowie, M. *Farm Ranch and Stress Assistance Network-State Departments of Agriculture Grant: Georgia*. U. S. Department of Agriculture, 9/1/21 – 8/31/22. Total UGA award \$217,353.

Bales, D. W., Brown, C. S., Brown, V., Bowie, M., Young, H. N., & Abraham, A. *Preventing Opioid Misuse in Rural Georgia*. U. S. Department of Agriculture, 9/1/21 – 8/31/23, \$350,000.

Bales, D., & Nickerson, S. *Continuing the Better Brains for Babies Initiative*. Georgia Division of Family and Children Services, Prevention and Community Support, 10/1/21 – 9/30/22. \$80,000.

Lee, J., Cotto-Rivera, E., Bales, D., Cotwright, C., Murray, D., & Shannon, J. *UGA SNAP-Ed Program FY 2022*. U. S. Department of Agriculture, via Georgia Department of Human Services, 10/1/21 – 9/30/22. Total award \$3,211,111.

Bales, D., Brightwell, R., Brown, C., Penn, A., Scarrow, A., & Scheyett, A., Farm and Ranch Stress Assistance. United States Department of Agriculture, 9/1/20 – 8/31/22. Total proposed: \$7,187,000.00 (Lead organization University of Tennessee); UGA subcontract amount: \$965,000.

Bales, D., & Nickerson, S. *Continuing the Better Brains for Babies Initiative*. Georgia Division of Family and Children Services, Prevention and Community Support, 10/1/20 – 9/30/21. \$80,000.

Bales, D. W., Brown, C. S., Bagwell Adams, G., Young, H. N., Abraham, A., & Davis, C. *Preventing Opioid Misuse in Rural Georgia*. U. S. Department of Agriculture, 9/1/19 – 8/31/21, \$317,122.

Bales, D., & Nickerson, S. *Continuing the Better Brains for Babies Initiative*. Georgia Division of Family and Children Services, Prevention and Community Support Section, 10/1/17 – 9/30/20. \$240,000.

Bales, D. *Revising the imAlone Curriculum for Community Use in Georgia*. Applied Engineering Management Corporation, 6/1/19 – 10/31/19. \$1,500.

Lee, J., Cotto-Rivera, E., Bales, D., Cotwright, C., Murray, D., & Shannon, J. *UGA SNAP-Ed Program FY 2020*. U. S. Department of Agriculture, via Georgia Department of Human Services, 10/1/19 – 9/30/20. Total award \$3,393,576.

Turner, P. R., & Bales, D. W. *Georgia Healthy Housing: One Change, Many Impacts*. U. S. Department of Agriculture, 11/01/2018 – 10/31/2019, \$13,520.

Lee, J., Cotto-Rivera, E., Bales, D., Cotwright, C., Murray, D., & Shannon, J. *UGA SNAP-Ed Program FY 2019*. U. S. Department of Agriculture, via Georgia Department of Human Services, 10/1/18 – 9/30/19. Total award \$3,489,131.

Mull, C., Bales, D., & Berg, A. *Enhancing Scholarship in Extension: Developing County Faculty to Conduct an Extension Research Project*. University of Georgia Extension, College of Agricultural and Environmental Sciences, 7/1/17 – 12/31/18. \$10,000.

Turner, P. R., & Bales, D. W. *Georgia Healthy Housing: One Change, Many Impacts*. U. S. Department of Agriculture, 11/01/2017 – 10/31/2018, \$12,913.

Lee, J., Cotto-Rivera, E., Bales, D., Cotwright, C., Murray, D., & Shannon, J. *UGA SNAP-Ed Program FY 2018*. U. S. Department of Agriculture, via Georgia Department of Human Services, 10/1/17 – 9/30/18. Total award \$3,602,204.

Bales, D. *Healthy Caregivers Healthy Children Online Training Course Development*. U. S. Department of Agriculture, via University of Miami and Washington State University, 8/15/2017 – 3/31/2018. \$11,899. (Project completed in collaboration with Jane Lanigan, Washington State University)

Turner, P. R., & Bales, D. W. *Georgia Healthy Housing: One Change, Many Impacts*. U. S. Department of Agriculture, 01/01/2017 – 01/31/2018, \$13,972.

Bales, D., & Roberson, S. *Building on the Successes of the Better Brains for Babies Initiative*. Georgia Division of Family and Children Services, Office of Prevention and Family Support, 10/1/14 – 9/30/17. \$210,000.

Lee, J., Hibbs, J., Bales, D., Cotwright, C., Murray, D., & Shannon, J. *UGA SNAP-Ed Program FY 2017*. U. S. Department of Agriculture, via Georgia Department of Human Services, 10/1/16 – 9/30/17. Total award \$3,338,924.

Lee, J., Murray, D., Cotwright, C., Bales, D., Shannon, J., & Phua, J. *UGA SNAP-Ed Program*. U. S. Department of Agriculture, via Georgia Department of Human Services, 10/1/15 – 9/30/16. Total award \$3,068,447.

Lee, J., Birch, L., Cotwright, C., Bales, D., Choi, I., Shannon, J., & Phua, J. *UGA SNAP-Ed Program*. U. S. Department of Agriculture, via Georgia Department of Human Services, 10/1/14 – 9/30/15. Total award \$1,999,999.

Bales, D., & Russell, M. *Continuing and Expanding the Outreach of Better Brains for Babies*. Governor's Office for Children and Families, 10/1/11 – 9/30/14. \$150,000.

Bales, D. *Educating Community-Based Child Care Providers Serving Military Children Through the Children and Youth Training and Technical Assistance (CYTTAP) Program in Georgia*. University of Nebraska-Lincoln, 9/1/2013 – 12/31/2015. \$18,000.

Bales, D. and Lanigan, J. *Expansion of the eXtension Military Families Child Care Project*. University of Nebraska-Lincoln, 9/1/13 – 12/31/13. \$37,550. (subcontract of USDA federal funding to UNL for eXtension).

Bales, D. and Lanigan, J. *Expansion of the eXtension Military Families Child Care Project*. University of Nebraska-Lincoln, 1/1/13 – 12/31/13. \$54,880. (subcontract of USDA federal funding to UNL for eXtension).

- Bales, D. and Lanigan, J. *Expansion of the eXtension Military Families Child Care Project*. University of Nebraska-Lincoln, 8/1/12 – 12/31/12. \$67,950. (subcontract of USDA federal funding to UNL for eXtension).
- Bales, D. *Engaging Child Care Providers Online Through the eXtension Alliance for Better Child Care Community of Practice*. University of Nebraska-Lincoln, 1/1/12 – 12/31/12. \$12,500. (subcontract of USDA federal funding to UNL for eXtension).
- Bales, D., Oesterreich, L., and Lanigan, J. *eXtension Military Families Child Care Project*. University of Nebraska-Lincoln, 7/1/11 – 7/31/12. \$174,517. (subcontract of USDA federal funding to UNL for eXtension).
- Bales, D. *Engaging Child Care Providers Online Through the Better Kid Care America Community of Practice*. University of Nebraska-Lincoln, 1/1/11 – 12/31/11. \$15,000. (subcontract of USDA federal funding to UNL for eXtension).
- Bales, D., & Falen, K. *Continuing and Expanding the Outreach of Better Brains for Babies*. Governor's Office for Children and Families, 11/15/10 – 9/30/11. \$50,000.
- Bower, D., Gibson, S., Mancini, D., Orey, M., & Bales, D. *Training, Evaluation and Technical Support for the Army Survivor Outreach Services (SOS) Program*. USDA/NIFA and U. S. Department of the Army, 9/1/10 – 8/31/12. \$873,400.
- Bales, D., & Falen, K. *Better Brains for Babies Co-Leadership Proposal*. Governor's Office for Children and Families, 11/15/09 – 9/30/10. \$21,082 sub-contracted to UGA Extension through the Georgia Department of Early Care and Learning. (Total award: \$60,000)
- Bales, D. and Shetterley, K. *Early Child Care: Using Social Networking Technology to Connect Faculty, Students, Trainers, and Child Care Providers*. Office of the Vice President for Public Service and Outreach 2009-2010 Scholarship of Engagement Grant, University of Georgia, 7/1/09 – 6/30/10, \$5,500.
- Bales, D., & Falen, K. *Better Brains for Babies Co-Leadership Proposal*. Governor's Office for Children and Families, 10/01/08 – 9/30/09. \$21,560 sub-contracted to UGA Extension through the Georgia Department of Early Care and Learning. (Total award: \$21,560)
- Bales, D. *Better Brains for Babies Training by FACS Extension Agents for the Early Childhood Comprehensive Systems (ECCS) Project*. Bright from the Start: Georgia Department of Early Care and Learning, 8/1/08 – 12/31/08. \$1,625.
- Bales, D., Coleman, M., & Wallinga, C. *Evaluating the Effectiveness of the Eat Healthy, Be Active Initiative in Child Care Centers in Georgia*. Bright from the Start: Georgia Department of Early Care and Learning, 10/01/07 - 9/30/08; \$112,964.
- Bales, D., and Joseph, J. *Better Brains for Babies Co-Leadership Proposal*. Georgia Children's Trust Fund Commission, 10/01/07 – 9/30/08. \$33,000 sub-contracted to UGA Cooperative Extension through the Georgia Department of Early Care and Learning. (Total award: \$90,000).
- Bales, D. *Eat Healthy, Be Active Training*. Bright from the Start: Georgia Department of Early Care and Learning, 06/20/07 – 09/30/07; \$4,419.
- Jayarathne, K. S. U. and Bales, D. *Consulting Support to Evaluate the Children, Parents, and Providers Learning Together Project in Muscogee County*. United Way of the Chattahoochee Valley, 03/01/06 - 03/31/07; \$36,518.
- Bower, D., Chapman, S., & Bales, D. *Back on Track: A Parenting and Family Management Education Demonstration Project*, Georgia Department of Human Resources Division of Family and Children Services, 10/01/06 – 09/30/07; \$421,858
- Bales, D., Coleman, M., & Wallinga, C. *Developing Resource Kits to Support the Eat Healthy, Be Active Early Childhood Curriculum Unit*. Bright from the Start: Georgia Department of Early Care and Learning, 10/01/06 - 9/30/07; \$365,225.
- Bales, D., Coleman, M., Wallinga, C., Olson, B., & Smith A. *Enhancing the Education of Early Childhood Professionals in Georgia through Multi Level Training and Technical Assistance*. Bright from the Start: Georgia Department of Early Care and Learning, 10/01/05 – 11/30/06; \$646,842.
- Bales, D., Coleman, M., & Wallinga, C. *Developing Resource Kits to Support Activities for Early Childhood Obesity Prevention*. Bright from the Start: Georgia Department of Early Care and Learning, 10/01/05 – 9/30/06; \$68,140.
- Bower, D., Chapman, S., & Bales, D. *Back on Track: A Parenting and Family Management Education Demonstration Project*, Georgia Department of Human Resources Division of Family and Children Services, 10/01/05 – 09/30/06; \$421,858

- Futris, T. G., Bower, D., & Bales, D. W. *Responding to the Questions and Concerns of Parents: Linking Researchers and Practitioners to Parents through the Just in Time Parenting Community of Practice Initiative*. University of Illinois at Urbana-Champaign; 10/01/06 – 06/30/08, \$41,261.
- Futris, T. G., Bower, D., & Bales, D. W. *Responding to the Questions and Concerns of Parents: Linking Researchers and Practitioners to Parents through the Just in time Parenting Community of Practice Initiative*. University of Illinois at Urbana-Champaign; 10/01/06 – 09/30/07, \$19,400.
- Olson, R., Bales, D., Smith, A., Wallinga, C., and Coleman, M. *Training and Technical Assistance Grant*, Georgia Child Care Council, 7/04–6/05, \$522,005.
- Wallinga, C., Coleman, M., and Bales, D. *Continuation of the Teaching Basic Health and Safety in the Early Childhood Classroom Curriculum and Training Initiative*, Georgia Child Care Council, 10/03–9/04, \$89,583.
- Wallinga, C., Coleman, M., and Bales, D. *Expanding the Teaching Basic Health and Safety in the Early Childhood Classroom Curriculum and Training Initiative*, Georgia Child Care Council, 10/02–9/03, \$69,926.
- Bales, D. *ACET Collaborative Team Proposal for Early Childhood Care and Education Services* (with team of 13 funded partners), Georgia Department of Human Resources, Childcare and Parent Services Division. 11/02–10/03. Total grant amount: \$4.4 million. FACS Extension subcontract amount: \$112,698.
- Wallinga, C., Coleman, M., and Bales, D. *Teaching Basic Health and Safety in the Early Childhood Classroom*, Georgia Child Care Council, 10/01–9/02, \$55,765.
- Bales, D. *ACET Collaborative Team Proposal for Early Childhood Care and Education Services* (with team of 13 funded partners), Georgia Department of Human Resources, Childcare and Parent Services Division. 10/01–9/02. Total grant amount: \$4.4 million. FACS Extension subcontract amount: \$120,400.
- Harrison, J., Bales, D., Mixon, M., and Molleur, B. *Fight BACTM Food Handler Training for Caregivers of Young Children*, USDA, 9/15/01–9/14/03, \$264,342.
- Bales, D. *Continuing the Momentum of Georgia's Better Brains for Babies Initiative*, Georgia Child Care Council, 3/01–6/02, \$25,000.
- Bales, D. *Pregnant and Parenting Teens in Georgia: A Needs Assessment and Model Development*, Georgia Department of Human Resources, Women's Health Section, 6/99–11/99, \$34,684.
- Bales, D. *Better Brains for Babies: Continuing the Collaboration in Georgia*, Georgia Department of Human Resources, Public Health Section, 6/99–11/99, \$43,516.
- Bales, D. and Davey, A. *Needs Assessment of Georgia Grandparents Raising Grandchildren*, Faculty Outreach Grant, College of Family and Consumer Sciences, University of Georgia, 1/99–6/99, \$5,000.

#### Journal Articles

- \*publications with students or Extension agents mentored*
- Bowie, M., Adams, G. B., Abraham, A., Murrow, J., Bales, D., & Scheyett, A. (2024). A qualitative study of community priorities, attitudes, and beliefs regarding opioid misuse in rural Georgia. *Advances in Social Sciences Research Journal*, 11(5). 368-383. <https://doi.org/0.14738/assrj.115.17052>
- Brown, V., \*Golson, A., \*Goldstein, E., Bowie, M., Bales, D., and Scheyett, A. (2024). Community perspectives on use of Extension offices for rural health. *Discover Health Systems*, 3(1). <https://doi.org/10.1007/s44250-023-00059-1>
- \*Ehinger, S. & Bales, D. (2023). Stress, success, and burnout: The relationship between impostor phenomenon and burnout in Certified Child Life Specialists. *The Journal of Child Life: Psychosocial Theory and Practice*, 4(2). <https://doi.org/10.55591/001c.77868>
- Brown, V., Bowie, M., Bales, D., Scheyett, A., Thomas, R., & Cook, G. (2023). Trusted spaces in rural places: Cooperative Extension offices as rural community behavioral health hubs. *SSM - Mental Health*, 3. <https://doi.org/10.1016/j.ssmmh.2023.100191>
- Berg, A., Mull, C., & Bales, D. (2021). Perceptions of scholarship among county-based Extension faculty. *Journal of Higher Education Outreach and Engagement*, 25, 75-97.
- Byington, T., Kim, Y., & Bales, D. (2020). Literacy in the early childhood classroom: A SWOT analysis of a multi-state literacy train-the-trainer program. *Journal of Human Sciences and Extension*, 8(1), 104-126. (No impact factor information available)
- \*Stewart, R., Bales, D., Berg, A., & Mull, C. (2019). Extension programs are not a one size fits all: Child passenger safety in culturally diverse audiences. *Journal of the National Extension Association of Family and Consumer Sciences*, 14, 31-43. (No impact factor information available)

- \*Hong, J., Bales, D.W., & Wallinga, C. (2018). Using family backpacks to involve families in teaching young children about healthy eating and physical activity. *Early Childhood Education Journal*, 46(2), 209-221. DOI: [10.1007/s10643-017-0848-8](https://doi.org/10.1007/s10643-017-0848-8). (2017 impact factor: 0.927)
- Turner, P., Bales, D. W., Thomas, K., Goldschmidt, M., & Fisher-McLean, K. (2017): Program note: Expanding healthy housing and environmental awareness in rural communities through local and national partnerships. *Housing and Society*, 1 – 18. DOI: [10.1080/08882746.2017.1389552](https://doi.org/10.1080/08882746.2017.1389552). (No impact factor information available)
- Cotwright, C., Bales, D., Lee, J., Olubajo, B., \*Celestin, N., Parrott, K., & \*Jemilugba, F. (2017). Like peas and carrots: Combining wellness policy implementation with classroom education for obesity prevention the child care setting. *Public Health Reports*, 132, 74S-80S. <https://doi.org/10.1177/0033354917719706>. (2016 impact factor: 1.867; 5-year impact factor in 2016: 2.073)
- \*Wright, L.M., & Bales, D. (2014). Online professional development for child care providers: Do they have appropriate access to and comfort with the Internet? *Journal of Human Sciences and Extension*, 2(3), 70-78. (No impact factor information available)
- Bales, D., Wallinga, C., & Coleman, M. (2013). Preparing child care providers to teach nutrition and physical activity to 3- to 5-year-olds: Lessons learned from the Georgia Eat Healthy, Be Active Initiative. *Journal of the National Extension Association of Family and Consumer Sciences*, 8, 16-23.
- Weigel, D., \*Weiser, D., Bales, D., & Moyses, K. (2012). Identifying online preferences and needs of early childhood professionals. *Early Childhood Research and Practice*, 14(2). Retrieved January 31, 2013 from <http://ecrp.illinois.edu/v14n2/weigel.html>.
- Coleman, M., Wallinga, C., & Bales, D. (2010). Engaging families in the fight against the overweight epidemic among children. *Childhood Education*, 86 (3), 150-156.
- Jayarathne, K. S. U, Harrison, J. A., and Bales, D. W. (2009). Impact evaluation of food safety self-study Extension programs: Do changes in knowledge relate to changes in behavior of program participants? *Journal of Extension*, 47.
- Coleman, M., Wallinga, C., & Bales, D. (2009). Addressing the epidemic of childhood overweight through the use of the internet. *Dimensions of Early Childhood*, 32(1), 32-37.
- Wallinga, C., Bales, D., & Coleman, M. (2007). Teaching young children about health and safety: Involving community workers in the early childhood classroom. *Dimensions of Early Childhood*, 35, 25-31.
- Bales, D., Wallinga, C., & Coleman, M. (2006). Health and safety in the early childhood classroom: Guidelines for curriculum development. *Childhood Education*, 82, 132-138.
- Bales, D. W. (2005). Sharing the message about early brain development: Georgia's Better Brains for Babies collaboration. *Forum for Family and Consumer Issues*, 10.
- Rupured, M., Koonce, J., & Bales, D. (2002). Moving the working poor to self-sufficiency. *Journal of Extension*, 40.
- Miller, D. T., & Bales, D. W. (2001). Using research literature to guide programming decisions: The case of the Eldora Building Academic and Social Skills (B.A.S.S.) program. *Journal of Family and Consumer Sciences*, 93, 50-53.
- Sera, M. D., Bales, D. W., & del Castillo Pintado, J. (1997). *Ser* helps Spanish speakers identify "real" properties. *Child Development*, 68, 820-831.
- Bales, D. W., & Sera, M. D. (1995). Preschoolers' understanding of stable and changeable characteristics. *Cognitive Development*, 10, 69-107.

#### **Book Chapters**

- Hartle, L., Bales, D., Gardner, K., MacLeod, K., \*DeFluri, M., & \*Ehinger, S. (2021). Early childhood teacher professional development: Technologies for young children and families. In J. Burris, D. Karno, & D. Rosen (Eds.), *Empowering Early Childhood Teachers with Technology*. Hershey, PA: IGI Global.

#### **Manuscripts under review**

- Bales, D., Bowie, M., Brown, V., & Scheyett, A. (under review). "COVID does not help": The impact of COVID-19 on the *de facto* behavioral health system in rural Georgia. *Discover Health Systems*.
- \*de Jesus Jimenez, F., Cotwright, C. J., Bales, D. W., & Lee, J. S. (under review). Salubrious Seed: An online technology pilot study to increase maternal fruit and vegetable consumption. *Digital Health*.

### Manuscripts in preparation

- Bowie, M., Adams, G., Abraham, A., Murrow, J., Bales, D., & Scheyett, A. (under revision). A qualitative study of community priorities, attitudes, and beliefs regarding opioid misuse in rural Georgia. *Journal of Human Sciences and Extension*.
- Bales, D. W., Cotwright, C. J., Lee, J. S., \*Celestin, N., Parrott, K., & Akin, J. (under revision). Promoting healthy eating and physical activity in the early care and education setting as a strategy to improve teacher knowledge and self-efficacy.
- Brown, V., \*Golson, A., \*Goldstein, E., Bowie, M., Bales, D., and Scheyett, A. (in preparation). Community perspectives on use of Extension offices for rural health. *Journal of Community Health*.
- Cotwright, C. J., Bales, D. W., & Lee, J. (in preparation). Taste and see: Improving nutrition knowledge and willingness to try fruits and vegetables among low income preschool children. [working title]

### Abstracts and Research Reports

- Turner, P., Welch, M. E., Cosgrove, S., & Bales, D. (2019). Emergency resilience: Grab and go, home and child care. In B. L. Yust (Ed.), *Proceedings of the 2019 annual conference of the Housing Education Research Association* (pp. 4-5). Austin, TX. Retrieved from <https://housingeducators.org/>
- Cotwright, C., Bales, D., Akin, J., & Lee, J. S. (2019). Improving teacher knowledge and self-efficacy to promote healthy eating and physical activity in the child care setting. *Journal of Nutrition Education and Behavior*.
- Cotwright, C., Bales, D., Akin, J., & Lee, J. S. (2017). Taste & See: Improving willingness to try fruits and vegetables among low-income preschool children. *Journal of Nutrition Education and Behavior*, 49(7S), s2. DOI: [10.1016/j.jneb.2016.04.099](https://doi.org/10.1016/j.jneb.2016.04.099) (2016 impact factor: 2,491; 5-year impact factor in 2016: 2.439)
- Bales, D. W., Coleman, M., & Wallinga, C. (2008). *Evaluating the effectiveness of the Eat Healthy, Be Active Initiative in child care centers in Georgia*. Final research report submitted to Bright from the Start: Georgia Department of Early Care and Learning.

### Extension Publications for General Public Audiences

- Brown, C., Dye, L., Sheram, C., & Bales, D. (2022). *4-H Journeys in Health and Safety: The Opioid Crisis*. Magazine and 4 supporting lessons for middle school youth. Athens, GA: UGA Extension.
- Turner, P., & Bales, D. (Eds.). (August 2017 – present). *Healthy Indoor Environments - Where we live, learn and play*. Co-editor and author of quarterly newsletter focusing on healthy home and ECE environments. Estimated reach of 2,000. Athens, GA: University of Georgia Extension. Available at <https://t.uga.edu/55a>.
- Bales, D. W. (2019). *Building baby's brain* series of 12 peer-reviewed Extension publications in English and Spanish. Athens, GA: University of Georgia Extension (Extension circulars C 1053-01 through C 1053-12).
- Bales, D. W. (2017). *Grandparents raising grandchildren* series of 14 peer-reviewed Extension publications in English and Spanish. Athens, GA: University of Georgia Extension. (Extension publications CHFD-E 59-1 through CHFD-E 59-14).
- Thomas, K., Turner, P., Bales, D., & Parker, M. (2016). *Protect children: The delicacies that matter*. Extension circular, printed and distributed nationally in collaboration with the American Cleaning Institute.
- Lewis, N., Terhune, C., Turner, P., Gibson, S., & Bales, D. (2015). *Poison look alike: Tips to prevent accidental poisoning at all ages*. College Park, MD: University of Maryland Extension and Athens, GA: University of Georgia Extension (Extension publication HACE-E-91).
- \*Tarulli, K., Bales, D. W., & Wallinga, C. (2017). *Eat Healthy, Be Active* series of 24 peer-reviewed Extension publications in English and Spanish. Athens, GA: University of Georgia Extension (Extension circulars C 1037-01 through C 1037-24).
- Bales, D. (2011). *What to expect during your baby's first month*. University of Georgia Extension (In *Guide for New Parents*, Publication No. CHFD-E-86). Athens, GA: University of Georgia Extension.
- Bales, D. (2011). *Building a bright future: Nurturing your baby's brain*. University of Georgia Cooperative Extension (In *Guide for New Parents*, Publication No. CHFD-E-86). Athens, GA: University of Georgia Extension.
- Bales, D. (2011). *When it comes to child care, quality matters!* University of Georgia Extension (In *Guide for new parents*, Publication No. CHFD-E-86). Athens, GA: University of Georgia Cooperative Extension.
- Bales, D. W., & Futris, T. (2010). *Principles of parenting* series of 13 Extension publications, adapted from

### Conference Presentations, 2012-2023

\*presentations with students; \*\*invited presentations.

In addition to the presentations listed, I presented 27 national and 49 regional or state conference sessions between 1999 and 2011 that are not listed because of space limitations.

#### International Conferences

- Turner, P., Bales, D., Moore, S., Eaddy, A., Ogden, J., & Tucker, C. (2022, September). *Developing healthy and sustainable preparedness and emergency management practices*. International Federation for Home Economics World Congress. Atlanta, GA.
- Mull, C., Bales, D., & Berg, A. (2019, October). *Development and implementation of a scholarship capacity-building series for county-based faculty*. Engagement Scholarship Consortium, Denver, CO.
- Turner, P., Bales, D., & Kirby, S. (2019, March). *E-learning for child care providers: Healthy indoor environments*. International Federation for Home Economics Conference, Port of Spain, Trinidad, West Indies.
- Bales, D., Turner, P., Kirby, S., & Thomas, K. (2017, March). *Helping child care professionals create healthy and sustainable child care environments*. International Federation for Home Economics Conference, St. Angela's College, Sligo, Ireland.
- Bales, D. (2015, March). *Early childhood teachers and families working together: Lessons learned from the Eat Healthy, Be Active family backpack project*. International Federation for Home Economics Conference, University of Malta, Valletta, Malta.

#### National Conferences

- Bailey, M., Buckleitner, W., Bales, D., & Blagojevic, B. (2022, November). *Innovative technologies for inspired learning: Developmentally appropriate digital tools and techniques to empower young children*. National Association for the Education of Young Children annual conference, Washington, DC.
- Hartle, L., Bales, D., Gardner, K., & Dalsemer, K. (2022, November). *Early childhood teachers' blended learning knowledge and tech skill development: Learning communities for the why, what, and what not*. National Association for the Education of Young Children annual conference, Washington, DC.
- Moore, S., Smith, L., Bales, D., & Turner, P. (2021, November). *Once lost, now found: A solution to reduce clutter using the FIND Method*. National Extension Association for Family and Consumer Sciences Virtual Conference.
- Bailey, M., Bales, D., Buckleitner, W., & Blagojevic, B. (2019, November). *Showcasing inspirational technologies: Exemplary tools and intentional techniques*. National Association for the Education of Young Children annual conference, Nashville, TN.
- Bales, D., Cotwright, C., & Lee, J. (2019, October). *Healthy Child Care Georgia: Improving ECE teacher confidence and young children's fruit and vegetable knowledge through combined practice changes and hands-on education*. National Extension Association of Family and Consumer Sciences annual conference, Hershey, PA.
- Stewart, R., & Bales, D. (2019, October). *Extension programs are not a one size fits all: Working with culturally diverse audiences in child passenger safety*. Poster presented at the Epsilon Sigma Phi annual conference, Colorado Springs, CO.
- Turner, P., Welch, M. E., Griffiths-Smith, F., & Bales, D. (2019, September). *It's not all child's play and a day at the beach*. Extension Disaster Education Network (EDEN) conference, Spokane, WA.
- Cotwright, C., Bales, D., & Lee, J. (2019, July). *Improving teacher knowledge and self-efficacy to promote healthy eating and physical activity in the child care setting*. Society for Nutrition Education and Behavior Conference, Orlando, FL.
- \*\*Bales, D. (2018, December). *The ins and outs of adolescent brain development*. Higher Education Protection Network (HEPNET) Web Conference Series.
- Bailey, M., Blagojevic, B., Buckleitner, W., & Bales, D. (2018, November). *Innovative technologies for learning: Affordable tools for the intentional teacher*. National Association for the Education of Young Children annual conference, Washington, DC.

- Jimenez, F., Bales, D., Lee, J. S., & Cotwright, C. (2018, October). *An online technology pilot study to increase maternal fruit and vegetable consumption: Salubrious Seed*. Poster presented at the Food and Nutrition Conference and Expo, Washington, DC.
- Turner, P., & Bales, D. (2018, September). *Preparing the child care environment for tornadoes, hurricanes, and other disasters*. National Extension Association of Family and Consumer Sciences annual conference, San Antonio, TX.
- Black, T., Bales, D., Hollingsworth, J., Jordan, L., Cotto-Rivera, E., & Moore, S. (2018, September). *NEAFCS Ignite and World Cafe: Basic Core Skills: Building Blocks for Safe and Healthy Children*. National Extension Association of Family and Consumer Sciences annual conference, San Antonio, TX.
- Bales, D., Cotwright, C., Lee, J. S., & Akin, J. (2018, June). *Evaluating the effectiveness of a multi-year collaborative project to improve nutrition and physical activity in ECE*. Poster presented at the National Research Conference on Early Childhood, Washington, DC.
- Bales, D.W., Cotwright, C. J., & Lee, J. (2017, November). *Evaluating the effectiveness of a multi-dimensional collaborative outreach project to improve nutrition and physical activity in ECE: Results from the Healthy Child Care Georgia project*. National Association for the Education of Young Children annual conference, Atlanta, GA.
- Bailey, M., Blagojevic, B., Buckleitner, W., & Bales, D. (2017, November). *Inspiring and empowering young children: Exploring innovative uses of exciting new digital tools*. National Association for the Education of Young Children annual conference, Atlanta, GA.
- Bales, D.W., Cotwright, C. J., & Lee, J. (2017, April). *Young children's identification and acceptance of fruits and vegetables: Results from the Healthy Child Care Georgia project*. Poster presented at Society for Research in Child Development annual conference, Austin, TX.
- Ross, K., Csukas, S., Bales, D., & Binderman, M. (2017, March). *Building better brains: Using partnerships around early brain development to impact academic success and life-long health*. Association of Maternal and Child Health Programs conference, Kansas City, MO.
- Bailey, M., Blagojevic, B., Buckleitner, W., & Bales, D. (2016, November). *Listen, empower, go deep: Using innovative technologies and pedagogies to inspire children's learning and transform teaching*. National Association for the Education of Young Children annual conference, Los Angeles, CA.
- Cotwright, C., Bales, D., & Lee, J. (2016, August). *Healthy Child Care Georgia: Improving self-efficacy of child care providers to implement wellness policies and increase wellness education*. Poster presented at Society for Nutrition Education and Behavior annual conference, San Diego, CA.
- Bales, D., Cotwright, C., & Lee, J. (2016, July). *Healthy Child Care Georgia: Evaluating the effectiveness of a collaborative project to improve nutrition and physical activity in ECE*. Poster presented at the Administration for Children and Families National Research Conference on Early Childhood, Washington, DC.
- Hibbs, J., Murray, D., Stotz, S., Cotwright, C., Bales, D., Bentley, R., Jordan, L., Price, R., & Lee, J. (2016, September). *Focus groups guide development of the University of Georgia Supplemental Nutrition Assistance Program Education (UGA SNAP-Ed)*. National Extension Association of Family and Consumer Sciences annual conference, Big Sky, MT.
- Bailey, M., Blagojevic, B., Bales, D., & Buckleitner, W. (2015, November). *Showcasing innovative technologies: Emerging tools that empower learning*. National Association for the Education of Young Children annual conference, Orlando, FL.
- Bales, D. W., & Wallinga, C. (2015, November). *Healthy eating through play: Using hands-on play activities to teach nutrition and physical activity concepts to preschoolers*. National Association for the Education of Young Children annual conference, Orlando, FL.
- Turner, P. R., Bales, D. W., Beltran, I., Cotto-Rivera, E., & Jordan, L. (2015, November). *Creative blogging: How to draw readers to your blog*. National Extension Association of Family and Consumer Sciences annual conference, White Sulphur Springs, WV.
- Lee, J. S., \*Stotz, S., Cotwright, C., Bales, D., & Murray, D. (2015, May). *University of Georgia Supplemental Nutrition Assistance Program Education (UGA SNAP-Ed)*. National Health Outreach Conference, Atlanta, GA.
- Bales, D. W., & Wallinga, C. (2014, November). *Strategies for early childhood educators to engage families in preventing childhood obesity by helping preschoolers develop healthy eating habits*. National Association for the Education of Young Children annual conference, Dallas, TX.

- Jordan, L., Bales, D., Hollingsworth, J., Moore, S., Smith, L., & Black, T. (2014, September). *Basic Core Skills for Child Care Providers: Injury prevention and control*. National Extension Association of Family and Consumer Sciences annual session, Lexington, KY.
- Turner, P., Bales, D., Beltran, I., Cotto-Rivera, E., Jordan, L., & Christian, K. (2014, September). *UGA GreenWay: Connecting FACS Extension with online communities*. National Extension Association of Family and Consumer Sciences annual session, Lexington, KY.
- Bower, D., Gibson, S., & Bales, D. (2014, June). *The new science of grief and mourning support: FCS applications for sustainable families and communities*. American Association of Family and Consumer Sciences annual conference, St. Louis, MO.
- \*\*Bales, D. (2014, June). *Contextual influences on early obesity prevention: Building connections between early childhood educators and families to prevent obesity in 3- to 5-year-old children*. Family & Community as Pathways for Health: Obesity Prevention and Intervention Strategies conference, Athens, GA.
- Bailey, M., Bales, D., Blagojevic, B., & Buckleitner, W. (2013, November). *Showcasing transformative technologies: Empowering learning with emergent and innovative tools*. National Association for the Education of Young Children annual conference, Washington, DC.
- Bales, D. W., & Wallinga, C. (2013, November). *Tasty tomatoes and busy bodies: Using children's literature to encourage healthy eating and physical activity to combat childhood obesity in early childhood*. National Association for the Education of Young Children annual conference, Washington, DC.
- Bales, D. W., & Wallinga, C. (2013, September). *Preventing early childhood obesity by teaching healthy eating and physical activity to preschoolers, child care providers, and families: Lessons learned from the Eat Healthy, Be Active initiative*. Poster presented at the Galaxy IV Joint Extension Conference, Pittsburgh, PA.
- \*\*Bales, D., (2012, December). *Better Brains for Babies: Research, tips, and strategies for teaching brain development for educators*. Association for Career and Technical Education CareerTech VISION 2012 Conference, Atlanta, GA.
- \*\*Bales, D. (2012, November). *Using the resources of cooperative extension to support Let's Move! Cities, Towns, and Counties*. Let's Move! Cities, Towns, and Counties National Initiative Web Conference Series.
- Bales, D. W., Wallinga, C., Kozak, M., & Hong, J. (2012, November). *Combatting obesity with family backpacks: A tool for helping families and children develop healthy eating habits and increase physical activity*. National Association for the Education of Young Children annual conference, Atlanta, GA.
- Kozak, M. S., Wallinga, C., & Bales, D. (2012, November). *Cultivating family and community partnerships: Results from a school gardening project*. National Association for the Education of Young Children annual conference, Atlanta, GA.
- \*Bailey, M., Blagojevic, B., Buckleitner, W., & Bales, D., (2012, November). *Showcasing powerful technologies for purposeful learning: Engage young children, inspire learning, and transform teaching*. National Association for the Education of Young Children annual conference, Atlanta, GA. (Featured session; included in NAEYC Live Learning Center online)
- \*\*Bales, D., & Mosier, W. (2012, September). *Stress in Young Children from Military Families*. Child Care and Military Families Web Conference Series: eXtension Military Families Learning Network.
- \*\*Bales, D. (2012, August). *Social media use in the eXtension Alliance for Better Child Care: Strategies and lessons learned*. Extension Southern Region Program Leaders' Network meeting, Orlando, FL.
- \*\*Bales, D. (2012, July). *Helping young children handle the changes that come with military life: The role of the early childhood professional*. National Association of Family Child Care annual conference, Atlanta, GA.
- \*Oesterreich, L., Bales, D., & \*Broniarczyk, K. (2012, February). *Secure attachments: Building caring relationships with parents and children*. Child Care and Military Families Web Conference Series: eXtension Military Families Learning Network.

### **State and Regional Conferences**

- Bales, D. (2023, March). *Toxic Stress in Children: Why It Matters and How Adults Can Help*. Southern Early Childhood Association annual conference, Chattanooga, TN.
- Treff, D., Walker, K., Bales, D., & Wolff, K. (2023, March). *Be an Author or Reviewer*. Southern Early Childhood Association annual conference, Chattanooga, TN.
- \*\*Bales, D. & Thapa, J. (2022, October). *Adolescent and Young Adult Mental Health in Georgia*. University of Georgia State of Public Health Conference, Athens, GA.

- Bowie, M., Bales, D., Scheyett, A., & Brown, V. (2022, October). *Trusted Spaces in Rural Places: Cooperative Extension Offices as Rural Community Behavioral Health Hubs*. Poster session presented at the University of Georgia State of Public Health Conference, Athens, GA.
- Bales, D., & Brown, C. (2022, August). *Expanding Extension's Capacity to Support Youth through Mental Health First Aid*. Poster session presented at the meeting of Georgia Extension Association of Family and Consumer Sciences annual conference, Ellijay, GA.
- Bales, D. (2022, April). *It's All About Relationships: Attachment, Temperament, and Goodness of Fit*. Georgia Association for the Education of Young Children Virtual Annual Conference.
- Bales, D., & Brown, C. (2021, August). *Expanding Extension's Capacity to Support Youth through Mental Health First Aid*. Georgia Extension Association of Family and Consumer Sciences Annual Conference, Conyers, GA.
- Bales, D. (2021, February). *Helping Children (and Adults) Cope with Stress, Anxiety, and Uncertainty during COVID-19*. Georgia Nutrition Council Virtual Annual Conference.
- Bales, D. (2020, October). *Helping Young Children Cope with Stress, Anxiety, and Uncertainty during COVID-19*. Georgia Association for the Education of Young Children virtual conference.
- Bales, D. & Costa, D. (2020, February). *Be an author*. Southern Early Childhood Association annual conference, Tulsa, OK.
- Davis, C., Bowie, M., Bagwell Adams, G., & Bales, D. (2020, February). *Combating Opioid Misuse in Rural Georgia through Collaboration*. Workshop presented at the Fanning Institute Community Leadership Conference, Athens, GA.
- Bales, D., & \*Marks, E. (2019, October). *Toxic stress and brain development: Why it matters and what adults can do*. Georgia Association for the Education of Young Children conference, Alpharetta, GA.
- \*Stewart, R., & Bales, D. (2019, August). *Extension programs are not a one size fits all: Working with culturally diverse audiences in child passenger safety*. Poster session presented at the Georgia Extension Association of Family and Consumer Sciences annual conference, Savannah, GA.
- \*Stewart, R., & Bales, D. (2019, April). *Extension programs are not a one size fits all: Working with culturally diverse audiences in child passenger safety*. Poster session presented at the Georgia Association of Extension 4-H Agents annual conference, Eatonton, GA.
- Bales, D., & Wolff, K. (2019, March). *Be an author*. Southern Early Childhood Association annual conference, Orlando, FL.
- Bales, D., & Wolff, K. (2018, March). *Be an author*. Southern Early Childhood Association annual conference, Lexington, KY.
- \*Graves, R. E., \*Townsend, C. D., \*Eady, M. E., & Bales, D. W. (2017, October). *Where is my friend? Explaining chronic illness in the classroom*. Georgia Association for the Education of Young Children annual conference, Alpharetta, GA.
- Bales, D. W. (2017, March). *From peek-a-boo to pretend play: Supporting children's executive function and self-regulation*. Southern Early Childhood Association annual conference, Biloxi, MS.
- Bales, D. W. (2017, March). *Art for infants and toddlers*. Georgia Preschool Association annual conference, Marietta, GA.
- Andress, E., Bales, D. W., & Berg, A. (2017, January). *Stepping up to scholarship*. Family and Consumer Sciences Extension program development conference.
- Bales, D. W., \*Ross, A., & \*Simpson, H. (2016, September). *When stress comes to school: Stress management techniques for young children and their educators*. Georgia Association on Young Children annual conference, Lawrenceville, GA.
- \*\*Bales, D.W. (2016, February). *Building better brains: Stress and brain development*. Illinois Association for Career and Technical Education annual conference, East Peoria, IL.
- \*\*Bales, D.W. (2016, February). *Building better brains: Brain basics*. Illinois Association for Career and Technical Education annual conference, East Peoria, IL.
- Bales, D.W. (2016, February). *Building better brains: Healthy brain development affects the whole child*. Southern Early Childhood Association annual conference, Tulsa, OK.
- Cotwright, C., & Bales, D. (2015, October). *Healthy Child Care Georgia: A component of the University of Georgia Supplemental Nutrition Assistance Program Education (UGA SNAP-Ed) Program*. Georgia SHAPE Symposium, Athens, GA.
- Bales, D. W., (2015, September). *It's all about relationships: Brain development and attachment*. Georgia

Association on Young Children annual conference, Lawrenceville, GA.

Bales, D. W., \*Carrick, L., \*Heintzman, C., & \*Waser, K. (2015, September). *Let it go: Helping young children cope with stress*. Georgia Association on Young Children annual conference, Lawrenceville, GA.

\*\*Bales, D. W. (2015, September). *Better Brains for Babies*. Georgia Perinatal Association annual conference, St. Simons Island, GA.

\*\*Bales, D. W. (2015, September). *Better Brains for Babies: Stress and Brain Development*. Prevent Child Abuse Georgia annual conference, Atlanta, GA.

Bales, D. (2014, October). *Obesity Prevention in the Early Childhood Education Setting: Teaching Healthy Eating and Physical Activity to Preschoolers, Teachers, and Families through the Eat Healthy, Be Active Initiative*. Southern Obesity Summit, Louisville, KY.

Bales, D., Wallinga, C., \*Thomas, K., & \*White, M. (2014, September). *Families Matter: Ideas and Strategies for Early Childhood Teachers to Involve Families in Building Children's Healthy Eating and Physical Activity Habits*. Georgia Association on Young Children annual conference, Duluth, GA.

Bales, D., Wallinga, C., \*Smith, C., & \*Schultz, E. (2014, September). *Eat Healthy, Be Active: Hands-on Activities to Teach Nutrition and Physical Activity to Preschool-Age Children*. Georgia Association on Young Children annual conference, Duluth, GA.

Bales, D., Wallinga, C., & Cown, V. (2014, January). *Busy Bodies and Tasting Tomatoes: Using Hands-on Play Activities to Teach Nutrition and Physical Activity to Preschoolers*. Southern Early Childhood Association annual conference, Williamsburg, VA.

Bales, D., Wallinga, C., & Cown, V. (2013, October). *Eat Healthy, Be Active Outside: Promoting Preschoolers' Active Play and Healthy Eating Through Developmentally Appropriate Outdoor Activities*. Georgia Association on Young Children annual conference, Duluth, GA.

\*Scott, J., \*Goff, J., Wallinga, C., Bales, D. & Cown, V. (2013, October). *F Is for Frumplump: How to Make Classroom Transitions Smooth and Effective*. Georgia Association on Young Children annual conference, Duluth, GA.

Bales, D., and Baumgarner, P. (2013, September). *Using Technology to Tell Family Stories and Build Classroom Community*. Georgia Association on Young Children annual conference, Duluth, GA.

Bales, D., Wallinga, C., & Cown, V. (2013, March). *Promoting Preschoolers' Active Play and Healthy Eating Through Developmentally Appropriate Outdoor Activities*. Southern Early Childhood Association annual conference, Mobile, AL.

Bales, D., Wallinga, C., Cown, V., & Scott, J. (2012, September). *Busy Bodies and Tasting Tomatoes: Using Children's Literature to Encourage Healthy Eating and Physical Activity in Preschoolers*. Georgia Association on Young Children annual conference, Duluth, GA.

Bales, D., and Baumgarner, P. (2012, September). *Using Technology to Support Preschoolers' Emergent Literacy and Family Involvement*. Georgia Association on Young Children annual conference, Duluth, GA.

Bales, D., Coleman, M., and Wallinga, C. (2012, February). *Eat Healthy, Be Active: Teaching Nutrition and Physical Activity to Preschoolers and Families*. Southern Early Childhood Association annual conference, San Antonio, TX.

## Extension Teaching

### Training Workshops Taught to Extension Audiences, 1999-2023

\*taught online only \*\*taught online and face-to-face

Program Title/Topic and Audience	# Sessions /Attendees
Brain Development*	186 / 3,406
Child Care/ECE Training for FACS agents*	67 / 948
Parenting Education training*	9 / 135
Healthy Child Care Georgia Comprehensive Teacher Training*	16 / 128
Basic Health and Safety	40 / 999
Eat Healthy, Be Active	22 / 440
Dare to Be Messy!: Sensory Materials	42 / 1,250
Guidance/Discipline	35 / 1,002
Math Skills in Early Childhood Programs	12 / 539

Youth Mental Health First Aid*	11 / 168
Mental Health First Aid for Adults*	3 / 16
QPR (Question, Persuade, Refer) Suicide Prevention*	3 / 16

**Effectiveness of Training Workshops** (as shown by instructor evaluations, with 5 most positive)

Question	Mean	Frequency by Rating				
		1	2	3	4	5
1. Clear objectives	4.67	8	3	10	251	671
2. Tasks related to objectives	4.66	8	1	13	253	645
3. Well organized/prepared	4.76	7	1	8	175	751
4. Understandable	4.71	7	2	13	205	696
5. Gained knowledge/skills	4.66	7	2	28	229	677
6. Would recommend class	4.70	8	1	20	213	698
7. Related well to audience	4.70	7	1	20	203	712
8. Treated in prof. manner	4.76	7	2	10	166	754

**Resident Instruction**

**University of Georgia Courses Taught** (M=mean student evaluation score on 1-5 scale; \*indicates mean score not available because students did not complete evaluations when given the opportunity)

HDFS 5130S/7130S: Therapeutic Benefits of Play. Taught Spring 2024 (32 students, in progress), Spring 2023 (32 students, M=4.75), Spring 2022 (28 students), Spring 2021 (32 students, M=4.81), Spring 2020 (33 students\*), Spring 2019 (35 students; M=4.89), Spring 2018 (30 students; M=4.83), Spring 2017 (24 students; M=4.53), Fall 2016 (29 students; M=4.26).

HDFS 6900: Research and Issues in Child Life graduate seminar. Taught Fall 2023 (3 students), Fall 2022 (3 students; M=5.0), Fall 2021 (4 students; M=5.0), Fall 2020 (4 students\*), Fall 2019 (4 students; M=5.0), Fall 2018 (5 students; M=5.0).

HDFS 8910: Current Research and Issues in HDFS (Child Life Section). Taught Spring 2024 (7 students, in progress), Fall 2023 (7 students), Spring 2023 (6 students, M=4.5), Fall 2022 (6 students; M=5.0), Spring 2022 (7 students), Fall 2021 (7 students; M=4.80), Spring 2021 (11 students\*), Fall 2020 (11 students\*), Spring 2020 (10 students\*), Fall 2019 (10 students\*), Spring 2019 (9 students\*), Fall 2018 (9 students; M=5.0).

FYOS 1001: Introduction to Child Life First-Year Odyssey. Taught Fall 2023 (16 students), Fall 2022 (15 students; M=4.7), Fall 2021 (15 students; M=4.58), Fall 2020 (15 students; M=4.17), Fall 2019 (15 students; M=3.91), Fall 2018 (16 students\*).

HDFS 7010: Medical Terminology for Child Life online. Taught Summer 2022 (4 students), Summer 2020 (4 students\*), Summer 2019 (4 students\*).

HDFS 2950E: Introduction to Child Development online. Taught Summer 2018 (34 students; M=4.36), Fall 2015 (33 students; M=4.31), Fall 2014 (33 students; M=4.84), Fall 2013 (25 students; M=4.64), Fall 2012 (24 students; M=4.29).

CHFD 5130: Creative Activities for Young Children. Taught Fall 2011 (21 students; M=4.74), Fall 2010 (31 students; M=4.51), Fall 2009 (41 students; M=3.81), Spring 2009 (24 students; M=4.5), Fall 2007 (28 students; M=3.81).

CHFD 2950: Introduction to Child Development. Taught Maymester 2008 (21 students; M=4.83), Maymester 2007 (33 students; M=4.51), Maymester 2006 (33 students; M=4.63).

**Graduate Student Committees**

I have served as **Major Professor for 2 Doctoral and 30 Master's students** in Human Development and Family Science since joining the graduate faculty in 2012, and as a member of Graduate Advisory Committees for **3 Doctoral and 32 Master's students** in Human Development and Family Science between 2001 and the present. I have also served on Graduate Advisory Committees for 1 Doctoral and 6 Master's students in three outside departments.

**Mentoring and Supervision of Student Directed Study and Clinical Experiences**

I have supervised 21 child life students in hospital internships, 15 child life students in hospital practica, 6 students in HDFS internships, 1 student in a CURO fellowship, and 7 graduate and 38 undergraduate students in community directed study across 23 different semesters.

### **Areas of Applied Research/Outreach and Related Extension Products Developed**

**Brain Development:** The focus of this effort is to increase use of brain development research to provide appropriate care and nurturing for young children. This effort includes co-leading the Georgia Better Brains for Babies (BBB) initiative, training BBB educators, and developing and disseminating print and online resources on early brain development. BBB training has been adopted by Extension professionals in three states (Georgia, Kansas, and Illinois), and efforts to expand into Tennessee are currently underway. A total of 8 different outreach products were developed as part of this effort.

#### Examples of Outreach Products Developed

- Bales, D. & Nickerson, S. (2020) *Better Brains for Babies website* ([www.bbbgeorgia.org](http://www.bbbgeorgia.org)). In-depth educational website for Better Brains for Babies. Updated site design went live in April 2020.
- Bales, D., Roberson, S., Dart, L., Moore, R., Roles, L., & Scredon, K. (2019). *Better Brains for Babies Educator's Guide, Third Edition*. Comprehensive Educator's Guide and presentation slides for Better Brains for Babies two-day Community Outreach Educator training workshop.
- Bales, D. W. (2019). *Building baby's brain* series of 12 peer-reviewed Extension publications in English and Spanish. Athens, GA: University of Georgia Extension.
- Bales, D., Aaron, L. A., Beltran, I., Black, T., Moore, S., Smith, L., & Stewart, R. (2019). *Building Baby's Brain* training curriculum. Series of four 2-hour lesson plans co-developed with FACS Extension agents. Topics include Brain Basics; Attachment, Temperament, and Goodness of Fit; Language and Communication; and Stress and Trauma. Standardized tools collect statewide evaluation data.

**Nutrition and Physical Activity in ECE:** Healthy Child Care Georgia (HCCG), a component of the UGA SNAP-Ed grant, helps ECE programs reduce children's risk of obesity through policy changes and direct education for teachers, children, and families. The project includes a teacher-implemented 6- curriculum to teach preschoolers nutrition and physical activity, as well as family newsletters and activity bags. The project has reached ECE programs in Clarke, Oconee, Madison, and Elbert Counties, and will expand to additional counties in 2022 and beyond. A total of 6 different outreach products were developed as part of this effort.

#### Examples of Outreach Products Developed

- Bales, D., Coleman, M., & Wallinga, C. (2015). *Eat Healthy, Be Active: An Early Childhood Initiative to Promote Healthy Eating and Physical Activity*. Athens, GA: University of Georgia Department of Human Development and Family Science. Collection of more than 100 hands-on activities to teach nutrition and physical activity to preschool-age children in ECE; includes family activities and bilingual family newsletters to encourage home-school connection. Available at <https://www.fcs.uga.edu/extension/eat-healthy-be-active>.
- Bales, D. & Cotwright, C. (2018). Healthy Child Care Georgia 6-week classroom curriculum. This curriculum includes 7 hands-on activities per week, selected from *Eat Healthy, Be Active*.

#### **Using Technology to Educate Adults and Young Children**

This project explores the use of various types of technology to educate adults and young children. Specific efforts include online course development for ECE teachers through the Georgia Healthy Homes Partnership; digital videos to support teacher training; and co-leadership of the Technology and Young Children Interest Forum through the National Association for the Education of Young Children. A total of 5 different outreach projects were developed as part of this effort.

#### Examples of Outreach Products Developed

- Turner, P., & Bales, D. (2019). *Healthy Environments for Child Care* self-paced online training modules for ECE teachers on Lead, Injury Prevention and Control, Water Safety and Quality, and Asthma. Additional modules on Radon, Emergency Preparation, and Energy Conservation are in development. Course is available at

<https://nick.ugaurbanag.com/course/view.php?id=10>.

Bales, D. (2016). *Content, Context, and Child: Choosing and Using Technology to Support Young Children's Exploration and Learning*. Lesson plan and support materials for ECE teachers on developmentally appropriate uses of technology in the early childhood classroom.

Bales, D., & Shetterley, K. (2010). *Rockin' Around the Infant Classroom*. Hybrid face-to-face and online training curriculum for infant teachers, developed and evaluated by 10 service-learning students under a UGA Scholarship of Engagement grant. Curriculum includes face-to-face and online training and structured, monitored social networking among participants on a secured site.

**ECE Teacher Training:** This effort focuses on developing, implementing, and evaluating the effectiveness of training for early care and education (ECE) teachers. This work includes co-leadership of the national eXtension Alliance for Better Child Care, mentoring teams of Georgia Extension agents to develop and pilot-test ECE teacher training, and a multi-state SWOT analysis of a literacy curriculum with Nevada Extension. A total of 12 different outreach products were developed as part of this effort.

#### Examples of Outreach Products Developed

Turner, P. & Bales, D. (2020). *Healthy Environments in Early Care and Education* online training course for ECE teachers (<https://nick.ugaurbanag.com/course/view.php?id=10>). Currently includes 4 active modules (Lead, Water Quality, Asthma, and Radon) and 2 modules in development (Emergency Management and Energy Conservation).

Bales, D., Beltran, I., Black, T., Hollingsworth, J., Jordan, L., Moore, S., & Smith, L. (2015). *Basic Core Skills for Child Care* training curriculum. Series of three 2-hour lesson plans co-developed with a team of FACS Extension agents. Topics include Child Abuse and Neglect, Infectious Diseases, and Injury Prevention and Control. Standardized evaluation tools are used to collect statewide impact data. Curriculum has won 8 state, 7 regional, and 5 national awards.

*eXtension Alliance for Better Child Care Website* (<https://childcare.extension.org/>). Co-leader of national team of Extension specialists who co-developed a website to provide information on quality child care for ECE teachers and directors. The site includes about 200 informational pages, 3 searchable databases of activity ideas, and links to state Extension resources related to ECE.

**Prevention of Opioid Misuse in Rural Georgia Counties:** This is a USDA Rural Health and Safety grant-funded collaboration of Extension professionals and opioid researchers in Public Health, Pharmacy, and Public Affairs to pilot-test community-based interventions to build family strengths, increase community awareness of opioid misuse, and help professionals identify and manage opioid misuse in youth and adults. Current efforts include county needs assessment, developing and implementing programs in 4 rural counties, and evaluating the effectiveness of these programs. This project began in September 2019; we received a third round of funding in September 2023.

#### Examples of Outreach Products Developed

Bales, D., Brown, C., Brown, V., & Bowie, M. (2022). *Preventing opioid misuse* ([site.extension.uga.edu/preventopioidmisuse/](http://site.extension.uga.edu/preventopioidmisuse/)). Educational website to inform the general public about opioid basics, how to prevent misuse, signs of addiction, and how to get help. Site went live in Spring 2022.

Brown, C., Dye, L., Sheram, C., & Bales, D. (2022). *4-H Journeys in Health and Safety: The Opioid Crisis*. Magazine and 4 supporting lessons for middle school youth. Athens, GA: UGA Extension.

#### **Media Interviews, 2012-2021**

Regular source for print, radio, and online news articles and podcasts. The following are examples of articles and features for which I have been interviewed since 2012:

- “Reassure children that heightened anxiety about returning to school is normal”, UGA News and WUGA Radio, 8/20
- “Practicing with masks before school starts can help kids with new rules”, UGA News, 8/20
- “Talking to children about race, racism, and protests,” WUGA Radio, 6/20
- “Tips for working from home with kids,” UGA News, 3/20

- “Talking to kids about coronavirus,” UGA News and WUGA Radio, 2/20
- “Tablets make great learning tools for kids, but parents should be vigilant,” Georgia Faces and The Oconee Enterprise, 12/14
- “Tonic Tunes,” *Pregnancy & Newborn Magazine online*, 1/13
- “5 Musical Ways to Bond with Your Baby,” *MSN Living online*, 9/12
- “Mom, Baby Music Group,” *London (Ontario) Community News online*, 4/9/12
- “Choosing the Healthiest Frozen Meals,” *Athens-Oconee Parent Magazine*, March/April 2012
- “Amazing Things Your Baby Knows,” *The Healthy Moms Magazine online*, 2/2012

## Professional Activities

### Professional Recognition

Outstanding Support by ANR/FACS Professional, Georgia Association of Extension 4-H Agents, 2020  
 Post-Secondary Teacher of the Year, Georgia Association of Teachers of Family and Consumer Sciences, 2016  
 Service-Learning Fellow, University of Georgia, 2006–2007  
 Lead 21 National Leadership Development Initiative, 2005 - 2006  
 Outstanding Extension Award, Gamma Sigma Delta, 2005.  
 Outstanding Public Service Faculty Award, College of Family and Consumer Sciences, 2003.  
 Elected member of Epsilon Sigma Phi professional organization of Cooperative Extension, Fall 2003.  
 Elected to membership in Gamma Sigma Delta honor society of agriculture, Spring 2004.  
 Solnit Fellows National Leadership Development Initiative for early-career professionals, Zero to Three National Center for Infants, Toddlers, and Families, 1999-2000.

### Program Awards

Chris Todd Outstanding Outreach Award (with Elizabeth Andress and Michael Rupured), Family and Consumer Sciences, 2019  
 Human Development/Family Relationships Award (with FACS Extension agents), 2018  
 State winner, Third place Southern Region, National Extension Association of Family and Consumer Sciences  
 Community Partnership Award (with FACS Extension agents/specialists), 2018  
 State winner, Georgia Extension Association of Family and Consumer Sciences  
 SNAP-Ed Educational Program Award (with FACS Extension agents/specialists), 2018  
 State winner, Georgia Extension Association of Family and Consumer Sciences  
 Team Diversity Award state winner (with FACS Extension specialists), Epsilon Sigma Phi, 2009  
 Florence Hall Award (with FACS Extension agents/specialists), Georgia Extension Association of Family and Consumer Sciences, 2007

## Public Service

### National Service

eXtension National Initiative  
 Co-leader, eXtension Alliance for Better Child Care Community of Practice, 2006-2019; Leader, Military Families Child Care Pilot, 2011-2014; Lead content author, editor, and publisher, 2006-2019; Member, Content Management Board 2008-2019; Member, University of Georgia Innovation Team, 2009-2019  
 USDA–Cooperative State Research, Education, and Extension Service  
 Co-chair, National Extension Family Life Specialist Conference, Atlanta, GA, Summer 2007; Member, CYFAR (Children, Youth, and Families at Risk) subcommittee on Early Childhood, 2004-2011; Member, Children’s National Outcome Work Group to develop measurable outcomes and indicators for CYFAR and other community-based projects serving children, 1997-1999  
 Zero to Three National Center for Infants, Toddlers, and Families, Facilitator for affinity group focused on Serving the Needs of Families in Rural Areas, 1999-2000; Reviewed workshop proposals for the National Training Institute, 2001- 2003

### State Service

Better Brains for Babies, Co-leader of statewide collaboration, 1998-present

Georgia Department of Public Health, Brain Trust 4 Babies Training Subcommittee member, 2015-2018  
Georgia Early Childhood Comprehensive Systems Committee, Parenting Education Work Group Co-Chair, 2006-2010; Steering Committee Member, 2006-2010  
United Way *Get Ready to Read!* Initiative, State Advisory Board, 2006-2010  
Strengthening Families Initiative, State Partnership team member, 2007-present  
Child Passenger Safety Technician for numerous child safety seat checks in 5 counties, 2000-present  
Georgia House of Representatives Study Committee on Children: Newborns to Age Five, Invited member of subcommittee on parenting education, chaired by State Representative Jay Neal. 2005  
Bright from the Start: Georgia Department of Early Care and Learning, Trainer Advisory Committee, 2007; Quality Systems Indicator Review Committee, 2007; Parent Education Working Group, 2006  
Advancing Careers Professional Development System for Georgia Child Care Providers, Advisory Board member, 2000-2008; ACT Initiative Marketing Team leader, 2001-2003; ACT Initiative Leadership Team, 2001-2003; ACT Initiative Training Team member, 2001-2003

### **Community Service**

Ferst Book Foundation for Early Literacy, book selection committee member, 2014-present  
Clarke County Head Start Policy Council member (elected), 2015-2019  
SafeKids of Athens member, 2013-2018  
Clarke County Family Connection Early Care and Learning Team Member, 2011-present

### **Professional Association Involvement**

National Association for the Education of Young Children, Member, 1998-present; Affiliate Council Representative, 2008-2009; Technology and Young Children Interest Forum leader, 2013-present  
Georgia Association for the Education of Young Children, Member, 1998-present; Secretary, 1999-2004; President-Elect, 2005; President, 2006-2007; Immediate Past President, 2008-2009; Finance Committee, 2005-2009; Technology Committee Chair, 2009-2019  
National Extension Association of Family and Consumer Sciences, Member, 1998-present  
Georgia Extension Association of Family and Consumer Sciences, Member, 1998-present  
Society for Nutrition Education and Behavior, Member, 2013-present  
Association of Child Life Professionals, Member, 2016-present  
Epsilon Sigma Phi Extension Professional Association, Member, 2003-present  
Junior Director, State Staff, 2011-2013  
Gamma Sigma Delta Honor Society for Agriculture, Member, 2004-2013  
Society for Research in Child Development, Member, 1991-present  
National Council on Family Relations, Member, 2000-present  
Sigma Xi Scientific Research Society, Member, 1990-2008

### **Editorial Board Memberships**

Southern Early Childhood Association editorial committee member, 2014-present  
Young Children consulting editor, 2007-2010  
Children, Youth and Families Educational Resource Network (CYFERnet) editorial board for Early Childhood, 2003-2011

### **University Service**

Maternal and Childhood Obesity University team, 2011-2015  
SuperSibs! Student Organization faculty advisor, 2011-2015  
Content expert for Carl Vinson Institute of Government grant project for comprehensive survey of Georgia parents regarding their child care arrangements, preferences, and needs, 2012-2014  
University Child Care Center Management Proposal review team, 2011  
Committee for Academic and Instructional Technologies, Center for Teaching and Learning, 2008-2014  
Service-Learning Curriculum Committee, Office of Service-Learning, 2007-2010

### **College Service**

Chair, College Promotion and Tenure Committee, 2023  
Member, College Promotion and Tenure Committee, 2022  
Member, Dean of the College of Family and Consumer Sciences Search Committee, 2021-2022  
Associate Professor Representative, Dean's Faculty Advisory Committee, 2019-2021  
Member, Search Committee for Assistant and Associate Professors, Department of Foods and Nutrition, 2014-2015  
Chair, FACS Service-Learning Task Force, 2006-2007  
Assistant Professor Representative, Dean's Faculty Advisory Committee, 2001-2002  
College of Family and Consumer Sciences Outreach Educator Advisory Committee, 1999-2000

### **Extension Service**

Member, Extension Behavioral Health Team, 2023-present  
Co-Chair, FACS Extension Leadership Team, Human Development and Family Life, 2019-present  
Member, Search Committee for Northeast and Northwest District Extension Directors, 2014  
Member, Operation Military Kids State Team, Cooperative Extension, University of Georgia, 2009-2015  
Chair, Search Committee for Program Development Specialist, 2004-2005  
Family and Consumer Sciences Extension Computer Committee, 1998-2007

### **Department Service**

Chair, Senior Accountant Search Committee, 2023  
Member, Department Head Search Committee, 2021-2022, 2018-2019, 2013-2014, 2008-2009, 2004-2005  
Member, Child Life Clinical Faculty Search Committee, 2021-2022, 2018-2019  
Member, FRSAN Assistant Research Scientist Search Committee, 2021-2022  
Member, Developmental Methodologist Search Committee, 2017-2018  
Member, Graduate Admissions Committee, 2017-present  
Member, Graduate Studies Committee, 2017-2022  
Member, Departmental Promotion and Tenure Guidelines Review Committee, 2014-2015  
Member, Child Development Laboratory Advisory Committee, 2007-present (chair 2007-2008)  
Member, Undergraduate Curriculum Committee, 2021-present, 2006-2015  
Chair, Search Committee for Assistant Professor/Child Life Program Director, 2013-2014  
Member, Third Year Review Committees for Dr. Maria Bermudez and Dr. Ted Futris, 2009  
Member, Search Committee for Extension Human Development Specialist, 2005-2006  
Chair, Search Committee for Director and Associate Director of McPhaul Child and Family Development Center, 2000